



A Newsletter for Crest

Volume 13

July-August 2011

Number 4

Thank you Crest!

By Linda Hjelle

Join us July 4th for the 65th annual July 4th parade! I would like to express my special thanks to the many wonderful Crest volunteers who came through at the last minute. We absolutely could not have pulled this off without your help!

Are you ready to join in the parade and make this parade the best one ever? Decorate



your floats and bikes, pull that golf cart out of the garage, start up your tractors and antique cars, and get it ready to party! We are sorry to hear the Crest Ladies Lawn Chair Brigade has retired; however, this leaves the door open for a new group to take over. How about a Guy's Lawn Mower Brigade? Add some patriotic music to bring some spirit to the parade route and you might have an edge toward winning one of four \$25 gift card awards! Award categories include 1) Most Unique Entry, 2) Best Float, 3) Most Patriotic and 4) People's Choice (You get to vote for your favorite after the parade in the park.) Prize money has been donated by The Crest Sun.

Parade participants should arrive at South Lane Park by 8:30 for line up and judging. We will step off right at 9:30. There is no need to pre-register. Horses and other animals need to be in the large arena for safety as we organize and place the various groups in order. See page two for additional parade formation information. Remember the streets will be closed between 9:30 and 10:30 as the parade passes by. A map of the parade route can be found on page two.

The Kiwanis and CCA will be in attendance to make sure you have some good eats again this year. Hot dogs, hamburgers, ice cream, cotton candy, cookies and sodas are slated to be on the food agenda. Food will be sold in the CCA building, across from Nancy Jane Park this year. Remember the County prohibits alcohol in the County Parks.

We are still working to line up some great music in the park this year. This year we plan to bring back a bit of the old-time family festivities with balloon toss, egg races, and 3-legged races and fishing for prizes for the little kids. There may even be a race for those competitive dads. Thanks to Crest Community Church for organizing the event.

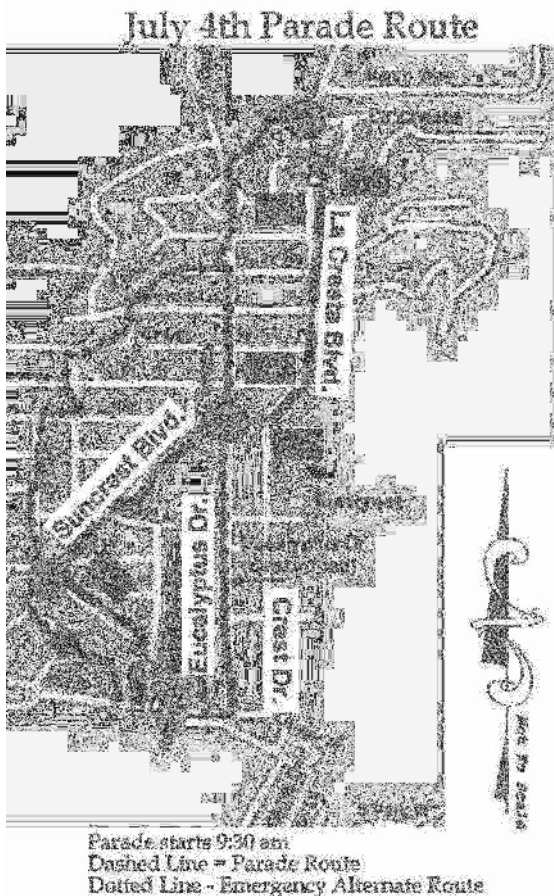
Do we have any Crest active duty military home for the 4th? We'd love to have you as our Grand Marshal for the parade. If so, call me at 619-517-9838. We are also looking for a "cool" grand Marshal car... Volunteers?

We will be holding a super raffle this year giving all folks an opportunity to purchase raffle tickets for great gift baskets. **We could use additional items for the super raffle if you would care to donate to help defray the many costs of this event including the band, insurance, vests and ADA compliant toilets!** Any treasure big or small will be welcomed: Padre tickets, zoo passes, gift cards, craft treasures or a gift certificate from your business. If you can help, call 619-517-9838 or email LindaHjelle@cox.net.

While in the clubhouse on the 4th be sure to stop by the Historical Society table to browse through the old photos.



Don't forget to renew your membership to the CCA!



More parade information:

This is the official notification of the road closures for the parade. The parade route will be closed in the morning from approximately 9:30 to 10:15 until last parade participant passes. The parade starts at South Lane Park, moves north on Albatross to Suncrest and La Cresta Blvd ending just past Nancy Jane Park on Scenic Drive. An alternate route will be flagged to get to the South side of Crest. Of course, if there is an emergency, the volunteers will radio the command center and we will deal with it. The exact time of road closures will be posted on the blackboards as soon as the time is finalized. North Park Drive (the street where clubhouse is located) will be closed to traffic during the July 4th event.

All parade participants need to arrive at **South Lane Park at 8:30 am**. We will have signs at South Lane Park giving the order of the parade. Line up will start with the fire engines, followed by floats and junior motorcycle riders. **(Please note that all motorcycles need to stay in a group due to safety issues! Please do not pass the fire engines)** Next are the tractors, and cars, golf carts, rhinos, floats, bikes, groups and organizations, and finally the animals. **We could use your help to keep everyone organized. If you have an animal, please keep your animals in the large arena or on the backside of the park until we line up.**

A special thanks to the San Miguel Fire Protection District for arranging an AMR provider for the first aide station for the event.

Upcoming Community Events

The Crest Community is alive with activities this summer!

Take time to attend one of the upcoming Kiwanis sponsored breakfasts on June 25, July 23, and August 27. Proceeds from these events go to support local organizations including the Historical Society, the Crest Library and of course, our very own Crest Kids.

The Crest Community Association has a community dinner planned for August 3. The July 7 dinner is cancelled this month due to the July 4th festivities. CCA is also sponsoring a fun music night on Saturday, July 23 featuring our very own local talent including Don Halte and David Silva.

The Crest Community Church is sponsoring two family movie nights this summer on July 15 and August 19th.

And last, but not least, attend some of the many fun-filled activities and presentations sponsored by our own Crest Library this summer. Encourage your kids to participate in the Summer Reading Program.



Sign Up for the All Fore-Rec Golf Tournament

If you are interested in being a golfer for the City of El Cajon Golf Tournament at Singing Hills on Friday, Sept 16th, call Don Halte, 444-4503 or Karen Nelson, 749-9180. The tournament, sponsored by the Crest Kiwanis and El Cajon Recreation Department, costs \$130.

Crest Contacts

Crest Community Contacts		
Crest Community Assn. johnson7409@att.net	Paul Johnson (email)	442-4022
Crest Comm.Church crestchurch@sbcglobal.net	Kerri Lambert (email)	442-3736
Crest Black Board	Kandhy Kathy	444-4996 440-6097
Clubhouse Rentals rentals@thecrestsun.com	Rick Bradt (email)	444-2641 or 44-CREST
Crest Fire Safe Council crestfiresafecouncil@yahoo.com	Kandhy Franklin (email)	44-crest
Crest Garden Club Rold@sbcglobal.net	Arlene Palmer Marsha	441-0187
Crest Historical Scty.	Dorothy Miller	444-0968
Crest Kiwanis	Karen Nelson	749-9180
Crest Library	Rosi Mejia	442-7083
Crestridge Reserve	Cathy Chadwick	749-5767
Crest School www.cajonvalley.net	Office (website)	588-3128
Crest Sun Newsletter editor@thecrestsun.com Information winters72@hotmail.com	Linda Hjelle (email)	440-8540 517-9838
The Crest Sun website webmaster@thecrestsun.com	Chris Seebold	447-5826
E-Crest-rians	Karin Weiss (email)	579-3951
St Louise Church	Kandhy Franklin	444-4996
Sub-Regional Planning. crestplanning.org	Father Languille	444-3076
	Judy Bowen (website)	440-0783
Help Lines		
Child Abuse Hot line	(800)	344-6000
Highway Patrol: Traffic Related Abandoned Vehicles	(858) (619)	637-3800 441-4264
Sheriff (non-emergency) Alpine Station Licensing Division	Dispatch (858) (619) (858)	565-5200 659-2600 974-2020
San Miguel Fire Dst Crest Fire Office Fire Marshal Public Info Officer Fire Chief www.smgfire.org	Business office. Burn Permits Marsha Larsen Leonard Villarreal August Ghio (website)	670-0500 588-8112 660-5356 660-5359 660-5351
Adult Protective Svs Child Abuse Hot Line	(800) (800)	510-2020 344-6000
Animal Control	(760)	438-2312
Auto Repair, Bureau	(800)	952-5210
Border Patrol	(619)	662-7321
CALTRANS	(619)	688-6785
Code Enforcement	(858)	694-2705
Contractors Board	(Fraud) (800)	321-2752
Crime Stoppers	(619)	531-1547

