



A Newsletter for Crest

Volume 10

May/June 2009

Number 3

Where but Crest can you find the activities we have experienced since our last edition? Two fabulous home grown music nights were held recently at the CCA Clubhouse. Don Halte and friends hosted and performed in March and Dave and Lori Jones put on a great event in April. The April ladies Bunco



tournament was a resounding success with 32 women attending the gala event.

The Fire Safe Council "Running of the Goats" provided fun for all, kicking off a fire prevention project that

promises to make our community safer.

Did you get a chance to attend the QiGong Workshop or the Library's Mariachi Magic show? How about the Kiwanis Easter Egg Hunt or the Sunday Sunrise service in the Park? Our Crest residents and community groups are the best. The community spirit and small town camaraderie found in Crest is easy to take for granted.

The upcoming months promise more exciting activities. Pull out the calendar (page 4) and attend one of the many scheduled events. A good start is the May 6th for CCA dinner. This month is our "Spaghetti Stimulus Dinner." Free for Crest residents! Its our way of saying "Thanks" (of course we will gladly accept your donation if you insist!) Better yet, become a member of the CCA and support your community. Fill out the form on page 13 and send it in today.

July 4th Event Changes – We need your help!



For 62 years Crest has celebrated the 4th of July as a spontaneous community event with no official "leaders". The CCA, Kiwanis, the three community churches, and local folks all joined together to pull off this magnificent event. In recent years the

leadership of Kandhy Franklin, everyone made a little money to support their organizations and the event was a successful family get together. Crest residents sold their wares, families spontaneously lined up and

marched in the Crest parade and local musicians provided hours of entertainment in the park. The funds raised from this event has been the primary fund raiser to support our community clubhouse.

Unfortunately, County restrictions has caught up to us and our 63rd event is full of challenges. In addition to the 30 page application for the park event and another 20 page application for the parade, an official sponsor is now required. The CCA stepped up to the plate as sponsor, but finds that along with the application comes a \$500 liability insurance certificate, a possible \$300 bill to pay the highway patrol to oversee the parade, waste management plans, security plans, noise abatement plans and lots environmental health department requirements. Additional port-a-pottis will cost \$166 each. There are many requirements making food sales complex.

If we want to keep this event alive, we need lots of community help this year! Crest is full of resourceful, talented folks. Your volunteer help and expertise will be needed to fill the many required roles. We now need to make enough money to pay the required fees as well as generating funds to keep our clubhouse running. While we can't avoid the regulations, we can work to make this event the best one ever. See page 2 regarding our needs and sign up to make this event the best ever. Join in on our July 4th Crest Historical Reenactment planning meeting! We have already seen evidence of the great folks in Crest so we know it is going to happen!

NEED INFORMATION ON PLACING AN AD OR CONTACTING THE PAPER?

- See the last page of this paper for ad pricing and deadlines, as well as contact information.
- Page 3 has a compiled listing of Crest Contacts and advertisers
- Page 4 has a calendar of events for May/June.
- Go to www.thecrestsun.com to visit our Crest website for online copies of paper, both present and past.

This is the official notification of the road closures that we normally have for the parade! The main road, La Cresta, will be closed to through traffic from 10:00am until last parade participant passes. Approximately 45 minutes. An alternate route will be flagged to get to the South side of Crest. Of course, if there is an emergency, the volunteers will radio the command center and we will deal with it.

The Fourth of July is coming!

Please email us with your questions, ideas, donations or willingness to volunteer!

Kandyfranklin@cox.net (444-4996) or Lindahjelle@cox.net (440-8540)

We need your help this year! Because of new requirements, we need volunteers in the areas of food preparation; security, parade monitoring, clean up. Do you have expertise in event food planning or event insurance? We need donations of gift baskets or donations to for the CCA Silent Auction and/or raffle. We can use donations to help defray the cost of the added County fees. Do you know of a company you could ask to support our event? **Watch the bulletin board for an upcoming meeting and plan to attend. Send us your email and we will notify you of the meeting or call 44-Crest and leave your name and number if you have ideas.**

Parade: Needed: Folks to support the Traffic Control Plan (setting up signs, monitoring the parade, etc) San Miguel and Cal-Fire will be on hand to judge and start the parade. They will also act as the First Aid Station. They will be set up on North Lane Park Drive.

- We need your help and your ideas: We would **love** to have El Capitan Marching Band again, and any other schools that have a drum core or band that would like to be a part of our day. Local military residents are encouraged to participate in the parade.
- Get ready now with your ideas for floats, golf carts, jeeps and rhinos, and groups of many kinds. We have changed the categories for trophies this year since we seem to be having so many carts and rhinos. If you have ideas for trophies, please contact Kandy Franklin-Collins at: kandyfranklin@cox.net or call her at 619-444-4996. If you are part of a car or bike club, invite them to be a part of our day and let them know we stage at South Lane Park starting at 8:30 am for judging, and step off at 9:30.
- Remember to come to the stage in the park to get your trophy or certificate before you leave for the day. We will announce the winners as soon as the parade has finished.

Crafters:

If you are a crafter, or have friends that are, invite them to participate as a vendor. Judy Becker is the chair for this group and has some great ideas. Call 44-CREST to reach her or send an email to bodaciousjudy@cox.net. **New rules are in effect this year!!!** A "seller's permit" or business license is required (There is no cost but you need to apply at www.boe.ca.gov/sutax/faqseller.htm or call 800-400-7115 to get an application faxed or mailed to you.) We need your name, address, and driver's license on our application **30 days in advance**. Set up time is no earlier than 6:30am, and all cars must be moved after unloading. The cost to rent a booth is \$35.00. (This event is posted at the Crafter's newsletter website).



Food:

The first step in the process this year is to have the non-profit community groups complete the food vendor application and return it to Lindahjelle@cox.net. A meeting will be scheduled in May. There are many additional requirements for serving food this year. **Residents:** If you have your food handler training card, we need your help to instruct a class for food participants. If you have or know of folks with a tent that meets the food serving requirements, please let us know (mesh sides and windows for serving) If you have prior expertise meeting the hand washing/dishwashing stands, for park events etc, please step forward. Due to insurance restrictions, we will not be able to have a Beer Garden at the clubhouse. **Reminder, there is no alcohol allowed in the park due to County regulations.**

Help us Raise Funds for the CCA: Silent Auction and Raffle Prizes Needed.

Lets think big! Do you have something wonderful to donate for our silent auction/raffle? A trip to Hawaii, a small vehicle? Okay, how about a great gift basket or gift card or a round of golf at a local course? Can you help coordinate this? Call 44-Crest and we will return your call immediately!! (For a live voice, call Linda Hjelle 517-9838).

Event: The clubhouse will be open displaying historical information as well as the Crest Community Association membership drive and CCA memorabilia. There will seating for conversation and eating. Hopefully our silent auction and raffles will be located in this location. The band will be located in the shade and will rock the world. We look forward to the Scouts presenting colrs and our girls will sing the anthem **WITH YOUR HELP, WE WILL ROCK!**

Crest Contacts

Crest Community Contacts		
Crest Community Assn. LindaHjelle@cox.net	Linda Hjelle (email)	517-9838
Community Church crestchurch@sbcglobal.net	Anna Johnston (email)	442-3736
Cornerstone Church	Pastor Dennis	579-5633
Crest Black Board	Friends of Crest	44-Crest
Clubhouse Rentals rentals@thecressun.com	Rick Bradt (email)	44-Crest
Crest Fire Safe Council crestfiresafecouncil@yahoo.com	Kandhy Franklin (email)	44-crest
Crest Garden Club	Arlene Palmer	441-0187
Crest Historical Scty.	Dorothy Miller	444-0968
Crest Kiwanis	Don Halte	444-4503
Crest Library	Rosi Mejia	442-7083
Crestridge Reserve	Cathy Chadwick	749-5767
Crest School www.cajonvalley.net	Office (website)	588-3128
Crest Sun Newsletter Information editor@thecrestsun.com winters72@hotmail.com	Linda Hjelle Chris Seebold (email)	440-8540 447-5826
The Crest Sun website webmaster@thecrestsun.com	Karin Weiss (email)	579-3951
E-Crest-rians	Kandhy Franklin	444-4996
Friends of Crest	Message	44-Crest 442-7378
St Louise Church	Father Languille	444-3076
Sub-Regional Planning. crestplanning.org	Judy Bowen (website)	440-0783
HELP LINES		
Highway Patrol: Traffic Related Abandon Vehicles	(858) (619)	637-3800 441-4264
Sheriff Alpine Station	Dispatch (858) (619)	565-5200 659-2600
San Miguel Fire Dst Fire Marshal www.smgfire.org	Business Ofce. Marsha Larsen (website)	670-0500 660-5356
Adult Protective Svs Child Abuse Hot Line	(800) (800)	510-2020 344-6000
Animal Control	(760)	438-2312
Code Enforcement	(619)	441-4264
Contractors Board	(Fraud) (800)	321-2752
Crime Stoppers	(619)	531-1547
FBI (telephone scam)	(858)	565-1255
Illegal Dumping	(858)	495-5143
Noise Abatement	(858)	694-3741
Planning & Land Use	(858)	694-3741
Poison Control	(800)	876-4766
Postal Police	Mail Fraud(877)	876-2455

Road Conditions	(800)	427-7623
Secret Service -Fraud	Currency/Credit 619	557-5640
Social Services	(619)	401-6000
SD Regional Center	(858)	576-2938

Stores and Restaurants

Crest Foods	Tony	444-8132
Lenardo Pizzeria	Sam	444-1389
Rainbow Farms Mrkt	Mark	444-7504

