



A Newsletter for Crest

Volume 12

January-February 2010

Number 1

Happy New Year!

By Linda Hjelle

It's 2010, can you believe it? I hope you and your families enjoyed the holidays and are ready to kick off the New Year! We have much to be thankful for - especially a year without fires!

Crest has been full of activities these past two months. I'm sure you heard that Crest's very own Nascar hero, Jimmie Johnson, recently returned to his home town and presented Crest School with a check for \$45,900. Go to the page 17 for full details and photos. Thank you Jimmie, we are so proud of you!



Have you seen the new fence that was installed at South Lane Park? It looks great and it's hard to believe it is made of concrete. We don't have to worry about termites or fire damaging this fence! Page 25 will inform you all about the E-Crest-rians and South Lane Park.



Pages 5-7 of this edition explain all that has been going on with the CCA. A dynamite tamale dinner was held and there was a great turnout!

We want to thank Crest's San Miguel Fireman for volunteering to help. It was great to get to meet the staff now assigned to the Crest Station.



Santa was escorted to the Clubhouse by fire truck for this year's gala CCA Christmas party. The kids were so cute, the desserts

delicious, and the entertainment was outstanding!

Wondering what is happening with the Goat Project? Check out page 29 to get an update on the Crest Fire Safe Council fire abatement grant.

Looking forward, make it a point to mark your calendar for the CCA monthly dinner which is held the first Wednesday of each month from 5:00 to 7:00 pm at the Clubhouse. The next scheduled dinner is a February 4th spaghetti dinner (the January dinner is cancelled due to the holidays).

Elections for the 2010 CCA board will take place at the January 19th general meeting. CCA members, attend this meeting, meet the new candidates, and vote in your new board.

The Kiwanis continue to offer monthly breakfast on the third Saturday of each month from 8:00 to 10:30 a.m. Make it your New Year's resolution to support the Kiwanis and their great efforts.

Dianne Jacob will be meeting Crest residents on Wednesday, January 28th from 8:30-10:30 at the clubhouse. You are invited to share a cup of coffee and discuss any community concerns you might have.

It is going to be a great year for the community! Plans are in the works for an Art Show in the spring, a Craft Fair in November, and more Bunco. The CCA is working towards a music night in February so watch the community blackboard for additional information.



Connie Gipson

Selling Crest and other San Diego area
Properties for 26 years
Cell: (619) 606-2400



5640 Baltimore Drive
La Mesa, CA 91942



Crest Real Estate Update



Residential

Recently Sold

262 South Lane	\$240,000
2093 Old Bend Rd.	\$275,000
220 Highline Trail	\$335,000
133 La Cresta Heights Rd.	\$402,500
1390 Ryan Ridge Rd.	\$560,000
408 Alta Lane	\$650,000
252 Sunnybrook Lane	\$685,000
1198 Mountain Top	\$920,000

Vacant Land

Recently Sold

No Vacant Land Properties
Have Sold Recently

It's a great time to buy real estate! With the federal tax credit of up to \$8,000 for first time buyers and \$6,500 for move-up (existing home owners), the time is right for you to purchase your new home. San Diego area real estate prices haven't been this low in years.

To receive automatic E-mails from the Multiple Listing Service, call or E-mail me. Together, we can determine your needs and wants, then I will set you up to receive E-mail listings that only fit your specific parameters.

Whether you're looking in Crest, or in any other area of San Diego County, I can help you find your perfect home. Just call or E-mail at the information listed below.

Connie Gipson
Century 21 Award
(619) 606-2400

E-mail: csgipson@sbcglobal.net
California Real Estate License # 00862838

Data from Sandicor, Inc. and the San Diego Recorder's Office effective December 14, 2009 represents properties listed or sold by various brokers. While believed to be reliable, it cannot be guaranteed. If your property is currently listed, this is not meant as a solicitation.

Crest Contacts

Crest Community Contacts		
Crest Community Assn. LindaHjelle@cox.net	Linda Hjelle (email)	517-9838
Crest Community Church crestchurch@sbcglobal.net	Anna Johnston (email)	442-3736
Crest Black Board	Kandhy Kathy	444-4996 440-6097
Clubhouse Rentals rentals@thecressun.com	Rick Bradt (email)	444-2641 or 44-CREST
Crest Fire Safe Council crestfiresafecouncil@yahoo.com	Kandhy Franklin (email)	44-crest
Crest Garden Club kathyfedor@gmail.com	Arlene Palmer	441-0187
Crest Historical Scty.	Dorothy Miller	444-0968
Crest Kiwanis	Linda Chase	447-2652
Crest Library	Rosi Mejia	442-7083
Crestridge Reserve	Cathy Chadwick	749-5767
Crest School www.cajonvalley.net	Office (website)	588-3128
Crest Sun Newsletter editor@thecrestun.com Information winters72@hotmail.com	Linda Hjelle (email)	440-8540 517-9838
The Crest Sun website webmaster@thecrestsun.com	Chris Seebold	447-5826
E-Crest-rians	Karin Weiss (email)	579-3951
Friends of Crest	Kandhy Franklin	444-4996
St Louise Church	Message	44-Crest 246-4300
Sub-Regional Planning. crestplanning.org	Father Languille	444-3076
	Judy Bowen (website)	440-0783
Help Lines		
Highway Patrol: Traffic Related Abandon Vehicles	(858) (619)	637-3800 441-4264
Sheriff Alpine Station	Dispatch (858) (619)	565-5200 659-2600
San Miguel Fire Dst Crest Fire Office Fire Marshal Public Info Officer Fire Chief www.smgfire.org	Business Of.. Burn Permits Marsha Larsen Leonard Villarreal August Ghio (website)	670-0500 588-8112 660-5356 660-5359 660-5351
Adult Protective Svs	(800)	510-2020

Child Abuse Hot Line	(800)	344-6000
Animal Control	(760)	438-2312
Code Enforcement	(619)	441-4264
Contractors Board	(Fraud) (800)	321-2752
Crime Stoppers	(619)	531-1547
FBI (telephone scam)	(858)	565-1255
Illegal Dumping	(858)	495-5143
Noise Abatement	(858)	694-3741
Planning & Land Use	(858)	694-3741
Poison Control	(800)	876-4766
Postal Police	Mail Fraud(877)	876-2455
Road Conditions	(800)	427-7623
Secret Service -Fraud	Currency/Credit	557-5640
Social Services	(619)	401-6000
SD Regional Center	(858)	576-2938
Stores and Restaurants		
Crest Foods	Tony	444-8132
Lenardo Pizzeria	Sam	444-1389
Rainbow Farms Mrkt	Mark	444-7504
Advertisers		
A Crest Plumbing	Erick	590-2625
Bowlby Electric	George	440-3051
Century 21 Award	Connie Gipson	606-2400
Central Air & Heating	Charles Collins	444-9955
E&L Mobile Repair	Eric Flick	654-3849
JCMS Landscaping	(858)	569-4199
Kathy Kuts Kathy@kathyKuts.com	Kathy Kaderabek (email)	447-1945
Knox Reprographics Knoxservices.com	Mary Bauer website	230-6300
Need Help?	Joyful-in-his-peace@juno.com	
The Music Mama	Risa	231-1113
Marvelous Organizing marvelousorganizing.com	Risa Goldberg email	231-1113
Notary on the Spot	Betty	820-3062
Nu Skin	Pat Goulart	442-4879
Office Tech	Karin	249-4469
Pu Products		334-1913
Real Estate & Loans	Rayna Mack	922-2524
Terminator Svc		442-8726
Xango xango@justanounce.net	Marie (email)	328-1157
XE Energy Drink beelady@aol.com	Pat Goulart	442-4879

S	M	T	W	TH	F	S	S	M	T	W	TH	F	S
JANUARY 2010							FEBRUARY 2010						
					1	2		1	2	3	4	5	6
3	4	5	6	7	8	9	7	8	9	10	11	12	13
10	11	12	13	14	15	16	14	15	16	17	18	19	20
17	18	19	20	21	22	23	21	22	23	24	25	26	27
24	25	26	27	28	29	30	28						
31													

Calendar of Events January-February 2010

01/05/10	1:00 Tuesday	Historical Society Meeting – Library
01/06/10	5-7 pm – Wed	CCA Community Dinner – Spaghetti, Bread, Salad \$5 - Ice cream - \$1
01/09/10	7:30 am – Sat	Kiwanis Board Meeting – Clubhouse
01/11/10		Crest Garden Club – location TBA
01/11/10	7:00 pm	Sub Regional Planning Group – Crest Clubhouse
01/12/10	5:45 – Tuesday	Crest Community Association – Board Meeting – Clubhouse
01/19/10	7:00 PM Tues	Crest Community Association General Meeting – Clubhouse - all invited Board Elections – Members come and vote!
01/14/10	7:00 pm -Thurs	San Miguel Fire Protection District Board Meeting - 2850 Orange Way – Spring Valley
01/16/10	8:00-10:30 Sat	Community Breakfast by Kiwanis at the Clubhouse
01/18/10	6:00 pm – Mon	Kiwanis Meeting – Visitors Welcome – Location: Clubhouse
01/19/10	6:30 pm - Tue	Max Your Memory – Library
01/28/10	8:30-10:30	Dianne Jacobs – Coffee with the Constituents - Clubhouse
02/02/10	1:00 pm- Tues	Historical Society Mtg – Library
02/03/10	5-7:00 – Wed	CCA Dinner – Clubhouse
02/09/10	5:45 – Tuesday	CCA Board Meeting – Clubhouse – Board Meets
02/13/10	7:30 am – Sat	Kiwanis Board Meeting – Clubhouse
02/08/10		Crest Garden Club – Call Arlene for Details 441-0187
02/08/10	7:00 pm Mon.	Sub Regional Planning Group – Crest clubhouse
02/15/10	6:00 pm – Mon	Kiwanis General Meeting – visitors welcome – location: Clubhouse
02/16/10	7:00 pm – Tues	CCA Meeting Clubhouse – General Meeting
02/20/10	5:00 pm	Deadline for Crest Sun Submissions
02/20/10	8:00-10:30	Community Breakfast by Kiwanis at the Clubhouse

Deadlines for Share Program (See page 19 for more information)

Pick up and Delivery – Crest Community Church

Order: January 11 and February 8 before 12:00

Pickup: January 30 and February 27 – between 9-11

5th Annual East County Homeownership Fair – Save the Date!

Saturday, January 16, 2010, 9:30 am – 2:00 pm

Ronald Reagan Community Center (195 East Douglas Avenue)

Mark your calendars! The 5th Annual East County Homeownership Fair is coming up on Saturday, January 16, 2009. This event is sponsored by U.S. Bank, and presented by El Cajon Community Development Corporation, City of El Cajon, and Housing Opportunities Collaborative as well as others. The fair will offer services and information for both prospective and current homeowners seeking guidance and counseling regarding foreclosure prevention.

Admission, parking and children's activities are free! For more information or to become a vendor, presenter, or sponsor contact [Kathryn Courter](mailto:Kathryn.Courter@elcajon.com), Promotion and Events Manager, at (619) 401-8858

http://www.downtownelcajon.com/home_buyers.shtml

Crest Community Association

Santa Visits Clubhouse



A special thanks to all those who participated in this Holiday event – it was sooo much fun! Lots of kids showed up for photos and shared their Christmas wish list with Santa. We had a great turnout and a special thanks to all those who brought the yummy desserts. More thanks go Risa Goldberg for her face painting expertise. David Silva and Tom Baird entertained us on guitar and drum. They promise to give us a repeat performance at an upcoming music night so watch the Message Board.