FBI (telephone scam)	(858)	565-1255
Fish & Game	(951)	443-2944
Illegal Dumping	(858)	495-5143
Noise Abatement (dogs), abandoned vehicles, solid waste complaints	(858)	694-3741
Planning & Land Use	(858)	694-3741
Poison Control	(800)	876-4766
Postal Police (mail)	MailFraud(877)	876-2455
Real Estate fraud/info	(619)	525-4192
Road Conditions	(800)	427-7623
Secret Service -Fraud	Currency/Credit	557-5640
Social Services	(619)	401-6000
SD Regional Center	(858)	576-2938
US Forest Service	(619)	445-6235

Stores and Restaurants

Crest Foods Tonys	Tony P 19	444-8132
Lenardos Pizzeria	Sam – Pg 21	444-1389
Rainbow Farms Mrkt	Mark –Pg 13	444-7504

Advertisers

Bowlby Electric	George pg 6	440-3051
Central Air & Heating	Charles pg 16	444-9955
Century 21	Connie Gipson pg 12	606-2400
Crest Computer Guys	Skye – pg 7	800- 571-9645
Gary Dykstra Const.	Gary pg 23	992-6334
Kathy Kuts	Kathy – pg 22	447-1945
Knox Reprographics	Mary pg 27	230-6300
Marvelous Organizing	Risa – pg 10	231-1113
Notary on the Spot	Betty pg 6	820-3062
PU-Products.com	Mitch pg 8	
Real Estate & Loans	Rayna –pg 25	922-2524
Truffles & Desserts	Jeanne pg 16	442-4022
Xango	Marie – pg 15	328-1157
Yard/Repairs/ Bee Removal	Al – pg 16	442-4879
Other Services		
Just Runs Jeep Club	Roger 6	579-7120

**Next Crest Sun
Deadline:
August 20
5pm**

**Advertisers:
See page 27
for additional
information.**



JULY 2011						
S	M	T	W	TH	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
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24	25	26	27	28	29	30
31						

AUGUST 2011						
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7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Calendar of Events July-August 2011

06/25/11	8-10:30 am	Kiwanis Breakfast Page 26
6/25-26		El Cajon Electronic Recycling Event (Free) Parkway Plaza Pg 16
07/04/11	9:30 -10:00 9:30 – 2:00	65 th Crest July 4 th Parade July 4 th Festivities at Nancy Jane Park
07/05/11	1:00 Tuesday	Historical Society Meeting– Crest Library
07/06/11	5-7 pm Wed	CCA Dinner cancelled due to July 4 th Event.
07/09/11	7:30 am – Sat	Kiwanis Board Meeting – Clubhouse
07/11/11	9:30 - Mon	Crest Garden Club -- Call Marsha for Details 440-1167
07/11/11	7:00 pm	Sub Regional Planning Group –
07/12/11	5:45 – Tues	Crest Community Association – Board Meeting – Clubhouse
07/14/11	6:00 pm -Thurs	San Miguel Fire Protection District Board Meeting - 2850 Orange Way – Spring Valley
07/15/11	7:00	Crest Community Church Movie Night – See page 22
07/18/11	6:00 pm	Kiwanis General Meeting – visitors welcome – Clubhouse
07/19/11	7:00 pm – Tues	Crest Community Association – General Meeting
07/23/11	7-9:30 pm	MUSIC NIGHT AT THE CLUBHOUSE – Don Halte and Echo Mountain & David Silva and Tom Baird See Page 10
07/23/11	8:30-10:30 Sat	Kiwanis Community Breakfast – Clubhouse – See page 26
08/03/11	5-7 pm Wed	CCA Community Dinner
08/02/11	1:00 pm- Tues	Historical Society Mtg – Library
08/02/11	6:30 pm	Library – SDCL Puppeteers Presentation See page 5
08/08/11	9:30 – Mon	Crest Garden Club – TBA - Call Marsha for Details 440-1167
08/08/11	7:00 pm Mon.	Sub Regional Planning Group –
08/09/11	5:45 – Tues	CCA Board Meeting – Clubhouse – Board Meets
08/09/11	6:30 pm	Library – Its Book Time – Summer Reading Awards Pg 5
08/11/11	6:00 pm - Thurs	San Miguel Fire Protection District Board Meeting - 2850 Orange Way – Spring Valley
08/13/11	7:30 am	Kiwanis Board Meeting – Clubhouse
08/15/11	6:00 pm	Kiwanis General Meeting Speaker
08/16/11	7:00 pm Tues	CCA General Meeting
08/19/11	7:00 pm	Crest Community Church Movie Night – see page 22
08/20/11	5:00 pm	Deadline for Crest Sun Submissions
8/27/11	8-10:30 AM	Kiwanis Breakfast – See page 26.

SUMMER READING 2011



For information on open positions or to submit your resume, please visit our Web site at:
www.lucernepublishing.com

**It's 'Book time'
with Ronald McDonald
and our SR Awards;
Tuesday, Aug 9, 6:30 PM**

SDCL CREST LIBRARY
105 Juanita lane
El Cajon, CA 92021
619-442-7083
<http://www.sdcl.org>

JULY 2011

- ☺ **Canine Companions** provides highly-trained dogs for the disabled! *Tuesday, July 12, 6:30 PM*
- ☺ **Baby Storytime** *Friday, July 15, 10:30 AM*
- ☺ **Meet an Alpaca!** *Tuesday, July 19, 6:30 PM*
- ☺ **PJ Storytime** *Wednesday, July 20, 5 PM*
- ☺ **Woody Guthrie "Grow Up Songs"** by Ross Moore *Tuesday, July 26, 6:30 PM*

Adult Programs

- ☺ **Mystery Book Club Bloodyshame** by Garcia Aguilera *Join our book club*
Submit your comments, click on
<http://www.crestlibrarymysterybookclub.blogspot.com>
- ☺ **Club Leyendo Juntos Venganza Sangrienta** de Garcia Aguilera - *unete a nuestro club y participa en el blog!*
- ☺ **Free Computer Classes** *Thursdays*
Basic *11 AM* - Intermediate at *11:30 AM*
Call Rosi for appointment 619-442-7083
- ☺ **Saturday Family Crafts 11 AM**
7/2 Pot Holder Looms
7/9 & 7/16 Crochet Fun
7/23 Soapmaking 7/30 Shrink dink



SDCL Puppeteers presents:
The Monkey and the Crocodile!