Advertisers

AgeLoc	Pat Goulart	442-4879
Alpine Gifts www.alpinegifts.net	Patrick 858	831-1800
Avon	Yvonne	449-8556
Avon (www.nlahiff. avonrepresentative.com)	Natalie Lahiff	929-5620
Beck's Entertainment becksentertainment.com	Jerry Beck (website)	440-0797
Bowlby Electric	George	440-3051
Century 21 Award	Connie Gipson	606-2400
Central Air & Heating	Charles Collins	444-9955
Builder Quits Business	David	733-6533
Attorney chesleyf@sbcglobal.net	Fred Chesley	593-1577
JCMS Landscaping www.jcms1.com	858	569-4199
Kathy Kuts Kathy@kathyKuts.com	Kathy Kaderabek (email)	447-1945
Kidsware	www.magickidsusa.com	
Knox Reprographics Knoxservices.com	Mary Bauer website	230-6300
Marvelous Organizing marvelousorganizing.com	Risa Goldberg email	231-1113
Pet Sitting	Nancy	490-7256
ProBiotics beelady@aol.com	Pat Goulart	442-4879
Prudential Realty carole@prusd.com	Carole Horn (email)	251-1533
Rock A Betties Salon	Brooke	579-0617
TNT Carpet Care www.tntcarpet.com	Troy	208-2708
W3U Web Services www.w3u.net	Jack Martin (website)	800-644-0305
Xango xango@justanounce.net	Marie (email)	328-1157

Miscellaneous

Gardner Wanted	Patrick 858	831-1800
Piano to Good Home	Karen	579-5475

M	T	W	T	F	S	S	M	T	W	T	F	S	S
MAY							JUNE						
				1	2	3	1	2	3	4	5	6	7
4	5	6	7	8	9	10	8	9	10	11	12	13	14
11	12	13	14	15	16	17	15	16	17	18	19	20	21
18	19	20	21	22	23	24	22	23	24	25	26	27	28
25	26	27	28	29	30	31	29	30					

Calendar of Events May–April 2009

05/02/09	2:00 – Saturday	Paulani’s Tahitian Style Hula Dancers
05/05/09	1:00 – Tuesday	Historical Society Mtg – Library
05/06/09	5:00–7:00 Wed	CCA Dinner – Clubhouse
05/09/09	7:30 am – Sat	Kiwanis Meeting – Visitors Welcome – Location: Clubhouse
05/09/09	7:00 – 9:00 pm Sat.	Music Night Featuring Nathan Welden, Suzanne Reed – CCA Clubhouse
05/11/09	9:30 - Mon	Crest Garden Club –
05/11/09	7:00 PM	SubRegional Planning Group
05/12/09	5:45 – Tues	Crest Community Association Board Meeting – Clubhouse
05/13/09	7:00 pm -Wed	San Miguel Fire Protection District Board Meeting - 2850 Orange Way – Spring Valley
05/19/09	7:00 pm – Tues	CCA Meeting Clubhouse – Community Meeting
05/23/09	8:00-10:30 –Sat	Community Breakfast by Kiwanis at the Clubhouse
05/25/09	6:00 pm – Mon	Kiwanis Meeting – Board Meeting Clubhouse
06/02/09	1:00 pm- Tues	Historical Society Mtg – Library
06/02/09	2:00 pm- Tues	Joe Gandelman-Magic of Reading– Crest School
06/03/09	5-7:00 – Wed	CCA Dinner – Clubhouse
06/08/09	10:00 – Mon	Crest Garden Club – Clubhouse
06/08/09	7:00 pm Mond	Sub Regional Planning Group - Dehesa
06/09/09	5:45 – Tuesday	CCA Board Meeting – Clubhouse – Board Meets
06/11/09	7 pm – Thurs	San Miguel Fire Department Board Meeting
06/13/09	7:30 am - Sat	Kiwanis Meeting –General Meeting – Visitors Welcome. Clubhouse
06/15/09	6:00 pm – Mon	Kiwanis Meeting – General Meeting
06/16/09	3:00 pm –Tues	BJ Morgan Drum Circle - Library
06/16/09	7:00 pm – Tues	CCA Meeting Clubhouse – Community Meeting
6/23/09	3:00 pm – Tues	Joe Mystic Magic Show
06/27/09	8:00-10:30 Sat	Community Breakfast by Kiwanis at the Clubhouse

Have you taken time to check out the Crest Library?
 It’s full of DVDs, computers, video games,
 Books on Tape (for your next trip)
 Can’t find the book you are looking for? They will order it for you.
 Have you seen the many activities they offer for kids and adults?
 Check out page 39 for a complete listing.
 We need to use our library to keep these resources!
 Stop by the library and check it out!



Connie Gipson

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Crest Real Estate Update



Residential

Now on the Market

318 Estornino Lane	\$220,000
225 Lento Lane	\$225,000
2400 Eucalyptus Drive	\$285,000
208 Thornton Drive	\$314,900
2093 Old Bend Road	\$315,000
522 Mountain View Road	\$399,900
3015 La Cresta Road	\$430,000
2527 Eucalyptus Drive	\$449,900-\$489,900
2810 La Cresta Road	\$549,900
15076 Montana Serena	\$606,250
1175 Horsemill Road	\$745,000
1324 Tracey Lane	\$799,000
15197 Picturesque Pt.	\$879,900-\$899,900

Pending in Escrow

224 North Lane	\$139,900
373 La Cresta	\$269,000
2136 Eucalyptus Drive	\$289,000
420 Mountain View Road	\$349,000
310 Alamo Way	\$393,900
1649 Vista De Montemar	\$699,000
14910 Montana Serena	\$999,999-
	\$1,150,000
1661 Vista De Montemar	\$1,000,000

Recently Sold

360 Lento Lane	\$120,200
227 Loma Vista Place	\$130,900
330 La Cresta Heights	\$465,000
2936 La Cresta	\$489,900
1380 Ryan Ridge Road	\$458,000

Vacant Land

Now on the Market

152 Bonita Place	\$99,900
222 Lilac Drive	\$175,000
Senda Lane	\$175,000
Saxton Lane	\$199,000
2737 La Cresta	\$199,000
South Park Place	\$219,000
777 Mountain View Place	\$240,000-
	\$290,000
Saxton Lane	\$249,900
2223 Crest Drive	\$265,000
140 Alamo Way	\$299,000-\$349,000
La Cresta Road	\$450,000

Pending in Escrow

No listings are now in escrow

Recently Sold

No vacant lots have recently sold

Connie Gipson

Century 21 Award

(619) 606-2400

California Real Estate License # 00862838

Data from Sandicor, Inc. and the San Diego Recorder's Office effective April 18, 2009 represents properties listed or sold by various brokers. While believed to be reliable, it cannot be guaranteed. If your property is currently listed, this is not meant as a solicitation.

Lenardo Pizzeria & Restaurant

DELIVERY NOW AVAILABLE

4:00 pm – 8:30 pm

Call 444-1389 or 444-0992



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Minimum Order \$12.00

PIZZA:	Medium 14"	Large 18"	Giant 28"
Cheese Only	\$8.99	\$12.99	\$19.99
One Topping	\$9.99	\$13.99	\$22.99
Vegetarian (Mushroom, Onions, Green pepper & Olives)	\$13.99	\$15.99	\$25.99
Greek Pizza (Fresh garlic sauce, Mozzarella cheese, Feta cheese, Gyros meat & Basil)	\$14.99	\$16.99	\$25.99
The Works (Pepperoni, Canadian bacon, Sausage, Onion, Mushroom, Green pepper, Black olives, Pineapple and Jalapeno)	\$16.99	\$20.99	\$29.99
Calzone (Mozzarella, Ricotta, & Parmesan cheese)	\$9.99		
Additional topping:	\$1.25	\$1.75	\$3.00

Subs & Sandwiches

Ham & Cheese	\$5.49
Turkey & Cheese	\$5.49
BLT	\$5.49
Vegetarian Sub	\$5.49
Italian Sub (Ham, Salami, & cheese)	\$5.99
Club Sub (Turkey, Bacon & Cheese)	\$5.99
Roast Beef Sub	\$5.99
BBQ Sandwich	\$5.99
Meat Ball Sub	\$5.99
Italian Sausage Sub	\$5.99
Gyros Sandwich	\$5.99
Ham, Turkey & Cheese	\$6.99
Lenardo's Special Sub (Roast Beef, Turkey, & Cheese).....	\$6.99

ALL SUBS SERVED W/LETTUCE, TOMATO, ONION, PEPPERONCINE, & ITALIAN DRESSING

Salads:

Garden Salad.....	\$4.49
Antipasto Salad.....	\$5.59
Greek Salad.....	\$5.99
Chef Salad.....	\$5.99

Pasta: (All served with Breadsticks)

Lasagna.....	\$6.49
Spaghetti w/ Meatballs.....	\$6.49
Meat Ravioli.....	\$6.49
Cheese Ravioli.....	\$6.49

Combo: (All Combos served with Fries and Salad)

½ lb Hamburger Combo	\$5.99
½ lb Shrimp Combo	\$5.99
Chicken Sandwich Combo	\$5.99
Fried Chicken Combo	\$5.99
Fish & Chips Combo.....	\$7.49
Gyro's Combo.....	\$7.49
Hot Wings Combo	\$7.49
Philly Steak Combo (Steak meat, mushroom, onion, green pepper & Cheese)	\$7.49
Philly Chicken Combo (Breast chicken, mushroom, onion, green pepper, & cheese).....	\$7.49

Housing & Utility Help

Federal Help With Home Refinancing

www.makinghomeaffordable.com

Making Home Affordable is part of President Obama's comprehensive strategy to get the housing market back on track. Through the Making Home Affordable Program, up to 9 million American families may be eligible to refinance or modify their loans to a payment that is affordable now and into the future. This government website is a recently created site by the federal government to assist homeowners.

You may be eligible if:

- You are the owner occupant of a one to four unit home
- The loan on your property is owned or securitized by Fannie Mae or Freddie Mac (Don't know? See the website.)
- At the time you apply, you are current on your mortgage payments (current means that you haven't been more than 30-days late on your mortgage payment in the last 12 months or, if you have had the loan for less than 12 months, you have never missed a payment),
- You believe that the amount you owe on your first mortgage is about the same or slightly less than the current value of your house,
- You have income sufficient to support the new mortgage payments
- The refinance improves the long term affordability or stability of your loan.

Beware of Foreclosure Rescue Scams ! Remember

- Help Is Free! -There is never a fee to get assistance or information about Making Home Affordable from your lender or a HUD-approved housing counselor.
- Beware of any person or organization that asks you to pay a fee in exchange for housing counseling service or modification of a delinquent loan. Do not pay – walk away!
- Beware of anyone who says they can “save” your home if you sign or transfer over the deed. Do not sign over the deed to your property to any organization or individual unless you are working directly with your mortgage company to forgive your debt.
- Never submit your mortgage payments to anyone other than your mortgage company without their approval.