Sylvia Calvin played every imaginable Christmas song on the piano from memory. How does she do that!! See page 7 for additional photos.

Thank you Crest Residents



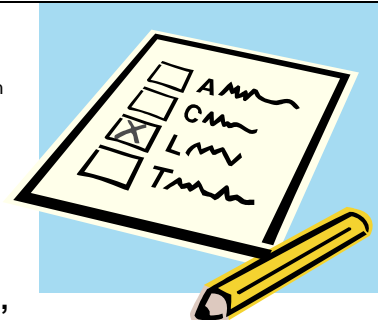
We want to thank Crest residents once again for digging deep into their pockets and pantries to fill three large barrels (plus) with food for the San Diego Food Bank. **The Crest Food drive was a great success with a special thanks to Mark of Rainbow Market. What surprise it was to walk into the market on Thanksgiving Day to find the entire barrel filled to the brim with food for the Crest Food Drive! We also want to thank Neal Smith for his generous monetary contribution to our drive.** The proceeds were given to the San Diego Food Bank which was distributed to people in need through 380 partner charities including churches, food pantries, soup kitchens, shelters, low-income daycare centers, rehabilitation programs and senior centers. Good work Crest!

CCA Membership and Elections

It is once again time to elect a new Board for the Crest Community Association. If you are member of the CCA, be sure to attend the January 19th meeting and vote on the new slate of officers. The President and Secretary offices are vacant, although all offices are open for re-election. Candidates include: President – Lori Bruner and Paul Johnson; Vice President – Tony Atkins; Secretary – Susan Lee Cooke; Treasurer – Cathy Kolbenschlag; Fifth Board member – Barb Kingsbury and Rick Bradt.

Come out to the January 19th meeting at 7:00 pm, meet the candidates, and vote in your new Board! You must be present at this meeting to vote.

We want to thank Linda Hjelle (president) and Glenna Evans (secretary) for volunteering their time this past year to the CCA. While they are not running for office next year, they promise to stay involved. A big thank you goes to the Board and membership for doing a great job of working to keep the community informed and entertained through its many sponsored events. In 2009, CCA sponsored three Bunco Tournaments, a successful Fourth of July celebration (with all those cumbersome but necessary permits,) four fabulous music nights, a community meeting with Dianne Jacob, monthly community dinners and a great holiday night with Santa. Remember, none of this is possible without community volunteer efforts. Join the CCA and become involved with your community.



Congratulations to Lelia Herlong – winner of the Drawing for a free rental at the Clubhouse!

Upcoming Events:

- Marie's Painters and CCA will sponsor an Art Show in the spring – date to be announced.
- CCA Craft Fair – November 6, 2010 – Interested? Contact Karen @ 749-9180
- Upcoming Music night in February. Want to Volunteer? Call Linda Hjelle @ 517-9838
- Coffee with Dianne Jacob @ the Clubhouse – January 28. 8-10 am.

**A Big Thank You to Crest Community Association Members:
Support your community and add your name to the list below.**

Agosta Joseph & Family	*Franklin-Collins Kandhy & Family	Mastri Gilbert & Family
Arnold Melody	Garcia Miguel & family	McClellan Don & Family
*Atkinson Carol & Family	Gilmore Carol & family	Meridith Peggy & Family
Becker Judy	*Gipson Connie	Miller Dorthy & Family
Binley Sylvia	Gnessin Jay	Minnich Family
Bradt Rick & Family	Goldberg Steve & Family	Mitchell GC Construction
Bruner Lori	Goulart Pat & Family	Moore Gerald & Family
Burnight David & Family	Goward Shirley	Moore W.C.
Cafiero Lucy	Grace Jackie & Family	Morton Eric & Family
Carranza Noelle & Family	Gruner Cari & Family	Mullins Rober & Family
Chadwick Cathleen & Family	Halte Don & Family	Munoz L.
Chase Steve & Family	Harpeneau Gloria & Family	Nicasio Dora
Christensen Jared & Family	Herlong Lelia	Perez Joann & Family
Cockrum David & Family	Hjelle Linda & Family	*Polner Gary & Family
Conrad Skip & Family	*Holzer Nora	Richardson Judy
Cooke Susan & Family	Hulbert Sandra	Rold Gary & Family
Crest Community Church	Johansen Wayne & Family	Rosenberger Dena & Family
Crest Kiwanis Club	Johnson Guy & Family	Russell Robert & family
Daniel Roger & Family	Johnson Jerry & Family	Saetti John
DecoTeau Ed	Jones Dave & family	Sawaya Kathy
Desmond Dan & Family	Keel R.K & Family	Seebold Wally & Family
Dyke William & Family	Kingsbury Barb	Stark James & Family
Ebert Carl & Family	Kolbensschlag Cathy	Stevenson James & Family
Evans Glenna & Family	Kruger Frank	Sutton Rosanna & Family
Fanning Cathy & family	Livengood Barry & Family	Travis Gary
Faris Kay & Family	Luhnow Mick & Family	Ulm Allen & Family
*Feidor Kathy & Family		Weischedel Glen & Family
Forthun Virginia		Winters Willa
Fox Debbie & Family		
<p>* Life Members</p> <p>Note: If we have inadvertently left anyone off this list, please call 44-Crest or email: lindahjelle@cox.net</p>		

Join the CCA and Support Your Community

Crest Community Association

Membership dues cover July 1, 2009-June 30, 2010

Send this form in with your check made out to the Crest Community Association (CCA)

Mailing Address: CCA 113 No Park Dr. El Cajon, CA 92021

Membership Levels

Lifetime \$500 Business \$50 Family \$35 Individual \$25 Senior \$12 (65+)

Name _____ Phone _____

Address _____ Email: _____

Questions: Call 44-Crest and leave a message

Interested in volunteering a little or a lot? Check area of interest:

Gardening Senior Support July 4th Event CCA Dinners
 Music Nights Clubhouse maintenance Bunco Event



Santa visits the Crest Clubhouse



Dinner at the Crest Clubhouse

REAL ESTATE & LOANS

NOW IS THE TIME TO REFINANCE- INTEREST RATES ARE AT HISTORICAL LOWS- DON'T MISS THE RATE~

Don't ruin your credit before trying a SHORTSALE!!

LOAN MODIFICATIONS

FHA AND VA LOANS AVAILABLE

***I DO LOANS AND REAL ESTATE WHICH WILL MAKE YOUR BIG PURCHASE MUCH EASIER!
INTERVIEW ME FOR YOUR NEXT DEAL!***

CALL OR EMAIL FOR LISTINGS-619-922-2524 cell

Visit my website for listings, loan payment calculators, mortgage information buying and selling tips and much more!

www.raynamack.com

raynaknowsrealestate@cox.net



~REALTOR, LOAN CONSULTANT, NOTARY PUBLIC

MY RECENT SALES & LISTINGS IN CREST~ REFERENCES AVAILABLE UPON REQUEST

345 ALTA LANE~ SOLD BY RAYNA MACK

1092 LACRESTA BLVD~ SOLD AND BOUGHT BY RAYNA MACK

417 WEST LANE – LISTED BY RAYNA MACK

2103 SUNCREST BLVD- LISTED BY RAYNA MACK- BACK ON THE MARKET



CREST-DEHESA-GRANITE HILLS-HARBISON CANYON SUBREGIONAL PLANNING GROUP.

Mailing address: P.O. Box 21489, El Cajon, CA 92021

e-mail: wrplanning@aol.com website: www.crestplanning.org

The mission of the sub regional planning group is to advise and assist the Director of Planning, the Planning and Environmental Review Board, the Zoning Administrator, the Planning Commission and the Board of Supervisors in the preparation, amendment and implementation of community and sub-regional plans.

Meetings are held the 2nd Monday of each month at 7:00 pm. Locations rotate between the Dehesa Fire Station, The Crest Community Center, and the Harbison Canyon Community Center. The next meeting of the planning commission is January 11, 2010 at the Crest Clubhouse. Note the meetings will be held in Crest for Jan-April meetings.

Meeting agendas, minutes, and planning commission documents may be found on their website at www.crestplanning.org. The website can also be accessed by going to the www.thecrestsun.com website and clicking on planning group or organizations.

The following are segments from the September 14th Minutes regarding Crest. For a full copy of the minutes go to www.crestplanning.org.

Announcements:

The County has not yet completed the boundary change between Crest and Granite Hills areas of the Subregion, and this is the reason for not advertising for applications for Seat 14.

Item 6. Private Project Proposal. Variance 09-009, Proposed Room Addition, 1112 La Cresta Boulevard, Crest. Chairperson Riggs introduced Patrick Joyce, resident of the project site, who briefly reviewed the history of the Proposed Room Addition project and responded to questions from Planning Group members. The room addition began more than 4 years ago as a conversion of an outside porch into a room on the existing footprint of the dwelling, but the necessary building permits were not obtained and the County stopped the project. Currently the applicant is seeking proper compliance with the County permit process, and this requires obtaining a variance for the front setback of the project for the location of the existing house. Jason Harris moved that the Planning Group approves Variance 09-009 as presented. The motion passed (11 yes; 0 no; 0 abstain).

Item 7b. Public Project Proposal. PLDO List. Judy Bowen reported that Mike Duffet, County Parks and Recreation has not contacted her recently, and the Group's 2009 list has not yet been updated from last year's list. Chairman Riggs tabled this agenda item, to be considered again at the October meeting of the Planning Group.

October 12th meeting:

Item 3a. Open Forum. • Kathy Chadwick, Crest, introduced herself to the Planning Group as the new Community Outreach Coordinator for the Conservation Biology Institution, explaining that she is responsible for developing and providing a liaison between local communities and the resource agencies (California Department of Fish and Game; U.S. Fish and Wildlife Service; Bureau of Land Management) that have authority over protected areas such as the Crestridge Ecological Preserve, elements of the San Diego National Wildlife Refuge, and the Sycuan Peak-Sweetwater River Ecological Preserve; she explained that this position has evolved out of her work at Crestridge Preserve for the Earth Discovery Institute.

• Kandy Franklin-Collins, Crest, informed the Group that the County had provided a verbal approval for beginning the Crest fuel reduction project, and that new goats will be moved to the project site in a couple of weeks.

Item 6a. Private Project Proposal. AD 09-0-45, Brooks Proposed Second Dwelling Unit, 1385 Gibson Highlands. Members Pat Ulm and Janet Dillard reviewed this proposed second dwelling unit project for the Planning Group. The area of this second dwelling (1,200 square feet) is 50% of the area of the main residence on the property, and administrative approval is required for a second dwelling that exceeds 30% of the area of the main dwelling. Surrounding adjacent neighbors were sent letters about the proposed project on 22 September, so the minimum 30-day response period has not been completed. The single bedroom second dwelling unit would be located at the back of the 2.67-acre lot, served by a 450' driveway, not visible from the front street, and in compliance with all standard setbacks. No grading is needed, and the second unit would be provided with a separate septic system. Planning Group discussion centered on the need for all notified neighbors to be given the required minimum 30 days to respond to the letter informing them of the project. Chairperson Riggs decided this project should be tabled until the November meeting, when the project can be reconsidered with possible input from or about the informed neighbors.

Item 7. Public Project Proposal. Park Lands Dedication Ordinance (PLDO) Project Priority List. Chairperson Riggs and the Group discussed the need for the Group to revise the PLDO project list, editing out non-compliant ineligible ideas,

in order to provide County Department of Parks and Recreation an updated list of projects for the Subregion's parks for 2010. Riggs reminded the Group that only about \$50,000 remains in the Subregion's PLDO account.