*Tuesday, August 2
6:30 PM*

AUGUST 2011

Children's Programs

- ☺ SDCL Puppeteers present; **The Monkey & the Crocodile** *Tuesday, August 2, 6:30 PM*

**Enjoy Ronald McDonald's
"It's Book Time" and our
SUMMER READING AWARDS
Pick up your prize bag!
Tuesday, August 9, 6:30 PM**

- ☺ Baby Storytime *Friday, August 19, 10:30 AM*
- ☺ PJ Storytime *Tuesday, August 23, 6:30 PM*

Teen Programs

- ☺ **Make it and Take it Teen Crafts**
Fridays - free supplies provided.
- ☺ **Do you want to bring your family closer together?** Try Wii & PS3 games!
- ☺ **Saturday Family Crafts 11 AM**
Aug 6 Pet Treats Aug 13 Crochet Fun
August 20 Soapmaking
August 27 Pot Holder Looms

Adult Programs

- ☺ **Club Leyendo Juntos Bikini** de James Patterson. *Participa uniéndote a nuestro blog:*
<http://www.crestlibrarymysterybookclub.blogspot.com>
- ☺ **Mystery Book Club Swimsuit** by James Patterson. *Submit your comments on our blog!*
- ☺ **Free Computer Classes**
Basic *11 AM* - Intermediate at *11:30 AM*
Call Rosi for appointment 619-442-7083

Unete a el Club de Lectura

de Verano 2011

Check out our Antique Toy Exhibit!

Crest Branch hours

Tuesday 12:00 – 8:00
Wednesday 9:30 – 6:00
Thursday 9:30 – 6:00
Friday 9:30 – 5:00
Saturday 9:30 – 3:00
Sunday & Monday CLOSED

Special recognition to all our valuable sponsors: LEGOLAND -
Jack in the Box - Rubio's Restaurant - Del Taco -

All Library Program are subject to change or cancellation without notice.
Todos los programas de la biblioteca son sujetos a cambio o cancelación sin aviso

CCA thanks George Bowlby Electrical Contracting for Supporting the July 4th Event.

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Ham Radio in Crest

On April 30th JustRuns 4 Wheel Drive Club sponsored a one day (8 hour) class at Crest Elementary School for Crest residents and others interested in getting their Amateur Radio Operator's license (Ham Radio). The 8 hour class covered all the information needed to pass the test for the license. Immediately following the class the Federal Communications Commission test was administered. Out of 27 people who took the class, 25 successfully passed the test.

Ham Radio can provide emergency communications during disasters when no other means of communication is available. If there is enough interest, JustRuns is considering sponsoring another class in Crest this Fall.

If you are interested in taking the class, email Roger Mullins mullinsr@cox.net and put "Fall Ham Class" in the Subject.

A New Face on an Old Scam Costs Consumers Thousands!

By The Crest Computer Guys

The Crest Computer Guys have noticed a frightening increase in fake antivirus programs installed on client's computers and would like to set the record straight. Everyone has seen the commercials, the claims about how this revolutionary antivirus software, or PC Cleaner, can make a seven-year old computer run as fast as a brand new one. Be warned, viewers. This program is nothing but a well advertised scam! These "registry cleaners", fake fix-all for computer woes, use people's fear of getting viruses to rake in the money. In fact, most people with internet have seen a pop-up window claiming "*CRITICAL ERROR MESSAGE! – REGISTRY DAMAGED AND CORRUPTED*". If they continue further, the ad gives them some forty "Critical Errors" and tries to pitch its product. Countless frustrated computer owners end up paying \$40-60 on this registry cleaner program that wasn't necessary in the first place. These scare tactics are being used more and more across the internet and while some of these companies have been put to justice, others still roam the world wide web, looking for their next prey.

The only program that is needed to protect your computer is a good antivirus software, such as ESET NOD32 or MS Security Essentials. Many advertised registry cleaners and other fake fix-all tend to be lackluster or outright fake, especially those that broadcast malicious popups over the web. While a few of these programs that have faced their dues, many more lurk in the internet and television. A particularly famous discovery was made by an Allen Harkleroad, a concerned consumer advocate testing several of these registry cleaner programs. He began the test by installing the program on a brand new, never-been-used PC. After installing the program, it detected over 3,000 critical errors. Mind you, this computer had never been used previously. Lawyers representing the parent company of these antivirus programs sent a take-down notice, claiming the test to be "false and potentially defamatory".

Interestingly enough about these programs are the ways they try to avoid getting uninstalled. As soon as you agree to fix the problems, or uninstall for that matter, they start to force you through a payment process. Even after going through all of that, the program is not completely gone. It can take a skilled computer technician several hours to remove a single one of these programs. Programs like this can cause your personal information to be released on the internet, opening you up for fraud and identity theft.

We at Crest Computer Guys would like to encourage one to please think twice, even three times before you jump into paying a lot of money out of fear. If you have any questions, feel free to give us a toll-free call at (800) 571-9645 or email us at info@crestcomputerguys.com. Computers can be tough, but with knowledge and a few guys to help, you can be free from scare tactics.

The Crest Computer Guys would like to thank the Crest Community for their support and will happily continue supporting the Crest Community.

To read more about Allen Harkleroad's review of these programs and their parent company, please visit: <http://goo.gL/QQh2u>

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CREST, CA

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CCA thanks PU-Products.com for Supporting the July 4th Event.

Crest Community Association



113 North Park Dr, Crest, CA
Paul Johnson, President, CCA

Phone (answering Machine: 44-CREST)

Mark Your Calendars for the upcoming CCA Events:

July 4	CCA Sponsored 65 th Annual July 4 th Parade and Event
July 6	No July dinner this month due to the 4 th activities
July 19 7:00 pm	CCA General Meeting – All Community Welcome!
July 23 7:00 pm	Music Night with David Silva, Tom Baird, Don Halte and Mountain Echo
August 3 5-7 pm	Dinner at the Clubhouse (TBD)
August 16 7pm	CCA General Meeting 7:00 pm – All Community Welcome!

CCA Membership Drive - July 1, 2011- June 30, 2012

Dear Present and Future Members,

July is almost here again; time to renew your memberships in the CCA for the 2011-12 year. It is especially important for all of us to renew this year.

Membership has been declining over the past couple years. While we know some of this may be due to the economy, we believe the issue is bigger than the economy. Fundraising efforts and clubhouse rentals have declined as well as participation in the monthly dinners and CCA meetings. **Please give us your input and your support.** The CCA and the Clubhouse is the hub for the community meetings and events. They also sponsor the July 4 event each year. Therefore, it is more important than ever that we receive your continued membership as well as participation to help ensure these future community events. Please consider asking your neighbors to support as well. It is a good subject to broach with "new" to the community neighbors. Support your community and it supports your family, especially in crisis times.

CCA memberships are the primary funds used to pay the clubhouse maintenance and utilities. Below is the membership form for 2011-12. You can mail it, drop it in the mailbox in front of the clubhouse, or bring your check to the July 4th picnic and look for the CCA membership table.

Respectfully,

Jackie Grace, Membership committee chairperson

JOIN THE CCA AND SUPPORT YOUR COMMUNITY CLUBHOUSE

The July 4th Event marks the beginning of the Crest Community Association Membership Drive (July 1, 2011- June 30, 2012).

Send this form in with your check made out to the Crest Community Association (CCA) or bring it to the park on the 4th.

