

A Newsletter for Crest

Volume 10

January/February 2009

Number 1

A Happy New Year to each of you!



I hope you had a joyous and relaxing holiday and are ready for the 2009 year.

This year will continue to bring new and exciting events to our Community. This month's edition of the Crest Sun

includes valuable information from the Sheriff's Department, and the San Miguel Fire Protection District. Much of this is a result of information shared during at the November 18th Town Hall meeting. Also included are important community phone numbers that you will want to save.

Since our last newsletter, the Crest Clubhouse has continued to sponsor great community events. A Farmer's Market and Craft show was held November 15th at the Clubhouse. There was a good turnout and many great crafters. I was reminded, however, that the Farmer's Market would have been even more successful if it had been planned during a time when produce was available! (A small miscalculation on my part.)



Food, as usual, is ever-present at the Clubhouse. The Kiwanis breakfast was outstanding as usual. The Crest Community Association (CCA) held its monthly dinner featuring spaghetti on November 5. The cost was a reasonable \$5 for these delectable meals! Mark your calendar for the next CCA dinner which is scheduled for Wednesday, February 4 from 5:00 to 7:30. January 24 and February 28 are the next Kiwanis breakfast dates. All Crest residents are invited and money raised goes to support the community.

The Crest Community Church held two community based events this month as well.

November 8, they celebrated the Church's 75th Anniversary and on December 8th they sponsored, "A Night in Bethlehem" to celebrate Christmas with crafts, food, and music.

The CCA celebrated the holidays with a gathering at the Crest Clubhouse with Santa arriving in a fire truck. The event was a resounding success with lots of kids lined up to give Santa their last minute requests.



Election of officers for the Crest Community Association takes place in January. Why not make it your New Year's resolution to become just a bit more involved in your Community by attending a CCA meeting. If time permits we are always looking for a helping hand. If everyone pitches in just a little, our Crest Community will continue to grow stronger and all the work won't fall on a few.

Volunteer efforts can be just a couple hours a month or less. What could you do? Hmmmm.... How about something as simple as volunteering to: 1)collect money at the door of a CCA dinner; 2)make a pot of spaghetti or bring a loaf of bread to a monthly dinner; 3)drive to Alpine Sheriff once a month and get the Crest area crime log for the newsletter 4)volunteer to help clean up after an event 5) help clean South Lane Park 6) bring a dessert or help organize the next Bunco tournament 7)help with the CCA membership drive 8)help serve food at the July 4th picnic; 9)help plan another farmer's market/craft fair; or 10) use your clerical skills to help with the emergency call system **In other words, join the CCA and check a box or two or tells us your interests. Or if you aren't in a position to join at this time, volunteer anyway. We need your help!**

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Crest Contacts

Crest Community Contacts		
Crest Community Association	Noelle Carranza	447-6269
Community Church	Anna Johnston	442-3736
Cornerstone Church	Pastor Dennis	579-5633
Crest Black Board	Friends of Crest	44-Crest
Clubhouse Rentals	Debbie Fox	442-8058
Crest Fire Safe Council	Kandhy Franklin	44-crest
Crest Garden Club	Arlene Palmer	441-0187
Crest Historical Scty.	Dorothy Miller	444-0968
Crest Kiwanis	Don Halte	444-4503
Crest Library	Rosi Mejia	442-7083
Crestridge Reserve	Cathy Chadwick	749-5767
Crest School	Office	588-3128
Crest Newsletter Information	Linda Hjelle Chris Seebold	440-8540 447-5826
www.thecrestsun.com	Karin Weiss	579-3951
E-Crest-rians	Kandhy Franklin	444-4996
Friends of Crest	Message	44-Crest 442-7378
St Louise Church	Father Languille	444-3076
Sub-Regional Plan.	Judy Bowen	440-0783
HELP LINES		
Highway Patrol: Traffic Related	(858)	637-3800
Abandon Vehicles	(619)	441-4264
Auto Repair (Bureau)	(800)	952-5210
Sheriff Alpine Station	Dispatch (858) (619)	565-5200 659-2600
San Miguel Fire Dst Fire Marshals See page 8 for additional numbers	Business Ofce. Marsha Larsen	670-0500 660-5356
Adult Protective Svs Child Abuse Hot Line	(800) (800)	510-2020 344-6000
Animal Control	(760)	438-2312
Border Patrol	(619)	662-7321
Code Enforcement	(619)	441-4264
Contractors Board	(Fraud) (800)	321-2752
Crime Stoppers	(619)	531-1547
FBI (telephone scam)	(858)	565-1255
Illegal Dumping	(858)	495-5143
Noise Abatement	(858)	694-3741

Planning & Land Use	(858)	694-3741
Poison Control	(800)	876-4766
Postal Police	Mail Fraud(877)	876-2455
Road Conditions	(800)	427-7623
Secret Service -Fraud	Currency/Credit 619	557-5640
Social Services	(619)	401-6000
SD Regional Center	(858)	576-2938

Stores and Restaurants		
Crest Foods	Tony	444-8132
Lenardo Pizzeria	Sam	444-1389
Rainbow Farms Mrkt	Mark	444-7504

Advertisers		
A Crest Plumbing	Erick Mack	590-2625
AgeLoc	Pat Goulart	442-4879
Avon	Yvonne Dailey	449-8556
Beck's Entertainment	Jerry Beck	440-0797
Builder Sale	Dave	733-6533
Century 21 Award	Connie Gipson	606-2400
Census Employment	US Gov't	684-6100
Central Air & Heating	Charles Collins	444-9955
E&L Mobile Repair	Eric Flick	654-3849
George Bowlby Elec.	George Bowlby	440-3051
Jim Kelly Realty	Rayna Mack	922-2524
Kathy Kuts	Kathy Kaderabek	447-1945
Knox Reprographics	Mary Bauer	230-6300
Owner/Builder	David Maasch	579-3406
Namebrand Kidswear	www.magickidsusa.com	
Pet Sitter Child /Senior Care	Nancy Kaufhold	490-7256
Piano Lessons	Amanda Shadrick	588-8862
Prudential Realty	Carole Horn	251-1533
Right Hand Ladies	Marie	328-1157
RokDog.net	Karin	334-1913
Marvelous Organizing	Risa Goldberg	231-1113
Theraputic Massage	Mary Kay Vega	443-2844
W3U Web Services	Jack Martin	800-644- 0305
Xango	Marie	328-1157
HELP WANTED		
Gardner Wanted	Patrick	858-831- 1800

2009

S	M	T	W	T	F	S	S	M	T	W	T	F	S
JANUARY							FEBRUARY						
				1	2	3	1	2	3	4	5	6	7
4	5	6	7	8	9	10	8	9	10	11	12	13	14
11	12	13	14	15	16	17	15	16	17	18	19	20	21
18	19	20	21	22	23	24	22	23	24	25	26	27	28
25	26	27	28	29	30	31							

Calendar of Events – January February 2009

01/06/09	1:00 – Tue	Historical Society Mtg – Library
01/08/09	9:00 am -Thurs	Census Bureau Job Testing (Call 619-684-6100 to reserve a spot)
01/08/09	7:00 pm- Thurs	Sub Regional Planning Group – Crest Clubhouse
01/08/09	7:00 pm –Thurs	San Miguel Fire Department Board Meeting -
01/10/09	7:30 am – Sat	Kiwanis Meeting – Visitors Welcome – Location: Clubhouse
01/12/09	10:00 - Mon	Crest Garden Club - Clubhouse
01/13/09	5:30 – Tues	Crest Community Association Meeting – Clubhouse – Board Meets
01/19/09	6:00 pm – Mon	Kiwanis Meeting – Board Meeting Clubhouse
01/20/09	7:00 pm – Tues	CCA Meeting Clubhouse – Community Meeting
01/20/09	6:30 pm – Tues	PJ Storytime & Craft Tuesday - Library
1/21/09	6:00 –Wed	Crest PTA Meeting – Coyote Library
1/22/09	8:30-10:30 am Thurs	Coffee with Dianne Jacob – Supervisor – Clubhouse
01/24/09	8:30-10:30 –Sat	Community Breakfast by Kiwanis at the Clubhouse
01/24/09	1 PM – Sat.	Watercolor Still Life workshop with Jennifer Nilles - Library
1/27/09	6:30 pm – Tues.	Theft Protection – Midge Costanza from the Dan Diego District Attorney's Office Library
02/03/09	1:00 pm- Tues	Historical Society Mtg – Library
02/04/09	5:30- 8:00- Wed	CCA Dinner – Clubhouse
02/09/09	10:00 – Mon	Crest Garden Club – Clubhouse
02/12/09	7:00 pm – Thurs	Sub Regional Planning Group – Crest Clubhouse
02/12/09	7 pm – Thurs	San Miguel Fire Department Board Meeting
	6 pm	Crest School – From the Heart Family Dance
02/14/09	7:30 am – Sat	Kiwanis Meeting –General Meeting – Visitors Welcome. Clubhouse
02/10/09	5:30 – Tuesday	CCA Meeting – Clubhouse – Board Meets
02/17/09	6:15 pm - Tues	3-Day Walk Meeting – Clubhouse – before CCA Meeting
02/17/09	7:00 pm – Tues	CCA Meeting Clubhouse – Community Meeting
02/23/09	6:00 pm – Mon	Kiwanis Meeting – General Meeting
02/24/09	6:30 pm – Tues	Library – PJ Story time & Crafts Tuesday
02/28/09	8:30-10:30 Sat	Community Breakfast by Kiwanis at the Clubhouse

Attention Crest Residents:

Mail theft continues in Crest! Theft has been reported on Lento Lane and OceanView Streets. Pick up your mail promptly and report any suspicious activity!

