

A Newsletter for Crest

Volume 8

July/August 2007

Number 7

July 4th in Crest – Join Us!

Mark your calendar for Crest's 61st celebration of July 4th. This fun-filled day starts with a family walk at



9:30. If you wish to join in the walk with your favorite pet, vehicle or home-made float, join us at South Lane Park at 8:45 for judging. This year's Grand Marshall will be Noelle Carranza. Trophies and ribbons will be given out in 7 different categories.

Bring your chair and a blanket and plan a day of picnicking at Nancy Jane Park with live music by Straight Six, vendor booths and lots of great food and beverages. CCA, E-Crest-Rians, and Kiwanis will be serving food to assist in the fund-raising efforts. This activity is the main fund-raiser for the Crest Community Association which supports and pays the big bills such as property tax and the ever growing insurance policy for the new community center.

A Crest Pageant will be held for the Little Crest Cowboy, Little Miss Crest, Crest Cowgirl, and Cowboy. The participants who raise the most change are the winners, assuming a parent is willing to step forward to volunteer. Crest CCA will provide the banners and ribbons; Participants should bring their bucket for the change donations. Crafters should be set up by 7am. contact Kandhy at 444-4996 for more information.

This year's theme is **"Got 21?"** This slogan represents the amount of monthly monies we need to pay for a Fire Suppression Benefit Fee to save our Fire Department. T-Shirts will be for sale with our slogan.

Chairperson, Kandhy Franklin-Collins, is asking for volunteers to help with the road closures, manning the CCA and E-Crest-Rians booths, set up and clean-up for the park, and the Beer Garden - with a new beer jock, Morgan Goettsch. Please call Kandhy at 444-4996, or 977-1566 or email at <u>crestcca@yahoo.com</u>. We are also asking for new crafters, game leaders as well as patrols to keep the trash bags changed out (great job-meet a lot of people.





Casino Night – A Huge Success

Our thanks to all who attended the Friends of Crest / Crest Community Association,

Crest Casino Night at the lovely Alpine Community Center. We packed the house, had fantastic



food and offered 100's of raffle items. A good time was had by all! Our very own "Mountain Echo" started the evening off with great live music, and Beck's Entertainment followed with DJ music for the entire evening. Our newly elected Assemblyman, Joel Anderson, dropped in to show

Assemblyman, Joel Anderson, dropped in to show his support.



The gaming tables were going full tilt until 11:00PM, and it appears that everyone left happy, while generously supporting a

great cause. The outcome was worth it. We made

over \$15,000.00.

We would like to thank the following committee who organized,



appealed for gifts for the raffle, sold tickets from house to house, and encouraged everyone to come. Congratulations! Chair: Gloria Harpenau, Co-Chair: Laura Valdez, Dawn Hubert, Kandhy Franklin, Noelle Carranza, Jackie Grace and Linda Chase.

Thanks to the many that helped sell tickets, volunteered to work, and supported our cause any way they could. A special thanks to: the Crest Fire Station, Bostonia Fire Station, East County Fire, San Miguel, and Alpine Fire Station, Crest Kiwanis and Alpine Kiwanis. Thanks to everyone who donated raffle items, wrapped them created a wonderful presentation. Thanks to Judy Becker, our official photographer, for covering the entire

evening. A special thanks goes out to Jeff and Margo Liedy and family, for providing a splendid



gourmet dinner. And to the Fire House Brewery for donating 4 kegs of great beer! Thank you Tony from La Cresta Market for assisting us with the purchasing of the adult beverages, and to Jackie Grace's son in law for donating the sodas and waters. Thanks to Noelle Carranza and her "helpers" for keeping things flowing.

We will continue to solicit donations until we reach our goal of \$150,000.00. As of, June 25th we have raised \$103,683.00

Friends of Crest wished to thank the following donors of \$1000 or more:

Benefactors: \$25,000.00 and above:

- Grossmont Healthcare District **Sponsors**: \$5000 and above:
 - John Gibson

Supporters: \$1000 and above:

- Dr. Frank Brower
- Drew Ford
- Wawanesa
- Crest Kiwanis
- Kandhy Franklin
- The Clark Family
- M.J. Ratzlaff Inc.
- Chris Jungman
- Nora Holzer
- Alt Family Trust
- General Atomics Debra Haverly VP

Look for a complete list of all of our donors in the next issue of The Crest Sun. Remember it is you, the individual donor who will ultimately make our fund raising drive succeed. Many of you have given what you can afford more than once. For many of us this is a financial sacrifice and we appreciate and thank each of you from the bottom of our hearts for supporting is very important effort.

Events and Contacts

	Crest Caler	ndar of Events
6/30		Crest Country Celebration
		South Lane Park
7/3	1:00	Crest Historical Society
		Meeting - Library
7/3 7/3	7:00 pm	Crest Garden Club-Library
7/3	7:30 pm	Fire Board Meeting Crest Station
7/4	All Day	July 4 th activities at Nancy Jane Park.
7/14	8:00	Kiwanis Meeting St Louise Parish Hall
???	7:00 pm	Community Planning Group – CCA Bldg.
7/17	7:00 p.m	CCA Meeting
8/7	1:00 – Crest Library	Crest Historical Society Mtg - Library
8/7	7:30	Fire Board Meeting – Crest Fire Station
8/7	7:00	Crest Garden Club - Library
8/11	8:00	Kiwanis Meeting St Louise Parish Hall
8/20	5:00	Deadline for Sept/October Crest Sun advertisements
8/21	7:00	CCA Meeting
9/8		St Louise Parish Hall Crest Country Celebration-
10/20		South Lane Park Crest Fall Festival and Fun Show