Mailing Address: CCA 113 No Park Dr. El Cajon, CA 92021

Membership Levels

Lifetime \$500 Business \$50 Family \$35 Individual \$25 Senior \$12 (65+)

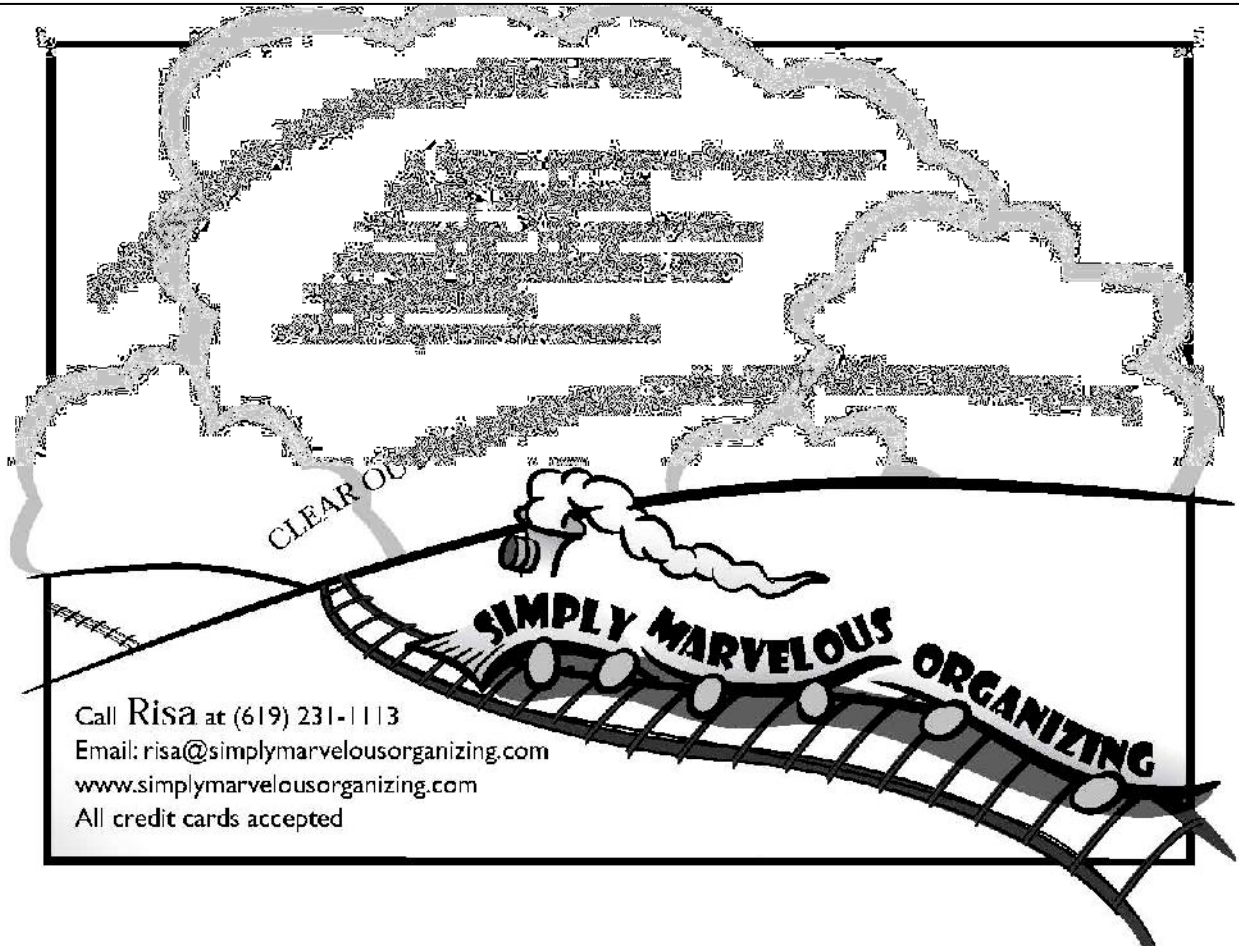
Name _____ Phone _____

Address _____ Email: _____

Interested in volunteering a little or a lot? Check area of interest:

July 4th Event CCA Dinners Music Nights Gardening Bunco

CCA thanks Simply Marvelous Organizing for Supporting the July 4th Event.



Call Risa at (619) 231-1113
Email: risa@simplymarvelousorganizing.com
www.simplymarvelousorganizing.com
All credit cards accepted

MUSIC NIGHT

at the Crest Clubhouse
Saturday, July 23 from
7:00 – 9:30

Featuring:

David Silva and Tom Baird
Mountain Echo with our very own Don Halte

Bring your own snacks and beverage and join us
At the clubhouse for a great night of Music
All Crest Residents Invited



Volunteer of the Month

A special thank you to Wayne Johansen
for his ongoing help with the Crest Community
Clubhouse landscaping.



About Crest

Helping our Troops

By Linda Hjelle

Meet Crest residents, Talia Smith and her Dad, Rick. Recently, one of their neighbors wrote to The Crest Sun

regarding their noble endeavor to make life better for those serving in Afghanistan. I knew immediately this was a fitting story to share with our Crest readers in our July 4th issue!!

Both Talia's husband, Xavier and her brother are currently serving in Afghanistan. The concept for their special project first started when Xavier responded to his wife's request for a list of items he would like to have included in a "care package" from home. This is when she learned just how challenging life could be in his new living environment. With no running water in the area, his top priority request was for baby wipes, foot powder, socks and sunscreen! Candy? No, he'd rather have canned food, vegetables and fruit; a change from the daily MREs (meals ready to eat). Talia's brother, located in another camp, requested repellent as a high priority among his requests.

After hearing of their needs and knowing that these treasured packages from home were shared with their fellow soldiers, Talia and her Dad decided to take these "care package" to another level. With a little more effort, why couldn't they make the entire platoon just a bit more comfortable? Over the past month, they set out to see just how much they could accomplish! With the assistance of friends and by setting up a table near a local discount department store, they were able to gather enough goods and shipping donations to send out 72 boxes to the troops! An equal amount has been collected and packed and is ready to mail as soon as they gather enough funds to ship. Each box costs approximately \$10 to mail. They plan to continue this project as long as they can! **Thank you Rick and Talia for all your efforts to help our troops.**

Interested in helping out? Their current top priority need is donations for shipping. Here is their current list of luxury items they are collecting: Additional needs include baby wipes (unscented), 2" wide clear packing tape, Crew Socks (white) Snacks (no candy or chocolate), canned food and vegetables, Mandarin oranges (canned), Gatorade powder, Jerky, Hilshire farms sausage/crackers, Canned cheese (aerosol), bug spray, sunscreen, Gold Bond foot powder Special need: camping chairs. **If you would like more information regarding their project, contact Rick or Talia at (619)631-9155.**

Griselda's Corner

by Griselda Layman

Have you noticed that time seems to go by faster, or life span seems to be shorter? What is different today from 25 years ago? I recently read an article written by author and traveler Dan Buettner who wrote an article for National Geographic, in which he described what he calls "Blue Zones." These are regions in the world in which the population live a longer healthier life due to several factors. The people seem to live up to 100 years old, with a better quality of life. Here are his findings:

Move-----Find ways to move around.
 Plant Power-----Eat more veggies, less protein and processed food.
 Plan your life-----Know your purpose in life.
 Downshift-----Work less, slow down, rest, take vacations.
 80 Percent Rule-----Stop eating when you're 80 percent full.
 Belong-----Create a healthy social network
 Beliefs-----Spiritual or religious participation
 Your Tribe-----Make family a priority.

Buettner's findings have been published in his New York Times best-selling book, The Blue Zones. Some times we are so stressed out we forget to live a better quality of life. I bet you have some funny experiences to share. How about when we are in such a hurry, we accidentally grabbed the hair cream rinse tube and brushed our teeth with it? Mmmm, that smells good!! Oh No! It tastes horrible!! Or have you ever been in the shower and applied hair cream rinse to your hair but forget to rinse it out?

I invite you to take time to relax, be thankful, and enjoy the day. Who knows, maybe we will live a longer happier life.



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Crest Real Estate Update



Residential

Recently Sold

225 Lento Lane	\$119,000
2148 Alegria Drive	\$200,000
804 La Cresta Heights Court	\$272,000
238 Highline Trail	\$340,000
212 Lilac Drive	\$370,000

Vacant Land

Recently Sold

No vacant lots/land have recently sold.