Be Aware:

It was also reported at the CCA meeting that equipment recently stolen in Crest was discovered on Craig's List resulting in the recovery of some of the stolen goods.

Crest Community Services

Alpine Sheriff Department



Captain Roy Heringer and Paula

Dickenson from the Alpine Sheriff's office were introduced to the Crest community at a recent Town Hall Meeting and responded to questions and concerns. The Alpine Sheriff's office has recently been upgraded from a Substation. Captain Heringer did state, however, future budget cuts may jeopardize this upgrade.

The Alpine station covers over 130 square miles within the Alpine jurisdiction which includes Crest. The Sheriff's Rural area is now under the command of Captain Heringer and that includes an additional 290 square miles. The area begins at Descanso and ends at the County border. The rural area is covered by Resident Deputies.

The Alpine Sheriff's Station presently has three deputies working 12 plus hour shifts. There is also a Senior Volunteer Patrol. You may have seen them in the white Sheriff Patrol cars patrolling the Crest area during the day. (If you are interested in participating in this patrol, please call the Alpine Station.)

Paula Dickenson, Crime Prevention Specialist, emphasized the importance of partnering with the Sheriff's office by reporting suspicious activity so it can be logged and tracked. With the recently reported mail theft and vandalism incidents, it is more important than ever to call the non-emergency number (858)565-5200 to report suspicious activity. This information will go to the Sheriff's Dispatch which will then be prioritized and provided to a deputy.

If you want a personal or phone response from a deputy, please state this when you log your report. If there is immediate danger or activity in progress, the emergency number is 9-1-1.

Should you have any questions, you can reach Paula Dickenson directly by email at Paula.Dickenson@sdsheriff.org or Captain Roy Heringer at Roy.Heringer@sdsheriff.org

In response to the mail theft incidents, Paula recommended it is always a good idea to purchasing a secure mailbox or post office box if you can afford this option. She also mentioned

calling the Postal Inspector at your specific Post Office if you experience theft of your mail.

A question was raised as to when to call the Sheriff's office vs. the CHP office. The Alpine Sheriff's Deputies handle criminal calls such as burglaries, vehicle theft, and assault, while the CHP deals with incidents dealing with the roadway/traffic. They do, however work together since they are all law enforcement officers. The Sheriff's office will redirect your call to the correct agency if you have called the wrong agency.

A question was asked as to whom to report an observed incident of a person throwing a cigarette butt from the car. This should be logged in with the Sheriff's office although if you do not have a license number, it will be difficult to follow up.

Concern was raised regarding increased illegal off road activity in the Crestridge Reserve area and the area across from South Lane Park. The Alpine sheriff's Department has a Reserve Off Road enforcement detail that may be available to assist us. Paula Dickenson also stated she will request additional patrols and contact the Reserve Off road enforcement detail.

The Alpine Sheriff Station is open from 8:00 am - 5:00 pm Monday through Friday. Their business number is (619) 659-2600.

Sheriff Log for Crest Area 11/1/08-12/14/08

11/03	2:30 pm	Lilac Drive	Burglary – musical instr
11/08	10:35 pm	Harbison Canyon	Poss of marijuana – vehicle stop
11/09	10:05 am	Scenic Drive	Assault with a deadly weapon
11/10	9:10 am	S. Park Place	Grand Theft – water craft
11/14	1:06 pm	Gibson Highlands	Grand Theft- misc
11/15	10:20 pm	Alegria Dr	Burglary – currency
11/19	8:15 pm	Jarrett Lane	Spousal Abuse – battery
11/21	10:15 pm	Jarrett Lane	Parent refuse minor shelter
11/24	4:18 am	Alta Lane	Burglary –assault with deadly weapon
12/06	10:36	Suncrest Blvd	Spousal Abuse
12/07	5:44 pm	Harbison Canyon Rd.	Petty Theft –Purse stolen
12/08	12:19 pm	Harbison Canyon	Burglary –currency
12/11	6:57 pm	Suncrest Blvd	Threatening phone calls
12/14	3:08 am	Harbison Canyon Rd	Controlled Substance – Traffic stop

* **Citizen report:** 2008/2007 BLACK CHEVY SILVERADO TRUCK, EXTRA CAB OR 4 DOOR, spotted tossing cigarette from car - headed toward Harbison Canyon.

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2 Topping	11.99	14.99
Veggie	14.99	16.99
Works	16.99	18.99
Additional Toppings (each)	1.50	2.00

Garlic Cheese Sticks \$4.99

Subs:

Ham & Cheese	\$4.99	Italian (Ham, Salami & Cheese)	5.99
Pastrami (Hot or Cold)	5.99	Turkey Club (Bacon, Cheese)	5.99
Ham w/Roast Beef	5.99	Tuna	5.99
Turkey & Cheese	4.99	Tony's Pizza Sub	4.99
Roast Beef	5.99	Meatball	5.99

Served with Lettuce, Tomato, Onion, Italian Dressing
Choice of French Roll, Sour Dough, Wheat or White Bread

Salads:

Garden Salad	\$4.99
Chef Salad	5.99
Macaroni Salad	1.99
Greek Salad	5.99
Potato Salad (1/2 qt)	1.99
Italian Pasta (1/2 qt)	1.99



San Miguel Consolidated Fire Protection District

www.smgfire.org
(619) 670-0500

Augie Ghio, Fire Chief was introduced and spoke to the community regarding procedures and fielded questions and concerns.

The Fire District, as with many government entities have been greatly affected by the economy since much of its revenue comes from property taxes. Since many property owners have had their property tax reevaluated and reassessed, the previous year's 7.26% growth has been reduced to 2.01%. Future cuts are also expected from this lost revenue. This does not affect Crest and Bostonia areas quite as significantly since we have a specified fire assessment tax that assures that all monies collected from the Crest and Bostonia area are used only within the region. Under the terms of the consolidation with Mt Miguel, a committee is being formed to review and present the community with information regarding the budget and its expenditures and which will be shared with the community in the next newsletter.

A Crest resident asked about the possibility of additional funding through Prop. 172. Fire Chief Ghio stated that there was never any expectation that the fire departments would receive funding under this bill. He was hopeful, however, that Prop A would have provided additional funding for fire safety but it failed by 3%. The District will continue to identify fiscal solutions to the economic challenges it is faced with.

Inspections are in progress for over 350 business and multi-family dwellings (apartments and condos) in our area. This obviously affects the Bostonia area much more than Crest since we have few businesses and multi-family dwellings.

The Burn Permit process has been revised to make it less of a hassle for our residents.

Notice: Burn Permits will be issued by Fire Suppression Personnel in the Crest area. To apply for a permit, please call the San Miguel Fire District's main office number 619.670-0500. Because of a special tax already paid by Crest residents, we will not charge a fee for burn permits issued in the Crest area. District residents in other parts of the San Miguel Fire District are subject to burn permit fees.

Chief Ghio answered questions and concerns regarding weed abatement and explained inquiries should be directed to Fire Marshal, Marsha Larsen (mlarsen@smgfire.org or at (619) 660-5356). Inspection and enforcement is contracted out to Fire Preventative Services. The process for weed abatement includes 1) Inspection, 2) If abatement is necessary a 30 Day written notice is posted and certification by letter after 10 days. A San Miguel Fire inspector looks at each property at this time. 3) If the property is not taken care of, the contract company, Fire Prevention Service will do the work and bill the resident and possibly lien the property for payment if payment is not made by the property owner.

Several members of the Crest community expressed dissatisfaction over the way the Fire Prevention Services has handled abatement issues. They felt the communication was lacking and were unable to make personal contact during the process. They felt abatement by this service was exorbitantly priced and sometimes not necessary. Residents asked that the Fire District look into these matters.

Residents were encouraged to visit the San Miguel website at www.smgfire.org and to attend fire board meetings which are held the second Thursday of each month at 7:00 pm at 2850 Via Orange Way, Spring Valley 91978-1746. Agendas and Board Minutes can be found on the website.

A Note from the San Miguel Fire District By Augie Ghio, Fire Chief

The Family that makes up the San Miguel Fire District wishes you and your family a happy, warm and SAFE New Year! As energy costs reach record highs, many East County residents will turn to portable electric space heaters and wood-, pellet- coal or kerosene-burning stoves, and other non-traditional heating sources to defray costs. With the increase in use comes an increase in fire risk. We encourage you to use caution when using alternative heating equipment this winter.

According to the National Fire Protection Association (NFPA), nearly half of all home-heating fires occur during the winter months. On average, NFPA research show that heating equipment is involved in roughly 70,000 reported U.S. home structure fires, with associated loss of more than 600 civilian deaths, almost 1,600

civilian injuries and more than \$1 billion in direct property damage.

“As a leading cause of home fires, heating safety is a concern for every community every winter. This year, with the projected increase in use of alternative heating equipment, families need to be especially vigilant to use all heating appliances properly,” said San Miguel Fire Chief Augie Ghio.