\$8,000 Federal Tax Credit At a Glance

The American Recovery and Reinvestment Act of 2009 is a first-time home buyers program for buyers who purchased a principal residence on or after April 9, 2008 and before January 1, 2009 . They may qualify for a \$7,500 tax credit. The credit is also available for

homes purchased on or after January 1, 2009 and before December 1, 2009.

- The tax credit is for first-time home buyers only. For the tax credit program, the IRS defines a first-time home buyer as someone who has not owned a principal residence during the three-year period prior to the purchase.
- The tax credit does not have to be repaid.
- The tax credit is equal to 10 percent of the home's purchase price up to a maximum of \$8,000.
- Single taxpayers with incomes up to \$75,000 and married couples with incomes up to \$150,000 qualify for the full tax credit. For more information:

<http://www.federalhousingtaxcredit.com/2009/home2.html>

Utility Assistance:

Information on affordable utilities, www.turn.org

From SDG&E:

1-800-411-7343 - A 20% discount on your monthly SDG&E bill when your income falls within certain guidelines or you participate in certain public assistance programs.

Neighbor-to-Neighbor

The Neighbor-to-Neighbor Fund provides for a one-time assistance of up to \$200 on a customer's winter bill. The one-time bill-payment assistance is available to eligible customers on a first-come, first-served basis or until funds are depleted. Customers may call 211 to locate a participating charitable agency throughout San Diego, which will distribute the Neighbor-to-Neighbor Fund contributions.

Basic Landline Services:

Provides discounts for basic telephone services.

<http://www.cpuc.ca.gov/PUC/Telco/Public+Programs/lifeline/details.htm#enroll>

Telephone Help..

Californians who are deaf, hard of hearing, speech disabled, blind, or who have low vision, cognitive impairments, or restricted mobility, are eligible to receive equipment with certification by a medical doctor, a licensed audiologist, a qualified state agency, or a hearing aid dispenser.

The www.ddtp.org/default.asp provides information on three different programs: DDTP (Deaf and Disabled Communication Program, CTAP (California Telephone Access Program-Equipment, and CRS (California Relay Service).

Avon



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619-449-8556

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Mortgage and Credit Debt Relief

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Crest Community Worship

**St Louise de Marillac
Catholic Church**
2005 Crest Drive 444-3076
Fr. Justin Langille Pastor



Services:

- Saturday Evening Eucharist (Vigil for Sunday Mass): 5:30 p.m.
- Sunday Morning Eucharist (Masses): 8:00 a.m. and 10:30 a.m.
- Morning Eucharist (Mass): Monday through Thursday: 8:00 a.m.

Crest Community Church

2198 Suncrest Blvd,
619-442-3736
Pastor Tony Lambert



Services;

- 9:30 a.m. Sunday School for All Ages
- 10:45 a.m. Worship Services
- 6:00 p.m. Sunday evenings
- 6:30 p.m. Wednesday Bible Study

Cornerstone Church
205 Lento Lane
579-5633
Dennis Ottalongo,
Pastor



Services:

Wednesday 7p.m.
worship
Sunday - 9:30a.m.

New Pastor at Crest Community Church

April 1st was the last official day for David Wells as Pastor of Crest Community Church. Although David was Senior Pastor for only 2 years he has been serving in one capacity or another (Youth Pastor/Assistant Pastor/Guest Speaker) since 1994.

“We would like to bid a fond farewell to the Crest Community. It has been a privilege to serve the Lord in this community and I pray that we have made an impact on some of your lives and on the life of the community.”

David and Velma are looking forward to new life adventures and new opportunities to serve God as they will be moving to Coeur D'Alene,

Idaho where two of their three children and three of their five grandchildren currently reside.

Dave and Velma will be missed both by the congregation and the Crest Community. The Wells' worked hard to make the “community” in Crest Community Church a reality and they pray that the work will continue.



Dave and Velma Wells, Kerri and Tony Lambert

We would like to welcome Tony Lambert and his wife Kerri as the new leaders of the Crest Community Church. You may have met Pastor Tony and Kerri at our recent CCA meeting.

“Both Kerri and I were raised locally. I went to Point Loma High School, and Kerri went to Valhalla. We have raised our children here in East County for most of their lives. We have three kids, Desiree 19, Anthony 17, and Tommy 15.

I had been called to the ministry when I was a young babe in Christ. I went to night school at Horizon College of San Diego for about 10 years while working full time and going to night school at my apprenticeship. We started a ministry down in Lakeside, but the Lord had other plans. I met with Dave and we talked and prayed and realized that God was doing a mighty work in both the ministries. We realized what needed to be done, and we took action. Dave was going on vacation, and he needed someone to fill in for him on one of the Sundays. I gladly stood in his stead on Sunday Jan 4, 2009. Since he was delayed due to weather and sickness, I continued on the following Sunday. Dave and I have met and prayed on several occasions about the direction of this ministry and we both felt the Lord's leading for our group to come and serve at Crest Community Church.

I look forward to getting to know you, feel free to visit us at any of our services.”

God Bless, Pastor Tony Lambert

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Debt Crisis Management

By Fred Chesley

Fred Chesley has been a resident of Crest for the past seventeen years, since moving from Orange County California. This article presents his perspective after practicing law for twenty-seven years. It is not intended as advice for any specific individual, instead being offered as his general opinion.

Managing debt and income in a financial crisis is daily news. Governments, banks, companies and individuals are challenged by the times. You probably know of a friend, family or neighbor experiencing difficulties. Some will manage a successful outcome and others will not manage at all.

People in financial crisis experience health endangering stresses. The phone rings constantly with harassing creditor calls. Mail boxes are full of threatening letters. Well intending spouses, friends and relatives, often add to the stress.

Successful people do not let problems define them. They define the problem, make plans and take action toward a desired outcome.

A challenged person must create the mental space to think clearly. Without that quiet space, the mind is cluttered with noise and emotions. It is helpful to let the answering machine take the call. Take the quiet time to read and organize the nasty creditor letters. Make a log of the phone messages. Stay away from negative people. Create a constructive mental environment.

Problems can't be well solved without a clear understanding of what is wrong. Worrying and rehashing is not a problem solving skill. Use an organized group of creditor letters and a phone log for making a problem list. Financial problems can be defined by listing income, assets, expenses and debts. Detail and organization is a necessity.

Getting expert advice can help solve a clearly defined problem. A skilled advisor is like having a good coach.

Real estate brokers usually know the market and how to get a buyer willing to pay a good sales price for a home. A broker's long experience and a good reputation are essential. They can help sell the home or negotiate with the lender. Mortgage brokers can be very effective in getting

a new loan, at better rates, if someone has a good job and good credit.

Credit counselors can be very useful. Their best tool is developing a budget for debt free living. Some credit counselors provide debt reduction plans, reducing credit card debt, often as much as 50%.

Attorneys frequently provide all or some of the above services while representing their clients. Attorneys are best at working with other professionals, to evaluate all the options and give advice on the bigger financial picture. Many people are victims of predatory lending. Others may need the new "Cram Down" legislation pending before the U.S. Senate. This may be more effective than current mortgage negotiating techniques. If a bankruptcy is necessary to save a home or for a fresh start, many attorneys are licensed and authorized to represent someone in that forum.

It is wise to avoid the phone and mail spam. Many of those offers are scams perpetrated by unlicensed people, preying on the victims of these hard financial times. Most licensed professionals will give free consultations and share valuable insight. It is best to seek help from licensed people within the community.

Debt crisis requires skillful management. The battle can be won by clearly defining the problems, getting good information and using skillful plans. Stay close to the people you love and take good care of them. We're all in this together.

Fred R. Chesley, Attorney At Law
California State Bar #105403
13465 Camino Canada, #106 PMB 513
El Cajon, CA 92021

GET ENERGY-SAVING LIGHT BULBS FOR YOUR HOME AT NO COST THROUGH SDG&E

When: Saturday, May 2 from 9 a.m. to 2 p.m.
Where: Home Depot – Fletcher Parkway, EC

Trade up to five incandescent light bulbs (75 watts or higher) for the same number of new, energy efficient light bulbs (100 watt equivalent.) Also, you can trade up to two halogen lamps for two new energy-efficient torchiere lamps.

Bring a California I.D. and a copy of your SDG&E bill to this event. 1-800-411-7343

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Lovely 3 Bedroom, 2 Bath spacious open floor with almost 1400 square feet. On entry you are greeted by vaulted ceilings and the open floor plan. Convenient kitchen is fully equipped! Skylights add ambient lighting. This 2005 built manufactured home also sports a full laundry room! Charming home has dual-paned windows and additional insulation, all to save on heating and air conditioning. Price includes a newer metal shed for extra storage. South Crest Skylodge is a gated community of like properties. Modest space rental includes most utilities. Seller is motivated!!! Need help with fees? Let's talk!



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Crest Community Association

CCA email:
crestcca@yahoo.com
44-Crest (Message)

President: Linda Hjelle
LindaHjelle@cox.net 517-9838

The Crest Community Association Needs Your Help!

By volunteering in your community, you help keep the community strong by understanding and supporting the community needs. Your support is especially critical to make sure our 63rd Annual 4th of July tradition continues this year. With the many County requirements being imposed this year, we need lots of volunteers to ensure we have the best event ever! Become involved!

Membership Drive

The Crest Community Association is starting its membership drive for the 2009-10 year. Membership runs from July 1, 2009 to June 30th, 2010. By joining the Crest Community Association, you insure that the many quality events being held each month will continue and the bills are paid on the Clubhouse. . There are no paid employees that keep the clubhouse maintained; just the residents of Crest dedicating their time and money. It takes around \$6,000 a year to keep the clubhouse up and running. This figure includes property taxes, utilities (gas, electric, phone, internet, trash, water), ongoing maintenance, and insurance. Membership dues are the primary means of paying these bills. Currently we have 90 membership families which provide only 50% of the money needed to maintain our facility. **We want double or triple our membership this year.** If you enjoy the many family activities available such as CCA dinners, music nights, Bunco tournaments, Christmas parties, July 4th events, and a place to have a community forum, support your Crest Community Association by joining and becoming a member. Complete the attached membership form today. Thank you for your support.