Real Estate Terms You Should Know

- **AMENDMENTS:** A change-either to alter, add to, or correct-part of an agreement without changing the principal idea or essence.
- **APPRAISAL:** An estimate of value of property resulting from analysis of facts about the property; an opinion of value.
- **ASSUMPTION:** Taking over another person's financial obligation; taking title to a parcel of real property with the Buyer assuming liability for paying an existing note secured by a deed of trust against the real property.
- **BENEFICIARY:** The recipient of benefits, often from a deed of trust; usually the lender.
- **CLOSE OF ESCROW:** Generally the date the documents are recorded and title passes from Seller to Buyer. On this date, the Buyer becomes the legal owner, and title insurance becomes effective.
- **COMPARABLE SALES:** Sales that have similar characteristics as the subject real property, used for analysis in the appraisal. Commonly called "comps."
- **DEED OF TRUST:** An instrument used in many states in place of a mortgage.
- **DEED RESTRICTIONS:** Limitations in the deed to a parcel of real property that dictate certain uses that may or may not be made of the real property.
- **EARNEST MONEY DEPOSIT:** Down payment made by a purchase of real property as evidence of good faith; a deposit or partial payment.
- **EASEMENT:** A right, privilege, or interest limited to a specific purpose that one party has in the land of another.
- **HAZARD INSURANCE:** Real estate insurance protecting against fire, some natural causes, vandalism, etc., depending upon the policy. Buyer often adds liability insurance and extended coverage for personal property.
- **IMPOUNDS:** A trust type of account established by lenders for the accumulation of borrower's funds to meet periodic payments of taxes, mortgage insurance premiums and/or future insurance policy premiums, required to protect their security.
- **LEGAL DESCRIPTION:** A description of land recognized by law, based on government surveys, spelling out the exact boundaries of the entire parcel of land. It should so thoroughly identify a parcel of land that it cannot be confused with any other.
- **LIEN:** A form of encumbrance that usually makes a specific parcel of real property the security for the payment of a debt or discharge of an obligation. For example, judgments, taxes, mortgages, deeds of trust.
- **MORTGAGE:** The instrument by which real property is pledged as a security for repayment of a loan.
- **PITI:** A payment that combines Principal, Interest, Taxes, and Insurance.
- **POWER OF ATTORNEY:** A written instrument whereby a principal gives authority to an agent. The agent acting under such a grant is sometimes called an "Attorney-in-Fact."
- **PURCHASE AGREEMENT:** The purchase contract between the Buyer and Seller. It is usually completed by the real estate agent and signed by the Buyer and Seller.
- **QUITCLAIM DEED:** A deed operating as a release, intending to pass any title, interest, or claim which the grantor may have in the property, but not containing any warranty of a valid interest or title by the grantor.
- **RECORDING:** Filing documents affecting real property with the County Recorder as a matter of public record.

Data from Sandicor, Inc. and the San Diego Recorder's Office effective June 9, 2011 represents properties listed or sold by various brokers. While believed to be reliable, it cannot be guaranteed. If your property is currently listed, this is not meant as a solicitation.



1335 La Cresta Blvd., Crest, CA

619-444-7504

Friendly Service

Wide Selection of Groceries

Beverages and Ice

Beer, Liquor, Coolers

Large Wine Variety

We have lots of new items and notions

Stop here first before you go down the hill!



***Thank you for stopping at Rainbow Farms Market
And shopping on the "Hill"***

CCA thanks Rainbow Market for Supporting the July 4th Event.

E-Crest-rians

By Kandhy Franklin

DEADLY EQUINE VIRUS - ALL HORSE PEOPLE
PLEASE READ

by [Top Hatt Equine Center](#)

There has been an outbreak of a horrid equine disease: Rhino EHV-1 (Equine Herpesvirus). This is a mutant strain of the neurological variation of Rhino. There is no vaccine for it, and it is lethal. There are multiple confirmed deaths due to EHV in Arizona, California, Utah, Colorado, Canada, Idaho, and unfortunately it is spreading like rapidly. It is believed that a horse with the virus attended the NCHA Western National Championship cutting in Ogden, UT and has caused a massive cross contamination. All the horses that die or are being treated were vaccinated for Rhino. It doesn't matter because this strain does not respond to any vaccine. The first death was a Canadian cutting horse that attended the Ogden show. There have been more deaths in Weld County, Colorado. A barrel racing stable has a confirmed case which shows that the virus is rapidly spreading through different disciplines and venues. CSU is now full and most vets are not accepting Rhino horses and have considered consulting worldwide experts in this matter. ***This is considered an emerging disease which is behaving in an extreme manner.*** A similar outbreak occurred before at CSU despite the fact the school runs one of the nation's top veterinary biosecurity programs. The EHV virus spread out of control to over 20 equine patients on the premises.

The EHV-1 organism spreads quickly from horse to horse and the neurologic form of the virus can reach high mortality rates. The incubation period of EHV-1 is typically 2-10 days, but there has been a case of a horse showing symptoms as many as 12 days after contamination. In horses infected with the neurologic strain of EHV-1, clinical signs may include: nasal discharge, discoordination, hind end weakness, recumbency, lethargy, urine dribbling and diminished tail tone. Prognosis depends on severity of signs and the period of recumbency. There is no specific treatment for EHV-1. Treatment of symptoms may include intravenous fluids, anti-inflammatory drugs and other appropriate

supportive treatment. Currently, there is no equine vaccine that has a label claim for protection against the neurological strain of the virus.

Horse-to-horse contact, aerosol transmission, and contaminated hands, equipment, tack, and feed all play a role in disease spread. They cannot stress enough about the cross contamination. This deadly virus can be on anything - your steering wheel in your truck, door handles, trailer latches, your purse, your hat, sunglasses, cell phone, soda or food wrapper, bucket, feed pan, hay bag, rubber bands, brushes, tack, boots, clothing. ANYTHING you touch or rub against could have the virus on it! PLEASE monitor your horses. The first symptom of this disease is a spike in temperature of 102 degrees. Horses with severe clinical signs of neurological EHV-1 illness are thought to have large viral loads in their blood and nasal secretions and therefore, present the greatest danger for spreading the disease. Immediate separation and isolation of identified suspect cases and implementation of appropriate biosecurity measures are key elements for disease control.

This is a serious matter that demands immediate attention. Horse owners becoming aware and knowledgeable about this detrimental outbreak is a necessity. ALL equine owners, trainers, and event producers MUST do our part to STOP the spread of this horrible mutant and deadly virus. Think seriously about hosting events within infected states and their bordering neighbors. Many national level events that are scheduled within the next month have been CANCELLED to STOP THE SPREAD of this disease.

This information is taken from very reliable sources. Below are links to articles you can read for more information. Please stay alert to the latest information.

<http://www.idahochoa.com/wp-content/uploads/2011/05/EHV-1-Alert-14May2011-ISDA.pdf>

http://www.nhacutting.com/ag/shows/pdf/cda_20110513.pdf

Crest Garden Club

Garden Club News



Our May trip to the water conservation demonstration garden at Padre Dam's headquarters was very enlightening. Connie gave us a guided tour with lots of info about the different plants. This garden just went in last fall and although some changes have been made since then it looks great and has filled in quite a bit. If you saw it last fall and missed this meeting then next time you're in Santee run over and check out the progress. If the office is open, go in and pick up the handout with all the plants listed. The address is 9300 Fanita Dr.

The June's meeting was held at Chris Seebold's home where we had a delightful garden tour and light lunch (see photo of her beautiful garden and view in this article).

The Garden Club meets the second Monday of each month at 10:00 am. Members take turns hosting and providing refreshments. If you would like information regarding joining the Garden Club, contact Arlene Palmer at 441-0187.

Call for your next Event
619-442-4022



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Structural Removals Include Repair and
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If no answer please leave a message

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FREE Estimates on New & Replacement Systems
100% Satisfaction Guaranteed on Everything We Do.
Turn to the Experts
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It's kept us in business this long.
WE OFFER REBATES & TAX CREDITS
Call for Details
619-444-9955 HEATING TOO
Toll Free
1-800-443-9136
Visit us at www.centralheatac.com

Free Electronic Recycling
June 25-26

Go Green: Recycle your electronic waste free helping our environment-and benefit kids. San Diego East County Chamber of Commerce hosts this free event June 25-26 at Parkway Plaza in El Cajon.