SMFD is encouraging residents using pellet stoves, wood stoves, space heaters or any other home heating equipment this winter to follow this advice:

- Space heaters need space. Keep all things that can burn, such as paper, bedding or furniture, at least 3 feet away from heating equipment.
- Turn portable heaters off when you go to bed or leave the room.
- Have your chimney inspected each year and cleaned if necessary.
- Use a sturdy fireplace screen.
- Wood stoves should bear the label of a recognized testing laboratory.
- In wood stoves, burn only dry, seasoned wood. In pellet stoves, burn only dry, seasoned wood pellets.
- Allow ashes to cool before disposing. Dispose of ashes in a metal container.
- Install smoke alarms in every bedroom, outside each sleeping area and on every level of the home. For the best protection interconnect all smoke alarms throughout the home — when one sounds, they all sound. Test smoke alarms at least once a month.
- When using a fuel-burning portable heater, always use the proper fuel as specified by the manufacturer. When refueling, allow the appliance to cool and refuel outside or in a well-ventilated area.
- Install and maintain a carbon monoxide alarm in a central location outside each sleeping area.
- Never use an oven to heat your home.
- For fuel assistance, contact the National Energy Assistance Referral line at 1-866-674-6327 or visit www.energynear.org.

Your safety and the safety of your home and property is our Priority, below is our contact information. Please keep the following contact list in a handy location.

SAN MIGUEL FIRE DISTRICT CONTACT GUIDE

EMERGENCY 9-1-1

INFORMATION	www.smgfire.org
MAIN OFFICE	619-670-0500
FIRE CHIEF AUGUST GHIO	aghio@smgfire.org 619 660-5351
FIRE MARSHAL MARSHA LARSEN	mlarsen@smgfire.org 619 660-5356
PUBLIC INFORMATION OFFICER LEONARD VILLARREAL	lvillarreal@smgfire.org 619 660-5359



Interested in Joining a Crest Team for next year's 2009 Breast Cancer 3-Day Walk

November 20-22 in San Diego?

A team is being formed and we are looking participants to walk, volunteer and support the team. If you think you might be interested, join us February 17 at 6:15 before the CCA meeting at the Clubhouse.

For more information email:

Barbara Atkins batkins@dayshotelhc.com
619-723-2737

Linda Hjelle at lindahjelle@cox.net
517-9838

For more information about the Breast Cancer 3-Day, Susan G. Komen for the Cure or the National Philanthropic Trust Breast Cancer Fund, visit www.the3day.org/ or call 800.996.3DAY

Crest Community Worship

**St Louise de Marillac
Catholic Church**
2005 Crest Drive 444-3076
Fr. Justin Langille Pastor



Services:

- Saturday Evening Eucharist (Vigil for Sunday Mass): 5:30 p.m.
- Sunday Morning Eucharist (Masses): 8:00 a.m. and 10:30 a.m.
- Morning Eucharist (Mass): Monday through Thursday: 8:00 a.m.

Crest Community Church

2198 Suncrest Blvd,
619-442-3736
David C. Wells, Pastor



Services:

- 9:30 a.m. Sunday School for All Ages
- 10:45 a.m. Worship Services
- 6:00 p.m. Bible Study

Cornerstone Church
205 Lento Lane
579-5633
Dennis Ottalogono,
Pastor



Sunday - 9:30a.m.

Services:
Wednesday 7p.m.
worship



**Any one interested in
playing Chess ?
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442-8058**

Therapeutic Massage & Gentle Yoga



Mueller Graduate Mary Kay Vega, M.T
Certified Yoga Instructor (619) 443-2844

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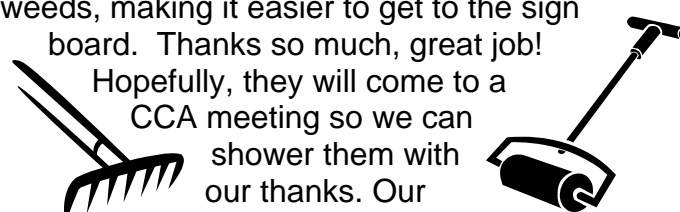
(619) 443-2844

Gift Certificates Available

THANKS TO THE BOY SCOUTS OF CREST!



Our boys came together to do a community service day from 9-12 one Saturday in November. They started at the clubhouse weeding, trimming, picking up trash, and raking the outside areas of the property. Once that was spick and span, they went to the two sign boards and picked up trash and cut the weeds, making it easier to get to the sign board. Thanks so much, great job!



Hopefully, they will come to a CCA meeting so we can shower them with our thanks. Our special thanks to:
Kyle Goldberg, Dallas Chapman, Jeremy Carincross, Thomas Hahn, Jack Hahn, Reno Wilson, Austin Darley, Frank Kusenback, Lance Jones, Cole Horn, Helio Delgadillo, Cody Perez

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Websites to Check Out:

Gazelle.com – Get money for old electronics.

Gazelle wants to change the world – one cell phone, one laptop, one iPod at a time. Their goal is to provide a practical, rewarding way for people to rid themselves of all those old cell phones, digital cameras, and gaming systems that they no longer use, but can't seem to find a way to let go of. Too often when people think of recycling, they rush straight to smashing things into bits for parts. We believe that reuse should always come first. If your GPS unit still works, why not keep it in circulation AND get paid for it? If reusing isn't in the cards, then let us recycle that vintage camcorder. We think of it as ReCommerce. Yeah, we're green. Green for you with dollars in your pocket. Green for the environment with fewer electronics being trashed.

Shortcuts.com - Coupons

Shortcuts.com coupons attach electronically to your participating grocery store savings card, so they are always with you when you shop.

Getting started is easy and FREE:

Step 1. Go to Shortcuts.com,

Step 2. Register your grocery store savings card

Step 3. Select the coupons you want

Step 4. Go shopping and save, without any paper coupons!

Next time you shop, the discounts from the coupons you selected will automatically be deducted at the register. And, coupons you don't use stay on your card, to be used at anytime, or until they expire.

Walletpop.com – Personal finance

WalletPop is the Web's first full-fledged personal finance and consumer finance site. Learn about your money, ask and answer questions, and read opinions.

Swapagift.com – Gift Card Sell/Swap

Swapagift.com is the leading Internet site for buying, selling, and swapping gift cards. Pay bills or exchange gift cards you don't use or buy gift cards at a discount. Save money and time with Swapagift.com. Simply enter your gift card details below, and we'll show you the amount that we'll apply toward your bill. (They obviously take a cut!)

Letssaythanks.com - Cards for Troops

This website, sponsored by Xerox gives you an opportunity to send a free postcard to the troops

stationed overseas showing your support and appreciation for their service.

Restaurant.com - Coupons

Restaurant.com serves as the community matchmaker, introducing great restaurants to great people. Search their website by city or zip code to find a restaurant. Many of our participating restaurants have different offers, so pick the place that suits you best. Follow the instructions for purchasing a gift certificate and print it out. In minutes you're all set for a night out for less! Examples: 94th Aero Squadron (San Diego) Blue Wave (La Jolla) Boathouse, Butcher Shop and Ciao Bella (La Mesa) all offer \$25 gift certificates for \$10 with some restrictions.

New Crest Neighbors – The Stray Dogs

I recently had an opportunity to meet John, a member of the Stray Dogs Motorcycle Club which have recently moved into their new clubhouse located across the street from the Rainbow Market in Crest. John gave me a tour of their newly decorated clubhouse, which is open to members of the club as well as family members and guests. John stated that the club is a member of the Confederation of Motorcycle Clubs.

Members of the Club also came to a recent CCA meeting to introduce themselves to the Crest Community. The Club is known for their yearly Annual Poker Run in July which raises money for toys for the Polinsky Children's Center.

Timely Tip From SDG&E

If your furnace pilot light is out, schedule it for relighting by calling SDG&E's automated line at 1-800-711-7343 (SDGE). You will need to enter the account number on your bill so have it handy when you call. During the appointment the technician will inspect and service your furnace to make sure it is operating safely and efficiently. If you are in the market for a new furnace, SDG&E offers a \$200 rebate on qualifying models. Go to www.sdge.com/homerebates

Crest Community Association

By Jackie Grace

YOU ARE IMPORTANT TO THE COMMUNITY

Well folks, here is the year 2009 and where, Where did 2008 go? We have been busy planning the New Year calendar

The month of January the members will vote in a new board and in February they will take their office positions. Members, PLEASE come out to vote the new Board in. The voting will take place at the general meeting on January 20 at 7:30p.m.

Officers for 2009 year include:

President: Linda Hjelle Vice President: Tony Atkins
Secretary: Glenna Evans Treasurer: Kathy Koldenschlag
Fifth Board Member: Susan Lee Cooke



We are pleased additional members of the CCA have volunteered to take on responsibilities in various areas. They include:

Music Nights: Christina Seebold; Emma Lee Morman; David Jones; Rob Ruggma;
Membership: Jackie Grace Maintenance Chair: Jeff Stenmoe
Fourth of July: Kandhy Franklin Dana Shaw volunteer at large
Crafters for Crest Events: Judy Becker Crest Dinners: Susan Lee Cook, Barbara Kingsbury,
Virginia Forthun, Kim Beck, and many others

The **monthly dinners** will begin again in February. The date is February 4, the first Wednesday of the month at 5:30 P.M. We are always looking for volunteers for the dinners.

