



## A Newsletter for Crest

Volume 15

March- April 2013

Number 2

By Linda Hjelle



With spring right around the corner, Crest is as beautiful as it can be. I love seeing the lush green hillsides with wildflowers starting to pop up. Have you considered taking a walk down the Crest grade or through the Crest-ridge Reserve?

(Or perhaps a foggy/rainy walk on South Lane)

Perhaps you joined in on the recent 5K race held at Crestridge Reserve. Read more about this great event and Crestridge (pgs 28 and 21).



The new CCA Board was officially installed at the February general meeting. The Board presented Rick Bradt with a thank you gift for his years of service to the Crest Community Association and his service as rental manager for the clubhouse. We will miss you on the Board, Rick.

Another successful event was the CCA and library sponsored electronic recycling event held on January 6 at Nancy Jane Park. It sure surprised me how much electronic waste was packed away in Crest garages that came "rolling" down the street. It was fun to visit with Crest neighbors and have the opportunity to meet many Crest folks for the first time.. More information can be found on page 9.



Several volunteers stepped forward as a result of our request to help to make Crest a stronger community. A special thanks to Denise Cote and Dori Guzman, new Crest Sun writers and assistant editors helping to make my job as editor so much easier. I can already see the difference. Check out pages 5/6 for a list of our current CCA members and new volunteers. Did you plan on signing up to help but forgot? See page 23 for lots of July 4<sup>th</sup> volunteer opportunities.

We have a busy schedule of upcoming events in Crest this spring starting with the Kiwanis March 30th Easter egg Hunt and Pancake Breakfast. Get the details on this and other Kiwanis events on page 19.



Speaking of Easter, all of Crest is invited to attend the annual Easter Sunrise Service (since the 1930s) which will be held in Nancy Jane Park on March 31, 7:00 a.m. sponsored by our local church.

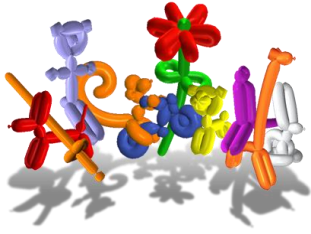
CCA provided the community with another outstanding dinner in February. YUM! Chile Verde, rice and beans is the featured menu for the March gathering on March 6. Check the calendar on pages 3/4 and plan to attend one of the many fun events scheduled in Crest.

On April 8 the Sub-regional Planning Group will be meeting at the clubhouse to discuss the Park Land Ordinance funds and the top items on the wish list for South Lane Park. They are asking for your attendance and input at this meeting.

Be sure to check out the library events on page 2 for many exciting community events. Remember the importance of utilizing our neighborhood library.

Another great music event is planned for Saturday, March 2 at the clubhouse sponsored by our Silva and Baird. See page 30 for additional information.

Interested in a Ladies Bunco Tournament? Email [editor@thecrestsun.com](mailto:editor@thecrestsun.com) and you might talk me in to planning one for April.



## **CREST LIBRARY EVENTS**

**March & April 2013**

### **Children's Programs**

PJ Story-time Tuesday March 19th and April 16th at 6:30 pm

Baby Story-time Every Friday at 10:30

### **Teen Programs**

Video Game Fun! PlayStation & Wii Afterschool

Afterschool Teen Crafts Fridays

Family Movies Friday Afternoon at 2:30 pm

### **Adult Programs**

Free Basic Computer Classes

Thursday from 11:00-12:00

Call for an appointment 619-442-7083

### **Adult Book Club**

March book of the Month is: *Hard Eight* by Janet Evanovich

April book of the Month: *4<sup>th</sup> of July* by James Patterson

Submit your comments on the book at the Library or online

at: <http://crestlibrarymysterybookclub.blogspot.com>

### **CLUB DE LECTURA**

Participa comunicando tú opinión en nuestro blog acerca

del libro, en Marzo: *Sobre la Pista* por Janet Evanovich

en Abril: *El Cuatro de Julio* por James Patterson

### **Family Craft Saturdays at 11 a.m.**

March 2nd Balloon animals

March 9th T-shirt decorating

March 16th Beeswax Candles

March 26 Wire Sculpting

March 30th Knitting

April 6th Hippie Swirls

April 13th Wire Sculpting

April 20th Glass Etching (bring a glass)

April 27th Paper Flower

**“Remembering the Fifties” display from April 24th to April 27<sup>th</sup>**



# Crest Contacts

<b>Crest Community Contacts</b>		
Crest Community Assn. ljjohnson@ucsd.edu	Lori Johnson	588-8806
New Seasons Church - Crest nscrest@gmail.com	Kerri Lambert (email)	442-3736
Crest Black Board (Call Mary if you do not get callback from Kathy in 24 hours)	Kathy	440-6097
	Mary	447-7199
Clubhouse Rentals <a href="mailto:rentals@thecrestsun.com">rentals@thecrestsun.com</a> Jackie – 442-1018	Lori Johnson (email)	588-8806
Crest Fire Safe Council crestfiresafecouncil@yahoo.com	Kandhy Franklin (email)	444-4996
Crest Garden Club <a href="mailto:Rold@sbcglobal.net">Rold@sbcglobal.net</a>	Arlene Palmer Marsha	441-0187
Crest Historical Scty.	Dorothy Miller	444-0968
Crest Kiwanis <a href="mailto:denplunkett@yahoo.com">denplunkett@yahoo.com</a>	Dennis Plunkett	335-7401
Crest Library <a href="mailto:paula.soltero@sdcounty.ca.gov">paula.soltero@sdcounty.ca.gov</a>	Paula	442-7083
Crestridge Reserve	Cathy Chadwick	749-5767
Crest School www.cajonvalley.net	Office (website)	588-3128
Crest Sun Newsletter <a href="mailto:editor@thecrestsun.com">editor@thecrestsun.com</a> Information <a href="mailto:winters72@hotmail.com">winters72@hotmail.com</a>	Linda Hjelle (email)	440-8540 517-9838
	Chris Seebold	447-5826
The Crest Sun website webmaster@thecrestsun.com	Karin Weiss (email)	579-3951
E-Crest-rians	Kandhy Franklin	444-4996
St Louise Church	Father Burnia	444-3076
Sub-Regional Planning. crestplanning.org	Judy Bowen (website)	440-0783
<b>Help Lines</b>		
Child Abuse Hot line	(800)	344-6000
Highway Patrol: Traffic Related Abandoned Vehicles	(858)	637-3800
	(619)	441-4264
Sheriff (non-emergency) Alpine Station Licensing Division	Dispatch (858)	565-5200
	(619)	659-2600
	(858)	974-2020
San Miguel Fire Dst Crest Fire Office Fire Marshal Public Info Officer Fire Chief www.smgfire.org	Business office.	670-0500
	Burn Permits	588-8112
	Marsha Larsen	660-5356
	Leonard Villarreal	660-5359
	(website)	660-5351
Adult Protective Svs	(800)	510-2020
Child Abuse Hot Line	(800)	344-6000
Animal Control	(760)	438-2312
Auto Repair, Bureau	(800)	952-5210

Border Patrol	(619)	662-7321
CALTRANS	(619)	688-6785
Code Enforcement	(858)	694-2705
Contractor's Board	(Fraud) (800)	321-2752
Crime Stoppers	(619)	531-1547
FBI (telephone scam)	(858)	565-1255
Fish & Game	(951)	443-2944
Illegal Dumping	(858)	495-5143
Noise Abatement (dogs), abandoned vehicles, solid waste complaints	(858)	694-3741
Planning & Land Use	(858)	694-3741
Poison Control	(800)	876-4766
Postal Police (mail)	MailFraud(877)	876-2455
Real Estate fraud/info	(619)	525-4192
Road Conditions	(800)	427-7623
Secret Service -Fraud	Currency/Credit	557-5640
Social Services	(619)	401-6000
SD Regional Center	(858)	576-2938
US Forest Service	(619)	445-6235

## Stores and Restaurants

Crest Foods	Kevin pg 14	444-8132
Rainbow Farms Mrkt	Mark –pg 8	444-7504
Sonora Mexican Food	Jim Pg 16	444-1389

## Advertisers

American Solar Direct	Steve – Pg 12	855-Solar
Bowlby Electric	George pg 12	440-3051
Crest Computer Guys	pg 18	800-571-9645
Crest Fire Wood	Johnny p10	234-4555
Kathy Kuts	Kathy – pg 19	447-1945
Kandhy Franklin	Glen Mitchell P 29	442-8833
Knox Reprographics	pg 32	230-6300
Lady Bug Lather	ladybuglather@ yahoo.com	Pg 10
Marvelous Organizing	Risa – pg 19	231-1113
Mystic Canyon Massage	Barbara pg 18	606-5879
Notary on the Spot	Betty pg 19	820-3062
Painting & Drywall	Randy p 10	445-4441
Real Estate & Loans SD Homes	Rayna –pg 7	922-2524
Rock a Betties	Brooke pg 24	579-0617
Soho Bookkeeping	Denise pg -10	(360)770- 0483

## Other

Duplex for Rent	Pg 10	448-4380
El Cajon Christian Schl	Pg 28	442-6544

MARCH 2013						
S	M	T	W	TH	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

APRIL 2013						
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7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

## Calendar of Events March-April 2013

03/02/13	7-10 pm	Music Night at the Clubhouse with David Silva
03/05/13	1:00 Tuesday	Historical Society Meeting– Crest Library
03/06/13	5-7 pm Wed	CCA Dinner
3/09/13	8-12 am	Special Olympics @ West Hills HS 8-12
03/11/13	11:00 am	Garden Club Meeting - Call Marsha for details 440-1167 (Member Garden Tour)
03/11/13	7:00 pm	Sub Regional Planning Group – CCA Clubhouse
03/12/13	7-8 pm	Crest Fire Safe Council Community Meeting – CCA Clubhouse
03/13/13	5:30 pm Wed	San Miguel Fire Protection District Board Meeting - 2850 Orange Way – Spring Valley <a href="http://www.smgfire.org/">http://www.smgfire.org/</a> for agenda
03/18/13	6:00 pm	Kiwanis Membership General Meeting – Clubhouse All invited
03/20/13	5:30 - Tues 7:00 pm Tues	CCA Board Meeting CCA General Meeting (Crest Community Association) – Clubhouse (Public invited)
03/23/13	8:00-10:00	Kiwanis Breakfast – Clubhouse – all invited
3/23/13	9-11	All About Crestridge – Interpretive Hike
03/30/13	8:00 am 8:30 am	Easter Pancake Breakfast – Kids Eat Free - Clubhouse Easter Egg Hunt by the Kiwanis – Preschool – 5 <sup>th</sup> grade
03/31/13	7:00 am	EASTER SUNRISE SERVICE @ NANCY JANE PARK
04/02/13	1:00 pm- TU	Historical Society Mtg – Library
04/03/13	5-7 pm	<b>CCA dinner</b>
04/08/13	9:30 – Mon	Crest Garden Club --Call Marsha for Details 440-1167
04/08/13	7:00	Sub Regional Planning Group – CCA Clubhouse
04/10/13	5:30 pm - Wed	San Miguel Fire Protection District Board Meeting - 2850 Orange Way – Spring Valley
04/15/13	6:00 pm	Kiwanis General Membership Meeting – visitors welcome – Clubhouse
04/17/13	6:00 - Tues 7:00 pm Tues	CCA Board Meeting CCA General Meeting (Crest Community Association) – Clubhouse (Public invited)
04/27/13	8-10:00	Kiwanis Breakfast – Clubhouse – all invited.
04/27/13	9-11 am	Butterfly Hike at Crestridge
Saturdays March/April: Family Craft Saturdays @ 11:00 am (See page 2 for details)		

Don't you just  
Love Crest?