Crest Community Contacts			
CIESCOM	Noelle Carranza		
	Anna Johnston	447-6269 442-3736	
Community Church Cornerstone Church	Pastor Dennis	579-5633	
	Friends of Crest		
Crest Black Board		44-Crest	
Crest Historical Society	Dorothy Miller	444-0968	
Crest Kiwanis	Andy Knutson	442-3349	
Crest Library		442-7083	
Crest School	Office	588-3128	
Crest Newsletter	Linda Hjelle	440-8540	
	Chris Seebold	447-5826	
Crest Sun Website www.thecrestsun.com	Karin Weiss	579-3951	
E-Crest-rians	Kandhy Franklin- Collins	444-4996	
East County Fire Dept	Business	579-6034	
Friends of Crest		44-Crest	
Rural bus		478-5875	
Sheriff	Dispatch (858) Business	565-5200	
Snake Removal Svcs	Graham	444-7797	
	(cell)	784-4671	
St Louise Church	Father Eggleston	444-3076	
Sub-Regional Plan.		440-5270	
	Stores		
Crest Foods	Tony	444-8132	
Lenardo Pizzeria	Sam	444-1389	
Rainbow Farms Mrkt	Mark	444-7504	
Advertisers			
A Crest Plumbing	Eric Mack	590-2625	
Century 21	Connie Gibson	606-2400	
Jim Kelly Realty	Rayna Mack	922-2524	
Kathy Kuts	Kathy Kaderback	447-1945	
PU-Products	Karin Weiss	334-1913	
Re/Max Realtors	Susan Lee Cooke	322-8832	
Right Hand Ladies	Marie	328-1157	
Simply Marvelous Organizing	Risa	231-1113	
W3U	(800)	644-0305	
Xango	(000)	328-1157	
Terry's Pools	Terry Shimamoto	992-3091	
10119 01 0010		002 0001	

Crest Happenings

September 8th - Crest Country Celebration and Fire Station Fund Raiser

Due to the work still being done in South Lane Park, the Crest Country Celebration has been changed from June 30th to September 8th. The day starts at 8am with a health clinic, vet check, and micro-chipping then going into a "Fun Show" for both horses and folks. The event should end around 4pm. There will be a horseshoe tournament, a "paper horse race", pony rides, and tons more. Prizes, raffles and a used tack store with "craft booths" geared for country uses. Lunch and sodas will be for sale. Come and join the fun. If you have no idea what a fun show is, just ask a long time Crest resident, or call me at 444-4996. This event is sponsored by the E-Crest-Rians, Crest CCA and the Kiwanis.

Crest Fall Festival and Fun Show. – October 20

Crafters, home baked goods to be judged, the largest home grown pumpkin contest, along with the biggest zucchini will be a part of the day. Judges will be needed to taste the wares. Homemade jams, jellies, and pies will be on the judging block going to the highest bidder. Native American dancing, a band for square dance lessons and demonstration will also be a part of the day. A Western BBQ and the famous "bean dump" will be part of the food served up Country style! The main event will be an abbreviated horse show, which will finish with events that we call a Fun Show. Watch the boards and your emails for how you can participate and help. Call 44-CREST for more information. **Proceeds for the day will help to pay for the liability insurance for the park.**



Crest PTA has a new board for the 2007/08 year. Welcome. President-Lynette Luker 1st VP(room parents)-Shelly Cartwright 2nd VP(membership)-Jewell Benson* 3rd VP(community concerns)-Dawn Hubert Secretary-Taryn Askey Treasurer-Lisa Cordes* Auditor-Tania Deleon *Thank you ladies for graciously accepting your two-year term

*Thank you ladies for graciously accepting your two-year term. Remember, there are tons of places at school, and in our community, that just need that one last ingredient.. **YOU!** We all appreciate the teachers, staff and volunteers at Crest School and wish everyone the very best.

Good Luck to all you kids ((hugs)) going to a new grade, a new school, maybe a new job, "who knows all the places you'll go"!



By Christina Seebold

I just want to say a big thank you to the organizers and supporters of the Crest fire station fundraising efforts. There is an amazing core of dedicated, hardworking citizens in this town, who make things happen, and make this a community worth being a part of.

We still need your donation." Only 10% of the residents have made a donation. Is it fair for a few to share the burden for all of us? Many small donations will help us meet our goal. Please donate today. A resounding "THANKS" to so many wonderful Crest residents and Friends who have given to the cause.

Remember there are 3 ways to give:

1. Go to <u>www.thecrestsun.com</u> and donate on line using your credit card with our secure pay-pal option.

2. Send you donation to Friends of Crest, 120 North Park Drive, El Cajon, CA 92021.

3. Drop your donation off at the Crest Fire Station.

Please look for the Friends of Crest, and The Crest Sun table at the 4th. of July for more information about these community organizations." Friends of Crest will also have forms available for donations to the Crest Fire Station.

When you get the Fire Assessment Ballot, it is imperative that you vote YES, and mail it in. If we do not pass this benefit fee, there will be layoffs, or a complete shutdown of the Crest Fire Station. We will be saying goodbye to fire and medical emergency response as we now know it. We will be saying hello to higher insurance costs.

East County Fire Protection District

Hello neighbors! The hard work of the Friends of Crest Fire Department fundraising committee, the generosity of many community members and the overwhelming success of the Crest Casino night has brought the district within an arm reach of obtaining the \$150,000 goal.

The donated funds have already begun to fund payroll expenses and the district continues to maintain the same level of service the residents of ECFPD have always enjoyed. It is awesome to see what our community can do when we pull together!

We are now coming into the 2nd phase of the plan to keep ECFPD on a track to recovery. We have received the results of the opinion surveys mailed out in April and as suspected there are more voters in the Bostonia area of the District as opposed to the Crest area. It will be necessary for all registered voters in Crest to return the ballots that will be mailed out in late July for their desires for our district to be heard.

Soon you will see Fire Fighter Union members out in force to answer questions and give information about the upcoming Fire Assessment vote. The offer for any Board member to come to your neighborhood to discuss the issues, concerns and plans for ECFD is always open. Contact the District office at 619-579-6034 to reserve a time and date.

We must keep up the momentum if we are to save the Crest Fire station and maintain our level of service.

Crest Community Association (CCA)

The CCA is a non-profit organization with an elected board whose volunteers work toward bettering the community in which we live. If you have not already signed or have not yet renewed your membership, please do so. Forms can be obtained from the library or by downloading the form from thecrestsun.com website. Click on the Crest Community Association link. Get involved and volunteer. Questions? Call 44crest and leave a message.

We miss you! Since the 2003 Cedar Fire the membership of the CCA has significantly dropped. We are now on our 2007/2008 Membership Drive that goes on thru the 4th of July. The membership runs from July 1st, 2007 thru June 30th, 2008.

With the CCA building near completion and almost ready for final inspection by the County, we the Board, are making plans to move in and function as in the past, only better.

