

#### **Newsletter for Crest**

Volume 16 April-May 2014 Number 2

## It's time to Start Planning for Crest's 68<sup>th</sup> July 4<sup>th</sup> Event



Spring is in the air and Crest is alive with community activities. One of their first items of business for the new CCA board is to set in motion planning for Crest's 68<sup>th</sup> July 4<sup>th</sup> event. The kick off meeting is scheduled for April 10 at 7:00 pm at the CCA clubhouse. Remember it does take a village to pull off this fun-filled event and we need your help! So dust off that golf cart and let's get planning! See pages 5-6 for more July 4th information.

There are many community events lined up in the next few weeks. Pull out the calendar page of the Crest Sun and keep it handy.

Kiwanis will once again be holding their annual Easter Egg Hunt and Pancake Breakfast on April 19<sup>th</sup> at the Crest Clubhouse and Nancy Jane Park. Kids eat free plus a free Easter egg hunt for kids in preschool through grades 5. Check out page 13 for more information.

Don't miss this great Crest tradition and plan to attend Crest's Easter Sunrise

Service on April 20<sup>th</sup> at 7:00

am in Nancy Jane Park.

Sponsored by New Season's Church –

Crest; they hope all Crest residents will join them in this celebration.

Mother's Day, in Crest on May 11
promises to be special day! A gourmet breakfast for Crest moms is scheduled from 9-11 am at the St Louise de Marillac hall. See page 9 for all the particulars. A special thanks to the Sycuan Band of the Kumeyaay Nation for helping to support this endeavor. Please come and enjoy a gourmet breakfast served by our very own Crest men. All are welcome.

Another great music night is scheduled by Silva and Baird on May 10<sup>th</sup> from 5:30 to 8:30 at the clubhouse. Drop by, have a snack, and listen to some great local musicians. See page 23 for details.

Check out all the great activities planned by the Crest Library on page 2. They are even bringing the **Navy Band Southwest** to Crest on Memorial day, May 27th at 6 pm for a concert.

Have you been cleaning out your garage in preparation for Crest's electronic recycling event? . Proceeds from this event held by the Crest Community Association will help benefit our Crest Library. The event is scheduled for May 3 at South Lane Park. See page 6

for a list of accepted items.



# CREST LIBRARY APRIL AND MAY 2014 CALENDAR



#### **CHILDREN'S PROGRAMS**

**Preschool Story-time** Fridays at 10:30 am **Bilingual Story-time** Thursdays afterschool

#### AFTERSCHOOL TEEN PROGRAMS

Video Game Fun! Daily Teen Crafts on Fridays
Photo-Booth Fun 4/11, 4/12, 4/18, 4/19 at 1:00 pm
FAMILY MOVIE Fridays at 3:00 pm
FAMILY CRAFTS Saturdays at 11:00 am

4/5 Button-Making, 4/12 Shrinky-Dink, 4/19 Beeswax Candles, 4/26 Glass Etching, 5/3 Card making, 5/10 Scrapbooking, 5/17 Shrinky-Dink, 5/24 Knitting, 5/31 Origami

#### INDIVIDUAL BASIC COMPUTER CLASSES

Saturdays from 12:00-1:00 pm Call 619-442-7083 for an appointment

#### ADULT BOOK CLUB

April book of the Month: <u>The House by Frank Peretti</u>
May book of the Month: <u>Saving Fish from Drowning by Amy Tan</u>

At: http://crestlibrarybookclub.blogspot.com

#### **CLUB DE LECTURA**

Participa comunicando tu opinión en nuestro blog acerca del libro Abril: <u>La Casa por Frank Peretti</u>

Mayo: Un Lugar Llamado Nada por Amy Tan

#### PLATICAS DE VIDA

4/1,4/8,4/15 at 6:00 pm

#### Día de Los Niños/ Día de los Libros ~ CHILDRENS DAY /BOOK DAY

Celebration of Children, Family and Reading 4/29 at 3:30 pm

LAUGHTER THERAPY 5/15 10:00 am

#### HAMMING IT UP IN CREST: AN INTRO TO HAM RADIO 5/20 6:00 pm

#### NAVY BAND SOUTHWEST

Come celebrate Memorial Day with us! 5/27 6:00 pm

## Crest Contacts

Crest Community Contacts								
Crest Community Assn.	Richard Blake	201-4161						
ljjohnson@ucsd.edu or Llndahjelle@cox.net								
_		110.070.5						
New Seasons Church -	Kerri Lambert	442-3736						
Crest	(email)							
nscrest@gmail.com	l/othy.	440,6007						
Crest Black Board	Kathy	440-6097						
(Call Mary if you do not get callback from Kathy in 24	Mont							
hours)	Mary	447-7199						
Clubhouse Rentals	Lori Johnson	588-8806						
rentals@thecrestsun.com	(email)	200 0000						
Jackie – 442-1018	(0111411)							
Crest Fire Safe Council	Kandhy Franklin							
crestfiresafecouncil@yahoo.com	(email)	444-4996						
Crest Garden Club	Arlene Palmer	441-0187						
Rold@sbcglobal.net	Marsha	111 010/						
Crest Historical Scty.	Dorothy Miller	444-0968						
,	•							
Crest Kiwanis	Jim Weselis	708-9902						
weselis@sbcglobal.net		110 =000						
Crest Library	Paula	442-7083						
paula.soltero@sdcounty.ca								
.gov	Cathy Chadwiol	447 4715						
Crestridge Reserve	Cathy Chadwick	447-4715						
Crest School	Office	588-3128						
www.cajonvalley.net	(website)	440.0540						
Crest Sun Newsletter	Linda Hjelle	440-8540						
editor@thecrestsun.com	(email)	517-9838						
Information								
winters72@hotmail.com	Chris Seebold	447-5826						
The Crest Sun website	Karin Weiss	579-3951						
webmaster@thecrestsun.com	(email)							
E-Crest-rians	Kandhy Franklin	444-4996						
St Louise Church	Father Burnia	444-3076						
Sub-Regional Planning.	Judy Bowen	440-0783						
crestplanning.org	(website)							
Hel	p Lines							
Child Abuse Hot line	(800)	344-6000						
Highway Patrol:								
Traffic Related	(858)	637-3800						
Abandoned Vehicles	(619)	441-4264						
Sheriff (non-emergency)	Dispatch (858)	565-5200						
Alpine Station	(619)	659-2600						
Licensing Division	(858)	974-2020						
San Miguel Fire Dst	Business office.	670-0500						
Crest Fire Office	Burn Permits	588-8112						
Fire Marshal	Marsha Larsen	660-5356						
Public Info Officer	Leonard Villarreal	660-5359						
Fire Chief	(website)	660-5351						
www.smgfire.org	, ,	710 75 -						
Adult Protective Svs	(800)	510-2020						
Child Abuse Hot Line	(800)	344-6000						