Debbie Fox will no longer be the contact person for the club house rentals after December 31st. If you want to rent the building you may call 44-CREST and leave a message and we will get back to you as soon as possible. We are looking for volunteers to help with this task also. Debbie, we thank you for the excellent job you have done this past year with the rentals.

The CCA would like to thank Virginia Forthun for donating the Christmas tree and ornaments to the Crest Clubhouse. It really helped to bring in the Christmas spirit.

CONSIDER THE CREST CLUBHOUSE FOR YOUR NEXT EVENT

Call 44-Crest and leave your name and number if you are interested in additional rental information. A brochure will soon be available online showing photos and pricing at www.thecrestsun.com.



Join the Crest Community Association

Send this form in with your check made out to the Crest Community Association (CCA)

Mailing Address: CCA 113 No Park Dr. El Cajon, CA 92021

Membership Levels

Lifetime \$500 Business \$50 Family \$35 Individual \$25 Senior \$12 (65+)

Name _____ Phone _____

Address _____ Email: _____

Are you interested in volunteering? The more active you are, the more fun you'll have!

Committees:

Membership Volunteer Committee
 Special Events (July 4th) Community Garden
 Spaghetti Dinners, concerts, etc. Governance

Questions: Call 44-Crest and leave a message

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Cheap Get-Aways

By Barbara Atkins

Finding ways to get the best travel deals is important to everyone in today's economy. The family budget seems to be getting tighter every day. Instead of avoiding travel, people should be trying to find ways to make the money situation work for them. There are great travel deals out there and some of the travel deals you can find could turn out to be the greatest travel experience your family will ever have.

The internet is a great way to find the best travel deals. Just type a few words into a search engine and you will be bombarded with cheap flights, cheap hotel rates, and price matching guarantees. There are online travel websites that can help you stretch your vacation dollars far beyond anything you had imagined.

If you want to be creative, there are many ways that you can create your own travel deals. Combine money saving techniques (like house swapping, camping, staying in hostels or even visiting family) with discounts, last minute deals or even coupons from loyalty clubs that might be available. You can also use rewards from credit cards for mileage points for airfare or even free hotel rooms. If you want to stay in a particular location and you don't see any deals on the internet, you should call the hotel directly and ask them if they are offering any discounts or specials. Everything is negotiable in today's economy. These are just some of the ways that you can create the vacation experience that you want for the price that you can afford to pay.

We all need to look for the best travel deals we can find in this struggling financial time. Keep you and your family happy by planning for vacations even with the financial uncertainty looming in the headlines – then find the best travel deals and make your plans a reality.

Travel Sites of the Month:

Yapta.com

Begin finding your ideal flight options by entering your travel dates, times and personal preferences. Yapta will offer up a list of recommended flights that closely match your travel criteria. They track prices for you, track the airfare on any of the flights that interest you, or give Yapta the price you've already paid for your tickets. Yapta constantly monitors the prices on those flights so you don't have to. It Alerts you when prices drop so you can buy at the airline website at the optimal time. If you've already purchased a ticket, Yapta will alert you when you're eligible for an airline travel credit.

It gets you refunds after you buy If you've already purchased a ticket through an airline and the price drops, by giving you explicit instructions on how to claim your travel credit. Or for a fee of \$15 Yapta will call the airline and get it for you.

Un-Tours-Com

Un-Tours is a unique travel company that allows people to live like the locals in some of Europe's and New York City's best locations. One or two weeks in locations ranging from must-sees like Paris to hidden gems like Nafplio in Greece Private flats, farmhouses, or cottages and chosen by the company for comfort, cleanliness, and charm. Air and ground transportation can be arrange for you at discounted prices English-speaking representatives will welcome you to their country and provide you with all the help you'll need

Travel Tips:

The best day of the week to buy airline tickets? – Wednesday.

The least congested times to travel? Monday, Tuesday, Holidays, or late at night.

Editor's Travel Tip:

Personalized Post Cards

When on a road trip, take pictures along the way and stop at a local Wal-Mart or other one hour developing store to develop your photos. Pick a few of your favorite photos and use them to create your own personalized post cards by writing on the back and mailing them to your friends.

ACREST PLUMBING AND DRAINS

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Craftsman Pro 12" slide saw	\$250
Troy 8000 Generator gas	\$700
Teel 1 1/2" gas water pump	\$200
Husky cement mixer 1/2 hp Direct Drive	\$275
2.5 Hp Tile wet saw	\$200
Workman Cycle Team Dual Trike with rear basket, over \$3000 New , like new	\$1,000
Dry wash Sluth Box	\$200
Kawaski Mule 4x4 Diesel with dumping bed	\$1,000
GMC Dumping flat truck , Diesel	\$ 750
JCB 1400B Extra dig Backhoe	\$9,000
Materials	
30 ea 24" boxed trees assorted	\$60 up
100 ea 15 gal assorted trees	\$20
Cherry wood with cherry finish 13 10x10 1/4" "X4" face shelves	\$25
70 ea 10' to 12' x 1/2 to 3/4 " thick x 2", 3", 4", 5", to 6" wide	Offer
2 ea 3'x' doors with glass panel \$2,000 new	\$200
10 ea 3' to 8' solid core doors – Paint Grade	?
Rebar – 70 ea 1" x 10 to 20 length, some with 1' bends, 60 grade	\$10 up
60 ea 5/8" x 20', 30'	\$10 up
200 ea 1'x 3' L bars	.25 ft
11 ea 5" x 6' galvanized pipes	\$50
1 ea 20"x5 1/2" x 4" 3/8" thick L metal	
1 ea 20" x 8" x 4" 1/2 thick steel beam	
8 ea rolls of 4' 3=6' with gate chain link fencing some post	Or best offer
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**Employment Opportunities
United States Census 2010**

**The 2010 Census – A Great
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The U.S. Census Bureau is recruiting temporary part-time census takers for the 2010 Census. The pay is good, the hours are flexible, and the work is close to home.

Census taker jobs are excellent for retirees, college students, persons who want to work part-time, persons who are between jobs, or just about anyone who wants to earn extra money while performing an important service for their community.

Call your local Census office at 619-684-6100 or go to www.census.gov/2010censusjobs for online application, practice test, and/or more information.

Jobs Available:

Recruiting Assistant - \$16.50-\$18.50/ hr

Office Clerk - \$11.75-\$12.75/hr

Crew Leader - \$16.50-\$18.50/hr

Crew Leader Assistant - \$15.00-\$17.00/hr

Enumerator/Listener - \$15.00-\$17.00/hr

Must have Social Security card plus ID or passport to apply. No felonies. Testing will be held in Crest January 8 am.

Cooking Trivia

Broth vs. Stock.... Which to Use?

Broth	Stock
Broth is an essential ingredient to add flavor to soups and side dishes that don't have a strong flavor of their own. Broth is finished, highly seasoned flavor Best use for broth? Homemade soups, vegetables, stuffing, rice, potatoes and reheating leftovers.	Stock is a foundational ingredient used to enhance the rich and meaty flavors and juiciness of your main meat dishes and gravies. Stock is less seasoned, rich and robust, with a meaty flavor. Best uses for stock? Main meat dishes, gravies and sauces

Our Backyard..

OUR BACKYARD by Christina Seebold

My wish is that the coming year decisively ushers in an era of peace, and cooperation amongst the inhabitants of our precious planet. I have a hope that everyone will lend a hand when they are able. I have a hope that when we react to something we will choose a positive, productive, approach. I have a hope that we will be a little more frugal, a lot more environmentally conscious, and a lot less materialistic. I hope that we will also remember to be generous of heart, spirit and mind. (By that I mean, love a lot, open yourself to the highest power, and keep learning new things.) Lastly, I wish we would all take a little more pride in our surroundings. Pick up the trash, even if it's not yours. Sweep up. Pull those weeds. Straighten up the yard, or the front porch.

A healthy, green planet starts in your own backyard. Set a good example. Take care of what you have. I wish for Crest all good things in the coming year!

CREST GARDEN CLUB NEWS:

The December meeting was held at the Crest Clubhouse. It was a pleasure to tour the grounds and see how quickly and beautifully the landscape is becoming established. This has traditionally been the garden club's holiday meeting. In the past we have purchased a living tree for the library, which was decorated, and raffled off for planting after holidays.

This year, members brought wreath forms, moss, soil and cuttings for creating succulent wreaths. Goodies were shared, as well as a present exchange. A calendar was started for meeting hosts for the coming year.

Anyone with an interest in any type of gardening or landscaping is encouraged to join the informal gatherings. Monthly meetings focus on an individual's garden, plant exchanges, speakers, or field trips. It is up the host to plan his/her meeting.

The Crest Garden Club normally meets on the 2nd Monday of the month at 10:00am. Meetings are held either at the Crest Clubhouse, or a member's home.

For information on Crest Garden Club activities, call Arlene Palmer at 441-0187.

New Cell Phone Laws:

Two new laws dealing with the use of wireless telephones while driving went into effect July 1, 2008. The first law prohibits all drivers from using a handheld wireless telephone while operating a motor vehicle. (Vehicle Code (VC) §23123). Motorists 18 and over may use a hands-free device. The second law prohibits drivers under the age of 18 from using a wireless telephone or a hands-free device while operating a motor vehicle (VC §23124).