T-Shirt Sale:

We are having a great CCA overstock sale! We bought quite of supply of XXL Crest T-shirts (What were we thinking!). Ladies and guys, looking for a great night shirt or do you just like your shirts roomy? The cost is only \$5, a 50% markdown. Call 44-Crest for more information or attend one of our next events and buy a few. In addition to t-shirts, we have Crest license plate holder. While you are there, join the CCA. This is also a time to **check in with the Crest Fire Safe Council** to get the latest update on the goat project, water-wise plants, new products to protect our homes, and brochures on defensible space.

Upcoming Events:

Interested in some new and different enrichment classes? How about Cooking Classes, Swing or Country Dancing, Digital Camera training, Stretch class, Mommy and Kids get-together; or Men's Morning Coffee at the Clubhouse. Want to encourage us? Email editor@thecrestsun.com and let us know you are interested in any or all of these classes and we will work to make it happen!.

Join the Crest Community Association

Send this form in with your check made out to the Crest Community Association (CCA)

Mailing Address: CCA 113 No Park Dr. El Cajon, CA 92021

Membership Levels

Lifetime \$500 Business \$50 Family \$35 Individual \$25 Senior \$12 (65+)

Name _____ Phone _____

Address _____ Email: _____

Questions: Call 44-Crest and leave a message

Interested in volunteering a little or a lot? Check area of interest: Gardening Senior Support

July 4th Event CCA Dinners Music Nights Clubhouse maintenance

More Community News:

OPPORTUNITY KNOCKS, NEED AT OUR DOOR Help for the Seniors on the Hill

By Kathy E. Sawaya

Opportunity knocks for those who are interested in donating a few hours a week toward our senior population. We are looking for some CCA members interested in helping establish a senior program which might check on or deliver an occasional meal to a senior here on the hill. Other ideas might include helping to organize a monthly potluck or social activity during the day. Do you know such a person, a neighbor or friend?

If you have an interest in helping establish some senior activities call 44-Crest or email editor@thecrestsun.com and leave your name, phone number, and email. If you are, or know of a neighbor or friend in Crest which might benefit from this type of activity, let us know. We welcome your suggestions!

The Fabric of Crest

We see it on the 4th of July
The friendship in each person's eye.
Neighbors, though, hardships may be
Never a ending but new eyes to see.
The fabric of Crest comes in all different kinds
When woven in community, a love that binds.

kes

Goods and Services Needed/Wanted

Do you know of anyone in Crest that is willing to hand pull weeds? I live on East Lane and have 2 1/4 acres that have places around the house that can only be hand pulled. Thankfully for now I have a person who helps me with the major yard work. But, the hand pulling is a different story. My husband is very disabled and I am not in the best of health due to fibromyalgia and other health related problems. Any help would be GREATLY appreciated. My home phone is 619-444-3884 and my cell is 619-997-9879.

Thank you,
Bobbie Durbin

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Wood hammers and keys do not stick
Quality Sound – Tuned in 2006
Call Karen or Carson (North Crest)
579-5475



Happy Birthday Mrs. Cox

Mrs. Cox will be 103 on May 5.
Why not send our lovely Crest resident a special birthday greeting. You can mail your birthday wishes to Mrs. Velma Cox, c/o The Crest Sun at 113 N. Park Dr. 92021 and we will make sure she receives them on her birthday

Just Because....

Purpose: A get together with Crest friends & neighbors to talk about whatever is on our minds.
Background: I was talking with some gals at the recent Bunco night at the Crest Community Center. We got around to talking about what was going on with our family and friends. We came to the conclusion that it would be nice to continue and maybe come back to the Center to share.
Goal: Meet at the Center to talk about anything that's on our minds. Is a relative going through some medical issues?, Does a child have a problem with a particular teacher?, Just because I need to vent some frustrations, You need to ask around to get some information.

If you think you'd like to give it a try, you can contact on my cell 619-820-4463 or email bodaciousjudy@cox.net if you have any questions.

In other words, "Just Because"
Thanx & have a good day, Judy Becker

STAY INFORMED!

Have you signed up for the Free Crest Emergency Communication system, and email system? Do you need to update your phone numbers or add an email address? Fire season is upon us and we need to be connected!!!

Send your email address and phone numbers to editor@thecrestsun.com or to kandyfranklin@cox.net and we will add you to the list to keep you informed of Crest events. Email or mail your emergency phone numbers to the above email address or 113 No Park Dr. Crest 92021. (Since it is a locked box, you can also drop changes in the CCA mailbox in an envelope marked "emergency numbers")

Builder Quits Business Call David 619-733-6533

Tools & Equipment	Cost
NEW Champion 6.5 Gas engine	\$100
NEW Lincoln Pro Mig 140 Welder	\$350
NEW Craftsman 125 psi Double air tank compressor	\$100
Used Once Craftsman 2500 psi power washer with Honda GCV 160 gas engine	\$250
Craftsman Dual Rotating Tines, Rotoitiller self drive 7 HP gas engine with 17" blades	\$500
Craftsman Pro 12" slide saw	\$250
Troy 8000 Generator gas	\$700
Teel 1 1/2" gas water pump	\$200
Husky cement mixer 1/2 hp Direct Drive	\$275
2.5 Hp Tile wet saw	\$200
Workman Cycle Team Dual Trike with rear basket, over \$3000 New , like new	\$1,000
Dry wash Sluth Box	\$200
Kawaski Mule 4x4 Diesel with dumping bed	\$1,000
GMC Dumping flat truck , Diesel	\$ 750
JCB 1400B Extra dig Backhoe	\$9,000
Materials	
30 ea 24" boxed trees assorted	\$60 up
100 ea 15 gal assorted trees	\$20
Cherry wood with cherry finish 13 10x10 1/4" "X4" face shelves	\$25
70 ea 10' to 12' x 1/2 to 3/4 " thick x 2", 3", 4", 5", to 6" wide	Offer
2 ea 3'x' doors with glass panel \$2,000 new	\$200
10 ea 3' to 8' solid core doors – Paint Grade	?
Rebar – 70 ea 1" x 10 to 20 length, some with 1' bends, 60 grade	\$10 up
60 ea 5/8" x 20', 30'	\$10 up
200 ea 1'x 3' L bars	.25 ft
11 ea 5" x 6' galvanized pipes	\$50
1 ea 20'x5 1/2" x 4" 3/8" thick L metal	
1 ea 20" x 8" x 4" 1/2 thick steel beam	
8 ea rolls of 4' 3=6' with gate chain link fencing some post	Or best offer
Also 100's of feet of galvanized cable and other construction materials	
Call David 619-733-6533	



A Note From

The Alpine Sheriffs' Department

Crime Prevention Information:

President Obama recently signed the American Recovery and Reinvestment Act of 2009. This act provides for the one-time payment of \$250 to individuals who get Supplemental Security Income (SSI) or Social Security benefits.

There is concern that recipients of the \$250 Economic Recovery Payments could become victims to a scam over the next several months, To reduce the likelihood of scams, here is information on the following three facts:

- All Social Security and SSI beneficiaries who are eligible for the special one-time recovery payment will have their payment issued in May;
- The payment is automatic.
- There are no requests to make, no applications to complete, no emails to respond to, no fees to pay, and no help is required to obtain the payment.

To report a scam, call the fraud hotline with the Social Security Office of the Inspector General at 1-800-269-0271 between the hours of 10:00 a.m. and 4:00 p.m. EST. Their website is:

www.socialsecurity.gov/oig

For more information on The American Recovery and Reinvestment Act of 2009 log onto the Social Security Administration's website

<http://www.ssa.gov/payment>

Paula Dickenson, Alpine and East County Crime Prevention - 619 659-2608



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- Petsitting References Available





Crest Fire Safe Council has been busy these last two months. First, we had an assembly at Crest School to introduce the students to our new “four footed friends.” Environmental Land Management, owned by Johnny Gonzales, and Kandhy Franklin, facilitator of CFSC presented information regarding the fuel reduction grant awarded to the CFSC. Part of this project is to introduce goats to the fuel on our mountainsides for munching, and then integrate other methods of fuel reduction. This type of project usually starts with a ceremonial “Running of the Goats” through a community. This ceremony originated in Pamplona, Spain where they do the “Running of the Bulls.”



Saturday, March 7th, under a bright blue sky, it seemed that all of Crest turned out for this “Running of the Goats!” Crest Boy Scouts, Crest School with their blue bandanas, parents, teachers, Martin Jaquez, Principal of Crest, media from every station, Crest businesses and organizations waited for the goat herders to release the 250 goats for their run down the dirt road next to South Lane Park.



Waiting anxiously, at the horse arena were members of Cal-Fire, and San Miguel Fire Department, our grant partners. The goats were successfully herded to either the “Goat Garden area” or the



petting zoo, which was filled with new babies and their moms. As the spectators were gathering around, CFSC was there to present awards and free cotton candy and sno-cones. Tony’s Crest Foods presented free sandwiches with the assistance of the Kiwanis. Marilyn Huntamer with Farmer’s Insurance passed out the DVD’s “Before the Threat”. Faith Berry from Fire Safe Council handed out information regarding fire safety and collected names for our Crest Emergency system. CFSC would also like to thank Lank Luna Construction,



also a partner in our grant, for the jump that wore out kids and adults! Thanks also to Dez Construction who provided the bathroom facilities, and Image Blue Print who provided CFSC with maps.

Next came all the paperwork, or “permission slips” to get the work started. A final map had to be completed. A “Town Hall” meeting was set up on March 29th for the dissemination of information. The names of people who wanted goats to work on their property was collected. Special insurance riders had to be obtained, and submittal of the next grant had to be completed in order to continue with work under the first grant. Ours was one of 397 grant proposals this year, requesting a total of \$70 million. The preliminary decisions have targeted 144 projects totaling \$20 million for potential funding. We are anxiously awaiting the news. CFSC is in the final stage of receiving their 501©3 status, taking ham radios classes, and preparing information for a Crest Large Animal Evacuation to be published in conjunction with San Miguel Fire Department. Farmer’s Insurance, CFSC, and San Miguel have just received news that a grant was awarded to prepare 40,000 more of the DVD’s of “Before the Threat” to be hand delivered countywide.



The firefighters from our San Miguel Fire Department wanted to let you know about their Ninth Annual Charity Golf Classic, which will be held May 21st at Cottonwood Rancho San Diego Golf Course. For tickets and information, call Nick Johnson at (619)654-3012.