Kandy Franklin-Collins informed the Group that she will not purchase liability insurance for the E-Crestrians, and therefore cannot complete the maintenance agreement for South Lane Park with the County, until the County provides assurances that the park is recognized as the Crest Community Secondary Emergency Evacuation Center, and that the park project will include a restroom facility.

Item 9. New Business. Request by Christina Seebold, Crest, for study of possible undergrounding San Diego Gas and Electric transmission lines. Chairperson Riggs introduced Christina Seebold, resident of Crest, who gave a presentation to the Group about the idea of undergrounding power lines in Crest. She informed the Group about San Diego Gas and Electric's recent undergrounding of power lines in Julian, and also near Escondido and Valley Center, said that SDG& E is willing to consider undergrounding in strategic areas of the County for reducing wildfire risk. She requested that the Planning Group join in support with Friends of Crest and the Crest Community Association to encourage the County, SDG&E/Sempra, and others to consider undergrounding electric lines to increase fire safety in Crest and the region. Planning Group discussion centered on the unknown costs to homeowners that would result from undergrounding electric lines in Crest. Jason Harris suggested that this undergrounding project could be added to the Crest and Harbison Canyon community vision statements that will be included in the 2020 General Plan/Community Plans.

Chairperson Riggs said he would call the Department of Planning and Land Use to make this addition to the Community Plans if possible. Judy Bowen moved that the Planning Group approves sending a letter, based on the information provided by Cristina Seebold, to the County Board of Supervisors, San Diego Gas & Electric/Sempra, and others requesting that strategic electric transmission and distribution lines in the Subregion (beginning with those in Crest) be considered for undergrounding. The motion passed (10 yes; 2 no: Walls, Manning; 0 abstain).

NOTE: November 9th meeting – Odum Project

Editor's note: While the November 9th meeting minutes are not yet available, approximately 50+ Crest residents turned out for the meeting to listen and comment on the agenda item regarding a replacement map for the Odeum proposed project.

An Observer's comments from the Sub-Regional Meeting regarding the South Side of Crest; the Odeum housing project: By Kandhy Franklin-Collins

Our sub-regional planning group previews and makes proposals on building projects, easements restrictions, and variances regarding the four areas within the jurisdictions of their communities. At the November meeting held at Old Ironsides Park, the Odeum's projector director and architect submitted a proposal to the group, which involved the area of South Crest. In the past when this committee was presented the project, the houses were on large acreages with many acres being put into a preserve system. This proposal was very different in that clustering of homes to one sixth of an acre, no description as to square footage of the homes, plus the homes were placed very close to the top of the acreage- near the park. The public was able to speak about their concerns i.e. the clustering, traffic increase in a cul-d-sac type community, stress on infrastructure, water issues, direction of traffic from and to casinos, and of course the sewer issue. The community residents of Crest felt this proposal would disturb the village image that Crest has as well as change the character of this community beyond repair. There was also the opinion that this family has been a part of this community for many generations and deserves the right to develop their property in some way. The sub-regional group voted the project to be a no vote at this point as many items needed to be researched and cleared before any of the project could go forward. A scoping report, which will express the possibility of the project going forward should be rendered sometime in January. It is the hope of many residents that every effort should be made to keep the information flowing regarding this project whether it is town halls meetings or the attendance at sub-regional meetings or communications with our supervisor, Dianne Jacob. By the way, our supervisor will be here in Crest in January for "Coffee with the constituents" at the Crest Clubhouse.

About Crest...

By Linda Hjelle



Bill and Dewey in the early 1940's

Meet Bill and Dewey Jenkins ...

Bill Jenkins has the honor of currently living in Crest longer than any other resident. Bill has been a resident of Crest for over 80 years! Bill's Dad, Williams Jenkins Sr, purchased several parcels on Eucalyptus Dr. and built a summer cabin in 1924. Bill, starting at age 4, would frequent the house with his family on the weekends. During this same time, Bill's family acquired a 120 acre parcel through a land grant and homesteaded the property. A little known fact to me, this meant they didn't have to pay anything for the land but were required to make improvements of at least \$250 a year.

(Bill Jenkins Sr & friends @ Eucalyptus cabin in 1920s)



Bill attended El Cajon School and Grossmont High School. When I asked Bill what he did for entertainment on the hill as a child, Bill stated that "He hung out with the other rowdy kids on the hill." He hiked, rode his horse, and spent many an hour swimming at the Crest swimming pool. Bill's family owned the Echo Dairy, and they raised corn for their 14 cows and one bull. The Echo Dairy provided milk for Crest residents and far down into the El Cajon Valley.



Meanwhile, little Dewey Jenkins (7 years younger than Bill) was attending school in Ramona, CA. Her family homesteaded a 160 acre parcel in Ramona. Dewey would sometimes ride on the donkey to the Spring Hill School, a one room school house. Her entire one room school consisted of less than a dozen students which included all grades.

When Dewey was in 8th grade, she and her family moved to Crest on Lilac Drive. George Schuman, a local artist, built their home. Her Dad worked for Convair. Dewey remembers not long after they moved to Crest, her dad became quite ill for several months. In order for them to make ends meet, Convair would sweep up the nuts and bolts that had fallen on the factory floor and send them up to the family to sort – a way to subsidize the family income during a lean time.



(Spring Hill School)

Dewey also attended El Cajon School (K-8) and Grossmont High School. She had fond memories of hiking the Crest Hills. She also participated with a group of kids in Crest in the 40's (under the leadership of Mary Falkenthal) that put on plays and perform them in Crest.

Bill and Dewey met at a Halloween party in 1946. Even though the families knew each other, Bill had been away in the military in the South Pacific. They dated a long three weeks before getting married! They have remained married 63 years! After they married, they moved in with Bill's mom and dad as they rebuilt the home they now occupy on South Park Drive. Dewey and Bill raised their four kids (Donna, Linda, Tommy and Peggy) in this Crest home. Dewey not only helped bring the Crest Elementary School to Crest, she worked as an aide and Secretary for the school for 28 years before retiring in 1990.

Bill was also instrumental to the improvement of Crest in several ways. He worked for the Crest Public Utility Company for three years doing everything from reading meters to helping to bring the water pipes up the hill. Bill said "You would never know where the water pipe would be with the summer heat. Sometimes it would get shoved onto the dirt road and you'd have to be careful not to run over it."

Bill and Dewey were big into the town's square dancing club, the Hix Mixers. They helped lay the floor in the Suncrest Clubhouse where they performed. They



even built a square dancing stage on their property where club members would meet and practice, barbeque, and swim in their pool.



Bill and Dewey helped with the Volunteer fire department in the 50's. Dewey was a member of the Women's Fire Auxiliary, and supported and participated in many of the famous performances on the hill. Bill also spent many hours with George Behrens and crew to build the volunteer fire truck.

I could go on and on... it was a delightful visit. After researching articles for "About Crest" for the past few years and constantly researching Echo (Crest's historical publication), how fun it was to get a first hand account of many of these historical events, along with photos. If I only had more space.....

Have you ever heard the story about:

- The 18 hole golf course and pond located on South Lane, near by Obenshire owned by the Sun Paper? Folks could play for free as a promotion to buy property in Crest.
- The local swimming pool that was put out of commission by a disgruntled neighbor (he poured concrete in the pipes and that put an end to pool)?
- The 1948 snow storm in Crest and the 6" of snow that blanketed Crest?
- The time the ice truck got stuck because it was low on gas and couldn't get up their dirt road and his mom had to instruct the driver how to back out?
- The many fire auxiliary variety shows which included the men's can-can dance, the keystone cops, tap routines and other variety acts? (See photos above.)
- Dewey listening to that little "braggin" Jimmy Johnson out on the playground and how he was going to be a race car driver like his uncle when he grew up.

I did! Next time your see Bill and Dewey, ask them about some of these fascinating stories.



Dewey and Jimmie Johnson catch up at his recent visit to Crest School.

Do You recognize these lovely ladies to the right Dewey and Dorthy miller took these photos for the soldiers overseas....



Thank you Bill and Dewey!

ACREST PLUMBING AND DRAINS

ALL CLOGGED UP?

WATER HEATER PROBLEMS ?

WATER PRESSURE PROBLEMS ?



If you're in need of a trustworthy plumber for a **NEW FAUCET, WATER HEATER, SOFTNER, PRESSURE REGULATOR OR IF YOU JUST HAVE A LEAK**, then look no further because
ONE CALL DOES IT ALL!!

Call ERIC MACK

Phone: 619-590-2625

Email: MACKATTACKX4@COX.NET



WATER LINES

GAS LINES

WATER FILTERS

SOFTNERS

RO. SYSTEMS

FAUCETS

SHOWERS

TOILETS

VALVES

DRAINS

SINKS

TUBS

DISHWASHERS

REFRIGRIATORS

AIRCONDITIONERS

JACUZZIS

POOLS

SPRINKLERS

DRIP LINES

MISTERS

WATER FALLS

PONDS

PUMPS

TIMERS

Our Backyard..

by Christina Seebold

BLUE BIRD CORNER

Blue birds will be checking for boxes real soon. If you haven't cleaned out your boxes, it is still time to do so, that is; if they have not started to bring in grasses. If they have started, DO NOT, attempt to clean box, or the female will not continue to build. If there is no activity, scrub the inside of the box with warm water, and a little bleach with mild detergent, rinse with a hose, and let dry. Seal with Thompson's water sealer, (OUTSIDE ONLY). Tighten any screws which have come loose, repair, any damage, like cracks, etc. hang on a metal pole, with brackets, that has been secured in the ground. Grease pole, so that cats or critters can't climb up to get the eggs or nestlings, at the very top of the pole, under the box, put a half inch of tangle foot, this will greet any ants with the sticky stuff, and the babies will not be eaten alive by these little critters.



'GOOD LUCK', and hope you get a couple of batches of Blue Birds this year.

If you need any help, please call Jean.

619-444-3862

Blue Bird Monitor for Crest - Member of CBRP & NABS

A NEW YEAR FOR NEW ACTIVITIES IN CREST.

Get your mind and body in gear in the New Year, and never leave the hill. **YOGA** classes at the Crest Clubhouse are the perfect way to get in shape. There is a small group of dedicated Crest yoga students taking the Friday morning class at the clubhouse from 9am to 10am. Classes are for beginners, but poses are tailored to more experienced students as well. The cost is \$10 per class, (\$40 per month). Please join us. We have room for more students who want to get in shape, gaining strength and flexibility, while also making good use of our beautiful community building. It is truly an inspirational setting for yoga! Classes will begin after the holidays on Friday, January 7th, 2010. Mark your calendars!

For information call Christina Seebold 447-5826 or instructor Aida Amar 722-1471

BRIDGE ANYONE?