# Crest Community Association

## Message from the CCA president Lori Johnson

Hi Crest Neighbors!

I'm two months into my term, and I have to say that getting involved in the CCA is even more rewarding than I anticipated! At every event and CCA meeting I am getting to know more and more wonderful people. If you haven't attended a CCA meeting, CCA Dinner, or other event, I hope you'll add these to your calendar. Our CCA Board meeting, as well as our community meeting is open to everyone; and our CCA Board is open to your suggestions and concerns. One suggestion from a community member is that we reestablish the Crest Welcome Wagon. I'm thrilled to say that our Vice President, Jennifer Coates will be spearheading this group. They will be getting together soon to discuss how best to welcome recent and future new residents.

Did you know that when scientists studied centenarians [people who live to be 100 or more], one of the common traits they found is volunteering. Volunteer work not only makes for a more rewarding life- it makes for a longer life! My hope is that each and every one of us living will take time to reflect on how lucky we are to be living in this beautiful community; and that we will see more people volunteering time and talent to make sure that our wonderful clubhouse and events like the July 4<sup>th</sup> Parade are preserved.

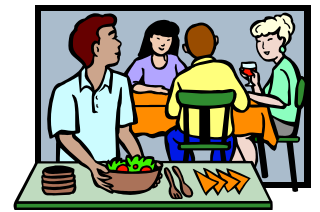
If you see me at a meeting or event, please introduce yourself.  
I'm looking forward to meeting you! Lori Johnson

### PIANO LOOKING FOR A GOOD HOME

The Board has decided to find a new home for the piano which is now located in the CCA Clubhouse. We would like to give it to a good home. It is in old but in good condition although it needs tuning. If interested, please email: [editor@thecrestsun.com](mailto:editor@thecrestsun.com) or leave a message on 44-Crest and we will return the call.

### CCA DINNERS: 5-7 pm @ Clubhouse

**March 6 – Pork Chile Verde, Rice and Beans**  
**April 3 - TBA**  
**Watch the Black Board for April menu**



## Thanks to all of you that took the time to respond!

I want to thank all the folks that step forward each and every day to make Crest special. I especially want to thank folks that stepped up this month to help fill our many vacancies and adjunct duties as a result of our request in the last edition of the paper.

- Roger Mullins – Thank you for helping to format and maintain our CCA data base
- Steve and Linda Chase – Thanks for volunteering to put the trash cans out each week.

Thank you Dennis Plunkett for helping out in this area for so long even when you weren't feeling well!

- Pam Miller has volunteered to help with a Bunco or Bingo game, (You will be hearing from me soon.)
- Shirley Watkins and Denise Cote stepped up to help set up and clean up at the last CCA dinner.
- Jocelyn Cowles volunteered to help with some of the club weeding.
- Jen Coates jumped right in and signed on to be a CCA Board member- whoopee!
- Anne McKittrick and Andrea Johnson baked killer cookies last month for the CCA dinner.
- David Jones provided wonderful acoustical guitar music to accompany last month's dinner. I hope this continues; it was super and he even donated his tips to the CCA!
- Pam Griggs volunteered to help set the timers in the CCA court yard garden.
- The Garden Club stepped in and did a fantastic job with weeding and pruning the CCA gardens.
- Risa Goldberg & Cheri Winters and friends and Glenna Evans are ready to volunteer as soon as we find their perfect volunteer jobs!.
- Dave Burnight is ready to help out with a new concept of a "Welcome Wagon" for new Crest residents. Kandhy Franklin jumped right in to help us find the new folks and Jen Coates is working to coordinate the efforts. Interested in helping out? Are you new to the community? Give us your input! Email:

[Editor@thecrestsun.com](mailto:Editor@thecrestsun.com)

(CCA – Continued from page 5)

I always run the risk that I left someone off my “Thank You” list. There are so many folks that jump in every day to do the little things to help coordinate the many functions. It is so rewarding and even more so when everyone gets to do just a little so it’s not so overwhelming for a few. A big thank you to all that joined the Crest Community Association this year. We are proud of our members! If we inadvertently left you off the list below, please contact Jackie Grace at 442-1018 ([mamma3@cox.net](mailto:mamma3@cox.net)) to make sure our records are correct and to give you the recognition you deserve in our next edition. If I’ve left off some spouses names, it’s not because we don’t love you, it was just the way the form was filled out.

**Thanks to the new CCA Board: President: Lori Johnson; Vice President: Jen Coates; Secretary, Linda Hjelle; Treasurer, Jackie Grace; 5<sup>th</sup> Board Member: Barbara Kingsbury-Sempsrott**

- |                                      |                                    |                           |
|--------------------------------------|------------------------------------|---------------------------|
| Amateur Radio Club of El Cajon       | Gnessin, Jay                       | Mitchell ,Pam             |
| Atkinson, Carol & Bobbie             | Goldberg, Michael & Robin          | Moore Norma               |
| Beeks, Cathryn                       | Goldberg, Risa                     | Mullins Suzanne & Roger   |
| Bilz, Bob & Lisa                     | Grace Jackie & Tom                 | Nelson Karen & Kevin      |
| Binley Sylvia                        | Green Joyce                        | Palmer Arlene & Gary      |
| Blake Lynn                           | Gruner, Carl & Dawn                | Plunkett, Dennis          |
| Bradt Rick & Marie                   | Halte Don & Barb                   | Ratzlaff, MJ Inc          |
| Bruner Sally                         | Harpenau, Ent (Gloria)             | Rebello, Ashley           |
| Bunsold, Pat                         | Harpenau, Jerry                    | Richardson, David         |
| Burnight, Jinny & Dave               | Hjelle, Linda & Jerry              | Richardson, Judy          |
| Burnworth, Karen & Bernie            | Holub Steve                        | Robinson, Rich            |
| Chadwick, Cathy                      | Hulbert Sandrax                    | Rold, Gary & Marsha       |
| Chase Linda & Steve                  | Johansen, Yo & Wayne               | Rosenberger Dena          |
| Coates Jennifer, Eddy                | Johnson, Gerald & Andrea           | Sawaya, Cathy             |
| Cowles, Joyce Lyn                    | Johnson, Guy & Jacky               | Silva, David/ Denise Cote |
| Crest Foods - Kevin Delly            | Johnson. Lori & Matt               | St Louise Church          |
| Dan Totte Pool Svs                   | Johnston, Mickey                   | Stark James               |
| Desmond, Dan & Gloria                | Kietzke, Jeremy & Jennifer         | Steckling, Kenneth        |
| Ebert Carl & Rose                    | Kingsbury (Sempsrott) Barb & Denis | Steveson, Sue & Jimbo     |
| Engelstad, Jack & Genia              | Knudsen, Clyde & Bonita            | Toth, Jennifer            |
| Engelstad, John                      | Livengood, Barry & Sharon          | Travis Gary               |
| Farris, Bill                         | Luhnow, Gail & Mick                | Ulm, Allen & Pat          |
| Fiedor Kathy & Rich                  | Miller Dot                         | Winters, Willa            |
| Franklin (Collins), Charlie & Kandhy | Milligan-Fox, Debbie               | Winters, Chris and Wally  |
| Garcia Maria                         | Minnich, John & Pat                |                           |
| Gilmore, Carol & Bill                |                                    |                           |

While membership runs from July 1 to June 30<sup>th</sup>, we would still love you to join. If we didn’t remind you enough, it is not too late. **Membership for the remaining year is half price.** We appreciate your support.

## JOIN THE CCA AND SUPORT YOUR COMMUNITY CLUBHOUSE

Note: Membership for the remaining portion of the 2012-13 year is now offered at Half Price – now through June 30<sup>th</sup>.

**Send this form in with your check made out to**

**The Crest Community Association (CCA) 113 North Park Drive, El Cajon, CA 92021**

**Membership Prices for January 1 through June 30, 2013**

### Membership Levels

\*Business \$25 \_\_\_ Family \$17.50 \_\_\_ Individual \$12.50 \_\_\_ Senior \$6 (65+)

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ Email: \_\_\_\_\_

Interested in volunteering a little or a lot? Check area of interest:

\_\_\_\_ July 4th Event \_\_\_\_\_ CCA Dinners \_\_\_\_\_ Music Nights \_\_\_\_\_ Gardening \_\_\_\_\_ Bunco

\*SPECIAL MID-YEAR PRICING

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O | 619.291.2229 x230  
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## Are you looking to **BUY** or **SELL** a home?