Crest School

School Accountability Report Card (SARC)

Public schools throughout the State of California are required to provide information about themselves to the community in the form of an annual School Accountability Report Card (SARC). These report cards provide information about your school's student achievement, environment, resources, and demographics. The 2007-2008 School Accountability Report Card is available on the Internet February 1, 2009.

State law requires the California Department of Education (CDE) to maintain a centralized set of links to local Web sites to facilitate public access to School Accountability Report Cards throughout the state. The California Department of Education's web page for School Accountability Reports Cards is www.cde.ca.gov/ta/ac/sa/. To view Cajon Valley Union School District School Accountability Report Cards to www.cajon.k12.ca.us/Schools/.

If you would prefer to obtain a paper copy, please feel free to contact the school office

Crest School Works to Save Our Planet

Dear President Obama,

There is a plastic island in the Pacific Ocean. The fifth grade is trying to do something about it. Marine animals are dying because they are eating the plastic grocery bags that are in the ocean. We want you to help. Thank you!!!!

Reese Summers Lopez
P.S. You rock!!

Take a few minutes to read about the efforts of Mrs. Keffer's Fifth Grade Class to "Go Green" on page 18.

Trevor Ambler and Reese Summers-Lopez



Katie Strickland (below)



Logan Strickland (below)

Going Green

Meet the Plarneteers!

By Allyson Geng and Mrs Keffer –
Room 10 – Crest School



The 5th graders of Crest Elementary School have decided to save the planet, one plastic grocery bag at a time! It all began when we heard a news story about an island in the Pacific Ocean completely made of plastic trash! We wondered how that could be. And so, our work began.

Through our class research, we learned how plastic grocery bags are all over California and the world, even in our oceans. Because of this growing problem, hundreds of thousands of marine animals are dying because they actually eat the plastic grocery bags that get caught in the currents. Why? Because the dolphins and sea turtles love to eat jellyfish, and guess what the plastic bag pieces that are floating in the ocean look like. That's right, jellyfish!

Americans alone, throw away some 100 billion plastic grocery bags a year. That's like dumping nearly 12 million barrels of oil down the drain because plastic grocery bags are made from petroleum. What a waste! We also found that only 1% of the plastic bags are recycled world wide and about 2% is recycled in the U.S. Some of the ink and color on the bags even contains lead, a known toxic. Right here in Southern California, we use and throw away 600 bags per second!

Another terrible thing we learned is that plastic bags never really break down or biodegrade because they need sunlight and air to photo-degrade. Most of the plastic grocery bags end up buried in landfills or floating in the oceans, or even forming plastic islands! All of this information made us feel guilty because we are all part of the problem. We knew something had to be done.

The 5th graders, also known as The Planeteers, are part of "Ecology Kids Serve" which is a service-learning grant that gives us a chance to make a difference at school, the community, and in the world. With everything we have learned, we decided to do our part to save the planet, one plastic grocery bag at a time. What we are doing is turning used plastic grocery bags into "plarn". Plarn is plastic yarn. Once we make enough plarn balls, we contact people from all over the place who know how to crochet and who would be willing to volunteer for our project. We supply the directions and the plarn. The crocheters agree to use plarn to crochet reusable grocery tote bags, water bottle holders, and many other clever items that they will donate back to use. One reusable grocery tote bag keeps 40-60 grocery bags out of landfills and the ocean! One water bottle holder uses 15-20 bags. So far, we have taken close to 1,500 plastic grocery bags out of the problem. We have also received 20 completed

"plarnets", our name for the tote bags, purses, grocery sacks, and water bottle holders. We will be sharing our plarnets with the School Board members and the administrators of the Cajon Valley School District on May 12th at the School Board Meeting. We are very excited to present our project to the School Board. We want everyone to get the message through our work. We hope that the School Board members will see how important it is to have kids get involved in service projects. It feels good to be doing something that makes a difference. We have learned way more than we used to know and doing service learning projects like this has made us really want to wake up and get to school each day! Ever since we started the Plarneteers, school is like a new adventure where we do something different every day, like well, saving the planet!

If you are interested in learning more about "plarning", you can contact the Plarneteers at keffer@cajonvalley.net

There is also amazing websites that you can visit. Just Google plastic grocery bags or plarn! Two of our favorites are Marloscrochetcorner.com and myrecycledbags.com.

About the Island...

"The enormous stew of trash - which consists of 80 percent plastics and weighs some 3.5 million tons, say oceanographers - floats where few people ever travel, in a no-man's land between San Francisco and Hawaii" The vast expanse of debris – in effect the world's largest rubbish dump – is held in place by swirling underwater currents. This drifting "soup" stretches from about 500 nautical miles off the Californian coast, across the northern Pacific, past Hawaii and almost as far as Japan.

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Crest Kiwanis

Crest Kiwanis gives out awards at the Special Olympics.

Crest Kiwanis was honored to be a part of the running and walking event at this year's Special Olympics at Santee High School. We were joined by three lovely young ladies "Princesses" who helped present the medals. We also got this shot of the Greenfield Builder's Club, which we sponsor, and the sign that they made for the event. We discovered that Suzanne Mullins makes a wonderful sports announcer-bringing accolades to the Crest team. We were invited to participate in the next Special Olympics in Point Loma in May.



Photo: Suzanne Mullins, Steve Chase, Linda Chase, Princess, Princess, and Roger Mullins.



Congratulations to Stephen and Rebecca Shipley

Stephen Shipley and Rebecca Garber were married April 15 at the Crest Community Church. Rebecca Garber is a graduate from El Cajon Valley High School. Stephen Shipley, a resident of Crest for over 18 years, attended Crest Elementary School and Grace Christian High School. Stephen is the eldest son of Joetta and Steve Shipley. Becky is the daughter of Bill and Connie Garber. Stephen and Becky met at Shadow Mountain Church while attending the College Group. They will be living in El Cajon and plan on attending and serving at Crest Community Church.



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Pizza

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	14"	18"
Cheese	\$8.99	\$9.99
1 Topping	\$9.99	\$11.99
2 Toppings	\$11.99	\$13.99
Toppings	\$1.50 each	\$2.00 each

Toppings

Ham, Mushrooms, Pepperoni, Olives, Onion, Bacon
Pineapple, Sausage, Bell Pepper, Jalapeño, Meatball,
Tomato

Specialty

	14"	18"
Veggie	\$14.99	\$16.99
Mushrooms, Olives, Onion, Bell Pepper, Pineapple		
The Works	\$16.99	\$18.99
Ham, Bacon, Sausage, Pepperoni, Mushroom, Pineapple, Olive, Onion, Bell Pepper, Jalapeño		
Meat Lovers	\$14.99	\$16.99
Ham, Pepperoni, Bacon, Sausage, Meatball		
Greek	\$14.99	\$16.99
Feta Cheese, Olive Oil, Garlic, Tomatoes, Basil		
BB-Q Chicken	\$14.99	\$18.99
BB-Q Sauce, BB-Q Chicken, Diced Tomatoes, Onion		
Hawaiian	\$11.99	\$14.99
Ham & Pineapple		

NEW

NEW

Salads

Chef Salad	sm \$2.99	Lg \$5.99
Lettuce, Ham, Turkey, cheese, tomato, & onion		
Garden Salad	sm \$2.99	Lg \$4.99
Lettuce, Tomato, Red Onion, Olive, Bell Pepper, Pepperchinis		
Greek Salad	sm \$2.99	Lg \$5.99
Lettuce, Tomato, Red Onion, Feta Cheese, Black Olive, & Pepperchinis		
Dressings: Ranch, Italian		

Deli Subs & Sandwiches

Ham & Cheese	\$4.99
Pastrami (Hot or Cold)	\$5.99
Roast Beef	\$5.99
Turkey & Cheese	\$4.99
Turkey & Roast Beef	\$5.99
Tuna Salad	\$5.99
Meatball	\$5.99
Chopped Pork with Coleslaw	\$6.99
BB-Q Chicken with Coleslaw	\$5.99
Double Meat	\$2.00
Bacon	\$1.00

NEW

BB-Q Ribs & Chicken

Grilled fresh daily & served all week!

Ribs

Full Slab Only	\$17.99	½ Slab Only	\$10.99
Full Slab Meal: 12-14 bones, & 2 Sides			
\$19.99			
Half Slab: 6-7 bones, 2 Sides			
\$13.99			

Chicken

Whole Chicken Only	\$9.99
½ Chicken Only	\$5.99
Whole Chicken Meal: with 2 Sides	\$11.99
Half Chicken Meal: with 2 Sides	\$6.99

Combo Special

Half Slab Ribs & Half Chicken, with 3 Sides	\$18.99
---	---------

Family Feasts (Meat only)

2 Slabs of Ribs & 1 whole Chicken	& 2 litre soda	\$44.99
2 whole Chicken & 1 Slab of Ribs	& 2 liter soda	\$35.99
Full Slab Ribs & One Whole Chicken	& 2 litre soda	\$25.99

Sides

Macaroni Salad, Potato Salad, Italian Pasta Salad, Baked Beans, Coleslaw	\$1.99 each
3 Side Combo	\$4.99

Crest Foods

Prices are subject to change

Turkey Club – Turkey, Swiss, & Bacon	\$5.99
Italian Sub- Ham, Salami, & Provolone	\$5.99
Tony's Pizza Sub – Any Pizza Topping, Sauce & Cheese hot from the oven	\$4.99
The Dave – Lettuce, Tomato, Onion, Olive, Mushroom, Green Pepper, Cheese, & Italian Dressing	\$4.99

Cheeses: Swiss, Provolone, Cheddar, & American
Fixens: Lettuce, Tomato, Onion, Pepperchinis, Olives,
Mayo, Mustard, & Italian Dressing
Bread: 8" sub roll, White, Wheat, & Sourdough

Day-Cationing in San Diego County

May and June is the time of the year that San Diego comes alive! Check out these events:

May 1-10 –Cinderella - @ the Christian Youth Theatre El Cajon Performing Arts Center – Adults 14 Children under 18 - \$12
Come see Crest'sr very own Pearl and Emilee Hubert perform! TIX or email the Huberts @ 619-593-6178 Huberthze@cox.net. Make Checks Payable to CYT And notate your date in the memo.