Crest resident, Sylvia Binley, has been taking bridge lessons in Santee, and would like to play a little closer to home. Crest residents from novices to more experienced players are encouraged to call and join Sylvia in setting up a local bridge group. Please give her a call at: 447-7398

Cajon Valley Union School District

Crest School & Los Coches Creek School Schedule 2009-2010

2009-2010 Schedule			
08/24/09	First Day of School	01/18/10	Martin Luther King Holiday
09/07/09	Labor Day	02/08/10	President's Day (Lincoln)
11/11/09	Veterans Day	02/15/10	President's Day (Washington)
11/25-11/27	Thanksgiving Holidays	03/29-4/11	Spring Break
12/21-01/10	Winter Break	05/31/10	Memorial Day
		06/17/10	Last Day of School

Grossmont Union High School District

Granite Hills Holiday Schedule 2009-2010

2008-2009 Schedule			
09/08/09	First Day of School	1/29/10	Faculty Workday only
11/11/09	Veterans Day	02/08/10	President's Day (Lincoln)
11/23-11/27	Thanksgiving Holiday	02/15/10	President's Day (Washington)
12/21 – 01/03	Winter Break	03/29-04/02	Spring Break
01/18/10	Martin Luther King Holiday	05/31/10	Memorial Day
		06/22/10	Last Day of School



January-February @ Crest Library

Children's Programs

ROSI'S COLORING TABLE- EVERY TUESDAY
 ROSI'S WEDNESDAYS PRE-SCHOOL CRAFTS
 KATHY'S BABY STORYTIME Wed., Jan.20 & Feb 17, 10:30 AM
 PJ STORYTIME Tuesday, Jan.26 & Feb. 23, 6:30 PM

Families

Saturday Family Craft Program 11 AM
 Origami Jan. 2 - CD Clock Jan. 9 - Crochet Jan. 16
 Learn to Make Ribbon Jewelry Jan. 23 & 30
 Shrinky Dink Love Amulet Feb. 6 & 13
 Make Pet Treats Feb. 20 - Soapmaking Feb. 27

Teen Programs

Do you want to bring your family closer together?
 Try our Wii & PS3 games! All day!
 "Make it and Take it Crafts" Every Friday

Adult Programs

FREE COMPUTER CLASSES

Basic 11 AM Intermediate 11:30 AM Thursdays
 call Rosi for appointment - phone 619-442-7083

Mystery Book Club - Friday

Club de lectura 'Leyendo Juntos' 11 AM La conspiración del juicio final por Sidney Sheldon, 8 de enero. El color de la muerte por Elizabeth Lowell 5 de febrero

Mystery Book Club-Friday 3 PM

Doomsday Conspiracy por Sidney Sheldon *January 8*

The Color of Death by Elizabeth Lowell

refreshments will be provided! *February 5*

Big Read we're reading: The Grapes of Wrath - Las uvas de la ira

Join our group: express yourself by clicking on "follow"!

<http://crestlibrarymysterybookclub.blogspot.com>

February is Black History Month, celebrate!

Visit our African Jewelry Display!

MAX YOUR MEMORY BY DOROTHY PETRICH
 SD ALZHEIMER'S ASSOCIATION
 TUESDAY, JANUARY 19, 6:30 PM

All library programs are subject to change or cancellation without notice.
 Todos los programas de la biblioteca son sujetos a cambio o cancelación sin aviso

Lenardo Pizzeria & Restaurant

1330 La Cresta Blvd, Crest 92021
 Call 444-1389 or 444-0992



PIZZA:	Medium 14"	Large 18"	Giant 28"
Cheese Only	\$8.99	\$12.99	\$19.99
One Topping	\$9.99	\$13.99	\$22.99
Vegetarian (Mushroom, Onions, Green pepper & Olives)	\$13.99	\$15.99	\$25.99
Greek Pizza (Fresh garlic sauce, Mozzarella cheese, Feta cheese, Gyros meat & Basil)	\$14.99	\$16.99	\$25.99
The Works (Pepperoni, Canadian bacon, Sausage, Onion, Mushroom, Green pepper, Black olives, Pineapple and Jalapeno)	\$16.99	\$20.99	\$29.99
Calzone (Mozzarella, Ricota, & Parmesan cheese)	\$9.99		
Additional topping:	\$1.25	\$1.75	\$3.00

Subs & Sandwiches

Ham & Cheese	\$5.49
Turkey & Cheese	\$5.49
BLT	\$5.49
Vegetarian Sub	\$5.49
Italian Sub (Ham, Salami, & cheese)	\$5.99
Club Sub (Turkey, Bacon & Cheese)	\$5.99
Roast Beef Sub	\$5.99
BBQ Sandwich	\$5.99
Meat Ball Sub	\$5.99
Italian Sausage Sub	\$5.99
Gyros Sandwich	\$5.99
Ham, Turkey & Cheese	\$6.99
Lenardo's Special Sub (Roast Beef, Turkey, & Cheese).....	\$6.99

ALL SUBS SERVED W/LETTUCE, TOMATO, ONION, PEPPERONCINE, & ITALIAN DRESSING

Salads:

Garden Salad.....	\$4.49
Antipasto Salad.....	\$5.59
Greek Salad.....	\$5.99
Chef Salad.....	\$5.99

Pasta: (All served with Breadsticks)

Lasagna.....	\$6.49
Spaghetti w/ Meatballs.....	\$6.49
Meat Ravioli.....	\$6.49
Cheese Ravioli.....	\$6.49

Combo: (All Combos served with Fries and Salad)

½ lb Hamburger Combo	\$5.99
½ lb Shrimp Combo	\$5.99
Chicken Sandwich Combo	\$5.99
Fried Chicken Combo.....	\$5.99
Fish & Chips Combo.....	\$7.49
Gyro's Combo.....	\$7.49
Hot Wings Combo	\$7.49
Philly Steak Combo (Steak meat, mushroom, onion, green pepper & Cheese)	\$7.49
Philly Chicken Combo (Breast chicken, mushroom, onion, green pepper, & cheese).....	\$7.49

Crest Elementary School

Jimmie Johnson Returns to Crest

By Linda Hjelle

You could feel the excitement in the air. The event was kept “low key” to avoid an onslaught of fans to our small Community of Crest. On this

Tuesday, December 1, Jimmie Johnson returned to his former elementary school and awarded Crest Elementary School with a check for \$45,900. Based on a grant written by Crest School, money will be used for hands on activities including science, technology and the arts including an after school program.



The money, of course, was amazing, but the fact that Crest was host to this ceremony that awarded \$491,781 in grants to San Diego County recipients made Crest feel very special.

Jimmie spoke to the kids and reminisced about his time in Crest. He stated that Crest School looked very similar since his last visit 25 years ago and noticed that grass had been added on the field as well as a new fence around the property. While answering questions from the kids, he spoke of riding his bike and skateboard in Crest and stressed the importance his family placed on his studies before allowing him to race on the weekends. He told them how Crest felt smaller than he remembered and that it was “crazy” to be back.

The Jimmie Johnson Foundation/Lowe's Toolbox for Education Champion Grants awarded \$491,781 in grants to 11 San Diego County schools from the total \$922,000 awarded. More than 100 applications were received from eligible school districts in California, North Carolina and Oklahoma. The selection criteria were based on basic needs of the school. Of these awards, nine schools were located in El Cajon. In addition to Crest's \$45,900 grant, Magnolia was awarded \$28,000, Chase \$19,500, Emerald Middle School \$100,000, Greenfield Middle \$31,155, Johnson \$20,714, Rios 13,600, Lexington \$20,714 and Granite Hills High School received \$31,155. San Diego Schools receiving funding included Crawford High, \$32,495, Multi Media & Visual Arts School, \$87,000 and Point Loma High School which received \$90,000. The grants include funding toward science and technology needs, outdoor classrooms, accelerated reading program, and playgrounds and athletic facilities. We may even see Jimmie again as he stated “I look forward to visiting some of the schools next year to see the completed projects.” For additional information, go to <http://www.jimmiejohnsonfoundation.org/>.

Johnson, the four-time reigning Sprint Cup champion, drives the No. 48 Lowe's Impala SS in NASCAR's top series. Jimmie Johnson became the first driver in history to win four straight championships. An El Cajon native, Jimmie attended Crest Elementary, Greenfield Middle School and Granite Hills High School.

Thank you Jimmie and Shandra Johnson.



(See Page 14 for School Calendar)

GEORGE A. BOWLBY
Electrical Contracting
267 Lilac Drive, Crest, CA

Full-Service Electrical Contractor

Serving Southern California Since 1981

- Residential
- Commercial
- Industrial
- Troubleshooting
- Room Additions and Remodel
- Ranches
- Tenant Improvement
- Commercial Wells
- Landscape Lighting
 - Control Design and Application
- Engineering and Consultation
- Emergency Power Systems

Free Estimates

Give Us a Call ... We Would like to Bid Your Work

Office (619) 440-3051

Pager (619) 604-3051

Cell (619) 733-3051

Fax (619) 440-3051

PROFESSIONAL ORGANIZER TO HELP YOU:

- Organize your house, office, & garage
- Set up filing systems
- Manage your paperwork & time
- Downsize & prepare for a move
- Stage your home
- Work on your estate records

CLEAR OUT THE CLUTTER AND MOVE ON WITH YOUR LIFE!

SIMPLY MARVELOUS ORGANIZING

Call **Risa** at (619) 231-1113
Email: risa@marvelousorganizing.com
www.marvelousorganizing.com
All credit cards accepted

Crest Community Worship



**St Louise de Marillac
Catholic Church**
2005 Crest Drive
444-3076
Fr. Justin Langille Pastor
Services:

- Saturday Evening Eucharist (Vigil for Sunday Mass): 5:30 p.m.
- Sunday Morning Eucharist (Masses): 9:00 a.m.

Crest Community Church

2198 Suncrest Blvd,
619-442-3736
Pastor Tony Lambert
Services:

- 9:30 a.m. Sunday School for All Ages
- 10:45 a.m. Worship Services - Sunday
- 6:00 p.m. Sunday evenings
- 6:30 p.m. Wednesday Bible Study/Awana



Share Program Starting in Crest

Crest Community Church is a host/distribution site for the SHARE Food Program. If you don't know what this is, **SHARE is a program in which participants can purchase groceries at a 30-50% discount than you would find at the supermarket.** Package prices range from \$17 to \$35. SHARE can offer these savings because volunteers help sort, package and distribute the food that SHARE buys in bulk for over 3000 people. SHARE offers a variety of frozen meats, fresh produce other grocery items and club-sized packages. You pick up the food you order every month. Orders can be made on line or at the SHARE office or by phone. Anyone can join the program. Look for the "Golden Share Foods" flyer in the local stores or at Crest Community Church. The order deadline date for January is Monday, January 11 and for February is Monday the 8th before 12:00. Pick-up dates are Saturday, January 30 and February 27th between 9-11 am. The phone number to order is 619-590-1692. They accept Visa, MC and EBT Food Stamp Cards. You can also order online at www.goldensharefoods.com. When you order you will be asked which host site and you can tell them Crest Community Church and on your pick-up day we will have your order. Hours of distribution will be between 9am and 11am in the church fellowship hall. Please see the flyers for the menus of packages offered. For other information or questions that you may have, you may also call Joetta Shipley at 619-447-5659.



**TOUGHEST
STRETCH
STRAPS
ON THE
PLANET!**

**ROK
straps**

the ultimate stretch strap

**WEBSITE:
PU-PRODUCTS.COM
CALL:
619-334-1913 PST
EMAIL:
SALES@
PU-PRODUCTS.COM**



**FIELD TESTED!
VOTED THE BEST RAX
SYSTEM FOR POLARIS ON
THE MARKET!**

TOP QUALITY FEATURES:

- HD ALUMINUM
- BLACK POWDER COATED
- PLUNGE N' LOCKS
- INCLUDES ROK STRAP TIE DOWNS
- ALL MOUNTING HARDWARE INCLUDED
- QUICK EASY SET UP
- WILL HOLD JUGS, COOLERS, TACKLE BOXES & MORE.
- UTV SIDE BOXES WITH TURN LOCKS

**PRICES START AT \$215
VISIT OUR WEBSITE FOR
MORE INFO!
DEALERS WANTED!**

WWW.PU-PRODUCTS.COM

WWW.UTVTACTICAL.COM

**RZ-RAX FOR POLARIS RZR & S
#1 RAX SYSTEM IN THE
WORLD!**



ORDER ON-LINE OR CALL US ——— COOL STUFF WITH SAFETY IN MIND!