I am your hometown realtor

I've been a Crest resident for 14 years and

Familiar with the unique issues of buying and selling homes in our community

***I AM HERE TO ANSWER ANY OF YOUR QUESTIONS OR CONCERNS REGARDING  
THE REAL ESTATE MARKET, ANYTIME!***

***Crest Real Estate Activity for January 1<sup>st</sup> 2013-February 20<sup>th</sup> 2013***

MLS #	Status	Address	Bedrooms	Baths	SF	Year Built	List Price	List Date	Sold Date	Price		
130000887	ACT	337 Lento Ln	3	2	1704	1954	\$229,000 - \$229,999	1/3/2013				
130007939	ACT	1205 La Cresta Blvd	4	3	1920	1977	\$459,000	2/2/2013				
120040846	ACT	429 West Dr	VACANT	LAND			\$129,000	8/2/2012				<b>LISTED BY RAYNA MACK</b>
130000758	ACT	1212 LaCresta Blvd	3	3	2938	1953	\$549,000	1/4/2013				
130003456	PEND	240 Loma Vista Pl	3	1	804	1950	\$250,000	1/19/2013				
130007548	PEND	2147 Eucalyptus Dr	3	2	1600	1976	\$279,000-\$299,000	2/11/2013				
130002561	PEND	200 Lathrop Ln	3	3	1696	1958	\$369,900	1/15/2013				
130003021	PEND	2156 West Ln	3	2	2010	1973	\$410,000	1/16/2013				
120027006	SOLD	2014 W Crest Dr	3	2	1854	2005	\$215,000	5/5/2012	1/31/2013	\$222,000		<b>SOLD BY RAYNA MACK</b>
130000439	SOLD	209 Park Blvd	4	4	3050	2004	\$499,000-410,000	1/3/2013	2/11/2013	\$410,000		
120045595	SOLD	980 La Cresta Blvd	4	3	2902	1948	\$497,000	9/7/2013	1/23/2013	\$500,000		<b>SOLD BY RAYNA MACK</b>
130006084	CONT	1120 Hamlet Dr	3	1	960	1958	\$139,900	2/4/2013				
120057203	CONT	1093 La Cresta Blvd	2	1	1468	1952	\$199,900	11/14/2012				
120049758	CONT	2026 West Dr	3	2	1676	1972	\$255,000	9/24/2012				
120025071	CONT	280 Highline Trail	4	4	2041	2000	\$299,000-329,000	5/15/2012				
120043529	CONT	352 Sunnybrook Ln	3	3	2462	1994	\$400,000	8/27/2012				
120052718	CONT	258 Sunnybrook Ln	3	3	2530	1994	\$470,000	10/19/2012				<b>LISTED BY RAYNA MACK</b>



1335 La Cresta Blvd, Crest, CA

619-444-7504

## Rainbow Market

*Your Neighborhood Store*

*Serving the Community of Crest Since 1999*

Check our Lower Prices and Compare Milk,

Eggs, Cereal, Groceries, Beer, Wine

We beat...We match on the Hill prices

**Hours: 8:00 am to 9:00 pm (Sun-Thursday- Weekends till 10:00)**

ASK ABOUT OUR FREE ICE / FREE LARGE PIZZA DEAL

(With purchase)

We accept EBT, Visa, and ATM



***Thank you for stopping at Rainbow Farms Market  
And shopping on the "Hill"***



## Crest Tidbits:

**South Lane Park:** Did you happen to notice the large CCC crew working in South Lane Park in January? A big thank you to the California Conservation Corp for helping to keep our parks looking great while reducing our fire danger.

The San Diego CCA center has a longstanding relationship with the county of San Diego doing natural resource work. Trail construction and rehabilitation, construction of roads in local parks, and fencing along waterways and trails to improve public safety are among the many things they do for the county. **NOTE:** Of course our county park staff always is there for us too!!!

**Electronic Recycling a success!** Thanks to all who brought your electronic recycling to Nancy Jane Park on January 6<sup>th</sup>. Not only is it a great thing to do for the environment, but the CCA and Library received \$330 in recycling fees. The recycling event was such a great success that we have already scheduled a date for next January! CCA members were on hand to greet the folks and help with the paperwork working with the crew. Paul, Omar and Delbert were a delight to work with. The majority of the funds are earmarked to provide a water cooler for the library! Thanks to everyone who worked to make this event happen.



**Found:** Wedding Band at the Crest School lower play field. Call Oreen at 441-6442 or Crest School if this is yours. 588-3128.

**Thanks so much to the Garden Club** for spiffing up our landscaping. It looks gorgeous! They also graciously donated \$50 for new outside garden lights. You guys are super!

### What do you like to do in Crest in Spring?

Do you have a special hiking/biking trail or a special Crest activity you'd like to share with our readers? Send them to [editor@thecrestsun.com](mailto:editor@thecrestsun.com).

### Is it time to Exercise?

Come to our "Zumba-like" exercise video class on Wednesday 5:30-6:30 at the Clubhouse for \$1 (except on CCA dinner nights). It's a fun workout; come join us.



It's a sad day for the wine world! After 11 years, California Trader Joe has raised the Charles Shaw "Two-Buck Chuck" wine to \$2.49.

Have you met Kamil, the new counter guy at **Crest Foods**? He wants everyone to stop by and say "Hi" since he hears that Crest is such a friendly place. And don't forget to meet Lee if you haven't had the opportunity. Lee is the guy behind the counter making those great pizzas!.



Have you noticed how the **Kiwanis and Crestridge** seem to have coordinated their efforts for a fun Saturday morning? Hit the Kiwanis Breakfast at 8:00 am and then head on down to the Crestridge Reserve for at hike at 9:00 – Good planning guys!

### CCA Dinner receives Kudos

If you are interested in a unique dining experience, come to the next advertised Crest Community Association dinner. If you missed the last meal, you missed one of the best chicken and dumpling plates you could ever taste, prepared on-site and piping hot by Jackie Grace, Sally Bruner, and Terri Andrews.. Add the great cookies and brownies prepared by Anne McKittrick and Andrea Johnson and the dinner was a hit!. I especially enjoyed the music by Dave Jones. When you see the note on the blackboard for the next dinner, my personal recommendation is ... don't miss it! Jerry Hjelle

## Crest Fire Wood for Sale.

Oak and Eucalyptus  
Call Johnny Gonzales  
at 619-234-4555 to make an  
appointment for pick up.

**SOHO Bookkeeping & Support, Inc.**  
"Small Office, Home Office"  
Denise Cote', Owner  
(360) 770-0483  
sohodcote@gmail.com

Independent Bookkeeping & Office Support  
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Over 30 years' experience



Janice Florence

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and Toiletries

Lady Bug Lather Company



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Painting

Painting, Drywall, Repairs

Handy Randy to the Rescue!  
License# 751749

Randy Knight  
(619)445-4441  
(619)606-2462

**FOR RENT:**

**DUPLEX IN CREST**

2 BEDROOM 1 BATH

LARGE YARD PET OKAY

\$1000 MONTH

Available after March 1

Call: 448-4380



**RENT THE CREST CLUBHOUSE  
FOR YOUR NEXT EVENT!**

EMAIL: [Rentals@thecrestsun.com](mailto:Rentals@thecrestsun.com) or  
Call 44-Crest and leave a message

**Don't miss the Easter Sunrise Service  
March 31 at 7:00 a.m. at  
Nancy Jane Park.  
You can see by the 1935 photo below,  
this is another Crest tradition**



EASTER SUNRISE SERVICE '1935'



**Sonora Mexican  
Restaurant  
Now Open**  
*By Dori Guzman*

You no longer need to go down the hill to satisfy your Mexican food craving. Sonora opened on Monday, February 12, and is serving delicious burritos, tacos, and combination plates. The restaurant is a family affair, with owner Jim in the shop daily, and his wife Monica helping out on the weekends. Head cook Jose has many years of experience, and will gladly take your special requests. According to Jim, the most popular items are the carne asada burrito and the California burrito. Check out their menu on page 16. The restaurant is open seven days a week, from 9:00am to 9:00pm and is located next to Rainbow Market. You can order your food to go or dine in. So save time and fuel, support a local business, and enjoy a tasty and authentic Mexican meal.



**LAKE SIDE FRONTIER RIDERS**



**ANNUAL POKER RIDE**

Saturday May 18, 2013 – Ride the “River Bottom”  
Staging @ Tumbleweed Arena – 13315 Willow Rd., Lakeside  
**\$150 First Place Cash Prize**

**SILENT AUCTION & GREAT RAFFLE PRIZES**

Raffle Tickets Will Be On Sale at the Event - \$1 per Ticket or (6) for \$5

Mail in Pre-Registration - \$25 includes the following:

\*One Poker Hand – Extra Poker Hands \$5 ea.

\*Easy 6 Mile Ride in the River Bottom

\*Lunch provided after the Ride....Served until 1 pm

\*Water for Horses at the Staging Area

Onsite Registration \$35.....Pre-Register and Save \$10

Check in 8:00 a.m. – First Riders Out 9:00 a.m.

Directions: Turn East on Willow Rd. off Hwy 67. Go approx. 1.2 miles; the arena is on the right. All riders under 18 must wear helmets (not provided). Please do not tie horses to the arena rails.

For more information call 619-937-5061 or e-mail [melindasetterman@cox.net](mailto:melindasetterman@cox.net)

Registration & Release Forms can be found @ [www.lakesidefrontierriders.com](http://www.lakesidefrontierriders.com)

Pre-Registration Form (below) & check must be received by May 10, 2013  
There will be a limited number of riders - Please Pre-Register to Guarantee a Spot!!

Name(s) \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_

_____ Poker Ride w/Lunch @ \$25 \$ _____	Mail to:
_____ Lunch Only @ \$10 \$ _____	LFRR Poker Ride
_____ Extra Poker Hand @ \$5 \$ _____	PO Box 572
Total Enclosed \$ _____	Lakeside, CA 92040

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CENTRAL REGION - 619-229-3660 EXT (248) EAST REGION 619-401-8375 (EXT 105)  
Please remember to have your S/S card (or TIN #) - **including all dependents**; 2012 W-2 forms; all 2012 1099's; all other tax documentation like child care cost; self-employment records (in some form of accounting log); 2011 Income Tax Return (if available); 2011 refund from the State of CA; anything you feel is important.

**Vita Contact in East County**

Saturday, March 24 - April 14 at the Casa de Oro Branch (9805 Campo Rd #180) and Jacumba Branch (44605 Old Highway 80)

For more information on the free tax assistance program at San Diego County Library, visit [www.sdcl.org](http://www.sdcl.org) or contact your local library.



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# Out and About in San Diego County

**By Denise Cote**

. We welcome Denise Cote to The Crest Sun staff. Denise has lived in Crest for the past year moving from Anacortes, WA up in the San Juan Islands. Denise grew up in San Diego, (Clairemont, Pacific Beach areas), and is very glad to be back in the area and living in beautiful Crest. Denise owns a business called SOHO Bookkeeping, and enjoys live acoustic music and theater, and sharing with her partner in life, David Silva. In addition to being a Crest Sun writer, Denise is helping with the organization and collection of ads and articles."

If you have never been to San Diego.org it is a great site to peruse for fun things to do around the county. They feature different areas including our own beloved East County. Here is what they have to say about "San Diego's Backyard":



"In contrast to the serene coastal landscape to the west, San Diego's East County wilderness is one of the most diverse areas in the county. East San Diego County offers hiking, mountain biking, rock climbing, fishing and camping in the vast and beautiful wilderness. Spend an afternoon hiking Cowles Mountain, or mountain biking through Mission Trails Regional Park, stroll along Lake Murray or go fishing on El Capitan Reservoir."