Dianne Jacob Speaks Out:

County Supervisor Dianne Jacob represents the people of the Second District which includes all of East County, the Ramona and Julian areas and the City of Poway. For more information contact Jennifer Stone (619) 531-4766

THE FOLLOWING STATEMENT MAY BE ATTRIBUTED DIRECTLY TO SAN DIEGO COUNTY SUPERVISOR DIANNE JACOB ON THE PASSAGE OF STATE ASSEMBLY BILL ABX1 29 (BLUMENFIELD), WHICH WOULD UNFAIRLY IMPOSE AN ANNUAL PARCEL OF TAX OF UP TO \$150 ON RURAL PROPERTY OWNERS:

Once again, members of California’s desperate legislature are unfairly targeting rural property owners to make up for the State’s inability to balance its budget and adequately fund fire protection. The bill amounts to double taxation because these property owners are already paying for fire protection through their property taxes. Many residents are paying additional taxes to their local fire districts. Some are victims of the 2003 and 2007 fires so these folks would be getting burned twice. The bill provides zero additional services and fleeces rural property owners while allowing legislators to avoid prioritizing the state’s most basic responsibilities.

Visit us at the Clubhouse on July 4th

The Crest Historical Society meets the first Tuesday of each month at 1 pm at the library.



(Do you have old photos or stories to share?)

Join the Crest Historical Society

The Crest Historical Society (CHS) works to preserve and share Crest History with the community. CHS is always looking for new members. There is one general meeting a year. A monthly workshop meets the first Tuesday of each month at 1 pm at the Library.

Members receive ECHOES, the newsletter, 4 times a year. For information call Dorothy Miller 444-0968

Did you know...

This is a photo of George O'Dell and his 1938 Nash Lafayette parked in front of Sal Arbassio's Suncrest Market. George bought the Nash at Sailor Mains for \$35.00.

Support the Crest Historical Society, Inc

Membership Form includes a monthly newsletter

- _____ \$2.50 (over 65)
- _____ \$5.00 (under 65)
- _____ \$10.00 Family

- _____ \$15.00 Non-Profit
- _____ \$25.00 Corporation/Business
- _____ \$100.00 Life Member

Name _____

Address _____

City/State/Zip: _____

Phone: _____ E-Mail _____

Make check payable to: Crest Historical Society P.O Box 2182 El Cajon, CA 92021

Sign up for the Historical Society at the July 4th event and check out Crest’s History!

A Little Bit of This...

A Little Bit That...



Marie's Painters held their second annual Art Show on May 7 at the Clubhouse. There was some beautiful work displayed for sale.

We are lucky to have such a talented group of ladies being inspired by our community.

Thank you Marie's Painters for displaying your work for our enjoyment.

Have I mentioned just how awesome Crest is!!!!



Kiwanis is once again hard at work supporting Crest School and the Crest K-Kids.

Thank you Kiwanis for all your efforts



The Earth Discovery Institute celebrated students, service and nature at the Crestridge Ecological Reserve on June 4. Lots of Cajon Valley kids and their families turned out to celebrate their contribution to helping the environment. (Pictured: Linda Hjelle helps student make recycled plantable wildflower paper during the event.)



Thank You LDS El Cajon Stake
LDS El Cajon State volunteered their time and did a super job of cleaning up South Lane Park and Crest School properties on April 30th. They turned out in mass to provide a great service to our community.

CCA thanks Crest Foods for Supporting the July 4th Event.

Tony's BB-Q, Deli & Pizzeria

619-444-8132

Pizza

Create your own pizza

	14"	18"
Cheese	\$8.99	\$9.99
1 Topping	\$9.99	\$11.99
2 Toppings	\$11.99	\$13.99
Toppings	\$1.50 each	\$2.00 each

Toppings

Ham, Mushrooms, Pepperoni, Olives, Onion, Bacon
Pineapple, Sausage, Bell Pepper, Jalapeño, Meatball,
Tomato

Specialty

	14"	18"
Veggie	\$14.99	\$16.99
Mushrooms, Olives, Onion, Bell Pepper, Pineapple		
The Works	\$16.99	\$18.99
Ham, Bacon, Sausage, Pepperoni, Mushroom, Pineapple, Olive, Onion, Bell Pepper, Jalapeño		
Meat Lovers	\$14.99	\$16.99
Ham, Pepperoni, Bacon, Sausage, Meatball		
Greek	\$14.99	\$16.99
Feta Cheese, Olive Oil, Garlic, Tomatoes, Basil		
BB-Q Chicken	\$14.99	\$18.99
BB-Q Sauce, BB-Q Chicken, Diced Tomatoes, Onion		
Hawaiian	\$11.99	\$14.99
Ham & Pineapple		

Now

Now

Salads

Chef Salad	sm \$2.99	Lg \$5.99
Lettuce, Ham, Turkey, cheese, tomato, & onion		
Garden Salad	sm \$2.99	Lg \$4.99
Lettuce, Tomato, Red Onion, Olive, Bell Pepper, Pepperchinis		
Greek Salad	sm \$2.99	Lg \$5.99
Lettuce, Tomato, Red Onion, Feta Cheese, Black Olive, & Pepperchinis		
Dressings: Ranch, Italian		

Deli Subs & Sandwiches

Ham & Cheese	\$4.99
Pastrami (Hot or Cold)	\$5.99
Roast Beef	\$5.99
Turkey & Cheese	\$4.99
Turkey & Roast Beef	\$5.99
Tuna Salad	\$5.99
Meatball	\$5.99
Chopped Pork with Coleslaw	\$6.99
BB-Q Chicken with Coleslaw	\$5.99
Double Meat	\$2.00
Bacon	\$1.00

Now

BB-Q Ribs & Chicken

Grilled fresh daily & served all week!

Ribs

Full Slab Only	\$17.99	½ Slab Only	\$10.99
Full Slab Meal: 12-14 bones, & 2 Sides			
\$19.99			
Half Slab: 6-7 bones, 2 Sides			
\$13.99			

Chicken

Whole Chicken Only	\$9.99
½ Chicken Only	\$5.99
Whole Chicken Meal: with 2 Sides	\$11.99
Half Chicken Meal: with 2 Sides	\$6.99

Combo Special

Half Slab Ribs & Half Chicken, with 3 Sides	\$18.99
---------------------------------------------	---------

Family Feasts (Meat only)

2 Slabs of Ribs & 1 whole Chicken	& 2 litre soda	\$44.99
2 whole Chicken & 1 Slab of Ribs	& 2 liter soda	\$35.99
Full Slab Ribs & One Whole Chicken	& 2 litre soda	\$25.99

Sides

Macaroni Salad, Potato Salad, Italian Pasta Salad, Baked Beans, Coleslaw	\$1.99 each
3 Side Combo	\$4.99

Crest Foods

Prices are subject to change

Turkey Club – Turkey, Swiss, & Bacon	\$5.99
Italian Sub- Ham, Salami, & Provolone	\$5.99
Tony's Pizza Sub – Any Pizza Topping, Sauce & Cheese hot from the oven	\$4.99
The Dave – Lettuce, Tomato, Onion, Olive,	\$4.99
Mushroom, Green Pepper, Cheese, & Italian Dressing	

Cheeses: Swiss, Provolone, Cheddar, & American
Fixens: Lettuce, Tomato, Onion, Pepperchinis, Olives,
Mayo, Mustard, & Italian Dressing
Bread: 8" sub roll, White, Wheat, & Sourdough

Special: 12" two topping pizza - \$4.99
Call: 444-8132



**CREST-DEHESA-GRANITE HILLS-HARBISON CANYON
SUBREGIONAL PLANNING GROUP.**

Mailing address: P.O. Box 21489, El Cajon, CA 92021
e-mail: wrplanning@aol.com website: www.crestplanning.org

The mission of the sub regional planning group is to advise and assist the Director of Planning, the Planning and Environmental Review Board, the Zoning Administrator, the Planning Commission and the Board of Supervisors in the preparation, amendment and implementation of community and sub-regional plans.