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Animal Control	(760)	438-2312		
Auto Repair, Bureau	(800)	952-5210		
Border Patrol	(619)	662-7321		
CALTRANS	(619)	688-6785		
Code Enforcement	(858)	694-2705		
Contractor's Board	(Fraud) (800)	321-2752		
Crime Stoppers	(619)	531-1547		
FBI (telephone scam)	(858)	565-1255		
Fish & Game	(951)	443-2944		
Illegal Dumping	(858)	495-5143		
Noise Abatement (dogs), abandoned vehicles, solid waste complaints	(858)	694-3741		
Planning & Land Use	(858)	694-3741		
Poison Control	(800)	876-4766		
Postal Police (mail)	MailFraud(877)	876-2455		
Real Estate fraud/info	(619)	525-4192		
Road Conditions	(800)	427-7623		
Secret Service -Fraud	Currency/Credit	557-5640		
Social Services	(619)	401-6000		
SD Regional Center	(858)	576-2938		
US Forest Service	(619)	445-6235		
Stores ar	nd Restaurants	;		
Crest Foods	Kevin pg. 14	444-8132		
Rainbow Farms Mrkt	Mark -pg.22	444-7504		
Sonora Mexican Food	Ron – pg 18	938-9815		
	vertisers			
Artist Wanted	Neal – pg 9	300-6254		
Central Heating	Charles -pg.20	444-9955		
Kathy Kuts	Kathy – pg, 20	447-1945		
Knox Reprographics	pg.	230-6300		
ListenLocalsd.com	Cathryn pg 17			
Notary on the Spot	Betty – pg 19	820-3062		
Simply Marvelous Organizing	Risa – pg. 18	440-1235		
Real Estate & Loans SD Homes	Rayna – pg. 10	922-2524		
SPRING FAIR	SDA Christian School – p 20	588-2747		



Check out our community calendar at <a href="https://www.thecrestsun.com">www.thecrestsun.com</a> and click on the calendar icon

APRIL 20	014							MAY 201	4					
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27	29	29	30				ĺ	25	26	27	28	29	30	31

Calendar of Events April-May 2014

		Electronic Recycling Event in Crest - watch for flyers and board – May 3rd				
04/01/14		April 1, 2014. Registration open for Camp Crestridge. To register go to				
		www.earthdiscovery.org or call (619) 447-4715 email <u>info@earthdiscovery.org</u> –P 16				
04/01/14	1:00 Tuesday	Historical Society Meeting- Crest Library				
04/10/14	7:00 pm	July 4 <sup>th</sup> Kick-Off planning Meeting – CCA Clubhouse				
04/10/14	5:30 pm Wed	San Miguel Fire Protection District Board Meeting - 2850 Orange Way – Spring Valley				
04/10/14	6:30 pm	Kiwanis Board Meeting - clubhouse				
4/11/14	9:30	Members only Garden Club Tour – Interested in joining, call Marsha 440-1167 for details.				
04/14/14	7:00 PM	Sub Regional Planning Group – Crest Clubhouse				
04/14/14	10:00 am	Crest Garden Club meeting at @ Paula & Stus. Call Marsha for details 440-1167				
04/15/14	6:00 pm	Kiwanis Membership General Meeting @ Clubhouse – All Invited				
04/17/14	6:00 – Thurs 7:00 pm	CCA Board Meeting CCA General Meeting (Crest Community Association) – Clubhouse				
04/17/14	9-12 am	Marie's Painters – CCA Clubhouse				
04/19/14	8:00 8:45	Kiwanis Pancake Breakfast – Kids eat free Kids Egg Hunt at Nancy Jane Park – Grades Pre-Grade 5				
04/20/14	7:00 am	Easter Sunrise Service at Nancy Jane Park				
05/03/14	TBA	Electronic Recycle Event – sponsored by CCA and Crest Library				
05/06/14	1:00 pm- TU	Historical Society Mtg – Library				
		NO Marie's Painters this week				
5/12/14	9:30	Crest Garden Club Call to RSVP				
05/18/14	6:30	Kiwanis Board Meeting				
05/08/14	5:30 pm	San Miguel Fire Protection District Board Meeting - 2850 Orange Way – Spring Valley <a href="http://www.smgfire.org/">http://www.smgfire.org/</a> for agenda				
05/10/14	5:30- 9:30	Music Night at the Clubhouse				
05/11/14	9-11 am	Mother's Day Brunch – St Louise Church – All invited				
05/15/14	9-12	Marie's Painters				
05/15/14	6:00	CCA Board Meeting				
	7:00	CCA General Meeting				
05/19/14	6:00 pm	Kiwanis General Membership Meeting – visitors welcome – Clubhouse				
05/24/14	8-10	Kiwanis Breakfast				
5/27/14	6:00 pm	Navy Band Southwest Concert at Crest Library				
05/29/14	9-12	Marie's Painters				





#### Welcoming to the new CCA Board - Thanks to the retiring Board



Incoming and outgoing CCA Board:

Front row: Incoming President, Richard Blake; Incoming Treasurer, Kathy Sawaya; Outgoing Treasurer, Jackie Grace; Vice President, Jen Coates; Incoming Secretary, Cathryn Beeks; Outgoing Secretary, Linda Hjelle; Back Row: Outgoing 5<sup>th</sup> Board Member, Barbara Kingsbury-Sempsrott; Absent, Incoming 5<sup>th</sup> Board Member, Lori Johnson (Lori was President last year.)

CCA Meeting dates have been changed from the third Tuesday in the month to the third Thursday of the month. Please mark your calendars.

July 4<sup>th</sup> Planning Kickoff Meeting – Thursday, April 10<sup>th</sup> - 7:00 pm CCA Board Meeting – Thursday, April 17, 6:00 pm CCA General Meeting –Thursday, April 17, 7:00 pm

#### JULY 4TH PLANNING IS UNDER WAY

12 WAYS YOU CAN VOLUNTEER TO MAKE CREST'S JULY 4<sup>TH</sup> EVENT THE BEST EVER! Come sign up at the kick off meeting on April 10<sup>th</sup> at 7:00 pm the Clubhouse. Can't make but would like to help? Email: editor@thecrestsun.com and we will forward the information on to the committee.

- 1. **VENDORS**: Do you have a great craft to sell or know of one? There are limited spaces available so sign up early.
- 2. **VENDOR ORGANIZATION** We need folks to help sign up the vendors, get the forms to them, answer questions. and help organize them the day of the event
- 3. **DONATE A RAFFLE/ SILENT AUCTION BASKET, GIFT CARD OR CRAFT ITEM** This is our biggest fundraiser and we need your help once again this year! We would love fun and clever baskets from businesses, families, and/or individuals. They are not only fun to make but equally fun to try to win or bid on. Just pick a theme (movies, the beach, sports, pets, travel, food/wine, gardening, golf, etc.) Purchase some unique gifts, put them in a basket and give us a call. Don't feel clever? Donate a gift card to help complete our money tree, or donate an item or two and I will combine it to another basket to make a fabulous prize. Of course we would always accept a new car, or Hawaii vacation if you are feeling generous one can wish, right? This is a great way to help your community if you aren't going to be around for the 4<sup>th</sup>. Give Linda Hjelle a call at 517-9838 or email her at <a href="mailto:editor@thecrestsun.com">editor@thecrestsun.com</a> and she is ready to accept or pick up your donation as soon as you are ready! Early is great because we have time to entice you in our next edition of the paper! If you donate early, we will give you a special little publicity blurb in our next Crest Sun edition for being so nice!
- 4. Sign up to HELP DECORATE THE CLUBHOUSE AND PARK the night before or day of the event
- 5. Help **PROMOTE THE PARADE**. Wouldn't be fun to get some live music in the parade, some antique cars, what about the Women's Lawn chair Brigade (I hear they are too old to participate???). You do know that

- everyone and anyone can be in the parade. Dress up that horse, golf cart or trailer, and you might win a prize/ribbon.
- 6. We need folks to **ORGANIZE THE PARADE** the night before and/or day of the parade. Put the groups in order, give them numbers for judging, keep those excited kids calm and organized.
- 7. **HELP SELL TICKETS AND FOOD** the day of the event.
- 8. **STREET MONITORS -** Remember there are 20 streets that need covering during the parade. Come sign up for your favorite street or help us out by being flexible. Enjoy the parade while helping to keep our children safe.
- 9. **PARK MAINTENANCE AND PARK PATROL.** We need folks to make sure the trash is under control and to be rovers to make sure everyone is safe and having fun.
- 10. **KIDS GAMES AND ACTIVITIES** Are you a good organizer and have ideas to make this a super day for kids? Bring your ideas to the meeting.
- 11. **Music in the Park** Cathryn Beeks once again promises to bring superb music to the park. She can use help on the day of the event and maybe before with general assistance and setup.
- 12. **Anything -** Are you one of those folks that says "Give me a job and a timeframe and I'm there?" Well, we want your help for sure. Drop by, get involved and sign up.