"One of the favorite day trips is visiting the historic mining town of Julian. Set against the backdrop of the Cuyamaca Mountains and countless apple orchards, this town is famous for its collection of gold mines. Several of these offer tours geared toward children."

Here are some interesting things about these areas mentioned: Cowles Mountain and the Mission Trails Regional Park are both in the San Carlos area, just a little NW of El Cajon and La Mesa. You get a super great view of San Diego if you hike to the top of Cowles Mountain. When hiking or mountain biking in these hills, be aware of the local wildlife, (rattlesnakes, mountain lions, etc...), that roam the open areas. Also, many of East County's trails do close at sunset, so plan accordingly. Mission Trails Regional Park features a state-of-the-art Visitors Center where guests can explore and learn about the local setting and native people who once lived on the land. It also offers over 40 miles (!) of natural and developed trails. And if you go to Julian, be sure to enjoy the best apple pie and cider, fresh made from the local farms.



And of course if you are into hiking, you can't leave out the Crestridge Ecological Reserve in our own backyard. With three miles of hiking, horseback and biking trails, it is a short mile drive from the top of Crest, east toward Harbison Canyon to Horsemill Drive and turn left to the end of the road.

## **Here are some other free and fun things to do in other parts of San Diego:**

Love Balboa Park!! Did you know that on the first Wednesday of every month you can stargaze at the Reuben H. Fleet Science Center during "Gazin' with the Experts". Members of the San Diego Astronomy Association set up huge telescopes and offer guests a view of the moon, planets and brighter stars. Call the Reuben H. Fleet for times and more information: (619)238-1233. Also, every Sunday, the House of Pacific Relations has an area wide open house. Visit each of the little cottages and meet people representing their countries with fine costumes and free goodies!

If you head up north, stop in at Oceanside. Did you know that Oceanside hosts the California Surf Museum? This museum shows a permanent collection of historic boards, photographs and videos. Located on Highway 101, Tuesday is Free Admission Day. Visitors can explore colorful and educational displays on the sport of surfing and the legends who braved the waters over many generations.

Also in Oceanside is the U.S. west coast's longest wooden pier. Stroll along 1,942 feet of this perfect setting for fishing, people watching, or just gazing at the ocean.

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## COUNTY SUPERVISOR DIANNE JACOB BEGINS NEW TERM; PRIORITIES INCLUDE FIRE PROTECTION AND ENERGY

Supervisor Dianne Jacob began a historic sixth term representing her East County district, vowing to redouble her efforts to boost fire protection, public safety and other issues central to constituents

- In a brief speech, Jacob said her top priorities include: Completing the consolidation of rural fire agencies to better coordinate services within the region’s most fire-prone communities.
- Additional public safety improvements. She said a new sheriff’s station will open later this year in Rancho San Diego and that she will continue to tackle issues like human trafficking and gangs.
- Working with new county Supervisor Dave Roberts and San Diego Mayor Bob Filner to address regional energy issues. She noted she’s having solar panels installed this month on her house in Jamul. “I really look forward to not having to pay another SDG&E bill -- this year or ever!” she said.

Jacob will also continue to press for more recreational facilities, open-space preservation and hiking and riding trails in her supervisory area – District 2. She was sworn in for a new four-year term by local Cal Fire Chief Thom Porter, who is also head of the County Fire Authority. Jacob welcomed Dave Roberts to the Board of Supervisors, noting that the five-member panel hasn’t had a new member in nearly two decades.

Jacob, a former elementary school teacher and Jamul-Dulzura Union School District board member, was handily re-elected in June with nearly 78% of the vote. Her six consecutive terms tie the previous Board of Supervisors record. The 2,000-square-mile district is the county’s largest and includes Julian, El Cajon, Campo, Lakeside and Alpine.

### News Release 2/12/13

#### COUNTY SUPERVISORS ASK STATE TO DENY SDG&E PACT WITH PROPOSED QUAIL BRUSH PLANT

County Supervisors Dianne Jacob and Dave Roberts urge state regulators to reject SDG&E’s bid this week to buy electricity from a power plant proposed near Santee, saying the project is unneeded and would harm the environment.

On the eve of a California Public Utilities Commission hearing on the issue, the supervisors said the gas-fired Quail Brush power plant would hurt air quality and water resources and have other significant impacts on the nearby area, which includes San Diego’s Mission Trails Regional Park.

“In addition, we believe an implementation strategy for local clean energy is better suited for this region, as it will not only reduce our reliance on future grid-supplied power but also be a more cost-effective option for residents and businesses of San Diego County,” the supervisors wrote in a letter sent Monday to the CPUC.

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## The Alpine Woman’s Club

The Alpine Woman’s Club will hold their next monthly luncheon on Tuesday, March 19<sup>th</sup> at 12:00 noon. After our meeting, local author, Cordell Falk will talk about his New Fiction Series Release “Valley of the Damned”, taking us back at least 140 years to the barren California desert where conspiracy, intrigue and suspense are on tap. The luncheon is open to all East County women as well as past and future members. The Club’s 100<sup>th</sup> anniversary is in 2014 and our goal is to have 100 members! Please come and enjoy good food, our entertaining program, learn about the club, and make new acquaintances. The Club is located at 2156 Alpine Blvd., Alpine, CA 91901. For more information, please contact Judy Grant at (619) 445-1987 or email [alpinejude@yahoo.com](mailto:alpinejude@yahoo.com)





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BREAKFAST BURRITOS		TACOS		HOUSE SPECIALS	
<b>ULTIMATE BREAKFAST BURRITO</b>	4.39	(Served on two corn tortilla topped with salsa fresca and guacamole)		<b>CARNE ASADA CHIPS</b>	\$6.49
Filled with scrambled eggs, cheese and potatoes with Choice of bacon, ham, sausage or chorizo		<b>CARNE ASADA TACO</b>	2.89	Tortilla chips topped with grilled steak, salsa fresca, cheese guacamole and sour cream.	
<b>STEAK AND EGGS BURRITO</b>	4.89	Grilled marinated steak		<b>CARNE ASADA FRIES</b>	\$5.59
Marinated grilled steak with scrambled eggs, cheese and potatoes		<b>ADOBADA TACO</b>	2.89	Fries topped with grilled steak, cheese, guacamole and Sour crème.	
<b>VEGETARIAN BREAKFAST BURRITO</b>	4.39	Marinated pork slow cooked with pineapple		<b>TOSTADA</b>	
Scrambled eggs with cheese, potatoes, bell peppers and onions.		<b>FISH TACO</b>	2.89	<b>BEAN TOSTADA</b>	2.99
<b>FAMOUS BREAKFAST BURITTO</b>	4.99	Breaded Tilapia fillet chipotle sauce and cabbage.		Refried beans with lettuce, cheese and tomatoes	
Scrambled eggs, beans, ham, cheese and Sour cream		<b>BIRRIA TACO</b>	2.89	<b>CHICKEN TOSTADA</b>	3.49
<b>CALIFORNIA BREAKFAST BURRITO</b>	4.79	Beef shoulder marinated in red chile sauce		Tender shredded chicken with beans ,lettuce Cheese and tomatoes	
Filled with scrambled eggs, cheese potatoes, ham and onion		<b>CARNITAS TACO</b>	2.89	<b>CEVICHE TOSTADA</b>	3.79
<b>BREAKFAST PLATTERS</b>		SUCCULENT SHREDDED PORK		Marinated shrimp in lime juice with salsa fresca and diced cucumbers	
<b>MACHACA PLATTER</b>	6.49	<b>POLLO TACO</b>	2.79	<b>BEEF TOSTADA</b>	3.29
Tender shredded beef with tomatoes, bell peppers, onions and eggs. Served with beans and tortillas		Marinated chicken grilled with peppers AND ONIONS		Tender shredded beef with beans lettuce, Cheese and tomatoes	
<b>HAM AND EGGS PLATTER</b>	6.49	<b>SHRIMP TACO</b>	2.89	<b>QUESADILLA</b>	
Two scrambled eggs with lean chopped ham. Served with rice, beans, Tortillas		Shrimp in rancho sauce		<b>CHICKEN QUESADILLA</b>	3.59
<b>HUEVOS POBLANO</b>	5.99	<b>VEGETARIAN TACO</b>	2.39	Grilled cheddar and jack cheese, flour tortilla Guacamole and sour cream	
Two eggs of your choice on a corn tortilla topped with mole sauce w/ rice, beans and tortilla		Beans, cheese, pico de gallo and guacamole		<b>POLLO ASADA</b>	5.59
<b>CHORIZO PLATTER</b>	6.39	<b>ROLLED TACOS</b>		Grilled marinated chicken with cheddar, jack Cheese, flour tortillas, guacamole and sour cream	
Mexican sausage with eggs. Served with rice, beans and tortilla		(Chicken or beef w/guacamole, chees, lettuce and salsa fresca)		<b>CARNE ASADA QUESADILLA</b>	5.59
<b>SALADS</b>		<b>3 ROLLED TACO</b>	3.59	Grilled marinated steak with cheddar, jack Cheese, flour tortillas, guacamole and sour cream	
(Served with vinaigrette or Italian dressing)		<b>6 ROLLED TACOS</b>	4.49	<b>ENCHILADAS</b>	
<b>SONORA SPECIAL</b>	5.69	<b>BURRITOS</b>		<b>CHICKEN ENCHILADA</b>	4.49
Your choice of grilled steak or chicken with romaine lettuce, tomato, cheese and tortilla chips.		(Served flour tortilla topped with salsa fresca and guacamole)		Chicken topped with red sauce, lettuce, cheese Salsa fresca and sour cream	
<b>GRILLED SHRIMP SALAD</b>	7.99	<b>CARNE ASADO BURRITO</b>	4.99	<b>CHEESE ENCHILADA</b>	4.39
Grilled shrimp with romaine lettuce, tomatoes cheese and tortilla chips.		(Grilled marinated steak)		Cheddar and jack cheese, lettuce, salsa fresca And sour cream.	
<b>TACO SALAD</b>	5.69	<b>FISH BURRITO</b>	4.99	<b>BEEF ENCHILADA</b>	4.49
Served with fine marinated grilled steak or chicken with beans, lettuce, tomato, cheese, guacamole and sour cream.		Fish with tartar sauce and cabbage		Shredded beef topped with red sauce, lettuce Cheese, salsa fresca and sour cream	
<b>TORTAS</b>		<b>POLLO BURRITO</b>	4.99	<b>CHIMICHANGAS:</b>	
(Mexican sandwich served on telera bread)		Marinated chicken grilled with peppers and onions		<b>Carne Asada Chicken</b>	5.99
<b>MILANESA TORTA (Steak w/bread crumbs, beans, lettuce tomato &amp; guacamole)</b>	3.49	<b>ADOBABA BURRITO</b>	4.99	<b>COMBINATION PLATES</b>	
<b>CHICKEN TORTA</b>	3.29	Marinated pork slow cooked with pineapple		(served with rice and beans)	
Marinated chicken w/ beans, lettuce tomato & guaco		<b>CARNITAS BURRITO</b>	4.99	<b>CARNE ASADA PLATE</b>	6.99
<b>CARNITAS TORTA</b>	3.49	Shredded pork		<b>POLLA ASADA PLATE</b>	6.99
Shredded port w/ beans, lettuce, cheese & tomatoes		<b>CABEZA BURRITO (Tender beef cheeks)</b>	4.99	<b>BURRITO PLATE</b>	6.79
<b>CHORIZO TORTA (Mexican sausage with eggs, beans, lettuce, tomato &amp; guacamole)</b>	3.49	<b>VEGETARIAN BURRITO</b>	4.39	<b>CARNITA'S PLATE</b>	6.79
Marinated steak with beans, lettuce, tomato & guaco		Beans, cheese pico de gallo and guaco		<b>CAMARONES RANCHEROS PLATE</b>	7.49
<b>MACHACA TORTA</b>	3.19	<b>CALIFORNIA BURRITO</b>	5.99	<b>CHEESEBURGER</b>	
Shredded beef with bell peppers, onions, eggs beans, lettuce, tomato, and guacamole		Marinated grilled steak with cheese, fries and sour cream served on flour tortilla topped with sala fresca and guacamole.		<b>HAMBURGER COMBO w/ Fries and soda</b>	
<b>HAM AND CHEESE TORTA</b>	4.39	<b>TOSTADA</b>			
Lean ham with cheese, beans, lettuce, tomato and guacamole		<b>BEAN TOSADA</b>	2.99	<b>SIDES</b>	
<b>SAUSAGE TORTA</b>	3.99	Refried beans with lettuce, cheese and tomatoes		<b>BEANS (1/2 PINT)</b>	1.69
Sausage, Guacamole and onions		<b>CHICKEN TOSTADA</b>	3.49	<b>GUACOMOLE (4 OZ)</b>	3.99
		Tender shredded chicken with beans, lettuce, cheese and tomatoes		<b>RICE (1/2 PINT)</b>	1.69
		<b>CHVICHE TOSTADA</b>	3.79	<b>Prices May Change without Notice</b>	
		Marinated shrimp in lime juice with salsa fresca And diced cucumbers			
		<b>BEEF TOSTADA</b>	3.29		
		Tender shredded beef with beans, lettuce, cheese And tomatoes			