The law allows a driver to use a wireless telephone to make emergency calls to a law enforcement agency, a medical provider, the fire department, or other emergency services agency.

The base fine for the FIRST offense is \$20 and \$50 for subsequent convictions. However, with the addition of penalty assessments, the total amount can be more than triple the base fine.



Hands Free Choices

Consumers have a variety of hands-free cell phone products from which to choose, including wireless headsets, speakerphone attachments and wired headsets. The type of device customers select is a matter of personal preference. Costs range from \$20 to \$150.

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website: www.crestplanning.org



The mission of the subregional planning group is to advise and assist the Director of Planning, the Planning and Environmental Review Board, the Zoning Administrator, the Planning Commission and the Board of Supervisors in the preparation, amendment and implementation of community and sub-regional plans.

Meetings are held the 2nd Monday of each month at 7:00 pm. Locations rotate between the Dehesa Fire Station, The Crest Community Center, and the Harbison Canyon Community Center. The next meeting of the planning commission is January 8, 2009 at the Crest Clubhouse.

- January, February March and April meetings are held at the Crest Community Center
- May, June, July, August meetings are held at the Dehesa Fire Station.
- September, October, November and December meetings are held at the Community Center, Old Ironsides Park, Harbison Canyon.

Meeting agendas, minutes, and planning commission documents may be found on their website at www.crestplanning.org. The website can also be accessed by going to the www.thecrestsun.com website and clicking on planning group or organizations.

Excerpts from November 10 Planning Notes Regarding Crest:

Item 7. Unfinished Business. Verification of Adopted Trails Map. Wally Riggs displayed the map of the proposed County Trails system for which the County seeks verification and approval from the Planning Group. Group members discussed the previous Group actions concerning the proposed Trails map, and also the number of trail entry points into the Crestridge Preserve shown on the map. Bill Bretz moved that the Planning Group recommends removal of Trail #24 due to severe topographic constraints and because adjacent Trail #25 provides the desired connection with Jamul area trails; and that the Planning Group recommends the County Trails planner should be aware that the Crestridge Preserve management plan may limit trail entry points into the Preserve to fewer than those shown on the adopted County Trails map. The motion passed (11 yes; 0 no; 0 abstain).

Item 8b. New Business. Suncrest Road Grading for Emergency Egress from Crest. Pat Ulm led a Group discussion of the current conditions and Circulation Element status of Suncrest Road, and about the possibility of obtaining road-grading services from CALFire to maintain the road in a functional condition for emergency use. Pat Ulm moved that the Planning Group requests CALFire to monitor the condition of Suncrest Road, and to grade it when needed, to maintain this road as a ready, functional emergency egress road for Crest. The motion passed (11 yes; 0 no; 0 abstain).

Item 8c. New Business. Hawkins Property, APN 513-020-05. Pat Ulm informed the Group that the Hawkins Property would be offered for sale at County auction in February 2009 due to non-payment of property taxes. This 4-acre parcel is adjacent to Southlane Park in Crest, and if purchased by the County for public use it could become an addition to the park, or a site for a public library. Pat Ulm moved that the Planning Group recommends to Supervisor Jacobs that the County pursues purchase of APN 513-020-05 at 210 South Lane for addition to South Lane Park. The motion passed (11 yes; 0 no; 0 abstain).

Item 8d. New Business. Microwave Tower Removal. Pat Ulm recalled for the Group that the microwave antenna tower on Alta Lane in Crest was built and owned by a private party, but that it has not been used since about 1980 and appears to be abandoned. The Group discussed whether the non-use and abandonment of the microwave tower, and its current condition, could be a County code enforcement issue Pat Ulm moved that the Planning Group requests Department of Planning and Land Use Code Enforcement to investigate the permit conditions on APN XXX-XXX-XX on Alton Lane, concerning the removal of the abandoned microwave tower on this parcel. The motion passed (11 yes; 0 no; 0 abstain).

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Crest School

A Message to the Community From the Crest School Patrol

Members of the Crest School Patrol were introduced at a recent CCA meeting. They brought concerns to be shared with the Crest Community. Thanks to Savanna Bell, Molly Browning, and Katie Strickland for attending the CCA meeting and sharing this information with the Crest Sun.

Hello, my name is Savanna and I am the Patrol Captain of Crest School. My good friend Molly, a fellow patrol member, and I would like to express some our concerns for the safety of the students and families of Crest. One of our concerns is that some people are speeding in the school zone. If we could keep cars under 25mph that would be great! Because if you don't you could hurt someone else or even yourself. Another concern of ours is that some people are crossing into the oncoming traffic lane. Now, if you do that you might not see the STOP sign and accidentally go through a "red light" (STOP sign). Thank you for listening to our concerns and see ya' at the crosswalk!

Student Recognitions Promote Achievement and Good Citizenship

Martin Jaquez, Principal, Crest School

Students study hard and when tested do very well. A fight is about to begin and one of the participants walks away. A student who has struggled with a math concept finally "gets it". A student accidentally knocks down a classmate. The student is helped up. Several students do not miss one single day of school.

Day to day events such as these occur at Crest School. It is the philosophy of Crest to recognize and acknowledge student's good work, effort, citizenship, and PeaceBuilder qualities. The awards must be earned by students and students need to know why they are receiving the award. This year recognition of Crest's boys and girls is by way of our Academic Excellence Award Assembly.

The Awards Assembly takes place, once every trimester in our Coyote Hall. There are four different types of awards our students can receive. "Academic Excellence" awards are for students who have achieved "Advanced" in the areas of reading, writing, and math. The achievement reflects our standard based report card. Students can also receive a "citizenship" award based on positive behavior in the classroom, an "outstanding effort" award, and a "PeaceBuilder" award. The PeaceBuilder award is like a citizenship award but reflects what a child does outside the classroom.

The Awards Assembly is a celebration, a party. It takes place at 8:00 a.m. in the morning before school. In this way parents can join in the celebration before they go to work or, if parents work the midnight shift, they can attend the awards assembly before going to bed. Orange juice, apple juice and coffee are served along with delicious donuts.

Another recognition we give our students is "Perfect Attendance". The principal awards this recognition to students in their classroom. A life learned lesson is that to achieve you need to be at school every single day.

Crest is promoting and recognizing student good work. These recognitions will motivate and encourage our students to continue to do well. In the end it is the student who feels the satisfaction of his or her effort.

Cajon Valley Union School District

Crest School Holiday Schedule 2007-2008 & 2008-2009

2008-2009 Schedule

08/25/08 First Day of School
 09/01/08 Labor Day
 11/10-11/08 Veterans Day
 11/26-28 Thanksgiving Holiday

12/22-01/09 Winter Break
 01/19/09 Martin Luther King Holiday
 02/09/09 President's Day (Lincoln)
 02/16/09 President's Day (Washington)
 04/06-17 Spring Break
 05/25/09 Memorial Day
 06/19/09 Last Day of School

**Grossmont Union High School District
Granite Hills Holiday Schedule 2007-2008 & 2008-2009**

2008-2009 Schedule

08/18/08	First Day of School	12/22 – 01/04	Winter Break
9/01/08	Labor Day	01/19/09	Martin Luther King Holiday
11/11/08	Veterans Day	02/09/09	President's Day (Lincoln)
11/27-11/28	Thanksgiving Holiday	02/16/09	President's Day (Washington)
		04/06-04/17	Spring Break
		05/25/09	Memorial Day
		06/04/09	Last Day of School



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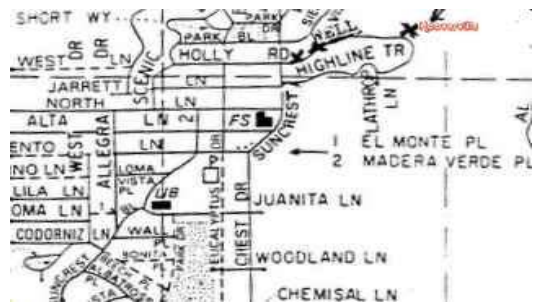
\$15/Hr for experienced Gardener.

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About Crest...

By Jerry Schultz – Timeline: 1934-35



Hooverville On the Hill

Some really old-timers may still remember the iron grasp of the Great Depression that started on Black Thursday 29th of October, 1929. The Stock Market crashed and panic ensued.

Money was tight and times were unmercifully hard. People were hopelessly destitute. Unemployment was rampant. Folks didn't have two nickels to rub together. They were in the throes of poverty. A popular tune was "Brother Can You Spare a Dime?" Hobos, tramps, derelicts and homeless rode the rails from city to city looking for work or a handout. In San Diego they roamed the slums and city dump where they set up cardboard and tin hovels. Open camp fires burned continuously.

Background: In 1932, nearly 32,000 businesses failed nationwide. Unemployment had soared to an astounding 25 percent. Two million people wandered the country in a futile attempt to find work. Many settled in outdoor camps called "Hoovervilles", named after President Herbert Hoover, whom they blamed for their plight.

People were poor and could not afford to visit a doctor, much less go to a hospital. Home remedies were the norm.

Prohibition ended on 05 December, 1933. The unpopular Volstead Act was rescinded and the federal government's total ban on liquor was lifted. No more speakeasies or bootleg booze. A popular song was "Happy Days Are Here Again."