**Alpine Sheriff's Station
Covering Alpine and East County Rural
619 659-2608**

**Sheriff Log for Crest Area
10/30/09 – 12/20/09**

HC= Harbison Canyon CR= Crest

Date	Loc	Time	Location	Incident
10/30	CR	23:34	Albatross Pl	Disturbance Fight
11/02	HC	11:57	Harbison Canyon	Stolen Vehicle-RV (w/o owners consent)
11/06	CR	9:58	La Cresta Blvd	Assistance Needed (Death)
11/08	CR	10:35 pm	La Cresta Blvd	Missing Adult
11/21	CR	15:35	Thornton Dr.	Missing Person
11/28	HC	15:35	Harbison Canyon Rd	Petty Theft (\$200)
11/28	CR	16:06	Mt View Rd.	Burglary (Residential – computer-\$1,000)
12/03	HC	10:02	Harbison Canyon	Armed Robbery (Ranch Market)
12/04	CR	22:07	Estornino Ln	Violation of Restraining order
12/08	CR	8:32 am	South Lane	Vandalism -\$400 or less auto.
12/11	HC	9:13	Harbison Canyon Rd	Grand Theft
12/15	CR	7:57 am	Crest	Obscene/Threatening call



San Miguel Consolidated Fire Protection District

www.smgfire.org (619) 670-0600

For the latest and greatest information regarding your fire district go to www.smgfire.org and click on the newsletter link. As you navigate through the Website (www.smgfire.org) you will also see an opportunity to stay connected by signing up on our Twitter page (www.twitter.com/SanMiguelFire).

Community members who desire to follow our District programs and direct services closer may sign on by following some simple directions. Through the District's Tweets you will receive information related to emergency responses, safety messages, and critical updates.

Community Emergency Response Team (CERT):

Through a combination of partnerships and funding through Sempra Energy, the Red Cross and Farmer's Insurance Group, the District is funded to build and support our CERT program for the next two to three years! Red Cross funding also includes the purchase of a truck and trailer to support our CERT program and training. CERT members will also have the opportunity to cross train with the Red Cross as Evacuation Center support members. If you are interested in becoming a District CERT member, please contact us through our website (www.smgfire.org) and monitor it as information will be available soon on how to sign up for CERT training.



Got Clutter?

START THE 2010 YEAR OFF RIGHT
SPECIAL: One hour free consultation
FIRST TIME CLIENTS ONLY: FIRST FOUR
HOURS OF DE-CLUTTERING
FOR THE ALL TIME LOW PRICE OF \$100
THATS 50% OFF REGULAR FEE! DON'T
ALLOW CLUTTER TO
RUIN ANOTHER DAY OF YOUR LIFE!

CALL (619) 200-8071 TODAY TO BOOK YOUR
APPOINTMENT!



Do You Understand Your Phone Bill?

What is Slamming?

"Slamming" is the illegal practice of changing a person's communications provider without permission, and it can affect customer's local or long distance service. Read your telephone bills carefully. Make sure that you thoroughly understand the charges on your phone bill and that you only receive charges from the provider that you've chosen. If your local service has been changed, you will receive a final bill from the old provider and a notice of service disconnection. Consumers should contest any charges imposed by the company that slammed them. According to the Federal Communications Commission (FCC), customers don't have to pay for services resulting from slamming for up to 30 days. To file a slamming complaint, contact your state public utilities commission or the FCC at (888) 225-5322 (CALL FCC) or at [visit the FCC Web site](#).

What is Cramming?

"Cramming" occurs when unauthorized charges appear on your bill. If you are billed for collect calls that you did not accept, or for calls that were accepted under false pretenses, you should advise the carrier that you dispute the charges and refuse to pay any unauthorized charges.

Information obtained from AT&T website.

Tony's BB-Q, Deli & Pizzeria

619-444-8132

Pizza

Create your own pizza

	14"	18"
Cheese	\$8.99	\$9.99
1 Topping	\$9.99	\$11.99
2 Toppings	\$11.99	\$13.99
Toppings	\$1.50 each	\$2.00 each

Toppings

Ham, Mushrooms, Pepperoni, Olives, Onion, Bacon
Pineapple, Sausage, Bell Pepper, Jalapeño, Meatball,
Tomato

Specialty

	14"	18"
Veggie	\$14.99	\$16.99
Mushrooms, Olives, Onion, Bell Pepper, Pineapple		
The Works	\$16.99	\$18.99
Ham, Bacon, Sausage, Pepperoni, Mushroom, Pineapple, Olive, Onion, Bell Pepper, Jalapeño		
Meat Lovers	\$14.99	\$16.99
Ham, Pepperoni, Bacon, Sausage, Meatball		
Greek	\$14.99	\$16.99
Feta Cheese, Olive Oil, Garlic, Tomatoes, Basil		
BB-Q Chicken	\$14.99	\$18.99
BB-Q Sauce, BB-Q Chicken, Diced Tomatoes, Onion		
Hawaiian	\$11.99	\$14.99
Ham & Pineapple		

New

Salads

Chef Salad	sm \$2.99	Lg \$5.99
Lettuce, Ham, Turkey, cheese, tomato, & onion		
Garden Salad	sm \$2.99	Lg \$4.99
Lettuce, Tomato, Red Onion, Olive, Bell Pepper, Pepperchinis		
Greek Salad	sm \$2.99	Lg \$5.99
Lettuce, Tomato, Red Onion, Feta Cheese, Black Olive, & Pepperchinis		
Dressings: Ranch, Italian		

Deli Subs & Sandwiches

Ham & Cheese	\$4.99
Pastrami (Hot or Cold)	\$5.99
Roast Beef	\$5.99
Turkey & Cheese	\$4.99
Turkey & Roast Beef	\$5.99
Tuna Salad	\$5.99
Meatball	\$5.99
Chopped Pork with Coleslaw	\$6.99
BB-Q Chicken with Coleslaw	\$5.99
Double Meat	\$2.00 Bacon \$1.00

New

BB-Q Ribs & Chicken

Grilled fresh daily & served all week!

Ribs

Full Slab Only \$17.99 ½ Slab Only \$10.99
Full Slab Meal: 12-14 bones, & 2 Sides
\$19.99

Half Slab: 6-7 bones, 2 Sides

\$13.99

Chicken

Whole Chicken Only \$9.99

½ Chicken Only \$5.99

Whole Chicken Meal: with 2 Sides \$11.99

Half Chicken Meal: with 2 Sides \$6.99

Combo Special

Half Slab Ribs & Half Chicken, with 3 Sides
\$18.99

Family Feasts (Meat only)

2 Slabs of Ribs & 1 whole Chicken

& 2 litre soda \$44.99

2 whole Chicken & 1 Slab of Ribs

& 2 liter soda \$35.99

Full Slab Ribs & One Whole Chicken

& 2 litre soda \$25.99

New

Sides

Macaroni Salad, Potato Salad, Italian Pasta Salad,
Baked Beans, Coleslaw \$1.99 each

3 Side Combo \$4.99

Crest Foods

Prices are subject to change

Turkey Club – Turkey, Swiss, & Bacon \$5.99

Italian Sub- Ham, Salami, & Provolone \$5.99

Tony's Pizza Sub – Any Pizza Topping, Sauce & Cheese hot from the oven \$4.99

The Dave – Lettuce, Tomato, Onion, Olive, \$4.99

Mushroom, Green Pepper, Cheese, & Italian Dressing

Cheeses: Swiss, Provolone, Cheddar, & American

Fixens: Lettuce, Tomato, Onion, Pepperchinis, Olives,
Mayo, Mustard, & Italian Dressing

Bread: 8" sub roll, White, Wheat, & Sourdough



Kiwanis – It's Not Just About Breakfast!

By Suzanne Mullins

The Crest Chapter of Kiwanis has earned "Distinguished" status in East County. Distinguished status is based upon copious amounts of involvement & activity within the community. Helping your community comes in many different forms; supplying the library with materials for their special activity events, joining the meals on wheels delivery system, cooking or serving for the monthly breakfast buffets, donating Docucams to **Crest School**, assisting the Home of Guiding Hands and providing funds for educational programs at **Crestridge Ecological Preserve**. These are just some of the past **Crest Kiwanis** projects.

Crest Kiwanis also sponsors Builders Clubs at **Greenfield** and **Los Coches Creek Middle School**. This affords middle school students the opportunity to become involved and experience the importance of helping out in their community.

During the months of November and December, **Barbara Halte** and our group of 20 members, sponsored food baskets and gifts for the children of several families here in Crest.

In March, Crest Kiwanis will be helping stage the Special Olympics at West Hills High School. More volunteers are needed. Come join the fun.

Volunteers are needed for:

Set up & take down. judge the events
act as buddies for participants, To volunteer contact **Joanne Magoon** at (619) 806-0036 or ecspecialolympics@yahoo.com

Currently, K members are selling raffle tickets for a Sony 40" HDTV ... Tickets will be sold & the drawing will be held January 23 during the Kiwanis breakfast. (held at the Clubhouse) Tix are \$5.00 each.

During an Appreciation Party, hosted by **Jerry Hjelle** on December 18, Kiwanis President, **Linda Chase** awarded **Linda Hjelle** the Kiwanis Distinguished Service Award for her term as **Crest Community Association** President. Actually, Linda H. will be recognized with the official engraved plaque at the 1/23 breakfast. Come by and support Linda and buy a raffle ticket !



Crest Kiwanis appreciates Linda Hjelle
l to r: Suzanne Mullins, Linda Chase,
Rosemary Michelse, Barbara Halte, Don Halte,
Linda Hjelle, Judy Becker, Dick Sutton

Want to find out more about Crest Kiwanis?
Drop into a Board Meeting at the Clubhouse
the 2nd Saturday of the month @ 7:30
a.m..or join us on the 3rd Monday of each
month @ 6:00 p.m. for the general
membership meeting.

**Please note the Board Meetings and
Membership meetings have switched
days.**

XANGO JUICE



The first: and only product in the world that features the whole fruit puree of the exotic mangosteen. The mangosteen is an extraordinary source of xanthonenes, powerful antioxidants with a host of beneficial properties.

GOOD FOR THE BODY – HEAVEN FOR THE TONGUE

Learn about XANGO™ @ www.justanounce.net

* Business opportunity available * 619-328-1157 *



*100% money-back guarantee
Visit website for details*

South Lane Park

By Kandhy Franklin-Collins



South Lane Park: What a great transformation the park is getting thanks to grants and the work of County Parks, Environmental Land Management, and Crest Fire Safe Council. About 2 years ago, CFSC sent a survey out to see if the residents would be in favor for a split rail fence. The response was a resounding yes from the neighbors living around the park. The goal of the fencing was two-fold; first, to reduce the amount of motorized traffic in the park, and second, to now qualify for insurance for the park. With the fencing in place, we can now proceed with the grant request



submitted to the supervisor over four years ago to build a bathroom in the park and to put in a cabin-like structure to serve as an equestrian facility and holding area for the CFSC disaster materials. The site has been designated as the Secondary Evacuation and Communication site in our Community Wildfire Protection Plan. The E-Crest-Rians and CFSC are excited to see the fencing get finished so we can move on to the next projects.