May 2-3 – Alpine Sage and Songbird Festival – Location: In the Show Court at Viejas Outlet Center - Hours: 10 am - 4 pm Sat., May 2; 10 am - 3pm Sun., May 3. FREE admission for everyone! Educational Seminars, Live Butterfly Exhibit, Dozens of vendors of quality garden-related items (and just before Mother's Day!)

May 2- Sept 26 - Concerts on the Green in El Cajon- Free Friday evening concerts, 5:30-7:30. Prescott Promenade Park, El Cajon. Lots of great entertainment.

May 2-3 2009 Fiesta Cinco de Mayo - Old Town, San Diego • 619-291-4903 - Old Town goes all out for Mexico's holiday with food booths, dancing, mariachis and other live entertainment on seven stages. Activities for the kids, stagecoach rides, an equestrian show and historical reenactments.

May 8-17 –Charley's Aunt - Grossmont College Stagehouse Theatre “ Showtimes : Wed-Fri 7:30 – Sat 2 & 7:30 pm. For More information www.grossmont.edu. Cost \$ 8-10

May 9-10 – Gator by the Bay:Zydeco Blue and Crawfish Festival, San Diego – 25 local and national bands, 8000 pounds of fresh crawfish and cajun cuisine. Spanish Landing Park Harbor Island www.gatorbythebay.com

May 12-18 National Historical Preservation Week- Featuring historical locations, heritages & tourism promoted by the Gaslamp Quarter Historical Foundation. Special tours & events including a “Walk Through Time”. Reservations & information: 619.233.4692

May 13 – 5-8 pm - Cajon Classic Cruise, the largest weekly classic car show in Southern California, will be returning to Main Street in Downtown El Cajon on this 2009 Season Opener! Every Wed through September http://www.downtownelcajon.com/event_ccc.shtml

May 17 - 10th Annual Imperial Beach Chili & Jazz Festival- Admission is free. Includes jazz bands in an all day concert, chili contest, beer garden & food. Veterans Park, Imperial Beach. 7:30-6:00 pm Information: (619) 575-7997, (619) 575-7997

May 17- 18 - 15th Annual San Diego American Indian Culture Days- Balboa Park. Featuring traditional singers & dancers, American Indian food, arts & crafts. Park Blvd & Presidents Way, Free admission. Information: 619.281.5964

May 17, 2009 North Park Festival of the Arts - University Ave between 30th St & 32nd St, San Diego - This entertaining festival highlights arts and culture, with plenty of live entertainment on multiple stages, lots of arts and crafts, a Pet Zone and an art station just for the junior set. North Park is a charming community convenient to downtown, located just north of Balboa Park.

May 17, 2009 - The San Diego Sicilian Festival - Little Italy Free 10am-6pm. Music, food and art celebrate the region's Italian/Sicilian roots. 619.233.3506

April through May 20.. Cuyamaca College Annual Spring Student Fine Art Exhibition 2009 – Communications Art Bldg B- 3rd Floor. For more information www.cuyamaca.edu/finearts/

April Through May 18, 2009 - Add \$3.00 pp to a Maritime Museum General Admission and experience a 1 or 2 Hour '**Historic Bay Cruise**' on San Diego Bay aboard the 1914 Pilot boat on Friday, Saturday or Sunday. Historic Bay Cruises run on extended weekends from 11:00 a.m. until 3:00 p.m. and depart on the hour. Two

routes are available (North or South) and vary with each departure. Now fully restored, Pilot shuttled harbor pilots to Merchant ships entering San Diego harbor for over 80 years.

May 24 - 25th Annual Ethnic Food Fair- 10-5 PM Featuring foods of many nations, music & dancing. House of Pacific Relations International Cottages, Balboa Park. Free admission. Information: 619.234.0739. www.sdhpr.org/events

May 30 - Ninth Annual Ramona Air Fair- Includes demonstration flights, WW II aircraft, military aircraft flights & aerial fire fighting. Ramona Airport. Information: 760.788.3366, www.ramonairfair.org.

May 30th – Santee Street Fair – 10:00 am – Free - Enjoy rides, entertainment, live music, food booths and a beer garden on Riverview Parkway, next to Santee Trolley Square. 619-449-6572

June 6-7, 2009 – Wings Over Gillespie Air Show – Cost \$12 adults. For more information, visit www.wingsovergillespie.org.

June 12- July 5, 2009 - San Diego County Fair Organized in 1880, this fair has become one of the best agricultural fairs in the nation, noted for being the fifth largest fair in North America. It found its permanent home at the Del Mar Fairgrounds in 1936 and has been hosting visitors each year ever since. Fun events like ostrich and camel racing, a turkey stampede, and famous country singers performing live make this fair a must visit. Many locals refer to the fair as the Del Mar Fair, so don't get confused if that's what you hear it being called.

June 27, 2009 - Ocean Beach Street Fair & Chili Cook-Off - Newport Ave Ocean Beach, San Diego -Established for over 25 years, this tasty festival draws hungry patrons from near and far. It's a fun beach celebration topped off with plenty of zesty chili. Live music, displays by area artisans, carnival rides and pony rides included as well. Who could refuse? Free shuttles run from Robb Field and Sea World Drive at Pacific Highway throughout the day.

Music, Music, Music.....



Local Music – Hear Our Very Own Don Halte sing at:

1)Third annual “**Senior Follies**” (a musical who’s theme is traveling the US and all the states) produced by CCT/CYT and held at El Cajon’s East County Performing Arts Center. All 70 entertainers are 55 or older. June 19, 20 ,25, 26, & 27 @ 7pm. June 20, 21, 27, & 28 @ 2 pm. For Tickets call 588-0206.

2)**Frontier Days/Weighorst Museum**” in El Cajon. A Western Themed Affair on Rea Street in downtown El Cajon. **June 6th and 7th** 10am to 5pm. Don and Mtn. Echo sing @ 11am on the 6th and 3pm on 7th. Wear western garb. All “old west” activities, entertainment, gunfights, crafts, food and beer gardens on both days. Free admission.

3) **Don and Mtn. Echo sing** @ El Cajon Valley HS for the 24 hr. “**Relay for Life**” cancer fundraiser @ 6pm on **June 6th** @ the track on the high school campus. Free admission.

4) **Don sings** @ “**Mamma Rosa**” Italian Restaurant @ 1773 East Main St on the third Wed of every month from 6pm to 8pm. Call 442-0231). Come into the “mom and pop” restaurant for great Italian food.

Starting May 22 -The Concerts on the Green, the free weekly summer concert series featuring live music for all ages, opens **Friday, May 22, 2009** from 6:00 - 8:00 pm on the Prescott Promenade in Downtown El Cajon! Opening night of 2009 Concerts on the Green will feature the Rock'n Roll sounds of The Cat-illacs. Concerts run Friday evening through September 4. http://www.downtownelcajon.com/event_cotg.shtml

For a list of all Free Summer Concerts throughout San Diego including: Alpine, Balboa Park, Carlsbad, Chula Vista, Coronado, Del Mar, El Cajon, Encinitas, Escondido, La Mesa, La Jolla, Lemon Grove, Mission Hills, North Park, Pacific Beach, Point Loma, Poway, Santee, Seaport Village, University City and University Heights, **go to:** www.signonsandiego.com/feature/free-summer-concerts/

Veteran's Benefits for Assisted Living for Veteran and Wives or Widows

The Veterans' Administration offers a Special Pension with Aid and Attendance (A&A) benefit that is largely unknown. Most find it hard to believe it exists, but it does! This Special Pension allows for Veterans and surviving spouses who require the regular attendance of another person to assist in eating, bathing, dressing, undressing or taking care of the needs of nature to receive additional monetary benefits. It also includes individuals who are blind or a patient in a nursing home because of mental or physical incapacity. It is not a benefit for a person needing housekeeping or respite or part time care. Assisted care in an assisted living facility also qualifies. This most important benefit is overlooked by many families with Veterans or surviving spouses who need additional monies to help care for ailing parents or loved ones. This is a "pension benefit" and is not dependent upon service-related injuries for compensation. Most Veterans who are in need of assistance qualify for this pension. Aid and Attendance can help pay for care in the home, nursing home or assisted living facility. A Veteran is eligible for up to \$1,554 per month, while a surviving spouse is eligible for up to \$998 per month. A couple is eligible for up to \$1,842 per month. Increase each year for cost of living. Qualifications are: 1) Veterans must have served 1 day during an active war and had no less than a 90 day service. 2) Surviving spouses must still have been married to the veteran when they passed. 3) You must have a doctor's order insisting you need the aid and attendance of another every day. 4) You must have less than 80K in checking and savings even less if you are applying as a single (not including your home or vehicles.) If you have IRAs and CDs they are included as income. 5) You must have received an honorable discharge or general discharge. 6) You can choose where you want to live as long as it is a credible facility or community/ Home care company. 7) You may not qualify if you are on state assistance (Medicaid or another subsidized program due to your low income).

Please call us for more information or you can contact the VA direct @ 800-827-1000.

It is hard to speculate on what you will experience while filing for the Aid & Attendance Special Pension. Each case is unique and carries its own set of challenges. One thing you can expect is that it will take between 4-6 months for your application to be processed. Fortunately, all benefits are retro-dated back to the original filing date. However, if you or your loved one is ill, it can be a challenge to get everything done quickly.