Yes, there was a "Hooverville" campsite on "The Hill." A group of single, unemployed young men moved out of their family homes to partially relieve their struggling parents. They banded together and set up an encampment in La Cresta. The isolated site was located at the foot of Highline Trail near the north east curve of the dirt (now paved) road. Massive oak trees made the ideal camp. Tents were pitched and canvas lean-tos were in place at the entrance. Inside were a small army of cots covered with "Hoover blankets" (newspapers), for insulation. Conditions were primitive. An open fire-pit, surrounded with a rim of rocks had a steel grate positioned on top, where sat a chipped and blackened small coffee pot. Eucalyptus tree branches and Manzanita root knots were used for fuel. Hanging on the nearby tree branch was a large cast iron skillet and dented aluminum pot used for cooking Mulligan Stew. Pie tins served as dishes and coffee was sipped

from tin cups. Campfire Brew: "Use water and coffee in equalized parts, then set on the fire. That's how the deal starts. Boil hard for two hours, and into it, toss a well rusted shoe of a club-footed hoss. Gaze into the pot for a few minutes steady. If the shoe ain't flotin', the coffee ain't ready!"

A .22 rifle put "meat in the pot." Wild brush and cottontail rabbits were in abundance. They were opportunists, and would sometimes secretly poach a yearling deer. Oranges were "borrowed" from the grove located at the bottom of the new grade and "free" grapes were picked from the vineyard at the corner of Greenfield Drive and Highway 80.

A "Desert Cooler" was hanging in the shade of a tree branch. The old-time device consisted of a screened, open sided wooden crate, with sides draped with water-soaked gunny sacks (burlap). A pan of water rested on top with a rock holding the submerged burlap in place. This evaporative cooler kept perishables cool and fresh. The Community water well was located at the north west corner of Highline Trail adjacent to La Cresta Blvd at Holly road. On top of the wooden cover was founted a cast-iron water pump with a long-handle lever. Before water would flow, the pump had to be primed. Laundry was done in a galvanized tub with washboards. Fresh drinking water was lugged back to camp by the bucket.

Curious young boys would pedal their bikes to the secluded location and visit with the friendly guys. Females were not allowed. For amusement they played poker with stained, dog-eared decks of cards and would ante-up using wooden kitchen matches. Tattered and torn Western Pulp magazines were read repeatedly.

Most were shirtless and some had beards. All wore tattered and torn dungarees or overalls with suspenders. They wore "Hoover Shoes"... scuffed and worn out footwear with holes in the soles, made wearable by adding cardboard inserts. Wearing a blue long-sleeved work shirt was considered being dressed up.

Thanks to Jerry Schultz and the Crest Historical Society for sharing excerpts from this article. Jerry was nine years old in 1934 when he moved to La Cresta with his parents Harley and Edna Schultz. He was a weekend visitor in 1933 and remembers very clearly the camp on Highline Trail. Jerry now lives in Cupertino, CA.



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Travel Trivia....

DON'T GO THERE! A book by travel editor Peter Greenberg offers his expert, hard-won knowledge of where not to go, when not to go, and why you never should go. According to Peter Greenberg:

- The most dangerous road – Route 19 in Florida
- The most drunk city - Denver
- Most lost luggage - Atlantic Southeast
- Most overall dangerous city - Detroit MI
- Worst airport – O'hare, Chicago (delays/busy) Miami (walking distance between terminals)
- Most road rage - Miami
- Most polluted city – Arden. CA
- Most expensive city in the world - Moscow
- Most expensive in America – San Francisco
- Most affordable – Wichita, Kansas
- Most eligible men - Alaska where ...
- "The odds are good, but the goods are odd"

Critters in Crest

The Dearth of Honey Bees

By Stanley A. Shelton

We used to have a couple of California Pepper trees on our property (natives of Peru, not California). When they were in bloom, they literally buzzed with the sound of honey bees. Then in the mid 90's, there weren't enough bees to make the trees buzz. The culprit was the honey bee mite, genus' *tracheal* and *varroa*, mostly affecting feral bees.



Varroa destructor mite

The bees recovered somewhat in a couple of years, but were still affected by the mites, though not as drastically as when they first appeared in our region. These mites affect honey bees worldwide in varying degrees, depending on

many factors that cannot be simply explained by scientists.

Since 1971, there has been a reduction of feral honey bees in the U.S., and they are now (in 2008) practically nonexistent. There has also been a significant, but gradual decline in the number of bees kept by beekeepers in that same time period.

Honey bees are such important pollinators that almond farmers have had to hire bees (their beekeepers) to come and pollinate their trees. Bees have been trucked in from the east to pollinate trees in California, an expensive endeavor!

Bees have died or disappeared for years. It used to be a common phenomenon during winter, when 15% to 25% of honey bees would die off or disappear. Then the disappearances would happen at different times. These occurrences were given many different names: *disappearing disease*, *spring dwindle*, *May disease*, *autumn collapse*, and *fall dwindle disease*, though no single "disease" had or has ever been identified.

Then in late 2006 and early 2007, honey bee colonies began abruptly disappearing in North

America at an alarming rate of 50% and higher. They didn't die in the hives, they disappeared! They gave this new phenomenon the name Colony Collapse Disorder (CCD) since it was not found to be any single or specific *disease*. It has since been identified as a problem worldwide and there is no known cause.

From

<http://www.pickenscountyscbeekeepers.com/CCD.html>

Characteristics of CCD:

1. Sudden colony death (3-6 week period) with no dead bees around or in the hive
2. Often there is just the queen and a small group of nurse bees in the brood area
3. There may be evidence of recent brood rearing
4. While there is honey and bee bread left in the hive, there is delay in robbing and slower than normal invasion by pests like SHB (small hive beetle) and wax moth

How CCD differs from previous losses like fall dwindling disease, disappearing disease, etc:

1. Rapid onset
2. Very large number of colonies affected
3. No seasonality to this problem
4. No dead bees found

CCD had become serious enough for some serious study. Affected bees were examined and found to have various viruses, bacteria, mites, traces of insecticides and pesticides, but no *single cause* has been identified to date, at least from what I could find in my research.



Honey Bee

I'm sure you've already noticed, the price of food is going up, and up and up, due to these inflationary times along with the price of fuel, whether it

be gas or diesel. We certainly don't need higher honey or nut prices because of the dearth of bees! Let's hope and pray they find the cause of CCD and remedy it soon!



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www.CellPhonesForSoldiers.com - Cell Phones for Soldiers turned old cell phones into more than 12 million minutes of prepaid calling cards for U.S. troops stationed overseas in 2008. To do so, Cell Phones for Soldiers expects to collect 50,000 cell phones each month through a network of more than 3,000 collection sites across the country.

www.heromiles.com - Travelers can donate their frequent flyer miles to the participating airlines and soldiers can use them to get free flights home.

www.Laptop.org - For \$399 you can give a laptop to a child in a developing country and receive one for a child in your life. Alternatively, you can make a cash donation for \$199, the cost of a laptop, to help OLPC's mission to provide laptops to children. A third option is to participate in the Give100 or Give1000 program and make a difference to a whole school or community.

www.TomsShoes.com - For every pair of shoes you buy, Toms will give a pair of shoes to a child in need. One for One. In 2008, Toms will give over 200,000 pairs of shoes around the world.

www.MaryFisher.com – Mary Fisher establishes support groups where women infected or affected by AIDS can earn a living wage. In Rwanda and Zambia, women now produce hand-beaded bracelets that Mary designed, as well as hand-woven baskets, for sale in the United States.

www.GoodShop.com is a new online shopping mall which donates up to 37 percent of each purchase to your favorite cause! Hundreds of great stores including Amazon, Target, Gap, Best Buy, ebay, Macy's and Barnes & Noble have teamed up with GoodShop and every time you place an order, you'll be supporting your favorite cause.



Crest Fire Safe Council

By Kandhy Franklin-Collins

It is time to celebrate!!! Part of the grant monies has actually arrived for fuel reduction and education. Because of the status for US Forestry, and their "fire fighting" budget, we were worried that there would be no funds. The funds have been deposited in the Friends of Crest account as they are the fiduciary agent and have a 501©3 status.

While the funds are in the bank, the Crest Fire Safe Council (CFSC) has been working to set up accounting procedures, planning a budget, formulating a timeline for projects to be done, starting the steps to become a 501©3 ourselves, and of course continue going to seminars and meetings. We are also required to journal our activities and keep time cards for each category of what we receive and where everything goes. It is important that the community is aware of this process because we are all a part of the protection and education this grant will provide.

Soon it will be time for all of the support groups in Crest to assist us in the completion of small components of the grant. These are "in-kind" donations, which were pledged and must be accounted for. Watch the sign boards for community informational meetings and announcements of when the "goat" part of the project will begin.

Remember to sign up for the FREE Crest Emergency notification system by sending your in your emergency numbers. Also submit your email address in order to receive notices of community events. Mail this information to 113 No Park Drive or email the information to

crestfiresafecouncil@yahoo.com

Have a great New Year!