(Harry McCarty of CTM Contracting at work at the park)

E-CREST-RIANS: The E-Crest-Rians are on the trail! There are more openings for trails and camping coming up this spring in Cuyamaca and out near Kitchen Creek. Ramona is offering "Extreme Cowboy" training, barrel racing and lessons, Mo Parga is putting on Obstacle and Sensory Training Clinics, and we have all of those updates and flyers on the Crest web site: www.thecrestsun.com. Karin Weiss does an excellent job of keeping this corner open to the horse folks. Send in your pictures and horse stories. We would all enjoy them. The E-Crest-Rians will be offering obstacle clinics and spring vet services, so keep your eye peeled for the signs and emails. If you are not on the email list, please send yours today to kandhyfranklin@cox.net. Challenge Ranch needs people volunteers and financial support as they are a 501©3 for troubled youth. Volunteers and rescue horses seem to be high on the list this winter as the economy has slowed down. Please read the emails of the stories and see what you or a neighbor can do.

We are also gearing up for evacuations out of areas that traditionally get hit hard in the rains, such as the Tijuana River Valley, Blossom Valley, parts of Imperial and of course Lakeside and Santee. If you have an unused stall, corral or trailer please call Kandhy @ 619-444-4996 to be on a list. You may also email her at kandhyfranklin@cox.net. At this time, we could temporarily house 15 horses while things dry out at their home. Please pass this information on to a friend who may not read the Crest Sun.

Thanks to all who thought of street names in recognition of Jimmie Johnson's accomplishments and contributions to the Crest Community. In discussing with members of the community, N. Park Lane came up as a suggestion of a good street to make a road name change since there are very few homes on the street, and that the clubhouse is on that street. Next is a visit to the county to check on the steps to see if this can happen, then another survey to the name change, and then a signing off on an accepted name. This might be able to be done at a town hall meeting, so stay tuned. Any thoughts, please feel free to email Kandhy Franklin at kandhyfranklin@cox.net.



**More on
Jimmy Johnson**
by
Kandhy Franklin



1335 La Cresta Blvd., Crest, CA

619-444-7504

Friendly Service

Wide Selection of Groceries

Beverages and Ice

Beer, Liquor, Coolers

Large Wine Variety

We have lots of new items and notions

Stop here first before you go down the hill!



**Thank you for stopping at Rainbow Farms Market
And shopping on the "Hill"**

Out and About in San Diego County

Visit the U.S. Olympic Training Center

An official U.S. Olympic Committee training facility dedicated to the development of America's current and future Olympic athletes participating in nine sports including archery, rowing, canoe/kayak, soccer, softball, field hockey, tennis, track and field, and cycling. See athletes training, take a free guided tour of the facilities and shop at the Olympic Spirit Store. Open for free self guided tours daily from 10-4pm. Spirit Store is open Sun / Mon from 10-2 and Tues- Sat from 10-5. The Spirit Store provides free tours at 11:00/1:00 Sun and Mon and 11:00/1:00/3:00 Tues - Sat.



Additionally the Olympic Training Center staff provides a free tour each Saturday morning at 11:00am. To schedule a tour for groups larger than 15 people call 619-482-6215. Open year-round 2800 Olympic Parkway Chula Vista, CA 91915 619-656-1500 www.usolympicteam.com

Old Globe Theatre

Backstage tours are given selected Saturdays and Sundays. Call 619-231-1941, extension 2142 for reservations and schedules.

The Salk Institute

Salk Institute is pleased to offer a FREE guided ARCHITECTURAL tour Monday through Friday at noon. Reservations are required two days in advance of date requested and can be made by [registering online](#). For additional information, call Salk Tours at 858-453-4100, ext 1287. Our street address is: 10010 North Torrey Pines Road La Jolla, CA 92037

Today, the Salk Institute conducts its biological research under the guidance of 59 faculty investigators. It employs a scientific staff of more than 850, including visiting scientists, postdoctoral fellows, and graduate students. Recruited throughout the world, this group receives advice from nine distinguished nonresident fellows — influential scientists at similar institutions throughout the world. Dr. Jonas Salk, developer of the polio vaccine,

established the Salk Institute for Biological Studies more than 40 years ago. His goal was to create an institute that would serve as a "crucible for creativity" to pursue questions about the basic principles of life. He wanted biologists and others to work together to explore the wider implications of their discoveries for the future of humanity.

Websites of Interest:

www.Mapmyride.com is a great website that shows you the best, cycling, running, walking, and hiking routes.

Choose El Cajon or San Diego and get a broad selection of routes to choose from. (Click on show more routes to get extended options.

Did you know.....(check it out)

According to Clark Howard, a CNN Money manager, while Costco and Sams Club do not have sales, they do have mark down codes:

Costco mark down codes:

*Items with prices ending in \$ __, _7 are reduced for clearance

Sam's Club has mark down codes:

* items with prices ending in \$ _ .01 are reduced for clearance.

The www.tiphero.com website has a little different Costco info:

At Costco, the markdown system is this:

ends with .99 is the original price

ends with _ .7 is the first markdown

ends with .88 is the second markdown

ends with .00 is the final markdown before it is

sent out and sold to a local salvage company

Items with an asterisk (" * ") will on the price sign will not be re-stocked

Target also has mark down codes:

*items with prices ending in \$ _ . _8 are

discounted (The small numbers in the top right corner of the price tag indicate the percentage of discount (example "75" is 75% off the original price.

E & L Mobile Repair

REPAIRS, MAINTENANCE, WELDING, FABRICATION

On All Makes & Models Of Any Equipment



**WHY CALL
CAT, BOBCAT, CASE, DEERE, VOLVO, Etc.
WHEN I AM ALREADY HERE!!!!**

10% Discount On Any Work Here In CREST

More than 20 Years Experience

No Job too Small

Raised in Crest Returned to CREST

Eric Flick

Cell # 619-654-3849

elmobilerepair@cox.net



Crest Fire Safe Council has news! Hopefully, you have driven down Mountain View and looked over toward Al Bahr Road and Canyon Rim to see goats, men, and machinery at work. Environmental Land Management, (ELM) has begun the project in the 150-acre zone for fuel reduction. After many meetings with 7 agencies, we have begun the process working within the MOU of the agencies and the 30 foot roadside clearance regulations. We are still having meetings to have more of the area approved for work. The chimney (canyon area) is an area we want to focus on, as fire has come through this backside of the Crest community catastrophically since

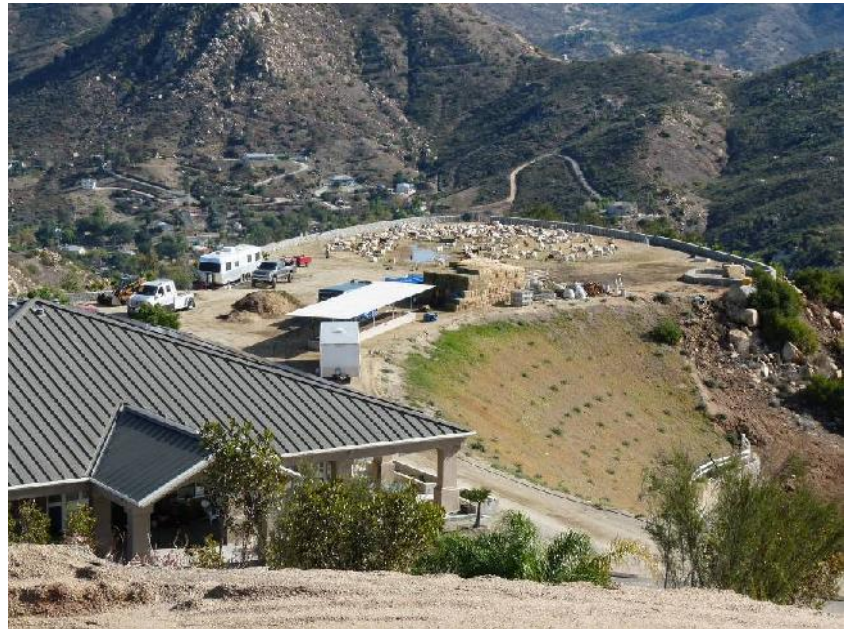


1910.

As you can see from the first picture to the right, our gracious host, Dana Ferrell and Kaye, house all 450+ goats, equipment, food, and herders. They are our new heroes and honorary members of the CFSC Council!!! They have provided us with everything needed for this project to work! They have helped with water, electricity, areas for protection from the terrible rainstorm, and have been the leaders in promoting this project.



The photo to your left shows the goats walking to



a fenced area. You really get a chance to see how the herders work! The goats just seem to walk two by two.

The photo below gives you the opportunity to see what we are talking about when we talk about a 50% shaded fuel break. Fuel is laced back with NOTHING being removed by roots leaving space for the native plants to get healthy and become sustainable in the drought and

act as fuel catchers in case of the next wind-driven wildfire. The picture to the right is an example of an areas cleared (bottom left) and uncleared (hilltop) by the goats. Come by and see the goats at working and catch a peek of the moms and their new babies.

Hope you like the improvements we are trying to make. CFSC is scheduled to start meetings to write other grants to keep this area sustainable.

Let us know how we are doing at:crestfiresafecouncil@yahoo.com.





Central Heating & Air Conditioning
Commercial & Residential
Call Today and Consider It Done!

Call Today! Office: 619-444-9955



15% Discount to Crest Residents

Central Heating & Air Conditioning has been San Diego County's #1 choice for Residential and Commercial comfort systems since 1983. We have been "Providing For Your Comfort" for 26 years. A great percentage of our work comes from referrals by satisfied clients. We offer a wide variety of services and energy efficiencies to choose from: Heating, Air Conditioning, Duct Work, Leak Testing, Sealing, Air Filtering, and Excellent Servicing and Maintenance.

Call Today! Office: 619-444-9955 Cell: 619-792-3322

Central Heating & Air
 384 Paloma Lane
 El Cajon, CA 92021-4240

Try us on the web at:
www.centralheatac.com
 or
centralheating@cox.net





Dianne Jacob Speaks Out:

County Supervisor Dianne Jacob represents the people of the Second District which includes all of East County, the Ramona and Julian areas and the City of Poway. For more information contact Jennifer Stone (619) 531-4766

www.diannejacob.com

Five Reasons to Install Solar Water Heating

1. **Energy Savings:** A solar water system can produce up to 75 percent of your annual hot water needs, cutting energy use and saving money on utility bills.
2. **Eco-Friendly:** Sunlight is abundant, free, forever renewable and inflation-proof.
3. **Reduced Greenhouse Gases:** Solar water heating significantly reduces your carbon footprint. Your water heating will no longer rely completely on fossil fuels.
4. **Tax Savings:** The federal government gives tax credits of up to 30 percent of the cost of installing a solar water heating system.
5. **Get Committed:** More San Diegans than ever before are installing solar water heating systems, because it's an eco-friendly investment that increases the resale value of your home while saving you money. A well-maintained solar system lasts up to 30 years.

The California Center for Sustainable Energy offers free workshops on solar water heating basics as well as solar photovoltaic (PV) systems, energy efficiency and a wide range of other sustainability topics. To learn more about the workshops, visit www.energycenter.org or call 866-SDENERGY (733-6374).

COUNTY PLUGS IN TO STATEWIDE FINANCING EFFORT

Jacob and Slater-Price want to help property owners afford the upfront cost of rooftop solar

SAN DIEGO— San Diego County moved a giant step closer toward helping unincorporated area residents more easily afford rooftop solar electric systems and other energy efficiency projects.

At the urging of Chairwoman Dianne Jacob and Vice Chairwoman Pam Slater-Price, the Board of Supervisors agreed unanimously to join forces with more than a dozen California counties planning to launch a statewide solar financing district.

The goal is to finance installations of rooftop solar electric systems and allow property owners to pay the cost over a period of 20 years on property tax bills. The application process could begin as early as June 2010.