Additional information? Go to:

www.veteranaid.org/
www1.va.gov/opa/pressrel/docs/aid-and-attendance.doc

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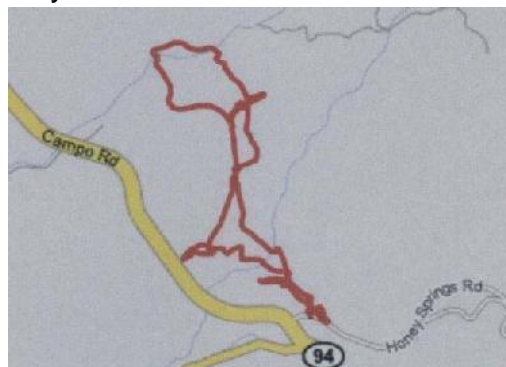


E-Crest-Rians

By Kandhy Franklin-Collins

Rides, Rides, and more rides. The E-Crest-Rians were on trails everywhere these last few months. Groups of us met at South Lane Park and traveled to ride the Hollenbeck Canyon are in the Jamul area. This

acquisition of approximately 3500 acres of Daley Ranch property near Jamul in 2001 by California's Wildlife Conservation Board led to the establishment of the Hollenbeck Canyon Wildlife Area, now being managed by the California Department of Fish and Game. About half the property remains closed to the public, while the remaining half is open for hiking, and horseback riding. The trails are mostly fire roads, little or no rocks, and it has trees for shade! There are a couple of water crossings right now, but to the heat they will be gone soon. This is an easy and comfortable ride, you can't get lost. Try it! The next ride was to Boulder Oaks. It is a bit of a ride to get there, but nice trails. Ride in a river bottom and onto the Pacific Crest Trail. There are large trees, lots of shade, and green grass for horses to munch on as well as places to tie up and picnic. **Description:** 3300-foot elevation. 30 campsites, including 14 reservable equestrian sites and some double sites. This is a crucial breeding ground for the endangered arroyo toad, and closes periodically for the health of this animal. Bears are frequent visitors at this campground and bear boxes are provided. **Location:** East of San Diego, take I-8 to Buckman Springs Road exit and continue 2 miles east on Old Highway 80.



of

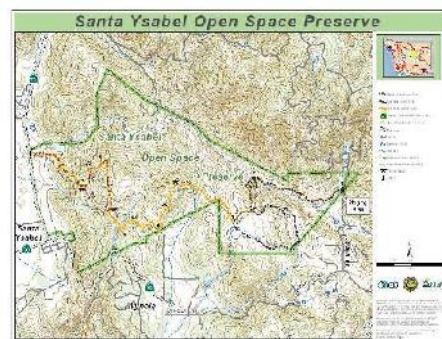
The next rides were in Ramona's Country Estates, on Cuyamaca trails, and a great ride on the Santa Isabel Preserve. **Horse camping is now available.** Call Kandhy at 444-4996 to check out Caspers Park, Manzanita, and Sweetwater Summit. Camping with horses takes a little planning, but it is sure worth it. There are folks who camp all the time and are just looking for someone to go with. When you see the Crest sign board announce a planning meeting, please come. We can get a count of those with trailers, who like to stay in Crest and ride, and who is willing to go on an adventure!



camping in the Cuyamaca's, Camping with horses takes a little planning, but it is sure worth it. There are folks who camp all the time and are just looking for someone to go with. When you see the Crest sign board announce a planning meeting, please come. We can get a count of those with trailers, who like to stay in Crest and ride, and who is willing to go on an adventure!



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Mailing address: P.O. Box 21489, El Cajon, CA 92021
e-mail: wrplanning@aol.com website: www.crestplanning.org

The mission of the subregional planning group is to advise and assist the Director of Planning, the Planning and Environmental Review Board, the Zoning Administrator, the Planning Commission and the Board of Supervisors in the preparation, amendment and implementation of community and sub-regional plans.

Meetings are held the 2nd Monday of each month at 7:00 pm. Locations rotate between the Dehesa Fire Station, The Crest Community Center, and the Harbison Canyon Community Center. The next meeting of the planning commission is May 11, 2009 at the Dehesa Fire Station..

- January, February March and April meetings are held at the Crest Community Center
- May, June, July, August meetings are held at the Dehesa Fire Station.
- September, October, November and December meetings are held at the Community Center, Old Ironsides Park, Harbison Canyon.

Meeting agendas, minutes, and planning commission documents may be found on their website at www.crestplanning.org. The website can also be accessed by going to the www.thecrestsun.com website and clicking on planning group or organizations.

Excerpts from February 9 Planning Notes Regarding Crest:

Announcements:

➤ *that* the Department of Planning and Land Use has approved TM 20899 on Highline Trail (Crest), but that the Group's concerns about the need for a retaining wall to mitigate for safety, and for a fence to mitigate for noise and light impacts, were not addressed by the County;

➤ *that* the original comment period for AB 885 regulations on septic tanks closed on 9 February 2009; the proposed regulations could be reviewed at the State Water Resources Control Board's Web site, www.waterboards.ca.gov/water_issues/programs/septic_tanks/. The comment period for AB 885 was extended to 23 February 2009.

Open Forum (Kandhy Franklin)

➤ *that* Supervisor Dianne Jacob was asked about the possibility of a flashing speed warning light on the La Cresta Road grade, and a flashing horse crossing warning light at the intersection at the top of the grade, and she asked the Planning Group for its support of these lights;

➤ *that* a California Conservation Corps crew began the South Lane Park fencing project, which should help the E-Crestrians obtain insurance coverage for its maintenance responsibilities at the park;

➤ *that* the first \$100,000 for fuel modification in Crest has been made available, and the "Running of the Goats" on 9 March 2009 will celebrate the implementation of the goat-grazing fuel modification project;

➤ *that* residents on the periphery of Oakridge Park (=Crestridge Ecological Preserve) are concerned that the County and the separate Fire Districts have differing fuel abatement rules, and that a consistent standard is needed.

2020 General Plan Committee. Jack Vandover reported that he had collected comments on the Draft General Plan and forwarded them to the Department of Planning and Land Use; that the next Steering Committee meeting will be on 28 February; and that the Draft Subregional Community Plan will be an item on the next Planning Group meeting agenda.

Item 8a. New Business. Removal of Microwave Tower, Alta Lane, Crest. Pat Ulm reviewed for the Group the history of the now-unused Microwave Tower on Alta Lane. She moved that the Planning Group requests the County to enforce removal of the unused Microwave Tower on Alta Lane. The motion passed (11 yes; 0 no; 0 abstain).

Item 8b. New Business. Semi-trucks and Trailers on Mountain View and La Cresta Road. Pat Ulm led a discussion of occasional traffic of semi-trucks and trailers through Crest, possibly lost, possibly seeking alternative routes to I-8. No action was proposed or taken by the Group

A Little Bit of Trivia ...

Ever wondered how much money participants make for the reality shows?

- Dancing with the Star's 17 year old Shawn Johnson will pull \$365,000 including a \$125,000 for just joining the cast, and bonuses up to \$50,000 for each week she survives.
- Survivor compensation starts at \$2,500 and grows each week with the winner receiving a \$1 million payout.
- Big Brother participants are paid a mere \$75 a week stipend (about 10cents an hour)
(Thanks to Entertainment Magazine for this little tidbit...)

**Cajon Valley Union School District
Crest School Holiday Schedule 2008-2009**

2008-2009 Schedule

08/25/08 First Day of School
 09/01/08 Labor Day
 11/10-11/08 Veterans Day
 11/26-28 Thanksgiving Holiday

12/22-01/09 Winter Break
 01/19/09 Martin Luther King Holiday
 02/09/09 President's Day (Lincoln)
 02/16/09 President's Day (Washington)
 04/06-17 Spring Break
 05/25/09 Memorial Day
 06/19/09 Last Day of School

**Grossmont Union High School District
Granite Hills Holiday Schedule 2008-2009**

2008-2009 Schedule

08/18/08 First Day of School
 9/01/08 Labor Day
 11/11/08 Veterans Day
 11/27-11/28 Thanksgiving Holiday

12/22 – 01/04 Winter Break
 01/19/09 Martin Luther King Holiday
 02/09/09 President's Day (Lincoln)
 02/16/09 President's Day (Washington)
 04/06-04/17 Spring Break
 05/25/09 Memorial Day
 06/04/09 Last Day of School



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About Crest...



Pictured above are volunteers in the '40s that helped lay the three mile pipeline up the Crest grade.

Running Water

By Peggy Meredith

Peggy and husband Gary, both transplants from back east, have lived in Crest since 1979. Peggy is a mother of four grandmother of one, gardener, surfer, and tries to be earth friendly. " We feel that Crest was an ideal place to raise our four kids. They agree! It's a great balance of small town community, safety and open space. We still love life in Crest."

When I moved to Crest in 1979 we paid our water bills to the Crest Public Utility District. As I learned more about Crest's colorful history I heard stories of the struggles and shenanigans acted out by past residents in efforts to keep water flowing through the taps of Crest homes.

In the '90's, when I was attending more CCA meetings, the regulars I remember attending those meetings were then president, Glenn Weischedel (we called him "the mayor"), Phil Goettsch, Jim Lakner, Dan Wilson, Liz Wilson, Kathryn Hawkins, and long time resident Reta Matlock, who would walk up to join us from her home a couple of blocks away. It was from Reta that I first heard humorous stories of Crest's water history. I've thought it would be fun to assemble it on paper and a phone call to Dot Miller helped to fill in the blanks, confirm and correct what I remembered and got me going.

In the 1940's Crest homes were largely week-end cabins constructed with used materials on lots. Some were able to acquire lots as bonus incentives by purchasing newspaper subscriptions. Back in the 1920's, The San Diego

Sun offered 25' x 100' lots in Crest for \$38.50 with a subscription purchase. The ads mentioned plenty of crystal clear water in Crest. Yet even back in the '20's minutes from community meetings noted the need for a special fund to improve the water supply.

During this time, the hill was divided into two communities: Suncrest included all the homes south of North Lane and La Cresta, those north of North Lane. What we now call North Crest was all open space at that time. Each community had its own clubhouse. La Cresta Women's Club was built on the site of our present CCA Building on North Park Dr. and was referred to as La Cresta Clubhouse. This building had wood flooring salvaged from a San Diego ballroom and was destroyed in the 2003 Cedar Fire. The structure that now serves as the main building of Crest Community Church on Suncrest Blvd. was originally the Suncrest Clubhouse. Reta Matlock remembered a bit of rivalry between these two divisions of Crest and one evening meeting at Suncrest Clubhouse that was raided and sabotaged when La Cresta folks disconnected the power and left the meeting in the dark as a protest to what was going on there.

This historic rivalry was resurrected in the '90's when an annual 4th of July softball game was played at Crest School for several years. The teams? North against south, La Cresta vs. Suncrest.

Each sector also had wells that supplied its homes with water. The La Cresta wells were located in the canyon down La Cresta grade, not far from the top of the hill. Suncrest's wells were located down the old grade, Suncrest Blvd.

Another well near Crest School and South Lane Park was used to supply a swimming pool located on what is now school property. This pool was constructed, maintained and managed by the Suncrest sector, was built around 1928 or 29 and used until around 1936. Someone reportedly poured concrete into the drains effectively disabling the system and put to an end the debate over "wasting" water to maintain a pool. The pool sat unused and abandoned until it was filled in and covered up with dirt sometime in the forties.