(rev.2/23/13)





## CREST-DEHESA-GRANITE HILLS-HARBISON CANYON SUB-REGIONAL PLANNING GROUP

Mailing address: P.O. Box 21489, El Cajon, CA 92021

E-mail: [wrlplanning@aol.com](mailto:wrlplanning@aol.com) website: [www.crestplanning.org](http://www.crestplanning.org)

The mission of the sub-regional planning group is to advise and assist the Director of Planning, the Planning and Environmental Review Board, the Zoning Administrator, the Planning Commission and the Board of Supervisors in the preparation, amendment and implementation of community and sub-regional plans.

Meetings are held the 2<sup>nd</sup> Monday of each month at 7:00 pm. Locations rotate between the Dehesa School, The Crest Community Center, and the Harbison Canyon Community Center. Meeting agendas, minutes, locations, and planning commission documents may be found on their website at [www.crestplanning.org](http://www.crestplanning.org). The website can also be accessed by going to the [www.thecrestsun.com](http://www.thecrestsun.com) website and clicking on planning group or organizations. The January 14, February 11, March 11, April 8, meetings will be held at Crest Clubhouse at 7 pm.

### **The following are segments from the December 12, 2012 minutes regarding Crest. For a full copy of the minutes go to [www.crestplanning.org](http://www.crestplanning.org)**

Item 4. Committee Reports. Park Land Dedication Ordinance Committee. Judy Bowen reported 1) that she received an email from Department of Parks and Recreation about the South Lane Park proposed fitness trail priority project; 2) that it included a budget outlining required fees for project construction planning, bidding, management and unanticipated contingencies; 3) that \$114,000 of PLDO funds are available, expected fees add up to \$54,900, leaving \$59,100 available for work and materials to construct the project on the park grounds; 4) that this results in a fitness trail project with 6 exercise stations and about one-third of a mile of pathway; and 5) that the Department of Parks and Recreation approves of the budget and wants to implement the project. Judy suggested scheduling Planning Group consideration of its approval to implement the South Lane Fitness Trail Project (utilizing available PLDO funds), on the agenda of the February meeting, which will provide adequate time for community outreach, legal noticing, advertising, etc. to appropriately inform the public.

Item 6. Public Project Proposals. Discussion of proposed changes to Policy I-1A. Chairman Wally Riggs initiated the Group's discussion about changes to Policy I-1A recently adopted by the Board of Supervisors, as well as additional proposed changes still under consideration by the Supervisors. One proposed change would allow the owner of a property or business located in the Subregion to be a member of the Subregional Planning Group without being a resident and registered voter of the Subregion. Another proposed change would require a quorum of the full Group to be present in order to open and hold a meeting, and would require the attending members to disband and leave if the quorum of the full Group is not present at the meeting beginning. Lory Walls discussed the appeal process, noting that if the timing of a planning issue did not allow 72 hours for advertising a special public Planning Group meeting with an agenda item to consider a formal Planning Group appeal, then the Planning Group Chairman has the authority to file a Planning Group appeal, with the follow-up responsibility for taking action at the next Group meeting to seek Group ratification and approval of the appeal he previously filed in the Group's behalf.

### **The following are segments from the January 14, 2012 minutes regarding Crest. For a full copy of the minutes go to [www.crestplanning.org](http://www.crestplanning.org)**

County Storm Water Run-off Plan presentation (Stephanie Gaines). Chairman Riggs introduced Stephanie Gaines, County Department of Public Works. Ms. Gaines explained that the Regional Water Quality Control Board has prepared a Draft Municipal Storm Water Permit Reissuance Update for approval consideration by the County Board of Supervisors, but that the Board of Supervisors favors a more flexible and less stringent permit and is lobbying for different regulations. County Supervisors are concerned about the consequences of 1) merging separate watershed permits for North County areas with a single permit for the entire County; 2) requirements for residential inspections regarding excessive water run-off; 3) requirements for retrofitting or restoring natural water bodies; 4) requirements for new and redevelopment projects; and 5) requirements to return site hydrology to "pre-development conditions" rather than to "pre-project conditions." County Supervisors unanimously approved a County Call to Action, urging interested parties to contact the Regional Water Quality Control Board and provide input about the proposed draft permit, which is considered the most stringent Storm Water Permit in the United States. Written comments on the Regional Board's draft permit are due 11 January 2013, and additional comments will be accepted at a hearing in March.

Announcements: Wally Riggs reported that Ralph Slagill, Judy Bowen and Jason Harris have been reappointed to their seats on the Planning Group.

Wally Riggs announced that SANDAG has released a Notice of Intent to prepare an EIR for its 2050 Regional Plan.

Subcommittee Reports. Judy Bowen reported that Park Land Dedication Ordinance (PLDO) projects at South Lane Park cannot be implemented since there is no County-approved maintenance entity for South Lane Park.

Herb Krickhan moved that the Planning Group elects the 2012 officers (Chairman: Wally Riggs; Vice chairman: Jason Harris; Secretary: Bill Bretz) as the Group officers for 2013. The motion passed (10 yes; 0 no; 0 abstain).

### **Notice to Crest Residents:**

**The April 8 Planning Group meeting will be discussing the Park Land Ordinance funds and the top items on the wish list for South Lane Park. They would like community members to attend and hear this discussion.**

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# CREST KIWANIS

Crest Kiwanis (CK) is a *community service* club; a very small club of just 17 individuals. However, what we lack in numbers, we make up in *service projects*. CK sponsors, with the leadership of school site teachers, the **K Kyds at Crest Elementary** and the **Builders Club at Greenfield Middle School**.



In January, the club provided the opportunity for **Veronica Dunning** to speak on behalf of the MDA Muscle Walk (2/24) to the both Crest and Fletcher Hills Kiwanis clubs. Visiting other local Kiwanis club meetings (interclub) allows the sharing of *community service events* and sparks new ideas. **Sally Bruner, Don Halte, Dennis Plunkett** (pictured left) attended the Fletcher Hills chapter meeting. **Dennis** and **Sally** also attended the Alpine meeting, and CK members **Karen Nelson** and **Suzanne Mullins** helped a waffle breakfast, the prize for collecting the most food during the **GMS sponsored Builders Club Holiday food drive**. **Barbara and Don Halte** continued to oversee the Ritter Family

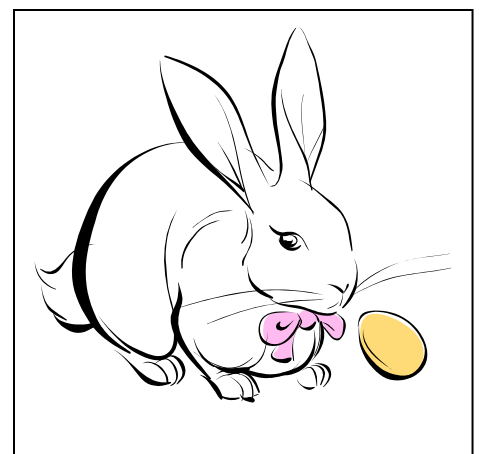
rebuild after the Shockey Truck Trail fire. **Linda Chase** assisted the **K Kyds** and their teacher, **Sharon Keffer**, with recycling of cans and plastic bottles. **K Kyds' fundraiser** benefiting cancer research raised \$400 in just one week! **K Kyds' next service project** is being a buddy to physically challenged athletes on March 9<sup>th</sup>. **Suzanne Mullins** and **Dennis Plunkett** present Kiwanis TERRIFIC Kids Certificates to **Crest School students** monthly. The names of the students are provided by their teachers. Besides a certificate, Terrific Kids receive a complimentary breakfast at one of our **4<sup>th</sup> Saturday of the month community breakfasts** held at the Clubhouse. Proceeds from the breakfasts and 4<sup>th</sup> of July food sales are placed into our service account. CK has raised enough money to purchase free-standing display dividers for Crest Elementary. The dividers should be here in time for the Spring Open House. **Thank you to everyone who supports our food fundraisers.**

In February, CK member, **Dee Minnich** arranged a tour of Ronald McDonald House, San Diego. Did you know Ronald McDonald House is completely independent from the Hospital? All operating costs are from donations and grants. Knowing this, **Dennis Plunkett** presented a donation of 37 pounds of aluminum pull tabs! **Barbara Halte, Dennis Plunkett, Mary McClellan, Barbara Weselis Linda Chase and Suzanne Mullins** assisted Earth Discovery Institute with their 5 k run/walk held February 2<sup>nd</sup> by providing water, fresh fruit and encouragement for the participants.