## Start collecting your recycle Items for our upcoming E-Waste Event: Watch the blackboard for dates and time: May 3 at South Lane Park

### **ITEMS ACCEPTED**

- LCD Monitors
- Flat Panel Televisions
- CRT (Tube) Televisions
- Computers
- Servers
- Cellular Phones (Smart Phones)
- Laptops
- Tablets / iPads
- Cords/Wires



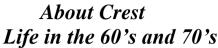
- Video Games / Consoles
- Fax Machines / Scanners
- DVD/VCR Players
- Used Toner Cartridges
- Computer Peripherals
- Printers
- Telephones
- CD Players
- Microwaves

## ITEMS NOT ACCEPTED

- Alkaline Batteries
- Kitchen Appliances (stoves & refrigerators)
- Fluorescent Light Tubes









We've read about life in Crest in the 30's and 40's but what about Crest a mere 50 years ago? Julie Dutcher was kind enough to give us a glimpse of growing up in Crest in the 60's and 70's.

My parents' names were Wendell and Martha Dutcher. They ran "Suncrest Market" from 1962 to 1970. Crest was like a "Mayberry" back then! Suncrest Market is where the Crest library is now. I have so many memories of growing up there and all of the people that "traded" at the store. My parents gave free credit to their customers and my mother delivered groceries to some shut-ins for free! They ran it 7 days a week from 9-7pm for many years. They stayed up until 11 pm each night doing bookkeeping. They drove "to town" (El Cajon) on Mondays to buy incidentals; they took special requests and always had small gift items on hand like coffee mugs, greeting cards, coloring books, small toys, trendy towels and washcloths. My mom had SO MUCH ENERGY that she even ironed sheets and pajamas! She and most ladies used outdoor clotheslines to dry the clothes. She was constantly doing housework, grocery store work, cooking full meals each night, and never hired cleaning people for anything. The store and house were spotless!

In the 60's-70's, the Crest Community Church ran a club for the local children called "Friendship Hour". It was wildly popular and the church ladies donated their time, labor, and supplies to teach an arts & crafts project during the second half of the hour. The first half was really nice where the pastor's wife, Mrs. Woodhouse, sang & played the piano and taught us traditional Sunday school songs. She also told Bible stories using a flannel board with flannel pictures. At the end of story time, there was a raffle. Some lucky child or two would win a prize. A few times, my folks donated a certificate to get \$1-2 worth of free candy at the store-- back then, a Hershey candy bar only cost 5 cents, single tootsie rolls and jawbreakers, Kit Kat squares, and Bazooka bubble gum, etc. were just a penny.

One of the local churches used to play bell chimes around 6 p.m. on Sunday evenings. It was a simple & sweet melody or a series of chimes. It was really beautiful! It was the church across the street from Crest School (the small church not the larger Crest Community Church). Brother and Sister Boone ran it. It was a beautiful sound that called all people to come and worship. The local Catholic Church, St. Louise de Marillac, also tolled church bells at 8 am & mid-morning. The altar boys were trained to toll the bells for a short duration. It was all part of the sounds & sights of living in Crest since those churches were built. Sadly, regulations may have ceased the ringing of the church bells in today's world. (Editor's note: Interestingly, a few "Crest Kids" living a bit too close to the bells had different memories; They claimed the chimes were a bit loud, they rang a bit long and made their dog's ears hurt. Different folks sometimes have different memories.)

Young girls in the 60's-early 70's collected and played with troll (dolls). I only had 1-2. People could buy clothes for these little trolls, but my friends and I were too far away from the city to buy them. So we made troll clothes out of felt scraps and material. We also collected horse statues which were really popular. There was a TV show called "Bonanza" and they made a toy horse line. The Bonanza horses were big enough for Barbies to ride on but the Barbies didn't have legs that fit around those horses. Boys played with G.I. Joe's as well as played "'Cowboys & Indians" and "Cops and Robbers"-- and used slingshots to hunt birds. Bike riding was popular. In the late 60's-early 70's, kid bikes were modernized with banana seats and butterfly handle bars. You could turn a traditional 50's bike into a mod 70's bike with those two things. It was best to have a new bike but my folks were from the Depression Era and believed in reusing things or updating them instead of buying new. Yes, they would buy new things but only if the old things could not be polished and fixed up-- including our family car.

(About Crest – Continued)

#### Remembering the 1970 Laguna Fire

Many of you know I have been working with the Crest Historical Society to write a book on the history of Crest. One of the delightful benefits of this endeavor has been to talk to many past and present residents of Crest and hearing tales from the past. I had one such conversation recently with Karen Hamilton-Beardsley.

While the 2003 Cedar Fire is fresh in most folks minds, a few of the old-times will remember the equally devastating Laguna Fire of 1970. The fire burned in excess of 115 homes in Crest. Karen lived on South Lane, (near South Lane Park) across the street from Suncrest Mountain when the fire struck. The mountain had been completely charred during the fire. During this time, the community stepped up in so many ways to help out. Karen recalls one such event. Her next door neighbor, Robert Rhodes was a school teacher in the Chula Vista School District. He made arrangements to bring three busses loaded with school children to Crest. The kids, along with the assistance of the Spring Valley Women's Club took on the project of replanting the El Cajon Mountain using bags and bags of African daisy seeds. It was a gala event with Don and Karin Hamilton, Robert and Kate Rhoades cooking hot dogs and hamburgers for the volunteers.

It was so exciting, it even rained right after they had been planted which they took for a good sign. But alas, as Karen hiked the mountain frequently over the next few weeks, nothing sprouted. Whether it was the rain or perhaps the birds and animals eating the seeds, her only discovery of growth on the hill was one lonely African daisy blooming at the top of the mountain. The good news: look at the mountainside today, lush and beautiful after our recent rains.

#### 1985 - Padre Dam Company Annexes Crest Public Utility Company

Fears about rising costs of maintaining its own system led Crest to merge the Crest Public Utility District with Padre Dam Municipal Water district in 1985. The agreement was Crest would pay for the service fee on their Padre Dam bills. There was much dissent on the merger issue as residents gave up local control of the utility district. In the end, the measure passed and a Prop A assessment passed in 1985.

Well guess what? Thirty years later that assessment you see on your current bill is due to expire. Residents are currently paying \$7.85/month for prop. A, which will drop in June, 2015. We should be excited, but why do I feel this charge will be replace with a new larger assessment?