Meetings are held the 2nd Monday of each month at 7:00 pm. Locations rotate between the Dehesa Fire Station, The Crest Community Center, and the Harbison Canyon Community Center. . Meeting agendas, minutes, locations, and planning commission documents may be found on their website at www.crestplanning.org. The website can also be accessed by going to the www.thecrestsun.com website and clicking on planning group or organizations.


The Following are segments from the April 11th, 2011 minutes regarding Crest. For a full copy of the minutes go to www.crestplanning.org

Item 4. Committee Reports. Equine Ordinance Development (Walls and Riggs). Wally Riggs and Lory Walls attended the County's Equine Stakeholders Meeting that was held on 30 March 2011. They explained to the Group that the County wants to ease its regulations concerning the keeping of horses, to make things more user-friendly for property owners with horses, and also to allow small scale boarding of other people's horses without requiring expensive permits. The Stakeholders Group discussed three different options the County favors, and Riggs and Walls explained these to the Planning Group. Planning Group members expressed the concept that there needs to be some limit to the number of horses allowed in a given area, and generally favored the Tiered Ordinance Option with an enforced Best Management Practices component for assuring satisfactory manure and vector control. Chairman Riggs announced he would email the Group's consensus preference for the Tiered Ordinance Option with Best Management Practices as input to the County for its equine ordinance development.

Item 7a. Unfinished Business. Preservation of the Stone Monument at La Cresta Road and Park Drive. Chairman Riggs informed the Group that the property owner who wanted to move the Stone Monument could not be present at the meeting, so he was continuing the item to the agenda of the May meeting. Pat Ulm reported that the property owner is having a survey done to determine on which property the Stone Monument is actually located. Riggs reported that the property owner plans to forward the survey results to him as soon as they are available. The Group took no action.

The Following are segments from the May 9th, 2011 minutes regarding Crest. For a full copy of the minutes go to www.crestplanning.org:

Item 7a. Unfinished Business. Stone Monument at Corner of La Cresta Road and Park Drive, discussion and action about preservation. Chairman Riggs reported that the property owner has not obtained all of the necessary information concerning its actual location with respect to property boundaries, and is not ready for making a presentation to the Planning Group. Riggs continued this item to the June meeting.

	<p style="text-align: center;">Do You Own Me?</p> <p>This beautiful cat has adopted us on a part time basis.</p> <p>Please contact us if you are the owner. Seen in the neighborhood of Suncrest Blvd at West, south of library. 619-246-4300</p>
-------------------------------------------------------------------------------------	------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

Lenardo Pizzeria & Restaurant

1331 La Cresta Blvd, Crest 92021
 Call 444-1389 or 444-0992



CCA thanks Lenardos for Supporting the July 4th Event.

PIZZA:	Medium 14"	Large 18"	Giant 28"
Cheese Only	\$8.99	\$12.99	\$19.99
One Topping	\$9.99	\$13.99	\$22.99
Vegetarian (Mushroom, Onions, Green pepper & Olives)	\$13.99	\$15.99	\$25.99
Greek Pizza (Fresh garlic sauce, Mozzarella cheese, Feta cheese, Gyros meat & Basil)	\$14.99	\$16.99	\$25.99
The Works (Pepperoni, Canadian bacon, Sausage, Onion, Mushroom, Green pepper, Black olives, Pineapple and Jalapeno)	\$16.99	\$20.99	\$29.99
Calzone (Mozzarella, Ricota, & Parmesan cheese)	\$9.99		
Additional topping:	\$1.25	\$1.75	\$3.00

Subs & Sandwiches

Ham & Cheese	\$5.49
Turkey & Cheese	\$5.49
BLT	\$5.49
Vegetarian Sub	\$5.49
Italian Sub (Ham, Salami, & cheese)	\$5.99
Club Sub (Turkey, Bacon & Cheese)	\$5.99
Roast Beef Sub	\$5.99
BBQ Sandwich	\$5.99
Meat Ball Sub	\$5.99
Italian Sausage Sub	\$5.99
Gyros Sandwich	\$5.99
Ham, Turkey & Cheese	\$6.99
Lenardo's Special Sub (Roast Beef, Turkey, & Cheese).....	\$6.99

ALL SUBS SERVED W/LETTUCE, TOMATO, ONION, PEPPERONCINE, & ITALIAN DRESSING

Salads:

Garden Salad.....	\$4.49
Antipasto Salad.....	\$5.59
Greek	\$5.99
Salad.....	
Chef Salad.....	\$5.99

Pasta: (All served with Breadsticks)

Lasagna.....	\$6.49
Spaghetti w/ Meatballs.....	\$6.49
Meat Ravioli.....	\$6.49
Cheese Ravioli.....	\$6.49

Combo: (All Combos served with Fries and Salad)

½ lb Hamburger Combo	\$5.99
½ lb Shrimp Combo	\$5.99
Chicken Sandwich Combo	\$5.99
Fried Chicken Combo	\$5.99
Fish & Chips Combo.....	\$7.49
Gyro's Combo.....	\$7.49
Hot Wings Combo	\$7.49
Philly Steak Combo (Steak meat, mushroom, onion, green pepper & Cheese)	\$7.49
Philly Chicken Combo (Breast chicken, mushroom, onion, green pepper, & cheese).....	\$7.49

Community Worship in Crest



Crest Community Church

2198 Suncrest Blvd,
Phone: (619)-442-3736
Pastor Tony Lambert

Services:

9:30 a.m. Sunday School for All Ages
10:45 a.m. Worship Services - Sunday
6:30 p.m. Wednesday Bible Study/Awana
Friday Evening Youth Group 6-9 pm

Movie Night at Crest Community Church

Mark your calendars for Movie Nights on July 15th and August 19th at 7:00 pm. This family event will be held on the lawn at the church at 7:00 pm. Bring your chairs or blankets to sit on.

July 2 - 8 am Men's Breakfast
July 15 - 7 pm MOVIE NIGHT
July 18-22 - 6:30-8:45 pm
BS "BIG JUNGLE ADVENTURE"

Aug 6 - 8 am Men's Breakfast
Aug 13 - 11 am Ladies Luncheon
Aug 19 - 7 pm MOVIE NIGHT (Last one for the summer)
Aug 20 - 8 am Work Day

There are a lot of fun and exciting things getting ready to happen at Crest Community Church. We want to reach out to this community. We look forward to meeting you sometime in the near future. Please come by and visit us.



St Louise de Marillac Catholic Church

2005 Crest Drive –
Phone: (619) 444-3076,
Fax: (619) 440-1325
Fr. Justin Langille, Pastor

Regular Weekend Services (SEP-MAY):

Saturday..... 5:30 PM
Sunday..... 8:00 AM and 10:30 AM
Daily Mass: 8:00 AM (Mon-Thu)

In Memory

The Crest Community is saddened to hear of the passing of Pastor Fairweather. Pastor Fairweather served at Crest Community Church for several years. He will be missed by all.

TIP: A good website to visit: www.shelflifeadvice.com

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- Full..... \$65



Appointments and Walk-in's Welcome



After Hour Appointments Welcome



Complimentary Wine



Manicures & Pedicures Available

Color:

- Weaving
- Highlights
- Frosting
- Tint
- Cellophane

Hair

Straightening:

- Chemical
- Relaxing
- Temporary Hair pressing

Kathy Kaderabek
 339 Lila Lane
 El Cajon, CA 92021
 (619) 447-1945



Call for your appointment today!
 (619) 447-1945

CCA thanks Kathy Cuts for supporting
 the July 4th Event.