With enough volunteers we are in hopes that the building will be open at least 3 days a week. We will have the coffee pot on and hope all of you will stop by for any information that is needed about the community. It is our intention to continue with our spaghetti dinners, have a bridge club, town hall meetings, etc, and what ever the community of Crest would like to see happen.

We hope you will consider rejoining the membership again and stop by, look around, and leave your suggestions with us as to what will make the CCA more dynamic and useful for the Community of Crest. Remember, we are here for you and the community.

The CCA Board Dan Wilson, President Sally Bruner, Vice-President Susan Lee Cooke, Secretary Jackie Grace, Treasurer Noelle Carranza, 5th board member (outgoing President)

PLEASE SEND TH	HIS FORM IN WITH YOUR CHECK	Mail your membership today to:
Lifetime \$500 Family \$35	MEMBERSHIP LEVELSSustaining \$150Business \$50Individual \$25Senior \$12(65+)	CCA 113 No. Park Dr. El Cajon, Ca. 92021
Name:	Phone#	
Address:	Email:	
Please check your areas oj Committees:	f interest! The more active you are the more fun you'll have!	

Crestridge Ecological Reserve



Crestridge Reserve is a 3000 acre ecological reserve here in Crest that provides habitate for animals and plants. Through grants, thousands of school children in East County are provided an opportunity to get up close and personal with nature. The Union Tribune wrote a great article on our own Crestridge Reserve June 14. You can read the article on the net by going to:

http://www.signonsandiego.com/uniontrib/200 70614/news_lz2ed14eastco.html

Information

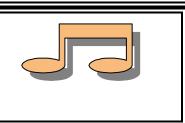
Use a search engine for Crestridge Ecological Reserve or start at <u>www.dfg.ca.gov</u>. Donations: Call Crestridge Ecological Reserve at 619 437-7989.

Docents needed for education program:

Volunteers are needed to serve as field instructors in EDI's education programs. If you love the outdoors, are committed to sharing your love of the outdoors with children, enjoy doing hands-on projects with curious students, and want to learn more about ecology, this could be the opportunity you've been waiting for! Come be a part of changing the world in your own backyard!

Piano Lessons:

Contact Debbie Joslin 579-2156



Crest Firefighters honor an on-going tradition by celebrating with the Crest Elementary graduating 5thGraders



On June 14^{th,}, 3 members of the East County Fire Protection District brought over the Brush Rig filled with cool refreshing water. Following a time honored tradition they joined Crest Elementary graduates in there final day as Crest Coyotes.

It was a warm day and the cool water sprayed from the truck was a welcomed relief. The guys then joined the students for hamburgers and hot dogs donated by the **5th Grade Parent Association**. The memories of the event will stay with the graduates for years to come!

Furniture For Sale:

- 1 Glass dining room tabletop, about
 1" thick, semi-rounded, about 3' x 4'
 Would also make great work desk. All that is needed are to add the legs.
 \$70- obo.
- 2-Wheeled, roll around chair that unfolds into a single bed. \$130- obo.

Contact Judy Becker Cell 619-820-4463





Larva and egg

Just when I thought I'd run out of critters to write about for this column, something came up. Yup, we got fleas! I can think of nothing more miserable than sleeping in a flea infested bed in a flea infested house with flea infested furniture and carpet, in miserably hot weather! It's our cat's fault!

We have a long-haired cat. We call her "Her Royal Highness" or "Her Majesty" or "Her Royal Majesty" because of the way she acts, like most cats act. Our grandkids named her Peggy Sue. Having long fur, she sheds all of the time. Not just when the weather gets hot, *all* the time!

We were afraid to allow her to go outside in fear that she would disappear, like so many cats before her had. Coyotes and Great Horned Owls both make meals of domestic cats. But, she inevitably got out. The innocent grandkids, not paying attention, or the wife and me not paying attention and so she got out, several times. However, we soon discovered that she stuck around. She didn't go on hikes or wander off, she stayed close to the house and even expected to be let back in, whenever *she* wanted. Great, so the wife decides to put her out all day long, *everyday*. This would cut down on the tufts of cat fur all over the house that constantly had to be cleaned up. The *plan* seemed to be working.

This is when (and how), we got the fleas. "Her Majesty" would spend days outside, come in at night and bring fleas with her. We don't know how the fleas found her, or whether they were cat fleas, or some other kind of flea, but she got fleas in a very short period of time!

What we *don't know* is where the fleas came from. Her Majesty didn't have fleas before we allowed her to go outside, but I found out that there are a number of *named* fleas, and even more animals that can have fleas: dogs, cats, rats, rabbits, mice, squirrels, raccoons, possums, coyotes, chickens, humans, etc.

After a meal of blood, the female flea lays 15 to 20 eggs per day. Up to 600 in a lifetime, and usually on the host. The eggs usually fall off of the host, and in the case of our pets, into our carpets, or wherever the pet spends a lot of time when the animal is inside our homes. This happens outside too, of course.

There are cat fleas *Ctenocephalides felis*, dog fleas *C. canis*, rabbit fleas and rat fleas, maybe even more. Fleas pass through a complete life cycle consisting of egg, larva, pupae and adult.

Typical flea populations consist of about 50 percent eggs, 35 percent larvae, 10 percent pupae and 5 percent adults. The life cycle from egg to adult varies from two weeks, in warm spring or summer months, to eight months in cooler weather. Humidity, food, and species are also factors. Insecticides specifically labeled for fleas usually only work during the larval and adult stages, so it's important to apply insecticidal (flea) measures during that life cycle period. Vacuuming is also important!

What I used to know as a flea trap is now called a "monitor" of flea activity. Get a goose neck lamp, like those cheap old ones that were usually for use on a desk, then fill a shallow dish or pie tin with water and a drop of dish detergent (to break the surface tension of the water). Then, at night, direct the lamp light directly on the dish of water. The light will attract the fleas and the water will drown them.

Meanwhile, we bought and applied a three month treatment for fleas and ticks for "Her Royal Majesty". But it's still her fault. We also got rid of the fleas in the house with a "fogger".