The Crest Historical Society (CHS). CHS is always looking for new members as well as photos and memories to add to their archives.. There is one general meeting a year. A monthly workshop meets the first Tuesday of each month at 1 pm at the Library. Members receive ECHOES, the newsletter, 4 times a year. For information call Dorothy Miller 444-0968

#### Acoustic Crestridge - Held at South Lane Park on Saturday, March 29, 2014

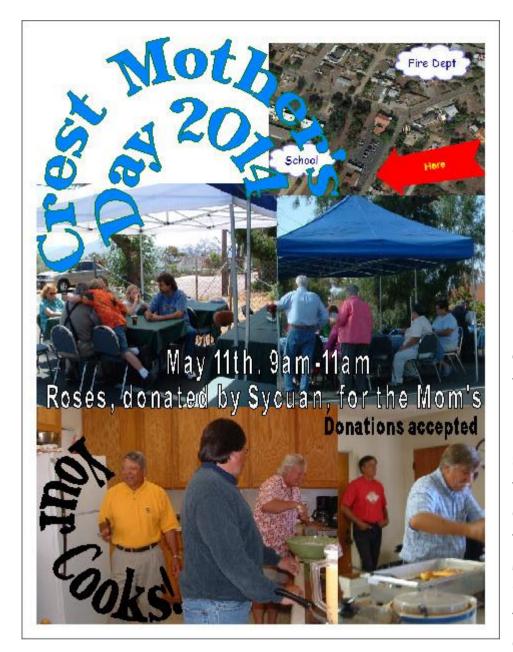


This was wonderful opportunity for acoustic music lovers hear excellent music while supporting EDI's valuable work and our own Crestridge Reserve.

Kids and adults alike joined in the drum circle at Saturday's gala event. Leading the drum circle is Mercedes Scalzitti- born and raised in Crest!



to



## Sunday May 11 9 to noon 2027 Crest Drive (Hall next to Church)

Sponsored by CCA, St Louise de Marillac, and Sycuan Band of the Kumeyaay Nation

## All welcome!

Crest Mother's day was a tradition started by the Crest Fire Fighters as a pancake breakfast fundraiser - it was a major event where we all got together to support our fire department and say hello. After the firestorm of 2003, St Louise hosted the event - perhaps you remember the large table top flower arrangements donated by Sycuan. Please come

and enjoy a gourmet breakfast served by your fellow Crest men.

## **Artist Wanted:**

Hello. I have a ceramic figurine of a coyote lying down. It is unpainted. I would like for some artist to paint el Coyote in realistic coyote colors. The piece is about two feet long and 8 inches high. I will drop off and pick up. Artist's conception will be OK so long as it is realistic. Negotiable price. I have had this piece for a long time and am anxious to have it painted.

Neal Smith

(619)300-6254





## Rayna Mack Team **All Service Real Estate** BRE#01743695 www.raynamack.com 619-922-2524 Free in Home Market Analysis Check out my reviews on











MLS#	Status	Address	Bedrooms	Baths	SF	Year Built	Listed Price	List Date	Sold Price	Sold Date
130042314	ACT	209 Scenic	LOT			LOT	\$125,000	8/2/2013	LISTED BY RAYNA MACK	
130061393	ACT	300 Thornton Dr # 5	3	2	1,040	2005	\$85,000	11/19/2013		
140013024	ACT	1120 Hamlet Dr	2	1	960	1958	189,000	3/11/2014		
130052694	ACT	486 Alta Ln	3	2	2,040	1990	\$579,000	9/20/2013	LISTED BY RAYNA MACK	
130052499	ACT	715 Kent Dr	4	4	3,448	2000	\$749,000 - \$774,999	9/30/2013		
130049205	ACT	494 Sunrise Mountain Rd	5	4	3,810	2014	\$699,000 - \$789,000	9/13/2013		
130060120	CONT	748 Bestview Dr,	3	2	1,314	1961	\$270,000	11/12/2013		
130036474	CONT	1605 Eucalyptus Dr	4	2	1,950	1958	\$308,500	5/27/2013		
140009123	PEND	2420 Ocean View Pl	3	1	1,138	1950	\$298,800 - \$328,800	2/19/2014		
130056051	PEND	1123 Hamlet Dr	2	2	1,050	1958	\$349,000	9/27/2013	BY RAYNA MACK	
130023758	PEND	2229 Eucalyptus Dr	4	3	2,410	2004	\$485,000	5/9/2013		
140004329	PEND	2216 Crest Dr	3	3	2,430	2007	\$500,000 - \$520,000	1/24/2014		
130040192	SOLD	2111 Eucalyptus Dr	3	1	1,363	1971	\$305,000	7/24/2013	306,000	SOLD BY RAYNA MAC
140002204	SOLD	137 Scenic Dr	3	3	2,096	2005	\$379,000 - \$399,000	1/13/2014	395,000	2/27/201
140004891	SOLD	150 Highline Trl	3	3	2,079	2005	\$469,900	1/27/2014	462,500	3/4/2014
130062339	SOLD	196 Highline Trl	5	4	3,259	1978	\$499,000	11/29/2013	475,000	1/30/201

Crest Tidbits: Want to welcome a new neighbor to Crest? Is there a new baby in the family, a 50<sup>th</sup> wedding anniversary or recent retirement? If you have a line or two to share with and about Crest residents, send it to editor@thecrestsun.com or leave a message at 440-8540. Comments will be printed and edited at the editor's discretion.

#### **Kudos to Dianne Jacobs for** helping to clean up the hill.

Kathy Fiedor brought up the issue of the trash on LaCresta Blvd while

attending the recent "Coffee with Dianne Jacob" event at the Crest Clubhouse. It is believed much of the trash is the result of the local trash companies spilling trash while commuting up and down the Crest Hill. She also mentioned the weeds and brush were hanging out into the road causing a hazard. Within a week the county went to work cleaning up the trash and cutting the brush. Thank you Dianne for your quick response to our request. Kathy Fiedor

#### **Doggie Meatloaf**

Do you have one of those finicky dogs that just won't eat? Thanks to Jackie Grace for sharing her homemade dog food recipe. Hoolie, my 15 year old Pekinese is the most persnickety of eaters not to mention riddled with allergies. Because he loves this new recipe and is now full of energy, I thought I'd share it with you. (Note. the quantities of each product are up to you, it is a general recipe you can modify. I ground the veggies and egg shells in my food processor so they were like filler.)

2 pounds of 85/15 ground beef

2 eggs including the shells

Spinach Small zucchini shredded carrots ½ yam 1 plus cups of oatmeal

cottage cheese (I haven't tried this yet but Jackie adds it) Bake at 350 for 45 minutes or until done. Slice and freeze until ready to serve. CAN'T BELIEVE HE EATS ALL THESE VEGGIES!

#### Trail Ride

Albert Simonson will be leading a Julian hiking group from the visitor center up Cold Stream Trail morning April 10. We will discuss sites for the Lassitor stage house and the encounter

between presidio leatherjacket soldiers and native villagers of Mataragui. If there are any folks interested in the history of the old San Diego Trail who might wish to come, contact Albert Simonson at attaunsra@gmail.com.

#### Recommended Finds by Crest Residents: Vintage Market Festival – 2<sup>nd</sup> Sunday of every Month (except holidays) Marketplace at Alpine

Antiques, vintage collectables, re-purposed items. Jewelry fun vard art, funky planters and unique handmade items all done by local artisans.

All nestled in a great little nursery with quaint cabin gift shops and antique shack outback. Live music, street tacos, and San Diego sunshine.

2442 Alpine Blvd Alpine CA take tavern exit – next to Janet's Montana Café (Thanks from Linda Chase)

#### Fresh Flowers

I'm sending this note to let you know of a great floral business where the cost of purchasing fresh flowers does not deplete your bank account. You can order from the greatest selection and then go and pick up. I know how important it is to have your arrangements done with a premium product and they certainly deliver. FDS Flowers - Owner- Jeff Heinrich Wholesale Cut Flowers, Imported Roses, Bouquets 656 Mission Gorge Place, San Diego, Ca. 92120 Tel. 619)265-1000 (Thanks Griselda Layman)

ANTS? All natural and organic remedies will keep ants away just as effectively as pesticides. Lavender, cinnamon, cayenne pepper, coffee grounds, turmeric, mint or bay leaves sprinkled in a line across the ants' entry point will stop them in their tracks. Even eggshells have an odd way of keeping the ants at bay. A string soaked in clove oil or lemon juice and placed across the entryway will also stop ants from crossing.