Editorial

I remember an article in the Crest Sun newsletter about just letting your neighbors know nicely that their dogs were keeping a new resident awake after moving into the quiet neighborhood of Crest. Well we've been up here several years and I finally distinguished between the two departments where to direct our complaints of noise from dog(s) barking. The animal control doesn't have the time to handle dog(s) noises. The noise abatement (dog), number is in the Crest Sun finally (858)694-3741 and I might mention you get a real live person and someone who takes action. It should be published that there is an Ordinance and it will alert you to a problem of which you may be unaware. You may wish to take corrective action if there is any reason to believe that you may be in violation. Sections of the Ordinance pertaining to animals including the following:

Section 36.414. General Noise Regulations(c) **DISTURBING, EXCESSIVE, OR OFFENSIVE NOISES.** The following acts, among others, are declared to be disturbing, excessive and offensive noises in violation of this section.

(6) **ANIMALS,** Owning, possessing or harboring an animal which by any frequent or long continued noise causes annoyance or discomfort to a person of normal sensitivity in the vicinity. The written affirmation by two persons having separate residences that an animal has caused frequent or long continued noise, that has caused them annoyance or discomfort shall be prima facie evidence of a violation of this section. This subsection does not apply to animal noise emanating from a legally operated animal hospital, humane society, County Department of Animal Services facility, farm or other agricultural facility keeping animals.

There is also County of San Diego Section 36.404. Should further complaint be registered against you, it will be necessary to perform an investigation. Should evidence indicate a violation of the regulations, you could be subject to criminal prosecution through the District Attorney's Office.

If you have any questions, contact the Noise Control Office at (858)694-3741. You can also visit the website, at www.sdcce.org. You might mention this in your next Crest sun newsletter. I wish I would have known about it years ago. Thank you!
 Trish McKenna-Weir
 Crest,

Crest Crime Log

Crest Crime Log - www.crimemapping.com		
4/26 7:20 pm	Assult w/ deadly weapon – not firearm	2100 BI Suncrest Blvd.
4/27 6:30 pm	Grand theft	1300 BI HorseMill Canyon Rd
4/28 12:00 pm	Vandalism	14600 BI Rios Canyon Rd
5/03 5:00 pm	Burglary	1000 BI Harbison Canyon Rd
5/04 7:00 pm	Burglary	1000 BI Harbison Canyon Rd
5/07 1:30 pm	Petty Theft	2200 BI Eucalyptus Dr
5/14 8:00 am	Personate to get money	2100 BI Crest Dr
5/16 2:00 pm	Battery on Person	300 BI La Cresta Hts Rd
5/17 1:00 am	Burglary (Vehicle)	200 BI La Cresta Rd
5/18 8:30 pm	Burglary	1500 BI Vista de Montemar
5/21 11:30 pm	Grand Theft (Vehicle)	8200 E BI County Dr
5/31 11:19 pm	Grand Theft (Vehicle)	200 BI East Lane
6/04 8:30 am	Burglary	2400 BI Suncrest Blvd
6/12 12:00 pm	Get Credit/other id	300 BI Alta Lane

Residents: Please note and report any suspicious activity!

INCREASE THE VALUE OF YOUR HOME WITH REMODELING!

- Kitchen
- Bath
- Doors
- Windows
- Custom Cabinet Work
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All work is done by the contractor!
East County Remodeling Contractor with 30 Years
Experience in the business

GARY DYKSTRA CONSTRUCTION

Lic # B52784S

619-992-6334

or

619-741-1003

From the Alpine Sheriff's Office

In the past few weeks a mountain lion has been spotted in the Alpine area!!! Please contact the Sheriff's non-emergency number, 858 565-5200 immediately upon the sighting, especially if there is an immediate threat to the community. Last year we received the information days later.

Keep Safe!

Paula H. Dickenson, USN, Retired
Crime Prevention Specialist
Alpine and East County Rural
2751 Alpine Blvd
Alpine, CA 91901

(619) 659-2608/paula.dickenson@sdsheriff.org

East County Summer Concerts Guide 2011

Alpine Concerts in the Park - Starts on June 26, 2011; various dates; all start at 5:30pm.

Alpine Community Center, 1830 Alpine Boulevard

Cajon Concerts on the Green - Begins May 6, 2011; Friday concerts – 6:00 p.m. to 8:00 p.m.

Prescott Promenade, E. Main Street & Prescott Avenue

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Prescott Promenade, E. Main Street & Prescott Avenue

Other San Diego Concerts: <http://sandiegotraveltipsblog.com/2011/05/19/san-diego-free-summer-concerts-2011/>

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~REALTOR, LOAN CONSULTANT, NOTARY PUBLIC

Dear Neighbor,

I have spoken to several of you who are now letting your house go into foreclosure because you are not aware of the benefits of doing a SHORT SALE. Here are some key points:

- **Sell Your Home Quickly and Easily For Top Market Value**
- **Pay Absolutely No Commissions & No Closing Costs**
Avoid Foreclosure & Bankruptcy-Save your Credit on certain circumstances
- **Walk Away From Your Home With No Debt And No Tax Consequences**
- *****The Mortgage Tax Debt Relief Act was originally only slated to go until the end of 2008, however it has now been extended to the end of 2012***CERTAIN TERMS AND CONDITIONS APPLY TO THIS PLEASE CALL ME FOR SPECIFIC DETAILS*****



News from Crest Kiwans



- June 25th Kiwanis Community Breakfast All proceeds will go to support THE CREST LIBRARY SUMMER READING PROGRAM!
- Share summer plans with your friends and sign up to volunteer at the library.
- July 23rd Kiwanis Community Breakfast: All proceeds will go to support THE CREST HISTORICAL

SOCIETY and their Book Project-the History of Crest. (Kiwans donates and serves pizza to EDI for Student Festival)

- If you have stories or old photos, perhaps you might think about sharing copies them with the Historical Society.
- August 27th Kiwanis Community Breakfast!
See you all at the July 4th Crest Celebration! Have a safe summer!



Photo: Working hard, cooking and having fun at the Crest School end of year BBQ.

Crest School News



Board Approved 4/5/11, subject to further negotiations

Cajon Valley Union School District

Crest School & Los Coches Creek School Schedule 2011-2012

2011-2012 Schedule

08/18/11	School Opens to Public
08/22/11	First Day of School
09/05/11	Labor Day
10/10/11	No School
11/11/11	Veterans Day
11/21-11/25	Thanksgiving Holidays

12/19-01/09	Winter Break
01/16/12	Martin Luther King Holiday
02/13/12	President's Day (Lincoln)
02/20/12	President's Day (Washington)
04/02-4/13	Spring Break
05/28/12	Memorial Day
*06/12/12	Last Day of School

Grossmont Union High School District

Granite Hills Holiday Schedule 2011-2012

2011-2012 Schedule

09/06/11	First Day of School
11/11/11	Veterans Day
11/21-11/25	Thanksgiving Holiday
12/19 – 01-02	Winter Break
01/16/12	Martin Luther King Holiday

02/13/12	President's Day (Lincoln)
02/20/12	President's Day (Washington)
04/02-06	Spring Break
05/28/12	Memorial Day
06/20/12	Last Day of School

**Next Crest Sun Deadline:
August 20, 2011**

WISH TO ADVERTISE?

\$40 – Full Page \$25 – ½ Page
\$15 – ¼ Page \$5 – 1/8 Page
\$20 Website Link

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For questions, suggestions, or concerns regarding The Crest Sun newsletter or website, contact:

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The Crest Sun is available at: Crest Foods, Rainbow Market, Lenardo's Pizzeria, and Crest Library or online at www.thecrestsun.com

Don't forget to check out our terrific Crest Web site.

www.thecrestsun.com

View the Crest Sun Newsletter on-line which includes lots of information on local events, community concerns, articles, lost and found, electronic copies of present and past issues of the Crest Sun, ads and more. Plus you can see the Crest photos in color.



Email us your jpeg logo and web address to:
thecrestsun@cox.net

- Send your check for \$20 to The Crest Sun , 328 Lila Lane, Crest, CA 92021-4094
- Please add a note that you are advertising your link on the website.

TheCrestSun.com webmaster

Call Karin Weiss at
579-3951 or email webmaster@thecrestsun.com

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