TON	y S	SI P	ILADS		ELI
TOTTE	GARDEN CHEF MACARONI	3.99 4.99 1.69	GREEK POTATO (1/2 QT) ITALIAN PASTA (1/2 QT)	1.69	CEED CEED
444-DEZ	COLE SLAW	1.99		ų	MA-OIEZ
Corona Extra		1	PIZZA CHEESE ONLY 1 TOPPING 2 TOPPING VEGITARIAN (MUSHROOM, ONION, BELL PEPPERS	14" MED 7.99 8.99 9.99 12.99 & OLIVESJ	18" LRG 9.99 10.99 11.99 14.99
	and the	17	THE WORKS ADDITIONAL TOPPINGS	14.99 1.00	16.99 1.50
Ited	- The	No. or	BREAD STICKS BREAD STICKS W/CHEE	3.99 SE 4.99	

HAM & CHEESE	4.99	SUBS
ITALIAN (HAM, SALAMI & CHEESE)	5.99	
PASTRAMI (HOT or COLD)	5.99	SERVED WITH
TURKEY CLUB (BACON, CHEESE)	5.99	LATUCATIONATO
HAM W/ROAST BEEF	5.99	ONION TRALLAN DRESSING
TUNA	5.99	ITALIAN DRESSING
TURKEY & CHEESE	4.99	FRENCH ROLLS
TONY'S PIZZA SUB	4.99	SOUR DOUGH
ROAST BEEF	5.99	WHEATORWHITE
MEATBALL	5.99	
HAM W/TURKEY	5.99	Torona
TURKEY W/ROAST BEEF	5.99	Extra

Remembering Our Crest Friends

Crest's Own Chincoteague Pony A Father/Daughter Wish That Came True By Mary Robinson

<image>

Horse lovers, and there are many here in Crest, may be surprised to learn that a Chincoteague pony has taken up residence here far from the Virginia seashore where she was born. For Patti Rust this has been a dream come true . . .

Patti was just seven years old when she finished reading Marguerite Brown's 1947 classic book Misty of Chincoteague. She marveled at the fortitude of the young colts and fillies braving the chilly currents of the Assateague Channel, swimming behind their mothers across the narrow inlet to the shores of Chincoteague Island.

One year later, Patti's dad made a surprise announcement. In July, during Patti's summer vacation to visit her dad who lived on the East Coast, he would take her to see the ponies of Chincoteague swim across the Atlantic Channel. How could that be? Wasn't the book just a fantasy? Was there really a wild pony named Phantom and her foal Misty?

The legend of the Chincoteague ponies dates back to the early 1600's when the Spanish galleon Santo Cristo with a cargo of wild mustangs sank off the coast of Virginia. The surviving animals, referred to as ponies because of their stunted size, swam to shore and became the ancestors of today's Chincoteague ponies. Full grown, the ponies are sturdy, shaggy and measure an average of 14 hands.

By the early 1700's, Pony Penning had become an annual event in Chincoteague allowing livestock owners to claim, brand, break and harness their loose herds. In the 1900's, it was custom to hold the annual Pony Penning on the last Wednesday and Thursday of July when hotels and boarding houses were booked months in advance as families and city folk gathered to celebrate summer and the wild spirit of the Chincoteague pony herd.

Years later the town of Chincoteague suffered a series of disastrous fires. Town officials authorized a carnival during the annual July Pony Penning event to raise funds for the local volunteer fire company by auctioning off the young colts and fillies of the Chincoteague herd. In July 1925, fifteen colts were sold and the profits received by the volunteer fire department funded the purchase of critical life-saving and ambulance equipment. Within ten years, the festival crowd grew to an estimated 25,000.

So, in the summer of 1978, Patti and her father, retired Naval Officer Alvin Platt, joined the celebration. They booked a hotel room on the shores of Virginia to see the ponies swim and watch the auction of the young colts and fillies. Four consecutive years they traveled together to the small town of Chincoteague to eat cotton candy and deep fried oyster fritter sandwiches (Al would eat two a day), drink birch beer (similar to root beer) and vow that "next year" they would bid on one of the foals. Sadly, they never did.

Now, twenty-eight years later here in Crest, Patti's father was dying of brain cancer. He had already battled six previous bouts of the disease all the while acting as an ambassador for Sister Cities International, traveling to Afghanistan to deliver school and medical supplies, promoting the annual Easter Celebration on Mt. Helix and sharing in the hopes and dreams of his wife Judy and Patti's two older sisters, Lenee and Sandy.

By February 2006, Al had given up his weekly racquetball game. In March, he lacked

the energy to walk more than 20 minutes on the treadmill. By June, he was exhausted. The drugs he took to ease the pain also slurred his speech yet inexplicably stimulated his appetite for things like spicy liver and onions and gooey fudge brownies. He would listen attentively to his many visitors but when he tried to respond, words escaped him.

One day last June, Patti researched the website of a ranch in Northern California advertising a beautiful bay Chincoteague pony mare for sale. Named "Chinco Taj" (short for Chincoteague's Taj Mahal or "crown palace"), the pony was purchased as a foal at the Chincoteague auction in 2000. "Taj" also sported a single white paint spot shaped much like the island of her birth on her left hind quarter. "This is just meant to be," Patti thought to herself. So she made arrangements for a vet check, transportation and purchase of the six-year-old mare as a final tribute to her father and the memorable summers she shared with him.

Taj is the epitome of the Chincoteague breed. With her calm, brown eyes and gentle disposition, she traveled easily from the California/Oregon border through the wine country and high desert, fast-forwarded through LA traffic, to finally arrive in the relative calm of North Crest. On July 1, 2006, Patti led Taj onto her Kent Drive property in view of the guest house Al and Judy shared.

Taj readily adjusted to the boulders and brush of nearby Crestridge Preserve. She watched coyotes, rabbits and hawks explore the vast expanses of scrub oak, sagebrush, mountain lilac and manzanita. Although it was a few days until Al was strong enough to get out of bed and wheel to the porch to see her, his eyes said it all when he finally met Taj on the 4th of July. He was so taken with the Chincoteague pony that he mustered the strength to reach up from his wheelchair to pet her soft brown face. Taj gently lowered her nose to help him reach.

On Tuesday, July 25, 2006, Al died at home surrounded by his family with Taj peacefully grazing outside his window. It was also the day before the 2006 swimming of the Chincoteague ponies...celebrating a shared memory between a father and a daughter.