Do you have Bees in your Owl Box? (We did and so does our neighbor.) It is a good idea to apply a thin layer of Ivory bar soap on the inside surface of the roof to prevent bees and wasps from colonizing the box. Now they tell us!

http://www.cbrp.org/SDBluebirds/owl.htm

Job Wanted: Jonathan Maddock is a college student in the local Crest community searching for people who need help getting rid of their weeds. The price is negotiable. Please contact Jonathan at 619 733-1007 or email maddock.jonathan@yahoo.com

#### **Tips regarding your Medical Care:**

#### Are you On Medicare - Be Sure to Ask.

When in the hospital, more Medicare recipients are being held for observation rather than being formally admitted, a status that can leave them with big bills for items including rehabilitation services.

Are You a Hospital Inpatient or Outpatient? If you have Medicare – Ask! Did you know that even if you stay in the hospital overnight, you might still be considered an "outpatient"? Your hospital status (whether the hospital considers you an "inpatient" or "outpatient") affects how much you pay for hospital services (like X-rays, drugs, and lab tests) and may also affect whether Medicare will cover care you get in a skilled nursing facility (SNF). You're an inpatient starting the day you're formally admitted to the hospital with a doctor's order. The day before you're discharged is your last inpatient day. You're an outpatient if you're getting emergency department services, observation services, outpatient surgery, lab tests, or X-rays, and the doctor hasn't written an order to admit you to the hospital as an inpatient. In these cases, you're an outpatient even if you spend the night at the hospital. Note: Observation services are hospital outpatient services given to help the doctor decide if the patient needs to be admitted as an inpatient or can be discharged. Observation services may be given in the Emergency Department(ED) or another area of the hospital. If you're in the hospital more than a few hours, always ask your doctor or the hospital staff if you're an inpatient or an outpatient. (http://www.aarp.org/health/medicare-insurance/info-08-2012/medicare-inpatient-vs-outpatient-under-observation.html



## Do you Shop for your Prescriptions? (Thanks to Dewey for this tip)

A new study by Consumer Reports found shoppers could save more than \$100 per month by shopping for generic

drugs at Costco. The differences were pretty astounding — as much as 447 percent, between the highest- and lowest-priced stores. Like other big box retailers, Costco gets away with this thanks in part to its massive inventory of goods. It is also good to know that you do not need to be a member to use their pharmacy – just be prepared to pay with cash if you aren't a member. It is also good to think of Costco when you are buying your animal prescriptions. While not all animal prescriptions are not of the human variety, many are and it might be worth checking out!

http://www.businessinsider.com/prescription-drugs-cheaper-at-costco-vs-cvs-2013-4#ixzz2xUNzlgPV

#### A Tip Regarding AirlineTravel:

Did you know: As a general rule, studies shows 54 days is the magic number to find the lowest price on a domestic airline ticket? The best window overall for booking is between 104 and 29 days before a trip. The cheapest day to buy a ticket is Tuesday at 3pm Eastern. (Most of the discounted airfare is pulled on Thursdays. Tuesday, Wednesday and Saturday are reported to be the most economical days to travel. All this is keeping in mind that they aren't necessarily taking seasonal super sales and holidays into consideration.

http://www.huffingtonpost.com/2014/03/01/best-time-to-book-a-flight\_n\_4875266.html

#### **SAVE THE DATE:** Butterfly Festival!

The Water Conservation Garden 12122 Cuyamaca College Dr W. 660-0614

Saturday, April 5; 9am-3pm Celebrate the grand opening of the Dorcas E. Utter Memorial Butterfly Pavilion at the upcoming Butterfly Festival! Event program and



schedule at www.thegarden.org/butterfly

#### Are you into Estate Sales?

Check out: <a href="http://www.estatesales.net/estate-sales/CA.aspx">http://www.estatesales.net/estate-sales/CA.aspx</a>

Check out this cool website if you are into bargains and estate sales or if you are looking to advertise your upcoming sale. An Estate Sale is a way of liquidating the belongings of a family or estate. These are usually much more than garage or yard sales. They are used when someone is in need of a way to sell items due to downsizing, moving, divorce, bankruptcy, or death.

Another great bargain place to checkout is Father Joes Warehouse-Come check out Father Joe's Furniture Warehouse located at 3350 E St, San Diego, CA 92102 <a href="http://fjvauction.com">http://fjvauction.com</a>



## CREST KIWANIS





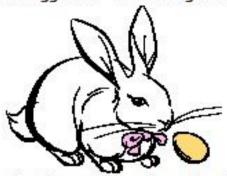
Crest Kiwanis & Crest School K Kids assisted at the Kiwanis Invitational Track Meet on March 8<sup>th</sup> and held at West Hills High School.

#### More Kiwanis Outreach

March 29th Kiwanis provided desserts and K Kids provided recycling service for the Earth Discovery Institute concert, Acoustic Crestridge, held in South Lane Park

April 19th Kids eat free Pancake Breakfast 8:00 a.m.

Free Easter Egg Hunt 8:45 a.m. grades Preschool - 5th



May 3rd Miracle Mile of Quarters to benefit Children's Hospital

### Join the Kiwanis of Crest.

We are looking for a few good people who don't mind work parties to benefit the children of Crest, San Diego and the World. *Please* attend a meeting on the 3<sup>rd</sup> Monday of the month. 6:00 pm in the Crest Clubhouse Contact President Jim Weselis 619 447-4121

Submitted by Suzanne Mullins

## CREST FOODS & LIQUOR THE KING OF CREST

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2 LITER
2 FOR \$3 +TAX/CRV

COFFEE + DONUT \$1.50 +TAX 14" MEDIUM PIZZA 2 TOPPINGS \$8.99 +TAX



The Earth Discovery Institute
120 North Park Drive, El Cajon, CA 92021
www.earthdiscovery.org • 619-447-4715 • info@earthdiscovery.org

Greetings from the Earth Discovery Institute. EDI and our conservation partners bring people together to learn about and support our amazing and precious local habitat. This newsletter is packed with updates and opportunities. Revel in what you have helped us accomplish, be inspired by the contributions of others, and consider your options for involvement in the coming months!

#### **ECOLOGY MEETS TECHNOLOGY**

If being outdoors engaged with nature and being on a smart phone or tablet seems like an oxymoron, rebut no longer. Kindle, Google, iPad, Samsung, Microsoft have all come out with small, portable tablets, and cell phones that support applications for everything from gaming, maps and field guides. That's where the handy interface between being outside and being on a computer happens, because of "apps." In lei of lugging hefty field guides and reference books on a nature hike, you can bring your tablet or cell phone, loaded with all sorts of nature apps, many specific to the area.