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Additional topping:	\$1.00	\$1.75	\$3.00

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Club Sub (Turkey, Bacon & Cheese)	\$5.99
Roast Beef Sub	\$5.99
BBQ Sandwich	\$5.99
Meat Ball Sub	\$5.99
Italian Sausage Sub	\$5.99
Gyros Sandwich	\$5.99
Ham, Turkey & Cheese	\$6.49
Lenardo's Special Sub (Roast Beef, Turkey, & Cheese).....	\$6.49

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Greek Salad (Lettuce, Tomato, Onion, Green pepper, Pepperocine, Olives, Red Cabbage & Feta Cheese).....	\$5.99
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Gyro's Combo.....	\$6.99
Hot Wings Combo	\$6.99
Philly Steak Combo (Steak meat, mushroom, onion, green pepper & Cheese)	\$6.99
Philly Chicken Combo (Breast chicken, mushroom, onion, green pepper, & cheese).....	\$6.99

Pasta: (All served with Breadsticks)

Lasagna.....	\$6.49
Spaghetti with Meatballs.....	\$6.49
Meat Ravioli.....	\$6.49
Cheese Ravioli.....	\$6.49



Don't forget to check out our terrific Crest Web site.
www.thecrestsun.com

You can now view the Crest Sun Newsletter, on-line which includes lots of information on local events, community concerns, articles, lost and found, electronic copies of present and past issues of the Crest Sun, ads. and more.

We have started a "LINKS" page, where you can add your company logo and web address. Local Crestonians can check out your website with a simple click. For only \$20 a year, you can support the Crest Sun Newsletter and Website. Procedures:

- Email us your jpeg logo and web address to thecrestsun@cox.net
- Send your check for \$20 to Friends of Crest, 120 N. Park Drive ,Crest, CA 92021-4094
- Please add a note that you are advertising your link on the website.

Sincerely, Karin Weiss
 TheCrestsun.Com webmaster

Call Karin Weiss at 579-3951 or email webmaster@thecrestsun.com



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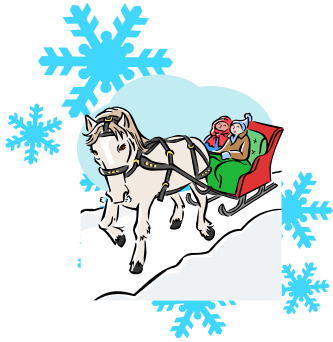
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South Lane Park E-Crest-ians

By Kandhy Franklin-Collins



The horse folks grouped together to come up with ideas for the New Year and to find those who have horses in their neighborhoods. We have made signs posting our events and rides, so be on the look out! Jan Rosander has order yellow horse crossing signs, and they have arrived. One is posted already, but we are thinking we should get larger ones for the major street crossings.

The next task is to get out, greet those with horses around us, and see what their interests are. In addition, we can mark where they are, get emergency information, and ask if they want to be on a special phone list for hauling or to be hauled during an emergency. Our One Call Now Emergency system allows us to have sub groupings for notification at no extra charge.

Working on a calendar of events and rides is next. The group would like to have one ride a month alternating sides of Crest. We can also schedule one ride every couple of months off the hill to the horses' favorite riding places. Mixed in with all of that, we would like to keep everyone updated on future meetings, clinics, conferences, and trainers who are in town.



REMEMBERING OUR CREST FRIENDS: "Bill" Homer W. Zachary 6/27/1923 – 11/10/2008

One of our first group events was to say good-bye to a long-time resident Bill Zachary. Folks have been seeing Bill riding in Crest and on endurance rides for many a year. In fact, he rode his last endurance ride on his 80th birthday and drew number 80 for his horse! Bill had knee replacement surgery and was scheduled for a hip replacement right before his passing on November 11, 2008. He wanted one last ride. So, on November 22, twenty-seven friends from Crest, Cuyamaca, Ramona, Lakeside, and the Endurance Association brought their steeds to South Lane Park where we rode off on the Lone Tree Trail to say good-bye to a real Gentleman Cowboy. After the ride, a gathering and service was held for Bill at the Crest Clubhouse. Bill will be greatly missed by all!

SOUTH LANE PARK: There's more dirt and more paperwork for South Lane!

Luna Construction, once again has been to our rescue with more loads of dirt for the park. They have even come up and spread the dirt for us. With the next couple of months of expected rains, we will see how we are doing and how much more dirt we will need. The total loads of "native" soil is somewhere around 100!

Also, with these rains will come weeds. Looks for the emails and notices on the arena to come and enjoy weed whacking and a lunch.

The SD County Parks has more paperwork for us to sign, and then the hunt for insurance is on. If you have any suggestions, or you are a carrier, please let Kandhy Franklin (444.4996) know, as it has to be in place before going to our Supervisor.

Dianne Jacob, Supervisor of Second District, will be in Crest January 22nd from 8:30-10:30 at the clubhouse to have coffee with constituents. Be there if you can to support the park and our efforts for the announcer's booth



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Crest Real Estate Update



Residential

Now On The Market

360 Lento Lane	\$129,900
111 Albatross Place	\$163,875
241 La Cresta	\$174,900
318 Estornino	\$220,000
218 Lento Lane	\$250,000
2136 Eucalyptus Drive	\$289,000
208 Thornton	\$339,000
420 Mountain View Road	\$339,900
3233 Suncrest	\$474,900
2527 Eucalyptus Dr	\$449,000-\$489,900
2936 La Cresta	\$509,900
330 La Cresta Heights Rd	\$499,000-\$549,000
2810 La Cresta Road	\$549,900
3015 La Cresta Road	\$560,000
228 Sage Road	\$589,000 -Listed by Connie Gipson
1649 Vista De Montemar	\$699,000
15076 Montana Serena	\$700,000
1324 Tracey Lane	\$799,000
1212 La Cresta Boulevard	\$985,000
14910 Montana Serena	\$999,000-\$1,150,000
1661 Vista De Montemar	\$1,000,000

Pending In Escrow

224 North Lane	\$209,900
373 La Cresta	\$349,000
997 La Cresta Boulevard	\$399,000

Recently Sold

No residential properties have recently closed escrow.

Vacant Land

Now On The Market

Jarrett Lane	\$99,000
2135 Crest Drive	\$159,000
152 Bonita Place	\$175,000
Saxton Lane	\$199,900
Senda Lane	\$219,000
777 Mountain View Place	\$240,000-\$290,000
South Park Place	\$249,500
Saxton Lane	\$249,900
2223 Crest Drive	\$265,000
140 Alamo Way	\$299,000-\$349,000
Saxton Lane	\$424,900
1909 La Cresta	\$450,000
La Cresta Road	\$450,000

Pending In Escrow

No listings are now in escrow.

Recently Sold

No vacant lots have recently sold.

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Data from Sandicor, Inc. and the San Diego Recorder's Office effective December 8, 2008 represents properties listed or sold by various brokers. While believed to be reliable, it cannot be guaranteed. If your property is currently listed, this is not meant as a solicitation.



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Dianne Jacob Speaks Out:

COUNTY SEEKING FAIR COMPENSATION FOR SURPLUS POWER FROM SOLAR HOMES

SAN DIEGO— The San Diego County Board of Supervisors wants residential solar customers to be able to sell surplus power to their local utility at a fair market price. At the request of Vice Chairwoman Dianne Jacob the board voted unanimously Tuesday to seek State legislation that could compensate solar customers for excess solar power.

Currently, if a homeowner generates more solar energy than he or she uses, the excess is carried forward on the customer's bill for 12 months. Any yearly surplus goes to the utility.

"If the utility were to buy back that surplus energy at a fair market price, the customer would get back more of a return on their investment. This would encourage more homeowners to go solar," said Jacob. "Solar customers deserve fair market compensation for their extra power. They are helping lessen our nation's dependence on foreign oil and helping cleanup our air."

Colorado, Connecticut, Maryland, New Jersey, Minnesota and many other states compensate residential solar customers for surplus power. In Oregon, credit from some surplus solar is granted to customers enrolled in the state's low income assistance programs.

Legislation that would have offered similar benefits to California ratepayers did not make it through the state legislature last session. Assembly Bill 1920 (Huffman) would have given so-called "net metered" utility customers the option to sell surplus generation to utilities. Similar legislation is expected to be reintroduced next year.

"San Diego County is the sunniest corner of the state. We should be leading the charge for this common sense concept," Jacob said.

THE CPUC DECISION TO APPROVE THE ROUTING OF THE SUNRISE POWERLINK THROUGH THE SOUTHEASTERN PORTION OF THE COUNTY (December 18):
SAN DIEGO— Today's decision is a \$2 billion travesty that turns back the clock on a true, renewable energy future for our region. SDG&E spent thousands upon thousands of dollars to successfully defeat a requirement that would have guaranteed the amount of renewable energy on the line. Instead, there are zero assurances that the line will be used for anything other than power from dirty, fossil-fuelled plants along the U.S./Mexico Border. Most distressing, the project's environmental documents make it clear that the line will impede firefighting efforts in our most fire-prone communities. Given what this region endured during the 2003 and 2007 firestorms, it is unconscionable that state regulators would gamble on this extraordinary public safety risk.

STATE'S PLAN TO CUT FUNDING TO CAL FIRE AND CLOSE RURAL FIRE STATIONS IN SAN DIEGO COUNTY (December 10):

"I am deeply concerned by the State's proposal to cut funding to the CAL FIRE budget. I adamantly oppose the closure of rural fire stations in the fire-prone unincorporated communities of San Diego County. Likewise, I am troubled by the prospect of the State pulling its staff from one of the County's firefighting helicopters. I implore the State to reconsider these reckless and dangerous decisions.