Weaving Cellophane Tint HighLights Frosting Nails: Manicures Pedicures

Kathy Kaderabek

339 Lila Lane El Cajon, CA 92021 (619) 447-1945 Kathy@KathyKuts.Com

Call for your appointment today! (619) 447-1945



The <u>www.Earth911.org</u> website is a website that provides information on all types of recycling. By entering your zip code, there are virtually hundreds of locations listed to meet your recycling needs. Take a few minutes to make our Earth a better place by checking out this website. Through a single toll-free phone call to 1-800-CLEANUP or the use of this <u>www.earth911.org</u> website, you can access several sections of communityspecific environmental information at no cost to the user or taxpayer

Mission of the Earth911.org website

Provide a national public service that consolidates environmental resources into one user-friendly network and empowers citizens with community-specific information to protect and improve the environment

Earth 911 is the nation's "one-stop" environmental web portal for communityspecific recycling, reuse and disposal information resources. In partnership with the U.S. Environmental Protection Agency (EPA), state and local government agencies, nonprofit organizations and private corporations, Earth 911 assembles and consolidates consumer-oriented environmental information from over 15,000 authoritative data sources.

With the click of a mouse or a toll-free phone call, individuals or businesses can access over 80,000 recycling and household hazardous waste disposal location listings and real time beach quality alerts – at no cost.

Promote your business with Internet Advertising



Service Provider ...

... Internet Presence

Web Site Design Web Site Hosting E-Commerce Internet Training

> Value-Added Services

W3U: The World Wide Web Iz U!

Crest, CA 92021

Toll Free - (800) 644 0305

Email - w3u@w3u.net

Internet - www.w3u.net

FREE .com, .net, .org, or .biz Domain Name Registration FOR LIFE with any W3U web site hosting service



Don't forget to check out our terrific Crest Web site.





Keep current with all of Crest's current happenings as well as checking out the great Crest picture gallery.

Dinner at the Fire Station

By Christopher Rivera, Age 7

My grandmother and grandfather won the raffle for dinner with the firemen at the Spaghetti Dinner held at Crest Elementary School. My mother and I live in Orange County, so when we came down to visit, we were invited to go with them to eat at the fire station. When we got there, we sat in big chairs, took pictures, and watched the firemen make dinner



and set the table. Mr. Matt was making something I never had before and I was scared. Mr. Brian let me help set the Table and Mr. Alex talked with me and my build a bear, named Zack. I dressed Zack in a fireman's suit for the special dinner. Mr. Brian gave me a fireman hat to share with my



class. We took a lot of pictures for me to share with my class too. We ate dinner in the meeting room because there were a lot of us. I tried the chicken flautist that Mr. Matt made with his secret recipe and they were really good. I want my Mom to make them for me again. After dinner, I got to try on the fireman's clothes. They were too big for me. The firemen said they were glad to have us because we were different.

Please Support our Advertisers! They bring you the Sun			
Wish to The Crest Sun is			
advertise?	available at:		
\$35 – Full Page	Crest Foods		
\$20 – ½ Page	Crest Library		
\$10 – ¼ Page	Lenardo Pizzeria		
-	Rainbow Farms		

The newsletter is not responsible for problems that occur as a result of information in this newsletter. We assume information to be accurate as given to us.

Crest Sun Editors:

Linda Hjelle – <u>editor@thecrestsun.com</u> or <u>Lindahjelle@cox.net</u> (517-9838) Contributing editor – Christina Seebold – <u>winters72@hotmail.com</u> (447-5826) **Crest Website:** <u>www.thecrestsun.com</u> **Webmaster:** Karin Weiss (579-3951) - <u>thecrestsun@cox.net</u>

The Crest Sun welcomes information from the Community and we welcome community input. More thanks go to our loyal readers and supporters. Your donations and your patronization of our sponsors provide the funds to print the newsletter. This is a volunteer effort. We have no paid employees.

Next deadline: August 20, 2007



A DUBIOUS PATH: NATIONAL ENERGY CORRIDOR WOULD GIVE UNWARRANTED FAVORITISM TO SUNRISE POWERLINK

SAN DIEGO— San Diego Gas and Electric is attempting an end run around California's transmission line permitting process by seeking to include the route of its controversial Sunrise Powerlink as a "National Interest Electric Transmission Corridor," County Supervisor Dianne Jacob told representatives from the Department of Energy at a public hearing on Thursday.

The special designation would give federal regulators the power to step in and overrule the State if the Sunrise proposal is rejected. The California Public Utilities Commission is expected to rule on the project early 2008.

"The Department of Energy should not steal energy transmission planning from the hands of California stakeholders and pile on yet another layer of costly, duplicative, bureaucratic review," Jacob told the afternoon crowd.

"Instead, the Department should consider disturbing questions surrounding the case for the Sunrise, questions that negate the need for the Corridor Designation for San Diego County," Jacob said.

Citing a 2006 decision by a three-judge arbitration panel, which determined that SDG&E's parent company, SEMPRA energy, created artificial congestion on the region's existing 500 kV transmission line, Jacob said SDG&E's congestion claims are suspect.

"For these Enron-style shenanigans, Sempra paid \$70 million in fines to the State of California," Jacob said and urged Federal officials not to base energy policy on what Jacob said was a case of "phantom congestion."

Jacob said while the utility attempts to portray Sunrise as a lifeline to renewable energy resources in Imperial County, it engages in hypocritical activities that are counterproductive to the development of renewables.