“Our county is among the sunniest corners in the nation. Our region has not even begun to tap into the potential for rooftop solar. Upfront solar financing is going to help us chart that course,” said Chairwoman Jacob who represents East County on the Board of Supervisors.

The County will spend \$25,000 to enroll in what is known as the CaliforniaFIRST program. The effort is offered through California Communities, a joint powers authority sponsored by the League of California Cities and the California State Association of Counties. Renewable Funding LLC and RBC Capital Markets will help administer and finance the program.

“We’re tapping into a program that will use the strength of a statewide pool of participants to keep costs as low as possible,” said Vice Chairwoman Slater-Price. “We are going to lower energy bills, cut fuel costs and clear the air at the same time.”

California Counties will work directly with interested homeowners to process applications, determine eligibility, and provide customer services.

To lower costs, the program is seeking Federal Stimulus dollars thought grants from the California Energy Commission.

A handful of local cities have expressed interest in joining the effort. CaliforniaFIRST has determined that the participation of local cities is contingent on the County’s participation.

To learn more about CaliforniaFIRST, visit www.renewfund.com

Diane Jacob would like to invite you to a “Coffee with constituents”. Diane hosts informal meetings in different areas of the district a couple times a month to hear what’s on the minds of the people. She hopes you will be able to attend and share any ideas, problems or concerns you have regarding County government.

**Thursday, January 28, 2010
8:30-10:30 a.m.
Crest Community Clubhouse
113 N. Park Dr**

**PLEASE ALLOW ME TO FREE UP SOME OF YOUR TIME,
ENABLING YOU TO DO WHAT ONLY YOU CAN DO,
THUS MAKING YOUR LIFE EASIER!**

Too much to do and not enough time to do it ? Finding yourself frazzled and harried trying to get it all done? Do you ever find yourself saying "If only I had more time in the day I would..."

- spend more time with my family and friends
- read that book I have been wanting to read
- volunteer in my child's class - or with that charity/non-profit organization
- go fishing/golfing/hiking, etc...
- take that trip I have been wanting to take - be it a brief trip to the ocean or mountains, a weekend getaway, etc...
- go see that movie I have been wanting to see
- take up that hobby I have been wanting to do
- take a class
- take a nap! :o)

You fill in the blank. Let me help free up some of your time so you can enjoy life more, have more rest, slow down...

I will:

- run your errands
- do your grocery shopping
- walk your dog
- purchase and wrap gifts
- housesit (so you can take that trip!)
- babysit (while you go out or you stay home, so you can focus on a task while I spend time with your children)
- come into your home to visit with and care for your family member or pet requiring full time care, in order to give you a reprieve
- drive you to appointments
- type
- do research
- do computer work
- transcribe
- proofread
- make travel arrangements
- etc...

If I didn't mention the task you would like done, please ask me and I will let you know if I am capable of doing it.

I am available evenings, weekends, Thursdays and holidays; with spur of the moment notice or with advance notice; short term or long term.

I love to serve, help, and assist. I truly care about people and desire to make a difference in their lives. I am honest, trustworthy, dependable, keep confidences, and will provide you with references upon request. Please contact me, Theresa Payne, at joyful-in-His-peace@juno.com - please reference this ad in the subject line. I look forward to hearing from you!



New New New

Xocai's (sho-sigh)

ENERGY DRINK

“ Xe “

One 8.4 FL. OZ. Can contains:

- **6701 ORAC** (ANTIOXIDANT UNITS)
- **744 MG FLAVANOIDS**
- **PROMOTES CELLULAR METABOLISM**
- **ACAI BERRY and additional fruits**
High In antioxidants and flavanoids

For additional information call:

Pat Goulart
 (619) 442-4879 or cell: (619) 890-4879
 e-mail: beelady68@aol.com

(ask about special membership for Spa's and Health clubs)

Just Because Group Forming

There will be a meeting of those folks interested in coming to the "Just Because" group. It will probably be at the end of January or the beginning of February 2010. If you've talked to me and I have contacted you, call me 619-820-4463. We have people interested and I look forward for us to get together "Just Because". It will be at the Crest Clubhouse. Let me know your preferences regarding the day and time..

Remember, any topic of interest is welcome. Networking like this is a great way to not only gather information but to get to know your neighbors in Crest. I look forward to seeing you in 2010. Happy Holidays. Judy Becker

4 Wheel Drive Enthusiasts

Take a look at JustRuns 4 Wheel Drive Club's website: www.justruns.com

No Meetings

No Officers

No Dues

No Politics

JustRuns!

Guests are ALWAYS Welcome on our Runs.

There is NEVER a charge to go on our Runs.

Roger Mullins (Crest Resident) 619/579-7120

Feed Back from the November/December Issue:

- Thanks to Karen Burnworth for editing Wikipedia and deleting the erroneous information from the Crest, CA listing.
- Thanks to Alex Aberbom, for correcting information in last month's article regarding credit card theft: "I noticed that the article said not to sign your credit card but put in "photo ID required" I was in retail for 25 years and was always told to make sure your card was signed. (The post office on 2nd St won't take a card if it's not signed.) Reason being, if an unsigned card is found, they can easily get a phony photo ID" and use the card. It's harder to forge the signature."



Kathy's Specials

- Cut and Style with Shampoo.....\$20
- Perm With Cut and Style.....\$50
- Call for our Current Color Special!



Appointments and Walk-in's Welcome



After Hour Appointments Welcome



Manicures & Pedicures Available



Complimentary Wine



Full Service Specialties

- Cuts and Styles:
- Hair Cutting/Trimming
- Hair Styling

- Color:**
- Weaving
 - Cellophane
 - Tint
 - HighLights
 - Frosting

- Nails:**
- Manicures
 - Pedicures

Kathy Kaderabek
 339 Lila Lane
 El Cajon, CA 92021
 (619) 447-1945
Kathy@KathyKuts.Com

Call for your appointment today!
(619) 447-1945

OFFICE TECH

Professional Freelance Office Services

Why pay for full-time help?

- HOURLY RATES
- BOOKKEEPING : QUICKBOOKS
- BILLING & INVOICING
- ORGANIZING IS OUR SPECIALTY!
- BASIC WEBSITE CREATION
- BROCHURES
- FLYERS
- POSTCARDS
- MOBILE: WE COME TO YOU!
- 20 YEARS EXPERIENCE



CONTACT: KAREN WEISS

Phone: 619-249-4469
 Fax: 619-354-2630
 Email: officetech@cox.net



TERMINATOR SERVICES

Interior Soft Demolition.....Floor Removal Specialists

- >Tile
- >Wood
- >Carpet
- >Vinyl
- >VCT
- >Dust Control
- >Rooms
- >Walls
- >Decks
- >Grind
- >Bath-Rooms
- >Blued Floors
- >Pads
- >and More!

FAST
DEMO...
FAST
CLEAN UP!

10% off with this ad

California Contractor
 C-8, C-15, HIC
 #623701
 Quick & Reliable

Get the JOB DONE QUICK And CLEAN!

FREE ESTIMATES:
CALL 619-442-8726
 OR
CELL 619-507-4503
 Serving SD and East County
 Crest Resident!



Critters in Crest

'Possum

By Stanley A. Shelton

Actually, the name “possum” is that of an animal native to Australia. It is endangered there. They were introduced to New Zealand where they are more abundant now, and a nuisance. Technically, the North American marsupials are called “Opossum” *Didelphis virginiana* and *Didelphis marsupialis*

The opossum is a native of the eastern United States, discovered in Virginia in the 1600's. It was introduced to the western U.S. during the depression of the 1930's, as a food source. Remember Uncle Jed in *The Beverly Hillbillies*? He was always going out hunting for possum. In real life, they are good eatin', good tastin', and their fur



is very soft!
Photo by

Johnruble

This picture is of an opossum playing possum.

I used to think that 'possums were fearless and vicious and an animal to avoid cornering, after all, they have 52 teeth in their mouth (more than any other land animal) which when bared look quite threatening. I used to think they would 'take on' a car when crossing a road only to find out they were no match for it. Thus, high opossum road kill numbers. As a matter of fact, it was a road killed 'possum that gave me the idea to write about them.

But I found out different from the National Opossum Society (www.opossum.org). What they do is put on a very good bluff. Then, if attacked or they can't run away, they collapse and appear dead – they *play possum*. This is a completely involuntary reaction. When they collapse, saliva foams from their open mouth, the gums are exposed, and a foul smelling fluid secretes from the anal glands. In this state, they can be picked up and

carried around until they come out of it, which could be in minutes or over an hour.

Unlike most other critters I have written about 'possums' are actually desirable to have around. They are nocturnal and will eat just about anything: insects of all types including roaches, crickets, and beetles, carrion, pet food and people food and they catch and eat rats and mice. They will eat ripe fruit, berries and grapes and think slugs and snails are a delicacy. And, they don't damage your yard hunting for food.

Opossums have a large number of young, but many never make it to the pouch to attach to a teat, though up to 13 can. Typically, there are five to eight young. Females have up to two litters a year, but the fathers never stick around. The gestation period is only 13 days and the young leave the pouch and mother around age four months after clinging to their mother's back for a time too. Few opossums make it to adulthood and then they live only two to four years in the wild. They make good pets and I've heard of one living to six years of age with its human caregivers.



Other 'Possum facts

- Opossums can climb trees and use their prehensile tail to assist in climbing, though it is not strong enough for them to hang by as adults.
- They have thumbs on their hind feet.
- They are usually very quiet, though they can make noise.
- They are not territorial, keeping on the move going where the food is. Females with young wander less far.
- They are smarter than the average dog, being compared to pigs in brain power.
- They have total or partial immunity to rattlesnake venom.
- They are eight times less likely to carry rabies than wild dogs.

The only undesirable things I found out about them is that they usually carry fleas, and might raid your chicken coop for eggs, like one did ours years ago.



JCMS
LANDSCAPING
DESIGN • BUILD • MAINTAIN

"Doing business with integrity and creativity"

Special Offers

50% off Landscape Design *

20% off 1 month of Landscape Maintenance**

*Not to exceed \$500. When JCMS is awarded full construction contract.

**Not to exceed \$100. With 2 year contract.

Family owned and operated since 1979
 Full service landscape company, licensed C-27 contractor
 #716313, bonded and insured
 Irrigation, tree trimming, lighting, water features, drought
 tolerant, stone, concrete, walls, fences and more...

Call for FREE estimate

858-569-4199

www.jcms1.com

NEED A NOTARY PUBLIC?

CALL

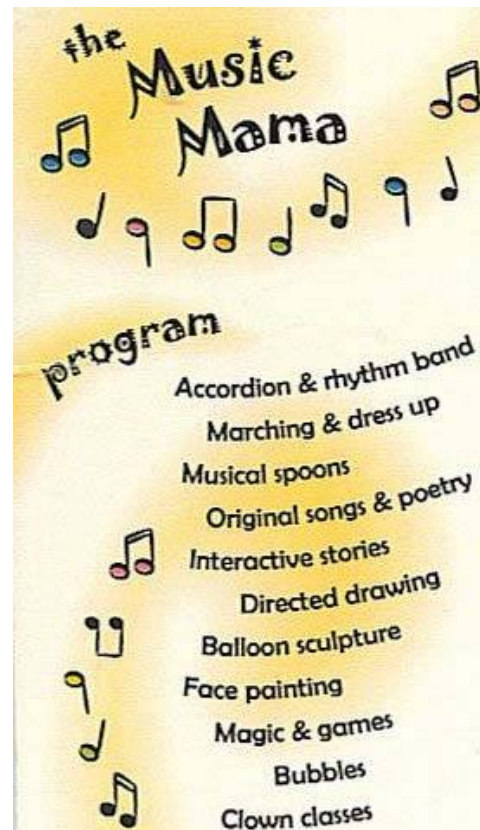
NOTARY ON THE SPOT

BETTY JARDIN
619-820-3062

TRAVELING NOTARY AND
 LOAN DOCUMENT SPECIALIST
 LOCATED IN CREST



Notary isn't something you need
 everyday, but when the need
 arises,
 I'll be there on the dot!