## Kiwanis Coming Events

- Feb 23 \$5.00 Breakfast 8:00 a.m.-10:00 a.m.
- Mar 9 Kiwanis Invitational Sports Meet 8:00 - 12:00
- Mar 23 \$5.00 Breakfast 8:00 a.m.-10:00 a.m
- March 30 Kids eat free Pancake Breakfast 8:00 a.m.
- Free** Easter Egg Hunt 8:45 a.m. Preschool - 5<sup>th</sup> grade

Submitted by Suzanne Mullins





Kathy Kaderabek  
339 Lila Lane  
El Cajon, CA 92021  
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*Spring Greetings from the Earth Discovery Institute! Please consider joining us for one of these fun events at Crestridge and other nearby locations. Please RSVP for all events. To RSVP, for directions or more information, contact us at [info@earthdiscovery.org](mailto:info@earthdiscovery.org), 619-447-4715, or through our website at [www.earthdiscovery.org](http://www.earthdiscovery.org).*

**Saturday, March 16, 2013, 9-11am: Reptiles at the Ranch**

PhD Candidate, Stephen Rice has been conducting research about reptiles at Rancho Jamul Ecological Reserve. Join him to learn about our local reptilian residents and meet some in person!

**Saturday, March 23, 2013, 9-11am: All About Crestridge, Interpretive and 'Hands-on' Hike at Crestridge Ecological Reserve**

Spend time with Crestridge staff to learn about the regional conservation value of this area, hike about 2 miles to observe some its most important ecological features, and do some 'hands-on' activities that demonstrate the EDI's education program. Meet at the reserve entrance, 1171 Horsemill Road, El Cajon, CA 92021. Bring binoculars if you have them.

**Saturday, March 30, 2013, 9-11am: Hike with a Ranger, Par 4 Trails, SD National Wildlife Refuge**  
Ranger Lisa will guide this hike that loops along the Sweetwater River and adjacent hillside. You might get to hear, and if you're lucky, see endangered California gnatcatchers in this area. Park at the end of Par 4 Drive, southwest of the intersection with Steele Canyon Road. Please park politely for the local neighbors. RSVPs are much appreciated. Please contact Lisa at (619) 476-9150 X 106 or [Lisa\\_Cox@fws.gov](mailto:Lisa_Cox@fws.gov). More refuge event info at <http://www.fws.gov/sandiegorefuges/events%20and%20activities.htm>.

**Sunday, April 14, 2013, 11am-3pm: East County Earth Day, Mt. Helix Park.** Don't miss this free family event from 11am to 3pm hosted by Mt. Helix Park and the Jarrett Meeker Foundation. Visit the EDI booth to play eco-games, do eco-projects, and enjoy food, music, children's activities, conservation education, eco-friendly vendors, an art contest for K - 12th graders and more. Parking and shuttles begin at 11am at the fire station at 10105 Vivera Drive in La Mesa with overflow parking at Grossmont High School. Go to [www.mthelixpark.org](http://www.mthelixpark.org) for details and updates.

**Saturday, April 20, 2013, 9-11am: Hike with a Ranger, Sweetwater Interpretive Loop, SD National Wildlife Refuge**

Ranger Lisa will guide this hike that skirts the Sweetwater River and then loops back through coastal sage scrub. Keep an eye out for the Black-shouldered Kites that regularly hover overhead. Can you spot the endangered San Diego Ambrosia growing along the trail? Hear the endangered Least Bell's Vireos in the willows along the river? Park in lot at the intersection of Singer Lane and Campo Road (Highway 94). RSVPs are much appreciated. Please contact Lisa at (619) 476-9150 X 106 or [Lisa\\_Cox@fws.gov](mailto:Lisa_Cox@fws.gov). More refuge event info at <http://www.fws.gov/sandiegorefuges/events%20and%20activities.htm>.

**Saturday, April 27, 2013, 9-11am: Butterfly Hike at Crestridge ER**

Entomologist/Ecologist Dan Marschalek has been studying the butterflies of Crestridge for over a decade. Why has the Hermes Copper butterfly disappeared from Crestridge? What's the difference between a butterfly and a moth? Where do butterflies go in winter? Dan can answer all your butterfly questions while we hike around the reserve learning about these fragile and somewhat mysterious creatures. This hike will cover 1-2 miles as we observe butterflies and their ecosystems in the reserve. Meet at the reserve entrance, 1171 Horsemill Road, El Cajon, CA 92021. Bring binoculars if you have them.



# Community Worship in Crest



**New Season's Church- Crest**  
2198 Suncrest Blvd,  
Phone: (619)-442-3736  
Pastor Tony Lambert

## CHURCH SCHEDULE:

Prayer time: 9:00 AM  
Worship Service: 10:45 AM  
Monday Evenings: Ladies Bible Study @ 6:30 PM  
Tuesday Evenings: Men's Bible Study @ 6:30 PM  
Wednesday Evening: AWANA @ 6:30 PM  
Easter Services: March 31 -  
7:00 am Sunrise Service @ Nancy Jane Park  
10:00 am Church Service



**St Louise de Marillac  
Catholic Church**  
2005 Crest Drive –  
Phone: (619) 444-3076,  
Fax: (619) 440-1325  
Fr. Burnia

## Regular Weekend Services:

Saturday..... 5:30 PM  
Sunday..... 8:00 AM and 10:30 AM  
Daily Mass: 8:00 AM (Monday-Saturday)

## Do you know about the Luffa ?

By Linda Hjelle

I sometimes make the assumption when I learn something new at age 60 +, that there are others that didn't know this either. So I choose to share:



The luffa is a member of the cucurbitaceous family, which includes plants such as gourds, pumpkins and cucumbers. Contrary to popular belief, luffas grow on a vine in the ground—not in the ocean. A luffa is a bathing sponge used primarily to exfoliate skin. Deanne Coon, a central coast farmer, uses heirloom seed that yields a soft, non-abrasive sponge. This makes them handy for washing more than just skin, including cars, toys, golf clubs, dishes, sinks, floors, walls and windows. In Asia, luffas are widely grown for culinary uses. These varieties are edible only when immature and are cooked like zucchini. The word for this plant has many spellings. Luffa and loofah are among the most popular—and both are correct.

To learn more about this interesting plant, go to [www.theluffafarm.com](http://www.theluffafarm.com) or

<http://www.californiabountiful.com/features/article.aspx?arID=880>

Loofah plants make an interesting and functional addition to any garden or landscape. Each plant will produce up to 50' of vine that is covered with large, beautiful leaves, bright yellow flowers that are bigger than your palm, and TONS of loofah gourds that mature to a whopping 12"-18" long. Peel the gourd to reveal the inner flesh and a wealth of seeds. One person writes: "The mother vine of these seeds gave us 22 gourds and there were another 18 on the vine that we lost to early freeze."





## July 4<sup>th</sup> – Here we go! – Let’s not wait until the Last Minute!

Speaking of Volunteering... it is time to get moving with the July 4<sup>th</sup> Event. Want to join in on a fun local event? We can use your help and it’s a blast!. It’s lots of fun to get involved and there can never be enough volunteers to make the event a success.

Do you see something below that interests you?. Maybe you want to take on a challenge and be a leader or just be a helper the day of the event... we can use your help. Not sure what your strengths are? Email: [Lindahjelle@cox.net](mailto:Lindahjelle@cox.net) with your name and number and your area of interest and we will figure it out and walk you through the process. Or drop us a note at CCA 113 Park Blvd. El Cajon, CA 92021 or leave a message at 44-Crest. **Let’s make**

**this July 4<sup>th</sup> event the best ever!**

Feel like a challenge? We need some leaders this year. If interested, we would love to invite you to a planning meeting and tell you more about it. Don’t want to lead, just sign on for a smaller task.

- Vendor Chair: Need someone to email last year’s vendors and take registrations and provide information. Mostly online or phone (we only have room for 15 or so vendors. You would help assign spaces, collect money and answer questions the day of the event.
- Super Raffle Chair: The community is great at donating gift cards, art, and baskets to raffle off during the 4<sup>th</sup>. You answer inquiries, coordinate pickups, help “spiff up” the baskets by wrapping them in cellophane, label and get ready for the raffle. Lots of fun for you and committee.
- Parade Coordinator: You and your committee try to get some interest going in the parade. Maybe a band or local groups (remember the lawn chair brigade?). Help answering questions, lining up the day of the event in South Lane Park
- Street Brigade Coordinator – Collect the names of folks willing to assist at the street corners during the parade, provide them with vests, give them instructions. Find folks willing to pick up and take back the signage and blockages to Alpine before and after the event.
- Food and Beverages and Sales: Need additional help to man the booths for food, ticket sales, drinks, raffle ticket sales.
- Kids, Kids, Kids – wouldn’t it be fun to have some great events geared just for the kids?
- Trash, Recycle - It takes several people to makes sure we are cleaned up and recycled during and after the event.
- Music – contact Cathryn at [Cathryn@Listenlocalsd.com](mailto:Cathryn@Listenlocalsd.com) if you’d like to help out in this area.
- Administration and paperwork. Are you good at making or taking phone calls and helping coordinate among the ranks? Can you get the awards ready for the parade winners? Kevin Nelson has volunteered to help with the application and oversee the event. Want to help?
- Advertising? We could make this a super event with your help.

Email: [Editor@thecrestsun.com](mailto:Editor@thecrestsun.com) or [Lindahjelle@cox.net](mailto:Lindahjelle@cox.net) and we will kick this off and I will forward the emails on! Call 44-CREST or drop a note in the Crest CCA mailbox in front of the clubhouse and we will follow up (make sure it drops down to the bottom of the mailbox.) You respond and we will set up the meeting. You don’t have to have a special skill? We can always put you to work if you are willing!