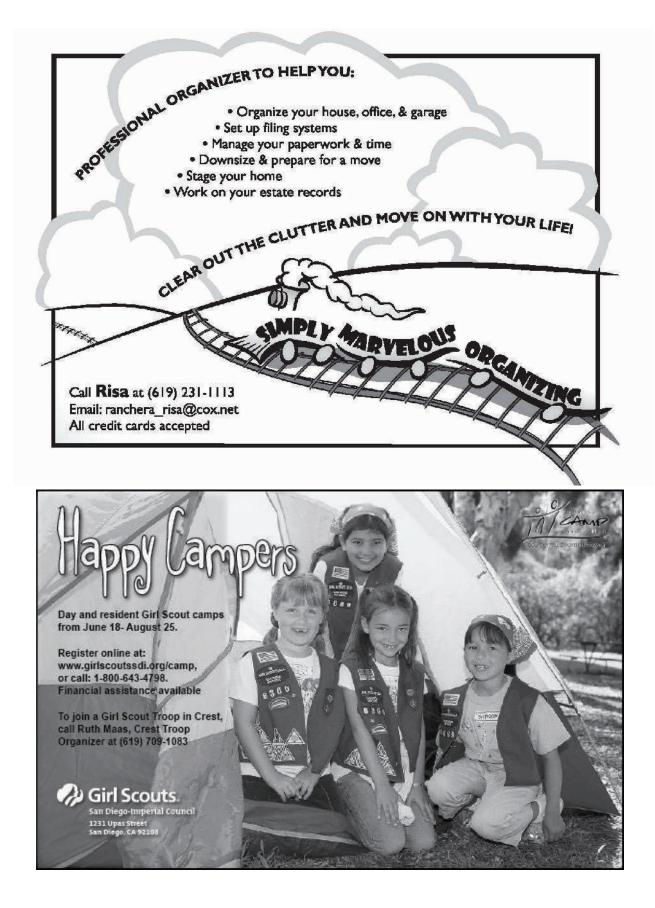
Jacob said SDG&E won't commit in writing to bar power from Sempra-owned generation near the U.S. Mexico Border from traveling along the Sunrise Powerlink.

"And last month, the utility lobbied heavily against a bill in Sacramento that would have increased the State's renewable energy mandate to 33 percent by 2020. That's 13 years from now," Jacob said.

County Supervisor Dianne Jacob represents the people of the Second District which includes all of East County, the Ramona and Julian areas and the City of Poway.

Crest Country Celebration Rescheduled to September 8th

Due to the work still being done in South Lane Park, the Crest Country Celebration has been changed from June 30th to September 8th.





JULY 2007

- "Circus Minimus" presented by Pig's Eye Puppets San Diego's super fun smallest traveling circus..... a marionette show for kids and families. Don't miss the mysterious Dr. Deep the Magician who reads the minds of the children. It's amazing what he can guess and he claims he is never wrong!
 - Tuesday, July 3 6:30 pm
- Mystery Book Club Discussing "She Walks these Hills" by Sharyn McCrumb
 Thursday, July 5 1:00 pm
- Sparkles the Clown fun filled magic & bubbles show!
 Tuesday, July 10 6:30 pm
- PS Video Game Week July 10 – 13
- Cindy McQuien forensic presentation on fingerprints, followed by hands-on activities. Tuesday, July 17 6:30 pm
- Joe Gandelman & Friends Comedian will reveal the magical world of ventriloquism!
 Tuesday, July 24 6:30 pm
- SUMMER READING AWARDS Pick up your prize bag and have your picture taken with the BEE...refreshments will be provided by Hometown Buffet! Tuesday, July 31 6:30 pm

SUMMER READING 2007 CREST LIBRARY

105 Juanita lane El Cajon, CA 92021 619-442-7083 http://www.sdcl.org

AUGUST 2007 Children's Programs

- Rosi's Coloring Table Every Tuesday
- PJ Story time Tuesday, August 28 at 6:30 pm
- Read to Burnie. Stop by and read to Burnie, our big friendly stuffed dog!

Teen Programs

- August 3 18 ♦ Ribbon Jewelry
- August 25 September 8

Family Programs – All Ages

 Friday Afternoon at the Movies. PGrated
 Fridays, 3:00 pm

Adult Programs

 Mystery Book Club Discussing "Postmortem" by Patricia D Cornwell
 Thursday, August 2 1:00 pm





		Pizza	
	Medium 14"	Large 18"	Giant 28"
Cheese Only	\$8.99	\$12.99	\$19.99
One Topping	\$9.99	\$13.99	\$21.99
Vegetarian	\$13.99	\$15.99	\$24.99
(Mushroom, Onions,	Green pepper & Olive	6)	
The Works	\$16.99	\$19.99	\$28.99
(Pepperoni, Canadiar	n Bacon, Sausage, On	ions, Mushrooms, Green P	eppers, Olives, Pineapple and Jalapeno)
Greek Pizza	\$12.99	\$15.99	\$25.99
(Mozzarella cheese, f	eta cheese, gyro mea	t, fresh tomatoes & basil)	
Calzone	\$8.99 (witl	n Mozzarella, Ricotta, & Pa	rmesan)
Additional topping:	\$1.00	\$1.50	\$2.50
Choose from: Pepper	oni, Ham, Italian Saus	age, Salami, Canadian Ba	con, Onions, Green Peppers, Black Olives,
Mushrooms, Tomatoe	es, Pineapple, Jalaper	o, Anchovies, Peppercini, I	Extra Sauce, Extra Cheese

Pasta

All Pasta served with 2 pieces of garlic bread

Lasagna	\$5.99
Spaghetti with Meatballs	
Meat Ravioli	
Cheese Ravioli	

Subs & Sandwiches

All Subs served w/Lettuce, Tomato, Onion, Peppercini, & Italian Dressing

Ham & Cheese	\$4.59
Turkey & Cheese	\$4.59
Italian Sub (Ham, Salami, & cheese)	\$4.59
Club Sub (Turkey, Bacon & Cheese)	
Roast Beef Sub	
Corn Beef Sub	\$4.99
Meat Ball sub	\$4.99
Italian Sausage Sub	\$4.99
Lenardo's Special Sub (Roast Beef, Turkey, & Cheese)	

Combos

All Combos are served w/Fries & Salad

¹ / ₂ Hamburger Combo	\$4.99
1/2 Shrimp Combo	\$5.49
Fish & Chips	\$5.99
Chicken Sandwich combo	\$4.99
Fried Chicken Combo	\$4.99
Philly Steak Combo	\$5.99
Gvro's Combo	\$5.99
Hot Wings Combo	\$5.99
5	1

Side & Salads

Garden Salad (Lettuce, Tomato, Onion, Green Peppers, Olives & Peppercini)	\$3.99
Antipasto Salad (Same as Garden plus Ham, Salami & Cheese	\$5.50
Green Salad (Same as Garden plus Red Cabbage, Feta Cheese)	
Chef Salad (Same as Garden plus Turkey, Ham & Cheese	\$5.50
French Fries	
	• -

Catering for all occasions!