619-231-1113



In Memoriam - Graham Smith 1957-2009

EDI at Crestridge and all our friends and students have lost a wonderful friend, educator and supporter with the passing on October 17th of Graham Smith. Graham became involved as a volunteer. His role grew to being a mainstay of our education program until illness forced his departure. Below is an excerpted version of our "Team Crestridge" article about Graham from September 2008. A memorial will be created for Graham at the reserve and volunteers will have an opportunity to participate in making it. We'll keep you posted here. Our hearts go out to Graham's family for their loss. We are forever grateful for his time with us.



Like many of our team members, Graham Smith began with EDI by volunteering to do whatever needed to be done at Crestridge. He assisted with construction of the straw-bale visitor kiosk, shade house, and composting toilet. He helped train and supervise Urban Cops members in many building and restoration projects. Any time there was work to be done, Graham was on the scene. Through many of these early workdays, it became apparent that he was quite the expert when it came to reptiles. He recognized all the snakes and lizards we came across in our activities and was even

skilled at safely catching and relocating rattlesnakes that wandered too near to people working on projects at the reserve. He'd been doing reptile education for several years with the Boy Scouts in Balboa Park where he was known as 'Balboa Jones.' That work led Graham to doing venomous snake safety training for various municipalities and utility companies in San Diego.

So, when our science education program was developed, it made perfect sense to include him in the program. As our education program Reptile



Educator, Graham, (or 'Mr. Smith' as he was known to the children), share his expertise about many

of the sleek, slithery, creeping creatures that are native to the area with thousands of students. His presentations which featured live snakes, lizards, scorpions and spiders, informed kids from 4th grade through high school about the valuable role these animals play in the ecosystems they inhabit. He taught us to understand that all creatures, even rattlesnakes, play a very important role on the planet. His presentations were extremely popular with the students. He loved making the students laugh, and helping them replace their fear of reptiles and insects with knowledge. As part of our efforts to make the education program sustainable and affordable, EDI is starting an endowment specifically to assure that this valuable animal education can continue to be part of the students' experience at Crestridge. If you would like to help sustain this valuable and compelling activity, please make a contribution to the Earth Discovery Institute Graham Smith Endowment by contacting EDI at 619-437-7989 or leslie-reynolds@att.net.

NEWS FROM THE EARTH DISCOVERY INSTITUTE AT CRESTRIDGE ECOLOGICAL RESERVE

As we move through the holiday season, many of us consider our progress through the previous year, sharing greetings with friends about the events of the year, and giving thanks for the many gifts we have received. In this issue, we take the opportunity to share with you, our friends, the work and growth that EDI has accomplished in 2009. We thank you for your support and wish you and your loved ones a healthy and wonderful 2010.

2009 Accomplishments

Education:

- Provided 40 field visits for 2,800 students from 4 school districts, all participating in CER service learning projects and reserve improvements
- Formed a partnership with the San Diego Natural History Museum to enhance education activities and start a plan to design educational signs for the reserve.

Community Outreach:

- Conducted 3 community meetings including 1 featuring a San Diego Sheriff's Department official who described laws and citizen option related to trespassing at CER and adjacent properties
- Conducted vegetation management for fire safety and erosion control on approximately 4.5 acres adjacent to 4 properties including 2 trailer parks.
- Conducted 2 native plant sales resulting in the sale of approximately 500 native plants to neighbors and supporters.
- Installed paver flooring, rock walls, patio, irrigation and landscaping for the strawbale visitor kiosk.
- Improved the EDI website to facilitate reporting of problems by users.

Security:

- All CER gates were mapped and monitored for security. Current lock conditions of gates were surveyed; 3 fire department locks were added to gates to facilitate fire agency entrance, 5 locks were replaced due to vandalism or malfunction, bars or chains were replaced on 4 gates.
- Coordinated 2 weekend patrols by San Diego Sheriff's Department off-road reserve unit.
- Coordinated joint effort with SD Sheriff's Dept. and CalFire to exclude users from west end on July 4th.
- Installed 27 signs to improve communication of CER rules in general and especially regarding dogs and motor vehicles.
- Received and addressed 21 incident reports; 7 electronic (EDI website or emailed information); 4 phone, 4 in-person; 6 staff witnessed.
- Addressed 3 separate incidents of graffiti tagging: graffiti documented in 18 locations (some repeats from locations where 1st graffiti had recently been removed), Sheriff escorted to document graffiti for Graffiti Tracker system, graffiti removed from 17 locations.

Restoration:

- Controlled non-native plants on 5 previously restored acres
- Conducted irrigation to support restoration in 5 acres
- Removed 2,000 ft. of relic barbed wire fence and posts

- Installed and maintained 3 dog waste stations (stations provided by County of San Diego)
- Prepared 3.5 acres for planting.
- Students and Urban Corps members planted 6,000 Purple Needlegrass (*nassella pulchra*) plants in grasslands restoration area.
- Conducted seed collection in .5 acre grasslands pilot area to grow additional plants for the restoration area.
- Controlled non-native plants in the grove
- Defined protocols and collected initial data for oak grove monitoring
- Coordinated inspection of Horsemill oak grove by US Forest Service for Gold-spotted oak borer
- Traps placed and monitored by US Forest Service for Gold-spotted oak borer (GSOB); GSOB detected on trap in late summer, but no evidence of new tree infestation.
- Removed deadfall from oak grove per CalFire request

Trails:

- Installed erosion control check dams and water bars for erosion control on 2 trails.
- Repaired trail erosion over 1.5 miles

2009 Acknowledgments

All work to improve the environment requires partnerships. Working in the moment is sustained by education that builds long-term stewardship. Financial support is complemented and guided by contributions of expertise. In-kind and volunteer time gifts combine to inspire and implement action. EDI extends its appreciation to the following businesses and organizations that have partnered with us in 2009 to conduct education and restoration projects at Crestridge. Their support is deeply appreciated!

Project/Community Partners

Cajon Valley Union School District; California Department of Forestry and Fire Protection; California Wildlife Foundation; Dimensions Land Surveying and Mapping; KTU+A Planning and Landscape Architecture; San Diego Foundation; San Diego Natural History Museum; San Diego Unified School District; Soils Ecology and Restoration Group; Solana Center for Environmental Innovation; South Bay Union School District; Trestles Environmental Corporation

Businesses/Organizations that have made financial or in-kind contributions

Alpine Rock and Block; Dal Tile; KRC Rock; RCP Block and Brick

Organizations that have partnered for projects and made financial or in-kind contributions

California Department of Education Service-Learning Funding; California Department of Fish and Game; Community of Crest; Conservation Biology Institute; Crest Kiwanis Club; Endangered Habitats Conservancy; Endangered Habitats League; Friends of Crest; Hubbell and Hubbell; Klein-Edwards; San Diego Chapter/California Native Plant Society; San Diego County Watershed Protection Program; Supervisor Dianne Jacob; Urban Corps of San Diego; Western Tracking Institute

NU SKIN

PROUDLY PRESENTS TO THOSE WHO TRULY WANT SKIN CARE
TO **STOP** SKIN FROM AGING AT THE SOURCE

The company that discovered and has packaged for you

"ageLOC"

(the anti aging gel)

Presents

2010'S NEW PACKAGE **ageLOC Transformation Kit**

Guaranteed to change your skin 8 ways in 7 days

The "**GALVANIC SPA**"

When used with the ageLOC gels -

Removes lines and wrinkles - Reduces/removes cellulite

Ultra Essence - restores the Elastin which causes Collagen to return working

Please call for a free demo:

Patricia Goulart - (T) 619-442-4879

(C) 619-890-4879

e-mail: beelady68@aol.com

www.spabeautyathome.com

No Membership fee - Distributorships available

Listed on the NYSE - D & B rated 5 A-1

**Next Crest Sun Deadline:
February 20, 2010**

WISH TO ADVERTISE?

\$40 – Full Page \$25 – ½ Page
\$15 – ¼ Page \$5 – 1/8 Page

E-mail or call the editor for more information
editor@thecrestsun.com *The Crest Sun welcomes information from the Community and community input. Thanks to all our loyal readers and supporters. Your donations and your patronization of our sponsors provide the funds to print the newsletter. We have no paid employees. The newsletter is not responsible for problems that occur as a result of information.*

For questions, suggestions, or concerns regarding The Crest Sun newsletter or website, contact:

Linda Hjelle – editor@thecrestsun.com or Lindahjelle@cox.net (517-9838)

Information: Chris Seebold – help@thecrestsun.com or Winters72@hotmail.com (447-5826)

Crest Website: www.thecrestsun.com

Webmaster: Karin Weiss (579-3951)
email: webmaster@thecrestsun.com

The Crest Sun is available at: Crest Foods, Rainbow Market, Lenardo's Pizzeria, and Crest Library or online at www.thecrestsun.com.

Thank you for your donations that help support the printing of The Crest Sun.

ATTENTION BUSINESS MEMBERS

Become a Business Member of "Friends of Crest" and get a FREE listing on Our LINKS page!



Send \$50 to Friends of Crest, 120 N. Park Dr. El Cajon, Ca 92021

GREAT WAY TO PROMOTE YOUR BUSINESS AND SUPPORT YOUR COMMUNITY AT THE SAME

Don't forget to check out our terrific Crest Web site.

www.thecrestsun.com

View the Crest Sun Newsletter on-line which includes lots of information on local events, community concerns, articles, lost and found, electronic copies of present and past issues of the Crest Sun, ads and more. Plus you can see the Crest photos in color.

We have a "LINKS" page, where you can add your company logo and web address. Local Crestonians can check out your website with a simple click. For only \$20 a year, you can support the Crest Sun Newsletter and Website. Procedures:

- Email us your jpeg logo and web address to thecrestsun@cox.net
- Send your check for \$20 to Friends of Crest, 120 N. Park Drive, Crest, CA 92021-4094
- Please add a note that you are advertising your link on the website.

Sincerely, Karin Weiss
TheCrestsun.Com webmaster

Call Karin Weiss at 579-3951 or email webmaster@thecrestsun.com

Total Document Management

5 Southern CA Locations



- No Rush or Overtime Charges
- Free Pick Up and Delivery
- High Speed Digital Color Reproduction
- Detailed Quality Control
- Quick Turnaround Time
- Large Format Color + B/W Exhibit Boards
- Oversize-Blueprints
- On-line Ordering
- Binding/Indexing Services
- On-Site Capability
- Available 24 Hours/Day, 7 Days/Week

Knox SERVICES

Mary Beaudin
Knox Services
120 N. Park Drive
El Cajon, CA 92021
Tel: 619.230.6300
Fax: 619.230.6300
www.knoxservices.com

Knox Reprographics

San Diego's only locally owned and operated Reprographics company, providing Total Document Management since 1972. We manage documents from paper to electronic image, and back again. Let us manage your documents, it's our business!

Meeting deadlines with uncompromised quality!

Call us for a quote on your next copy project!

619.230.6300 www.knoxservices.com

Thanks to Knox Services, printers of the Crest Sun