## HAVE YOU SEEN THE NEW CREST ONLINE CALENDAR?

Thanks to David Silva, Karen Weiss, and Lori Johnson, we now have an online calendar attached to the Crest website at [www.thecrestsun.com](http://www.thecrestsun.com) . By going to the website and clicking on the calendar icon on the right top of the page, you can check on upcoming events. In addition, if you want to rent the clubhouse for your next event, you can now see the available dates (those dates marked “busy” are rentals that have already been reserved. Additionally we are working to make the rental process and forms easier to understand and complete.



**Rock A Betties**

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**Color**

**Highlight / Lowlight**

**Formal Hair**

**Vintage Hair**

**Nails**

**Glitter Toes**

**Shellac**

**Waxing**

**Massage**

**Happy 9th Birthday Rock A Betties!**

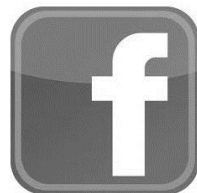
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**619 579-0617**

**169 East Main St. El Cajon, CA. 92020**



*Instagram*



## What's New in the Travel Industry?

Here are a few new web sites that might help you save a few bucks toward your next trip:

### **HOTEL BOOKING:**

**Backbid.com** is a hotel booking website that revolutionizes how travelers book hotel rooms. BackBid empowers the traveler to find the best possible hotel room, for the best price, with no elaborate or time-consuming searches necessary. By posting your existing hotel reservation to BackBid, hotels are able to see your travel plans and offer bids for your business, offering either discounts or value-added services, like upgraded rooms, free parking or breakfast. BackBid gives you all of the details about the property, the amenities offered and the specific bid being offered before you confirm and process the reservation. This helps you to save money but also to ensure that your hotel stay will meet – or even exceed – all of your expectations. According to BackBid there is absolutely no risk to you; if you don't like any of the bids that you receive, just keep your existing reservation.



### **Tingo.com**

How it Works: You book. Price Drops. Automatic Refund. Have you ever waited to book a hotel room in case the price drops? Or smacked yourself upside the head when you've booked and then it has dropped? So Tingo takes the gamble out of booking! Automatic Refund: Fully Automatic. There are no forms to fill out to get your Money Back refund and you don't have to do any research—in short, you don't have to do any work. Oh, and we don't base our refunds on someone else booking the same itinerary. (When we say "automatic," we mean it.) We'll email you each time your price drops and we'll refund your Money Back to your credit card within a few days of check out. Even if you book a Money Back room on Tingo and the price doesn't drop, you've still booked at a great rate. And if the rate does drop, well, you know you'll get your Money Back refund.

### **Trivago.com**

Trivago's hotel search allows users to compare hotel prices with just a few clicks from over 100 booking sites for more than 600,000 hotels worldwide. More than 18 million travelers use the hotel comparison monthly and save an average of 35 percent for the same hotel room, in the same city.

## **AIRLINE FLIGHTS**



### **Pintrips.com**

Pintrips' power starts during trip planning, with travelers searching for flights and "pinning" flights they like from the multiple travel sites they trust. Pintrips does the work of comparing and updating prices so you can make informed decisions about flights from anywhere on the web. Pintrips' product focuses on flights. You can search your favorite and trusted sites from across the internet and pin flights to your Pintrips' dashboard. Because Pintrips monitors in real-time price, you'll always have current

market price updates and will be able to act upon changes and market forces.

### **Seatguru.com**

**SeatGuru.com** is a website that features [aircraft seat maps](#), seat reviews, and a color-coded system to identify superior and substandard [airline seats](#). It also features information about in-flight amenities and airline specific information regarding Check-in, Baggage, [Unaccompanied Minors](#) and Traveling with Infants and Pets

### **Flightaware.com**

FlightAware provides live flight data, airport delays, fuel prices, FBO reservations, weather maps, flight planning, and navigation charts, as well as aviation news and photos to over three million users a month via the FlightAware.com web site as well as apps for iPhone, iPad, Android, BlackBerry, PlayBook, Symbian, Windows Phone 7, and Windows 8.

### **Autoslash.com**



AutoSlash is a website dedicated to saving people money on car rentals. We're the only site on the Internet that applies the best coupons and discounts, tracks rental price changes right up until the pickup date, and re-books users into these savings automatically—ALL FOR FREE! (Note this is worth a try but Dollar Thrifty Automotive Group, Inc. – the corporate parent of Dollar and Thrifty, and Hertz Corporation which also owns Advantage – took action to prevent customers from booking rentals from these brands through AutoSlash. so I'm not sure how good it is now.) It used to be great.

## New Law May Be Easier on Aspiring Bakers

On September 2012, the California Homemade Food Act (AB1616) was signed into law. This law allows small food businesses that produce “low-risk foods” (such as bake goods, candies, jam/jellies, desserts, and nuts) to operate out of a private home with limited regulatory oversight, as long as certain criteria are met. For detailed information on this bill

[http://leginfo.legislature.ca.gov/faces/billNavClient.xhtml?bill\\_id=201120120AB1616](http://leginfo.legislature.ca.gov/faces/billNavClient.xhtml?bill_id=201120120AB1616)



This new law became effective January 1, 2013. The law requires numerous implementations that will be set forth by the California Department of Public Health (CDPH). CDPH will provide food processor training, post the approved cottage foods list on its website, and establish a process for adding and removing foods from the approved cottage food list. At this time, it is unclear if all jurisdictions will be able to implement the new program prior to the completion of this requirement. The latest information on this bill can be found on CDPH website:

<http://www.cdph.ca.gov/programs/Pages/fdbCottageFood.aspx>

An ad hoc committee consisting of members of the California Conference of Directors for Environmental Health (CCDEH) has developed a “frequently asked questions” handout (FAQ) to assist the local jurisdiction on implementation of this new law. [Click here.](#)

[http://leginfo.legislature.ca.gov/faces/billNavClient.xhtml?bill\\_id=201120120AB1616](http://leginfo.legislature.ca.gov/faces/billNavClient.xhtml?bill_id=201120120AB1616)

# Crest Fire Safe Council Meeting

**March 12, 2013 – 7-8 pm**

**CCA Clubhouse**

**Community Meeting**

Plan to attend this important meeting:

- Would you like to hear more about the work of the Crest Fire Safe Council?
- Would you like to participate as a member of the Council?
- Are you interested in being a Board Member which meets quarterly?
- Do you have concerns and questions?

The Crest Fire Safe Council was established in Crest to help prepare residents for wildfire events and other disasters. Council's projects have included grant writing to fund a community emergency siren, a ham radio station for the clubhouse, and an emergency call and email system to notify residents of potential problems. They completed a community fuel break in a critical area of the community with grant funding from the U.S. Forest Service through the California Fire Safe Council Grant Clearing House. Community education on disaster planning is an important goal of the Council including working with the CCA to make the clubhouse an emergency communications center in the event of a disaster. CERT members (California Emergency Response Team) are especially invited to join this meeting.

# Garden Club News

**On February 11, the Garden Club came to the CCA clubhouse and gave the grounds a great facelift. The CCA thanks the Garden Club so much for their help. We also thank them for their generous donation toward fixing the lighting in the garden area.**



The Crest Garden Club will showcase local area gardens at the club's annual spring garden tour on Monday, April 8. This event is for members only. **New members are welcome.** Membership dues for the year are \$10. Regular meetings are scheduled on the second Monday of every month, at 10:00 AM. For the tour, we will meet at the clubhouse at 9:15 AM to collect dues from new members and hand out directions to the featured gardens. Future meetings will include gardening tips, cooking demos and recipes for homegrown harvests, field trips to nurseries, and a summer garden party. Join us! For more information contact Marsha Rold at [Rold@sbcglobal.net](mailto:Rold@sbcglobal.net).

Fresh Produce    Local Farms    Ethnic Cuisine    Entertainment

## FROM THE INTERNET FILES: FACEBOOK

I'm sure those of you that get their share of junk email have received the scrambled message below. However, It still never fails to surprise me how the brain can translate this so easily:

### I CAN READ IT ! CAN YOU ???

fi yuo cna raed tihs, yuo hvae a sgtrane mnid too. Cna yuo raed tihs? Olny smoe plepoe can. i cdnuolt blveize taht I cluod aulacly uesdnatnrd waht I was rdanieg. The phaonmneal pweor of the hmuan mnid, aoccdrnig to a rscheearch at Cmabrigde Uinervtisy, it dseno't mtaetr in waht oedr the ltteres in a wrod are, the olny iproamtnt tihng is taht the frsrit and lsat ltteer be in the rghit pclae. The rset can be a taotl mses and you can sitll raed it whotuit a pboerlm. Tihs is bcuseae the huamn mniddeos not raed ervey lteter by istlef, but the wrod as a wlohe. Azanmig huh? yaeh and I awlyas tghuhot speling was ipmoranttt! if you can raed tihs sahre it.



**THURSDAYS**  
**3-7pm**  
on Prescott Promenade  
201 East Main Street  
across the El Cajon Library

we accept **EBT**

opening **3/21**

f yelp

[www.ElCajonFarmersMarket.org](http://www.ElCajonFarmersMarket.org)

The logo for International Rescue, featuring a stylized 'R' and the text "INTERNATIONAL RESCUE".

# Lilac Trail 5K Run at the Crestridge Ecological Reserve Was a Success!

by Dori Guzman



Saturday, February 2 was a beautiful day for the First Annual Lilac Trail 5K. Nearly forty runners, walkers, youngsters, and oldsters showed up to support the Crestridge Ecological Reserve. It was a great opportunity to get fit, appreciate beautiful scenery, and help support the 2,400 acre Reserve, which is overseen by the Earth Discovery Institute. All participants received a t-shirt, snacks, and an eco-friendly 'swag bag' containing native flower seeds. The race was made possible due to the efforts of Earth Discovery Institute board members, volunteers, and the Crest Kiwanis members. Next year's race should be even bigger and better!

In a joint effort with the Cajon Valley School District, the Institute provides innovative, hands-on, science-focused learning to 3,500 students every year. There is also a community education/outreach program, offering education and volunteer opportunities to anyone interested in learning more about our native plants and animals, or helping preserve our local ecosystem.

The Crestridge Ecological Reserve is located off Mountain View Road, at the end of Horsemill Rd. The facility is open to the public, with lots of easy hiking trails, making it a great morning or afternoon outing for the whole family. Pets on leashes are always welcome!

You can visit their website at [www.earthdiscovery.org](http://www.earthdiscovery.org) for more information. Or, friend them on Facebook at Earth Discovery Institute.