About Crest.

Gregory Peck – A Visitor to Crest

As told by Beverly Nerbonne via an excerpt from the historical society newsletter.

In the 30s and early 40s, Gregory Peck's parents had a weekend cabin on Estornino Lane in Suncrest. Occasionally he would accompany them there. He attended the dances one Saturday night and listed to the music of Bea Eacrett on the piano and her husband Dick, on the fiddle.

Gregory's father raised roses. At this time my mother ran a dairy; we delivered milk to them. To earn spending money, I sacked up fertilizer to sell. Mr. Peck was one of my best customers; his roses flourished.

Gregory Peck wrote the following letter to Ann Holton:

Dear Ann Holton,

Between 1930 and 1935, my father and a carpenter friend built a cabin in Suncrest. I helped. The cabin was painted green and white. It had a living room with a stone fireplace, a small bedroom, bath and kitchen.

It was a week-end house. We never lived there for any length of time. I went off to college in 1936, and I think my Dad sold the place around 1940.

As for my recollection, there was a community dance pavilion where there were dances on Saturday nights, during the summer. To a teenager, it was critical, working up the nerve asking a real live girl to dance.

Suncrest was rustic, but a great place, and I've never forgotten it.

Yours sincerely, Gregory Peck

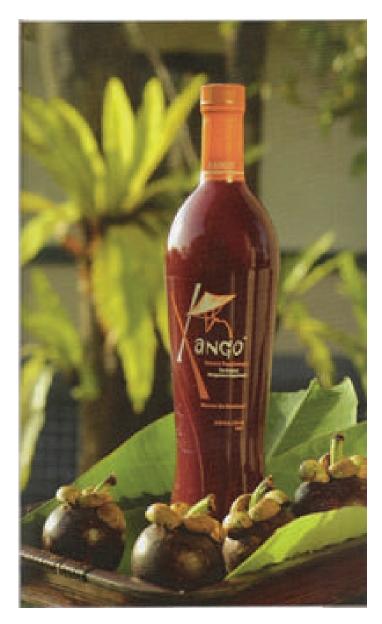
The following notes were obtained from the San Diego Times, September 27, 1933 written by George Gray:

The communities of Suncrest and LaCresta have a population of about two hundred and many part time residents. The local voters have to go to Bostonia, several miles away to record their votes, but they are going to make a request for a home voting place for their 100 or more voters.

A school bus, carrying over thirty pupils, leaves Suncrest clubhouse and the La Cresta center each school morning for El Cajon Grammar school and Grossmont High School and brings them back in the afternoon.

Information for this article was obtained from the Crest Library from the **Crest Historical Society** (CHS). CHS is always looking for new members. There is one general meeting a year. A monthly workshop meets the first Tuesday of each month at 1 pm at the Library. Members receive ECHOES, the newsletter, 4 times a year. For information call Dorothy Miller 444-0968.

XANGO GOOD FOR THE BODY – HEAVEN FOR THE TONGUE



Mangos teen Fruit – the Queen of Fruits

Potent Antioxidants

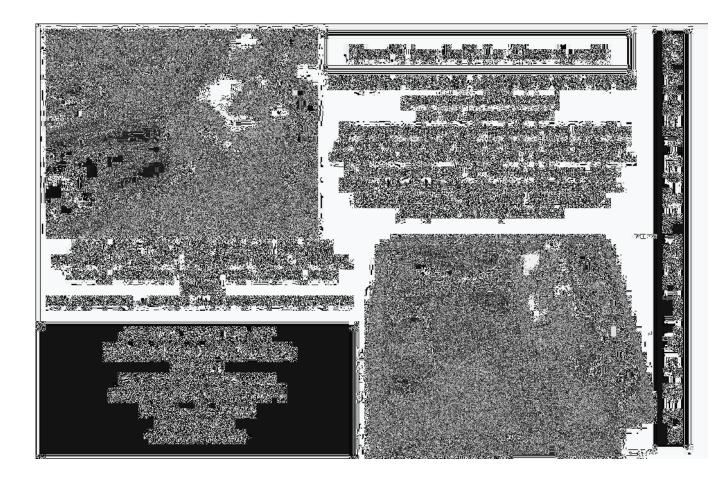
Rich in Xanthones

100% Natural Juice

- Each bottle of XanGoTM has gone through a process that standardizes and maximizes Xanthone content. You do not want to play hit-and-miss with your health.
- Xanthones have been demonstrated to be effective in inhibiting inflammation as well as serve as potent antioxidants in combating free radical damage.
- Each time you drink XanGo, you get over 40 xanthones, each bringing unique benefits to your body. This product not only delivers all these xanthones, but also maximizes their potential effect.
- XanGo is the best, most accessible source of powerful xanthones on the planet.
- XanGo is a category creator, first-to-market and powerful in its benefits.

Learn about Xingu @ <u>www.justanounce.net</u> XanGo Independent Distributor 100% money-back guarantee Visit website for details

* Business opportunity available * 619-328-1157 * *These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.





WANT YOUR CASH NOW

Are you receiving monthly payments on a mortgage note you hold for property you sold?

IF SO, CALL ME

"I WILL PAY YOU CASH FOR YOUR SECURED NOTES" Did you know you can sell your note and receive a lump sum of cash for it?

> *Residential, Commercial, Business, Mobile Home Settlements, Judgments and so many more*

19-328-1157 or

619-697-9669 <u>www.righthandladys.com</u> **NOTE INVESTORS** "A dollar is worth more today than tomorrow"



SIGN UP FOR ONE CALL NOW! CREST'S EMERGENCY COMMUNICATION SYSTEM. IT'S FREE, SO CALL KANDHY @ 444-4996

When there is a fire or other emergency affecting our area of the county AN AUTOMATED SYSTEM WILL CALL YOUR PHONE to update you on the location and particulars of the emergency. STAY INFORMED....SIGN UP NOW!



TERRY'S POOLS

Service and Repair

-Serving all of Crest-

"Reliable, friendly service for your pool, spa, pond, fountain"

Call Terry Shimamoto : (619)992-3091

"You'll see the difference hard work makes!"