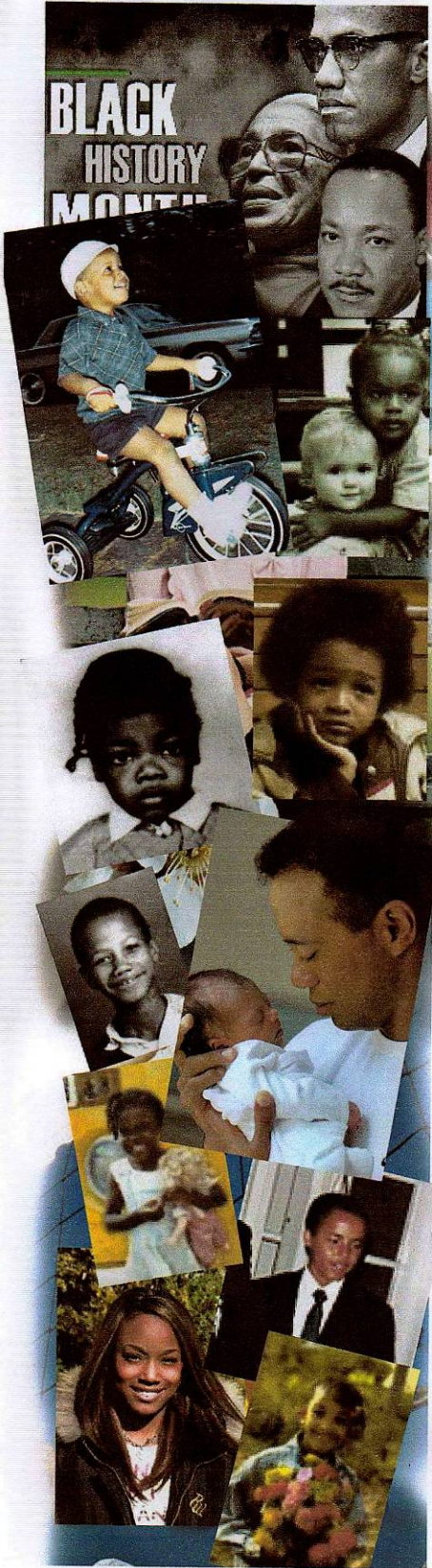
San Diego County does not have a fire season. Our climate is among very few places on the globe where desert-fueled winds, chaparral and limited rainfall combine to pose a unique and especially deadly fire risk; these one-of-a-kind conditions warrant year-round fire protection.

The Viejas Fire in January of 2001 and the Gavilan Fire in February of 2002 are proof positive of the destruction that can and has occurred outside of what the State claims is an "off season." The County has worked very hard to educate the State about our atypical fire protection needs. These cuts are an affront to the positive progress that has been made between the County and the State, including the County's commitment to add \$15.5 million a year to augment rural fire protection in key areas.

Wildland fire protection is a core responsibility of State government. In the tightest of budget times, these public safety dollars must not be compromised. Monies saved by reducing the CAL FIRE budget will pale in comparison to the costs incurred by the State to respond to another catastrophic wildfire along the lines of the 2003 Cedar Fire and the 2007 Witch and Harris fires."

County Supervisor Dianne Jacob represents the people of the Second District which includes all of East County, the Ramona and Julian areas and the City of Poway. For more information contact Jennifer Stone (619) 531-4766

Dianne Jacob will visiting Crest January 22nd from 8:30-10:30 at the Clubhouse to have coffee with the constituents. Drop by and have a chat with your Supervisor.



January & February @ Crest Library

Children's Programs

ROSI'S CRAFTS & COLORING TABLE. EVERY TUESDAY!
KATHY'S BABY STORYTIME WED. Jan 14 & Feb 18, 10:30 a.m.
PJ STORYTIME & CRAFT TUESDAY, Jan 20 & Feb 24, 6:30 p.m.

Teen Programs

Do you want to bring your family closer together?
 Try our Wii games! *February 3-14*
 "Make it and Take it Crafts"
 Every Friday - Free supplies provided!

Adult Programs

Self-Improvement Month; Watercolor Still Life Workshop
 By Crest artist Jennifer Kai Nilles. *Saturday, Jan 24, 1 p.m.*



Identity Theft Prevention by Midge Costanza,
SD District Attorney's Office. Tuesday, January 27,
6:30 p.m.

"FREE COMPUTER CLASSES"

Thursdays, Basic 11:00 a.m. Intermediate 11:30 a.m.
 call Rosi for appointment phone 619-442-7083

Club de lectura 'Leyendo Juntos'
Valor Seguro por Sara Paretsky
Viernes, 2 de enero a las 11 a.m.
O de odio por Sue Grafton.
Viernes, 6 de febrero a las 11 a.m.

Mystery Book Club-1st Friday
Indemnity Only by Sara Paretsky *January 2, 3:00 p.m.*
O is for Outlaw by Sue Grafton *February 6, 3:00 p.m.*

Saturday Family Craft Program 11:00 a.m.
Make ribbon jewelry January 3
Make a CD clock January 10
Make dangle earrings January 17 & 24
Melt & Pour soap-making January 31
Shrinky Dink Love Amulet February 7 & 14
Make Pet Treats; February 21 Scrapbooking February 28



In Honor of Black History Month,
please visit our African doll exhibit!

All library programs are subject to change or cancellation without notice.
Todos los programas de la biblioteca son sujeto a cambio o cancelación sin aviso

Happy New Year from Crest Library staff!!!

By Kathy Fiedor

We will be celebrating Self-Improvement Month in January with two programs. Crest artist, Jennifer Kai Nilles, will demonstrate her skills in a Watercolor Still Life Workshop on Saturday, January 24 at 1 p.m. Materials will be provided and all are welcome. Jennifer's art will be on exhibit at the library throughout the month of January so we hope you will stop by. Midge Costanza from the San Diego District Attorney's office will be presenting the timely topic of Identity Theft Protection on Tuesday, January 27 at 6:30p.m.

In February, please come by to enjoy our African doll display to honor Black History Month and celebrate the historic election of our first Black American President, Barack Obama.

As mentioned in a previous newsletter, something exciting is taking place at the library! We currently have in residence a local artist, **Mona Mills**, who is re-creating our Crest history on two large canvases which will be on permanent exhibit at the branch. These canvas/ murals will be a constant reminder and aid in teaching the story of the settling and development of our little community. Thanks to the County of San Diego and San Diego County Library who consider our history important and are funding this project. Mona paints on-site so she can meet the locals, receive input, and get the real flavor of the community. She hopes you'll all take the opportunity to drop by to meet her.



Mona was born in Illinois and educated at the Art Institute of Chicago and at the University of Chicago. The style in Mona's art is figurative, colorful, and completely original in impact. She does not intend her work to resemble the work of any other artist, either contemporary or historical. Stylistically, she might be considered a contemporary figurative expressionist. Mona's murals can be viewed at the El Cajon, Lakeside, and Fletcher Hills Libraries. We think you'll be pleased with the result of her interpretation of our Crest story!

We now have wireless internet, video games and the latest movies to rent for free, as well as best seller books, music, magazines, and Spanish materials. Don't forget to check the Library calendar in the Crest Sun for all the weekly fun activities we offer for kids, teens and adults.



Crest Kiwanis

By Linda Chase, Vice President

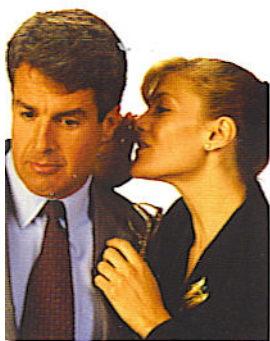
Crest Kiwanis meeting schedule for January/ February

Jan 10- 7:30 AM	General meeting- visitors welcome
Jan 19- 6PM	Board/general meeting
January 24 – 8:30-10:30	Crest community Breakfast- Raising funds for Crest School Computer supplies. All welcome.
February 14- 7:30 AM	CCA (general meeting- visitors welcome)
February 23- 6 PM	CCA board/ general meeting
February 28- 8:30-10:30	Community Breakfast_ Raising funds for Crest School Computer supplies. All Welcome.
	Meetings are located at the Crest Clubhouse

Our club was happy to sponsor two students from Greenfield Middle School this summer for "Kiwanis Leadership Camp" - in turn the Builder's Club from Greenfield came and helped us serve breakfast and make a report on the camp.

We also invited a guest speaker to both the builder's clubs we sponsor- Los Coches Middle school and Greenfield, Anne Charger from the Union Tribune taught them how to write a press release for their projects. We continue to do volunteer work in many service areas- while still managing to have a good time. We welcome our newest member Suzanne Mullins.

Come and join us at our Community breakfasts- see your friends- touch base after the holidays and support Crest School



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February 20, 2009**

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Crest Sun Editor:

For questions, suggestions, or concerns
regarding The Crest Sun newsletter or
website, contact:

Linda Hjelle – editor@thecrestsun.com or
Lindahjelle@cox.net (517-9838)

Information:

Chris Seebold – help@thecrestsun.com or
Winters72@hotmail.com (447-5826)

Crest Website: www.thecrestsun.com

Webmaster: Karin Weiss (579-3951) -
thecrestsun@cox.net

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