There are a dozen apps for identifying birds and most not only include pictures, but range maps, behavior and something a printed field guide can't give you, samples of bird calls and song. There are apps for trail finding, plant identification, tracking and GPS locators. Interactive apps, such as Naturalist, allow the user to be a citizen scientist and upload photos and observations to an international database. Since the youth of today are so computer literate, it only makes since to take advantage of tools that empower them to make an informed connection to nature. You may not be lucky enough to see a Bell's vireo, roadrunner or acorn woodpecker when you're in the field, but with your device, you cannot only see a picture of the bird, you can hear its call. It will take a while to decide how best to introduce these tablets in the field, as we don't want to distract students from the experience of being outdoors, where they get a complete sensory experience free of the mechanics of modern day life. But if technology can bring early learners closer to nature and enhance their understanding of the environment and its inhabitants, tablets can be an engaging adjunct to firsthand experience. They also create the ability to bring what they've learned (in terms of photos and observations) back to the classroom and even home to share with friends and family, broadening the reach of their outdoor experience. SDG&E Environmental Champions has funded a pilot program for EDI: Ecology Meets Technology. Elementary school students will visit conserved lands to restore habitat, learn grade-level science, and practice using tablet computers and nature 'apps' via an intensive three classroom visits plus three field trips to San Diego Bay National Wildlife Refuge's Sweetwater Marsh Unit. Using the tablets, students will record, research, journal, and share with each other via a myriad of naturalist apps, and work on creating a capstone video presentation in the form of a public service announcement or instructional video.



March 29 Acoustic Crestridge Music Fest to Support EDI; South Lane Park, Crest With the support from Cathryn Beeks/ListenLocalsd.com, Dave Jones/Taylor Guitars,

Eric Vossbrink, and The Homegrown Hour on 102.1 KPRIfm, EDI held its first Acoustic Crestridge fundraising event. This was wonderful opportunity for acoustic music lovers to hear excellent music while supporting EDI's valuable work. Taylor guitar, a Vossbrink ukulele, and a passel of other fun prizes was raffled. The event also offered an opportunity for local acoustic musicians to perform in a beautiful natural setting, introduce new listeners to their music, and support a worthy cause. *The event was held at South Lane Park in Crest.* 



UPCOMING EVENTS -Saturday, April 5<sup>th</sup> A first for EDI and Rancho Jamul Ecological Reserve —a guided horseback ride on the

range. Join RJER Reserve Manager Tracie Nelson for an equestrian event on this environmentally important and culturally significant property. This is not a challenging ride, but a comfortably paced 6-mile loop, with some hills and a water crossing. You'll see and learn about ongoing habitat restoration projects, riparian areas, research plots and historic features of the property. Gather at 9 a.m. to tack up and visit an information booth from the Solana Center (http://www.solanacenter.org/) to get tips on manure management and composting. Ride from 10 a.m. to 1 or 2 p.m. Bring a lunch and plenty of drinking water for the trail. A horse watering station will be provided on the route. The 2-3 p.m. hour is for cooling off, loading up, and sharing some dessert treats. RSVPs are required by Thursday, April 3, 2014. It's bring your own horse. No dogs. Minors need a helmet and to be accompanied by an adult. Space is limited (only 30, and only five people per group). Contact EDI to RSVP or for more information or call 619-447-4715 or email info@earthdiscovery.org. Don't miss this chance to see the reserve as the early explorers did, from the back of your trusty steed.



#### **CAMP CRESTRIDGE SUMMER CAMP**

Trying to get your kids outdoors to burn off some of that pent up energy from a long school year? Join EDI at Camp Crestridge for Summer Camp. Hosted in the beautiful Crestridge Ecological Reserve, this summer camp bodes loads of fun while learning about nature and the great outdoors. Credentialed teachers will lead campers on hikes, helping them learn to identify native plants, animals and tracks while exploring outdoor educational activities and participating in habitat restoration. We'll also introduce your child to the latest field technology, with nature-based apps on tablets. Camp Crestridge is for 8 to 12 years old—se habla Espanol. Snacks, t-shirt and backpack are provided. Session 1 is June 24 through 28, 8:30 a.m. to 12:00p.m. Session 2 is July 8 through 12, 8:30 a.m. to 12:00p.m. The cost of a session is \$135 per week. Ask about sibling discounts. Registration opens April 1, 2014. SPACE IS LIMITED REGISTER EARLY! To register go to www.earthdiscovery.org or call (619) 447-4715 or email info@earthdiscovery.org

#### SCIENCE-SERVICE-LEARNING FIELDTRIPS

This school year, EDI has taken over 1200 students from Cajon Valley School District on a nature-based fieldtrip. Students in 4th and 5th grades visited either Crestridge Ecological Reserve or the San Diego National Wildlife Refuge, where under the beautiful blue skies of Southern California they participated in habitat restoration, animal tacking, native plant and bird identification, watershed ecology, nature journaling, and environmental stewardship—all while observing the wild side of life in the field. In March, 500 La Mesa/Spring Valley and Jamul students made a first time visit to Rancho Jamul Ecological Reserve as part of EDI's science and environmental education program.



EDI's education program has grown to include five separate school districts, including students from San Diego Unified School District who will visit Crestridge Ecological Reserve in late March. Bay Side Elementary in South Bay Union School District will be

participating in EDI's pilot Ecology Meets Technology program late this spring.

In all, over 1900 students will have participated in EDI's Science Service Learning Fieldtrips this school year. And for those who want more, EDI is expanding its program with a summer camp at Crestridge Ecological Reserve.

#### WHY VOLUNTEER?

## The Earth Discovery Institute... Saving the Planet, One Student, One Steward at a Time

Retired, between jobs, looking for contacts in the natural sciences or an opportunity to work outdoors and meet new people? EDI is proud to offer a myriad of volunteer opportunities to anyone who enjoys the natural world. From planting natives to volunteering as a reserve ranger, engaging in habitat restoration and photo monitoring study sites, there are many unique ways to get involved. Volunteering is also a rewarding way to get to know San Diego's natural communities, other people who are interested in the regional environment, and many knowledgeable and engaging stewards and land managers. Earth Discovery Institute assists three governmental and three community-based agencies that conduct conservation activities in the area. (LIST THEM) There is a crew of highly dedicated folks who volunteer every Monday (Rancho Jamul Ecological Reserve) or Wednesday (Crestridge Ecological Reserve) to provide assistance with ongoing conservation efforts. Weekly projects include everything from native planting and endangered species monitoring to trail building and maintenance. This is a unique opportunity to work alongside experts, go to seldom visited places and locations currently closed to the public for habitat or species protection, and to learn more about places, plants. animals and research. And there's no lack of camaraderie and



laughter at these "work" events.

To take advantage of one of the many volunteer opportunities available in the area, see a list of all activities on

EDI's website at www.earthdiscovery.org. If you would like to receive notices of events as well as quarterly newsletters about conservation issues and opportunities, contact us at info@earthdiscovery.org. You are also welcome to call us with questions, concerns, interesting habitat sightings, or if you see damage or dangerous activities on preserved lands. (Always call 911 if it's an emergency!). EDI can answer your questions, collect your information, and put you in touch with the relevant land manager when needed. EDI would love to have you as part of South County's conservation backbone. Volunteer Rangers, Par 4 Weeders, Monday at RJER,

Wednesday at CER, Photo Monitoring (Adopt a Plot), etc. You don't have to show up every week, but this is a unique opportunity to work alongside experts, visit off the beaten path places and learn more about San Diego's wild backyard.





## CREST-DEHESA-GRANITE HILLS-HARBISON CANYON SUB-REGIONAL PLANNING GROUP

Mailing address: P.O. Box 21489, El Cajon, CA 92021 e-mail: wrplanning@aol.com website: www.crestplanning.org

The mission of the sub-regional planning group is to advise and assist the Director of Planning, the Planning and Environmental Review Board, the Zoning Administrator,

the Planning Commission and the Board of Supervisors in the preparation, amendment and implementation of community and sub-regional plans.