## El Cajon Christian Grade School

**Enroll Now!**



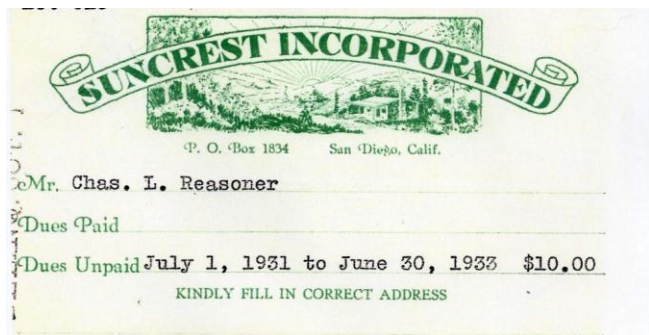
Small Class Sizes,  
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El Cajon, CA 92019  
**619-442-6544**





# About Crest

**By Linda Hjelle**

Recognize the logo on the 1930 receipt to your left? It is the logo that appears at the top of The Crest Sun

Newsletter. This was the original logo for Suncrest Incorporated. In 1924 the Suncrest Development was established as a small resort of 200 acres which was sub-divided into small cabin sites. It was intended as a week-end recreational resort.

In March of 1926 the Suncrest Club was incorporated and by-laws were adopted; as a result the club took over the water system and clubhouse. Therefore, it became necessary for a person to be a property owner in Suncrest to be eligible for membership in the club, and to be a club member in order to be entitled to water service. A caretaker was hired to look after the holdings, keep the roads passable, insurance and many other things for both beauty and comfort. Dues remain at \$5.00. (It makes me wonder why Mr Reasoner on this form had to pay \$10; maybe he had two lots?) Meetings were held monthly at the clubhouse with all members invited. In 1926 The Suncrest Clubhouse was built on the corner of Suncrest Bl and Juanita Lane (which is now the Crest Community Church.) It was the main meeting place for the new community of Suncrest..

Thanks to the Crest Historical Society for allowing us to use the logo for our newsletter. Do you have information or photos or stories you wish to share with the Crest Historical Society?

*For more information regarding the Crest Historical Society, attend an informal monthly gathering which meets the first Tuesday of each month at 1 pm at the library. One general meeting is held once a year in January. Members receive ECHOES, the newsletter, 4 times a year. For information call Dorothy Miller 444-0968.*

## **KANDHY FRANKLIN**

### **YOUR REAL ESTATE FRIEND AND PARTNER IN CREST.**

Since 1972 I have been teaching, and working in Real Estate. I moved to Crest in the early 80's and quickly found it and all its activities and people to be a focus of my time and involvement. I became your Fire Safe Council Facilitator, wrote grants for a fuel break, assisted in the rebuild after the Cedar fire, and participating in the dinners, music, and organizing the 4<sup>th</sup> of July.








Since my passion is Crest and helping people, especially my neighbors, it was suggested that I mention to my community that I am engaged in Real Estate full time with a great office: **Glenn D. Mitchel Realtors**. They have been around since 1953, and have probably sold you, your friends and family real estate. The "helping hand, and help your neighbor" philosophy is how we start each day; and I thought what better thing could I do than to offer my services and skills to those who know me my work ethics and commitment to a job well done.

**So, as we say in the "biz" if you, a friend, or a family member needs real estate, please think of me.**

Thank you.

**Kandhy Franklin**  
**619-977-1566 cell**  
**619-442-8833 office**  
**KandhyFranklin@gmail.com**

1/1/2013 to 2/20/2013 Crest Crime Report  
 Obtained from [www.crimemapping.com](http://www.crimemapping.com) website

<u>Type:</u>	<u>Description:</u>	<u>Location:</u>	<u>Agency:</u>	<u>Date:</u>
	POSSESSION OF UP TO AN OUNCE OF MARIJUANA (I)	100 BLOCK BURDETT WAY	San Diego County Sheriff	2/19/2013 12
	SIMPLE BATTERY (M)	100 BLOCK SCENIC DRIVE	San Diego County Sheriff	2/9/2013 10:30: PM
	VEHICLE BREAK-IN/THEFT	2400 BLOCK COLINAS PASS	San Diego County Sheriff	2/1/2013 04:00 PM
	RESIDENTIAL BURGLARY	1600 BLOCK VISTA DE MONTEMAR	San Diego County Sheriff	1/24/2013 12:00 PM
	VEHICLE BREAK-IN/THEFT	SHADOW MTN ROAD / LA CRESTA ROAD	San Diego County Sheriff	1/18/2013 11:00 AM
	VANDALISM [\$400 OR LESS] (M)	1100 BLOCK LA CRESTA BOULEVARD	San Diego County Sheriff	1/1/2013 03:15 AM
	BATTERY:SPOUSE/EX SPOUSE/DATE/ETC (M)	300 BLOCK LA CRESTA HEIGHTS ROAD	San Diego County Sheriff	1/14/2013 7:22:00 PM

# Music Night

Once again Baird & Silva are playing and hosting a Music Night for the benefit of the Crest community at the Crest Community Association Clubhouse on March 2nd from 7:00 pm to 10:00 pm. Stay for a few songs or stay for the evening. We would love to see you in either case!

Special guests will be the [Mark Jackson Trio](#). You will be sure to smile at their tight harmonies and lively rhythms. Other guests may be announced at show time so come get your Crest groove on!

As always, B.Y.O.S.W. (Bring Your Own Sensible Whatever) and/or feel free to select from the snacks and drinks we will provide.

We ask a \$2.00 donation at the door (Kids free!!) with these proceeds benefiting the Crest Community Association directly. There will also be a place to donate something for the snacks and drinks, as well as a tip jar for the musicians.

**Remember, it's not a show without you!**

**The clubhouse address is:  
 113 N. Park Drive, El Cajon (Crest), CA 92021**

# Alpine Sheriff's Department

## Alpine Sheriff's Department

Holly Conroy, Alpine's new Crime Prevention Specialist tells me the Department offers the following services to the community. She can be contacted at the Alpine Sheriff's Station 2751 Alpine Blvd. Alpine, Ca. 91901 619-659-2608

### PERSONAL SAFETY



A variety of "Personal Safety" presentations are available for people of all ages from preschool to senior citizens. Topics focus on safety at home or away from home.

### CHILDRENS PROGRAMS



One of the most popular safety programs for children is the "Talking Patrol Car." It is an ideal introduction to law enforcement services for younger children. The voice of McGruff, the "Crime Dog" is easily recognized as he delivers tips on safety, proper use of 9-1-1, and promotes crime prevention in entertaining ways. We also offer abduction prevention programs that are essential to child safety and protection.

### INTERNET SAFETY

The world of technology and the information super highway has generated additional crime opportunities for child predators, scam artists, con men and identity thieves. Relevant information is available to the public about "safety on the internet." The Sheriff's Crime Prevention Unit offers a variety of programs to educate and empower potential victims to protect themselves.

### WHAT SERVICES ARE AVAILABLE?



### NEIGHBORHOOD WATCH AND RANCH WATCH

Residents are the "eyes and ears" of every community! Neighborhood Watch is not guard duty... it's just being aware of suspicious activity and reporting it. Crime "awareness" is one of the most powerful deterrents to criminal activity. Through the Neighborhood Watch Program, neighbors can meet periodically with a Crime Prevention Specialist to discuss crime prevention methods and other concerns of the neighborhood.

### BUSINESS ALERT ROBBERY PREVENTION

The "Business Alert" program was designed to encourage business owners to share information and report suspicious activity to law enforcement agencies and fellow merchants. Through "Business Alert," Crime Prevention Specialists offer training that includes burglary and robbery prevention, how to minimize shoplifting and internal theft, and ways to recognize fraudulent documents. Our prevention programs promote awareness and identify specific safety procedures that can be implemented to reduce vulnerability to crimes perpetrated against businesses.

## And Last But Not Least: Don't miss these fun upcoming events:

- March 23-24 – Spring Busker Festival 12-5 at Seaport Village – Free
- April 12-14 – Ridgecrest Desert Wildflower Festival (760-375-8202) [www.ridgecrestdesertwildflowerfestival.com](http://www.ridgecrestdesertwildflowerfestival.com)
- April 13 – 1-4 pm – A Taste of Julian \$20 [www.julianmerchants.org](http://www.julianmerchants.org)
- April 21 – Avocado Festival, Fallbrook – Main Street 760-728-5845



## **Next Crest Sun Deadline: April 20, 2013**

### **WISH TO ADVERTISE?**

\$40 – Full Page      \$25 – ½ Page  
\$15 – ¼ Page      \$5 – 1/8 Page  
\$20 Website Link

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**For questions, suggestions, or concerns regarding The Crest Sun newsletter or website, contact:**

**Linda Hjelle** – [editor@thecrestsun.com](mailto:editor@thecrestsun.com) or [Lindahjelle@cox.net](mailto:Lindahjelle@cox.net) (517-9838)

**Crest Website:** [www.thecrestsun.com](http://www.thecrestsun.com) **Webmaster: Karin Weiss** (579-3951) email: [webmaster@thecrestsun.com](mailto:webmaster@thecrestsun.com)

**Information Chris Seebold** – [help@thecrestsun.com](mailto:help@thecrestsun.com) or [Winters72@hotmail.com](mailto:Winters72@hotmail.com) (447-5826)

**The Crest Sun is available at:** Crest Foods, Rainbow Market, Sonora Mexican Restaurant, and Crest Library or online at [www.thecrestsun.com](http://www.thecrestsun.com)

## **Don't forget to check our terrific web site: [www.thecrestsun.com](http://www.thecrestsun.com)**

*See website for info on how to advertise on the Crest web site or contact Karin Weiss, [webmaster@thecrestsun.com](mailto:webmaster@thecrestsun.com)*

**ATTENTION BUSINESS OWNERS**  
Put your link on our LINKS page for only \$20 a year!

Send \$20 to Friends of Crest, 120 N. Park Dr. El Cajon, Ca 92021

**A GREAT WAY TO PROMOTE YOUR BUSINESS AND SUPPORT YOUR COMMUNITY AT THE SAME TIME!**

Email us your jpeg logo and web address to:

[thecrestsun@cox.net](mailto:thecrestsun@cox.net)

- Send your check for \$20 to The Crest Sun , 328 Lila Lane, Crest, CA 92021-4094
- Please add a note that you are advertising your link on the website.

TheCrestSun.com webmaster

**Call Karin Weiss at**

**579-3951 or email [webmaster@thecrestsun.com](mailto:webmaster@thecrestsun.com)**

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3. Either Log In, or Click "Like"
4. Post your info or just check us occasionally to stay informed on Crest Events!
5. The Crest Sun Newsletter Facebook page will be monitored for irrelevant or inappropriate content.



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