Memories in Art of South Lane Park

I started this piece in May 2005 from a photo'l had that was taken before the fires. It took me a little over a year to finish it. Treally wanted to capture the magnificence of standing under the huge old Eucalyptus trees. I was devastated when I found out they were cutting almost all of them down and I had a very difficult time finishing this painting because of the deep sadness I felt. As you see, I overcame and did finish. Our family can now look at this painting and remember all the wonderful adventures we had there.



The Way It Was, original oil by Jennifer Kai Nilles



Out My Back Door, original oil by Jennifer Kai Nilles

This piece was completed in 2002 when our family lived right next to South Lane Park on Eucalyptus Dr. My husband grew up there and has very fond memories of playing in the "forrest". He would climb trees, build forts, make rope swings, hide out, catch frogs, and build damn's when it rained. He shared with us how there was once a California Condor nesting in the tall Eucalyptus trees and the San Diego Zoo was watching them because they are endangered. What an honor that is for our community to have that in our history. When we lived there, our children would run around out back doing the same things with their dad that he used to do.

I usually do reproductions of my work only upon special request. But given the loss of the trees in South Lane Park, I decided to make Gicles of these paintings available to Crest at an affordable price. It is my hope that you will be able to hang them in your home to enjoy for many years. These Gicles are printed on Archival Paper with Archival Inks. They should be treated as Fine Art, framed and Matted. Please call or email me for prices and info. Jennifer Kai Nilles, the artist and Crest resident

Jennifer Kai Nilles, 619-244-0426, jennifer@jennikai.com, www.jennikai.com

Rainbow Farms Market

1335 La Cresta Boulevard 619-444-7504 Crest Friendly Service Wide Selection of Groceries, Beverages and Ice! Beer, Liquor, Coolers, Large Wine Variety We have lots of new items and notions! Stop here *first* before you go down the hill! Thank you for Stopping at Rainbow Farms Market and Shopping on the 'Hill'!

Letters to the Crest Sun

It's all about safety.

As a relatively new member of the Crest community, I worry about many things in regard to my young family's safety. I worry about my two kids, now 3 and 5 years old, getting into drugs once they start going to school. So, my wife and I are teaching them to be wary of strangers, what illegal drugs are, and how they may be presented with some choices in their lives. I worry about natural disasters such as earthquakes and fires. Consequently, we have stores of supplies and a plan for the family for such scenarios. Yes, I feel that I have consciously and actively done what I can to minimize dangers and threats to my families livelihood and survival. There is, however, one thing that I can not control. That is the actions of others.

As all of us know, the roads around Crest are frequently used by people passing through our community. Some just for fun on a Sunday motorcycle ride; some as part of their commute from Alpine to El Cajon, and some <u>have</u> to use the La Cresta and Mountain View roads as we live in this community. In any case, any of us who have been here awhile know that these two roads have always been dangerous and deadly to many of our residents as well as those just passing through on "joy rides". Bicyclists seem intent on making the roads even more dangerous, and there seem to be a few local residents that, unbelievably, also choose to make these roads much more dangerous than they need to be.

There is one driver I have observed over the last year or so that is truly reckless on these roads on a regular basis. I have observed the driver of this particular white Toyota truck, with a lumber rack and a "Bowtech" sticker on the rear window, passing people on shoulders, cutting others off, speeding, and generally driving like a complete idiot. After the last incident that directly involved me, I decided that, for the welfare of my family, as well as fellow residents, I needed to take action.

The message that I want to get across is this. Please, think about what you are doing. You are making decisions that are making these roads more dangerous for all of us. I am involved in professional motor sports and know well the thrill of going fast in a vehicle, but our public roads are not the place to do this. Please, make some mature choices that will keep you from ending up as a sign by the side of the road saying "In Memory Of..." If you still do not want to make the right choices for your own safety, please, stop and ponder the safety of your neighbors and possibly their children. We all, after all, are neighbors. Let's start acting like we truly know what that means.

Mike Holland

BIRTHDAYS AND CELEBRATIONS TO REMEMBER:

Happy Birthday to "our" one and only Bill Farris 6/25. Happy Birthday to #1 Grama Verda Williams, Happy Birthday to #1 daughter Brianna Carranza 7/11. Congratulations to the greatest new "Registered Nurse" in Crest, Lacey McCoy Hats off to Mike Lowe, a brand new "Federal Firefighter." Way to go guys!!

Compiled by Noelle Carranza (Contact me to put in your sentiment for the Sept-Oct Edition , 447-6269)

A CREST PLUMBING & DRAIN CLEANING

Shower Valves, Shut Off Valves Pressure Regulators Water Heaters Drain Cleaning House Packages Available GE Reverse Osmosis Installation New Faucets Bathtubs, Sinks, Washers Copper Repair Specialist





FAMILY OWNED AND OPERATED CREST RESIDENT 10 YEARS

Senior Discount **Military Discount** **Crest Resident Discount**

ERIC MACK 619-590-2625



JIM KELLY REALTY, INC All American Home Loans

- Buying
- Selling
- Refinancing---Consolidate Debt
- Equity lines—Remodeling—Updating Your Home!
- Investment Property

Many Programs Available

CALL ME FOR:

- House Comparables
- Rate Quotes
- Houses For Sale,
- My Marketing Strategies and Tools on how I can sell your home for the best price in *today's* market!

Rayne Mack, Realtor Senior Loan Officer Mobile Notary Public

619-922-2524 Direct 619-873-2474 Office Rayna@Jimkellyhomes.Com



CREST RESIDENT 10 YEARS!

"Personality can open doors, but only character can keep them open!"



Connie Gipson

Multi-Million Dollar Producer Crest Specialist for 23 Years



5640 Baltimore Drive La Mesa, CA 91942

Cell: (619) 606-2400



Connie's Crest Listings

118 Scenic Drive \$475,000- \$525,000 One-of-a kind home built in 1930 Beautifully landscaped .58 acre

> 2902 Suncrest Blvd. \$595,000 3 BR, 3BA, 1800 SF 2 car gar + RV parking Views & .64 acre

1158 Hamlet Drive \$585,000 3BR + Extra rm, 2BA Approx 1900+ SF Completely remodeled! Garage + RV prkg

309 South Lane \$429,000 Charming 2 BR, 1 BA Fenced yard

Vacant Lot-Suncrest Blvd. \$295,000 .63 Acre Approved septic layout for 3 BR home.