Meetings are held the 2<sup>nd</sup> Monday of each month at 7:00 pm. Locations rotate between the Dehesa School, The Crest Community Center, and the Harbison Canyon Community Center. The April meeting will be held at the CCA Clubhouse. *Currently minutes are not available*.

#### San Diego County Residents Monthly Free Tuesdays

- 1<sup>st</sup> Tuesday Reuben H. Fleet Center, Model Railroad Museum, Natural History Museum, Centro Cultural de la Raza
- 2<sup>nd</sup> Tuesday Museum of Photographic Arts, San Diego History Center, Veterans Museum and Memorial Center
- 3<sup>rd</sup> Tuesday Japanese Friendship Garden, Mingel Int'l Museum, San Diego Art Institute, Museum of Man, Museum of Art
- 4<sup>th</sup> Tuesday Air and Space Museum, Automotive Museum, Hall of Champions, Select International Cottages
- 5<sup>th</sup> Tuesday Regular Admission

Museums are free ONLY for San Diego County residents and Active Duty Military & dependents with ID. Separately priced exhibitions are not included.

Hi neighbors! Here is my April and May calendar of events in San Diego, incld a few right here in Crest. Besides these fun shows, I invite you to check out my local music radio program on 102.1 KPRifm Sundays at 9pm and to visit my website at ListenLocalsd.com.

There you'll find info about concerts, camping and songwriting events plus The Green Room, a vintage clothing store (in Crest!) for people who like to have fun with affordable style. Email Cathryn@ListenLocalsd.com for info or with guestions.

See you at a show! xo Cathryn



#### **APRIL 2014**

**Every Tuesday** at House of Blues on The Voodoo Stage, no cover and all ages until 10pm. 5 local acts of various genres, KPRi giveaways.

**4/3**—Open Mic at The Parkway Bar 21+7pm to 11pm

**4/6**—The Game at Pal Joey's at NOON write a song to the title Opening Day or Old Tricks. Show up and play it. No cover 21+

**4/11**—Homegrown at The Go Lounge, 5 acts, various genres, no cover 21+ 8pm to 12am

**4/13**—The Kid's Show at House of Blues, no cover all ages, performers under 18, 4pm to 8pm

**4/13**—The Jeffrey Joe Show Fundraiser at the School for Creative Careers featuring Lisa Sanders, The Lovebirds and more \$20 limited seating 5pm to 8pm

**4/26**—Homegrown at The Parkway Bar 4pm to 8pm no cover 21+ 5 acts of various genres 4pm to 8pm

#### **MAY 2014**

**Every Tuesday** at House of Blues on The Voodoo Stage, no cover and all ages until 10pm. 5 local acts of various genres, KPRi giveaways.

**5/3**—Gates Rock House Concert at The Green Room. 2 songs each from some of San Diego's most AMAZING artists.

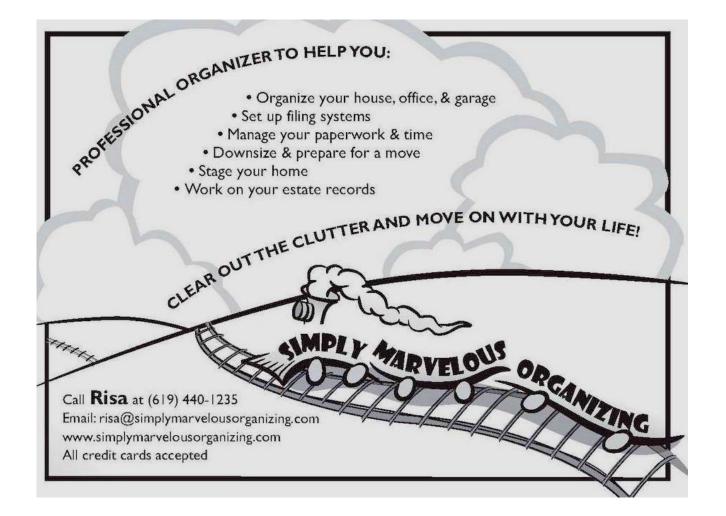
**5/16**—Homegrown at The Go Lounge, 5 acts, various genres, no cover 21+ 8pm to 12am

**5/17**—Homegrown at The Parkway Bar 4pm to 8pm no cover 21+ 5 acts of various genres

**5/18**—The Kid's Show at House of Blues, no cover all ages, performers under 18, 4pm to 8pm

Email Cathryn@ListenLocalsd.com to make an appointment to shop





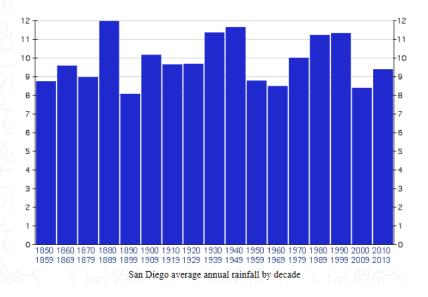


#### Crest Residents: Please be aware of the trends below and keep your eyes and ears open!

Also be aware I've received reports of gas siphoning and cut gas lines!

Crest Crime Report 10/15/13 TO 1/15/14								
Obtained from www.crimemapping.com website								
1/12/14	8:00 am	Petty Theft Fraud Grand Theft Petty Theft Trans/etc Controlled Substance. Possess Controlled Substance	2400 Bl Suncrest Blvd					
1/15/14	7:00 am		100 Bl La Crests Heights Rd					
1/15/14	10:00 pm		300 Bl Highline Trail					
1/27/14	8:00 am		1100 Bl Hamlet Dr					
1/28/14	10:00am		100 Bl North Lane					
1/30/14	12:04 am		0 Bl La Cresta Rd					
2/01/14	10:00 pm	Residential Burglary Vehicle Break-in/Theft Vehicle Break in/Theft Take Vehicle 2/o consent /theft Vehicle Break in/Theft Vehicle Theft Vehicle Break-in/Theft Take Vehicle w/o Owner's Consent Vehicle Breakin-theft	2000 Bl Old Bend Road					
2/09/14	7:30 pm		100 Bl Bonita Place					
2/10/14	4:00 pm		2300 Bl Park Drive					
2/14/14	11:00 pm		200 Bl La Cresta Heights Rd					
3/01/14	6:30 pm		2400 Bl Suncrest Blvd					
3/06/14	8:00 am		200 Bl Mtn View Rd.					
3/11/14	9:00 pm		100 Bl Sierra Vista Dr.					
3/19/14	12:30 pm		200 Bl Mtn View Rd					
3/27/14	7:00 pm		100 Bl Beech Place					

#### San Diego average annual rainfall by decade



1850-2013

Thanks to John Stokes for sharing his San Diego Weather update from his website.

http://www.custompuzzlecraft.com/Weather/s andiegoweather.html

#### **NEED A NOTARY PUBLIC?**

NOTARY ON THE SPOT CALL BETTY JARDIN 619 820-3062

TRAVELING NOTARY AND LOAN DOCUMENT SPECIALIST LOCATED IN CREST



A Notary isn't something you need every day, but when the need arises, I'll be there on the dot!









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## Message from SUPERVISOR DIANNE JACOB

COUNTY OF SAN DIEGO Contact: Steve Schmidt, 619-206-9108 – News Release 7/30-7/31/13

## COUNTY BOOSTING OVERSIGHT OF ELDER CARE HOMES (3/11/14)

San Diego County officials took action Tuesday (3/11) to improve the level of care and oversight at nursing homes and other elder care facilities in the wake of troubling reports of poor supervision and treatment.

The Board of Supervisors voted to back a package of initiatives that include the expansion of a patient advocacy program, creation of a special prosecution unit and the development of a seal or grading system for residential care homes.

"While many assisted living homes and skilled nursing facilities do right by our elderly, others are a source of shame," said board Chairwoman Dianne Jacob. "The conditions at some homes are deplorable. There's not enough staff training. There's not enough supervision. There's not enough state oversight. And when the state does act, the penalties lack punch."

Jacob called for the reforms in her recent State of the County address, following a series of watchdog reports in U-T San Diego and other media outlets that documented disturbing gaps in treatment and supervision, leading in some cases to serious illness and even death.

"We can't wait for the state to take action, not when vulnerable people are at risk," said Supervisor Greg Cox. "We need to take action at the local government level, right here, right now!"

"Protecting senior citizens in our community is one of my priorities as District Attorney," DA Bonnie Dumanis said. "Thanks to Chairwoman Dianne Jacob and the Board of Supervisors, we can concentrate more of our efforts over the next year on investigating and prosecuting crimes against our most vulnerable citizens and raising public awareness about preventing and reporting abuse at residential and long-term care facilities. Our goal is to obtain permanent funding to keep up these efforts for years to come."

#### The Board of Supervisors on Tuesday voted to:

- Beef up the county's long-term care ombudsman program. The number of full-time patient advocates would double, from four to at least eight. These advocates investigate patient complaints and serve as the county's eyes and ears in the field.
- Create a special eight-person unit in the District Attorney's Office to investigate and prosecute crimes committed against residents of long-term care facilities.
- Develop a seal or grading system to help families find quality care for their loved ones. A group of residential care operators has agreed to work with

the county, the Better Business Bureau and other groups to create the consumer yardstick.

• Advocate for legislation in Sacramento that would increase state inspections and fines, institute a patient rights program and make other improvements aimed at boosting the health and safety of residents. "It is imperative that our county and state elected officials work hand-in-hand to protect vulnerable seniors," said Aaron Byzak, founder of Hazel's Army, an elder care reform group. "The county Board of Supervisors deserves tremendous credit for promoting such collaboration."

Underscoring the need for reform, a federal study released last week found that one out of three patients in skilled nursing facilities has suffered an infection, medication error or other harm related to treatment.

#### **Alpine Women's Club News:**

The Alpine Woman's Club's next monthly luncheon is will be on **Tuesday, April 15th at 12:00 noon**. Open to all East County women, the Club is located at 2156 Alpine Blvd., Alpine, CA 91901. To make a reservation, please contact Patricia Bauer @ 619-922-2379

The Alpine Woman's Club will be holding their May monthly luncheon on Tuesday, May 20th at 12:00 noon. California Note Catchers – a ladies a cappella song troupe will entertain us. The luncheon is open to all East County women as well as past and future members

The Alpine Woman's Club Annual Victorian Tea

Special Event: The Alpine Woman's Club Annual Victorian Tea will be held on Saturday, May 17, 2014. Sittings will be at 11:30 AM and 2:30 PM. (Guests are invited to dress accordingly if that is their pleasure!) As momentum builds for the Club's Centennial Celebration coming up in October, this year's Tea promises to be extra special! This year's entertainment will be "Fashion Through Time," a show spanning a century of fashionable attire presented by Valerie LaBore and members of the San Diego Costumer's Guild. Tickets for the Tea are \$35. Reservations are required. Gentlemen are also welcome at this event. Checks made out to the Alpine Woman's Club may be mailed to Joanie Bogle 10328 Hawley Road, El Cajon 92021. Along with your check please include which seating, 11:30 AM or 2:30 PM, you will be attending. Tickets may also be purchased using PayPal online at http://www.alpinewomansclub.org/



1335 La Cresta Blvd, Crest, CA

619-444-7504

## **Rainbow Market**

Your Neighborhood Store

Serving the Community of Crest Since 1999

Check our Lower Prices and Compare Milk,

Eggs, Cereal, Groceries, Beer, Wine

Hours: 8:00 am to 9:00 pm weekdays

8-10 Friday and Saturday

We accept EBT, Visa, and ATM





Thank you for stopping at Rainbow Farms Market And shopping on the "Hill"

## Remembering our Crest Friends

#### REMEMBERING OUR CREST FRIENDS

Our Thoughts Go out the families of two long-time Crest residents. They will be missed.



Jean Darsey (May 12, 1923 - Feb 3, 2014)

Long time resident Jean Darsey passed away in her home on February 3, 2014. Jean and her husband Jake lived in Crest since 1968. They were both very involved in St Louise Church and made most of the stained glass windows in the church. Jean is survived by her daughter Kathy and her husband Gilbert Mastri, her son Tim Darcy and his wife Cathy and son, Michael Darcy and his wife Sabrina. Jean had 8 grandchildren and 11 great grandchildren, She is missed by all and loved by so many.

#### Mike Garcia (1919 - February 25, 2014)

Longtime resident Mike Garcia passed away on February 25, 2014. Mike and his wife Mary moved to Crest in 1951. Mike loved Crest and never wanted to live anywhere else. Mike was a volunteer for the Crest Volunteer Fire Department, was active in the Crest PTA, and was involved in the local Catholic Church. In 1971 Mike began a 10 year service stint on the Crest Water Board.

Mike was also a member of the Flying Samaritans and a member of the El Cajon Elks Lodge 1812. Mike is survived by his wife, Mary, his son Daniel and wife Christina and his son, David. Mike and Mary were our Grand Marshals in our 2014 Crest parade. He was also recently honored with a trip to Washington, DC to thank Mike for his World War II service. He will be missed by all.





# Music Night at the Clubhouse Silva and Baird and Special Guests including Glen Wishadell & Don Halte May 11<sup>th</sup> - 5:30 - 9:30

There will be a \$2 donation to CCA, a box to donate for snacks and drinks or BYOSW (Bring Your Own Sensible Whatever) and have a wonderful time.

Musicians play for tips.



#### New Season's Church- Crest 2198 Suncrest Blvd, Phone: (619)-442-3736 Pastor Tony Lambert

Prayer time: 9:00 AM

Worship Service: 10:45 AM

Monday Evenings: Ladies Bible Study @ 6:30 PM Tuesday Evenings: Men's Bible Study @ 6:30 PM Thursday Evening: Home Fellowship in Santee 6:30 Friday Evening: Home Fellowship in Crest 6:30 PM

Easter Sunrise Service 7:00 am Nancy Jane Park

Easter Church Service 10:00 am Church



### St Louise de Marillac Catholic Church

2005 Crest Drive – Phone: (619) 444-3076, Fax: (619) 440-1325 Fr. Burnia

Saturday..... 5:30 PM

Sunday...... 8:00 AM and 10:30 AM Daily Mass: 8:00 AM (Monday-Saturday)

#### Next Crest Sun Deadline: May 20, 2014

#### **WISH TO ADVERTISE?**

\$20 Website Link

Make checks to: CCA/The Crest Sun -

E-mail or call the editor for more information <u>editor@thecrestsun.com</u> The Crest Sun welcomes information from the Community and community input. Thanks to all our loyal readers and supporters. Your donations and your patronization of our sponsors provide the funds to print the newsletter. We have no paid employees. The newsletter is not responsible for problems that occur as a result of information.

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Crest Website: <a href="www.thecrestsun.com">www.thecrestsun.com</a> Webmaster: Karin Weiss (579-3951) email: webmaster@thecrestsun.com</a> See website for info on how to advertise on the Crest web site or contact Karin Weiss,

The Crest Sun is available at: Crest Foods, Rainbow Market, Sonora Restaurant, and Crest Library or online at

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