At some point in the 40's the Suncrest well dried up and for a time Suncrest residents got water from a water truck parked at their

clubhouse- maximum 5 gallons per day. One story says the Suncrest residents were not above helping themselves to the La Cresta supply, However, shortly after Suncrest's well went dry, so did La Cresta's.

At that time Stanley Andrews, the sporting goods businessman, was living at the bottom of the hill and had water on his property. He allowed our community to pump water up the hill from his land to keep the taps flowing. This required a huge volunteer effort to lay a pipeline up the three miles to Crest and hook us up to this source at the Andrews place.

The next step in water delivery to Crest was the formation of the Crest Public Utility District when we began purchasing water from the Helix Water District and managing our own utility district, continuing to pump water up the hill.

Crest's water district served Suncrest and La Cresta and the rest of the area known as Crest until 1985 when fears about the rising costs of maintaining our own system led to a merge of Crest Utility District with Padre Dam. They took us on with the agreement we pay for the needed upgrade to the pumping system and Crest residents continue to find the "past debt service" fee on our Padre Dam bills. There was much dissent on the merger issue as we gave up the local control our little utility district represented to us. In the end the measure passed and the Crest Public Utility District became extinct, reflecting an increasingly complex and high tech world. The

last entry in my old check register written to "Crest PUD" was on July 23, 1985 for \$69.92.

Today our community is more unified, less divided and our common interests and activities center around our beautifully rebuilt and landscaped CCA Clubhouse and adjacent Nancy Jane Park. Our current water delivery system works well to serve our community of 3000- plus people. Perhaps a bit too smoothly, making it easy to use large quantities of water without much thought or cost. Again we face water shortages and are challenged to rethink our public supplies, personal water usage and new ways to conserve our limited resources.

My thanks to Dot Miller for the consult and corrections. For more precise dates and details check out the catalogue of photos, letters, newspapers and other items that Dot has organized and maintained, for twenty years, as the spearhead of the Crest Historical Society, housed at the Crest Library.

The Crest Historical Society (CHS) is always looking for new members. There is one general meeting a year. A monthly workshop meets the first Tuesday of each month at 1 pm at the Library. Members receive ECHOES, the newsletter, 4 times a year. For information call Dorothy Miller 444-0968.

Do you have information to share in "About Crest" or to give to the Historical Society? Call Linda Hjelle @517-9838 or email editor@thecrestsun.com.

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Critters in Crest

California Quail

By Stanley A. Shelton

I asked my family what my next critter subject should be for this column. Most of the suggestions given, I had already written about, but then, we heard the quail call, and so "quail" it is. Quail is codorniz in Spanish. Recognize the street name?

Our original back fence was falling apart some years ago, and we were going to fill in our old pool hole, so the back fence went. This gave us a window through which to watch a covey of quail, several times. It's hard to say if it was the same covey, or another one, each time, but it was a real good opportunity to observe the local quail. It was late summer or early fall.

A quail would go to a new area looking for something to eat. Another would notice and rush over to check out the possible bonanza, then another, then another, and finally the whole covey. It was as if the first quail to move from one spot to another, had discovered a new and more bountiful source of food, and so was eventually followed by the rest of the covey. This seemed to be their method of moving around, looking for food. They could cover a few acres of distance in several minutes this way. It was also very comical, seemingly competing for food that way.

The California Quail, *Callipepla californica*, originally ranged from Baja California to Canada, just north of Washington state and as far east as Nevada. They have since been introduced to other states and other countries. They are valued as a food and game bird. (More edible meat than a crow.) Quail have also been kept as pets.

The California Quail is a highly sociable bird that gathers in flocks known as "coveys" (see above). A covey can contain anywhere from 10 to 200 birds, with reports of coveys being over 1000. One of the daily communal activities is taking dust baths. The quail will select an area where the dirt is soft and fine, and using their underbellies, will burrow downward 1-2 inches. They then wriggle about in the indentations they have created,

flapping their wings and ruffling their feathers, causing dust to rise in the air. They seem to prefer sunny places in which to create these dust baths.

The dust baths remove parasites.



Photo by Mila Zinkova

length and weigh 5 to 8 oz. Wingspan: 13 to 15 inches. Males are slightly larger than females.

In May and June, the coveys break up into mating pairs. Nests are shallow depressions on the ground lined with grasses in well hidden areas. They are so secretive approaching and leaving their nests, that it is rare (for people) to find one. They lay 1 to 28 eggs averaging 14. The eggs are creamy white with brown spots and are pointed ovals just under an inch around and almost an inch and a quarter in length. Eggs are incubated 22 to 23 days before hatching. The chicks are covered in downy feathers and are able to follow their parents almost immediately. They can fly within ten days. Adults have been clocked at 58 MPH in flight and they can cover the ground at 12 MPH when in a hurry.

Some time after the chicks hatch, the quails form back into coveys. The broods are cared for by several adults. An adult male will perch in a bush or other high spot and warn the others of any approaching danger while they forage for seeds. They also eat some leaves and occasionally spiders and insects.

Though California Quail live in arid environments, they need drinking water in times of prolonged heat. In milder weather, they get enough moisture from eating vegetation and bugs.

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Padre Dam Water District Approves Rate Hike

Prices increase as supplies are cut

This information was obtained online from [Anne Krueger](#) Union-Tribune Staff Writer written April 16, 2009 from [Sign on San Diego](#)

The Padre Dam Municipal Water District has approved a new rate structure that calls for steep increases for customers who use more than their allocated supply, with the costs rising even more if the region's drought worsens.

The board's unanimous action Tuesday came the same day that the Metropolitan Water District imposed cutbacks in the amount of water it delivers to San Diego County. Metropolitan also set a 19.7 percent rate increase in September and projected a 21.5 percent increase in 2011.

Padre Dam receives all of its water from Metropolitan through the San Diego County Water Authority, so water district officials say Padre Dam's rate structure must reflect the cost they are paying for water. The County Water Authority declared a Level 2 drought April 23, and likely will impose an 8 percent to 10 percent cut in water it supplies. Twenty-nine Padre Dam customers sent letters to the district opposing the rate increase, and about 70 people showed up at the hearing Tuesday.

Some who spoke at the hearing said they are being asked to pay more for water while their wages have not increased. "I might as well go bankrupt and leave because you're putting us in a really precarious position here," said Sandy Draper of Crest. Unlike other East County water districts, Padre Dam's rate schedule varies depending on the property lot size. It allows higher water usage for watering landscape in the warm summer months, but reduces the allocation in cooler winter months. A typical family living on a small lot and using 450 gallons a day now pays \$151.04 on their bimonthly bill. They would see a 7.9 percent cost increase in a Level 2 drought. In the most severe drought, their bill would increase 241 percent to \$515.81 every two months.

All Padre Dam customers have a baseline allocation of 220 gallons per day, and the cost of that water will not increase unless the drought becomes so severe that mandatory 40 percent cutbacks are required. The cost of water used in a second-rate tier above the baseline 220 gallons per day would increase 5 percent in a Level 2 drought, and 8 percent at more severe drought levels. The amount of water allocated at the Tier 2 rate ranges from 184 gallons per day for a single-family home on a small lot to 460 gallons per day on a lot larger than two acres.

Water usage above those baseline levels would be charged at increasingly higher rates, costing up to six times the current rates for high water usage levels in the most severe drought conditions. "You're going to pay dearly to use a high amount of water if the drought gets worse," said Mike Uhrhammer, Padre Dam's spokesman.

The board also approved a resolution allowing it to pass on rate increases for the district's water, electricity and sewer costs without holding another public hearing.

Go to <http://www.padredam.org/> and estimate your bill by using their online calculator:

Calculator

Padre Dam created an online calculator to help you estimate what your water bill could be at each drought level. By entering your 10 digit account number it provides you with your yearly use for comparison purposes.

Request for Increased Allocation Form – You can also go to the above website and click on the Allocation Form. Complete and submit the form with the required documentation to request additional water. Padre Dam will review requests after the Board approves the proposed conservation plan and rates.

ON THE LIGHTER SIDE....



There are some drawbacks to a dog. For instance, I had to post this note VERY LOW on the refrigerator door – dog nose height....

Dear Hoolie and Charlie,

The stairway was not designed by NASCAR and is not a racetrack. Beating me to the bottom is not the object. Tripping me doesn't help because I fall faster than you can run.

For the last time, there is no secret exit from the bathroom. If by some miracle I beat you there and manage to get the door shut, it is not necessary to claw or whine, try to turn the knob or get your paw under the edge and try to pull the door open. I must exit through the same door I entered. Also I have been using the bathroom for years—canine attendance is not required.



The proper order is to kiss me, then go smell the other dog or cat's butt. I cannot stress this enough!

And, to pacify you, my dear dogs, I have posted the following message on our front door:

To All Non-Dog Owners Who Visit and Like to Complain about My Dogs:

1. They live here. You don't.
2. If you don't want their hair on your clothes, stay off the furniture. That's why they call it "fur" niture.
3. I like my dog a lot better than I like most people.
4. To you, he is an animal. To me, they are adopted sons who are short, hairy, walks on all fours and doesn't speak clearly.

Remember: Dogs are better than kids mainly because they: 1) Eat less; 2) Don't ask for money; 3) Are easier to train; 4) Normally come when called; 5) Don't ask to drive the car; 6) Don't smoke or drink; 7) Don't want to wear your clothes 8) Don't need a gazillion dollars for collage; 9) If they get pregnant, you can sell their children.

Don't forget to check out our terrific Crest Web site.

www.thecrestsun.com

You can now view the Crest Sun Newsletter, on-line which includes lots of information on local events, community concerns, articles, lost and found, electronic copies of present and past issues of the Crest Sun, ads. and more. Plus you can see the Crest photos in color.

We have started a "LINKS" page, where you can add your company logo and web address. Local Crestonians can check out your website with a simple click. For only \$20 a year, you can support the Crest Sun Newsletter and Website. Procedures:

- Email us your jpeg logo and web address to thecrestsun@cox.net
- Send your check for \$20 to Friends of Crest, 120 N. Park Drive ,Crest, CA 92021-4094
- Please add a note that you are advertising your link on the website.

Sincerely, Karin Weiss
TheCrestsun.Com webmaster

**Call Karin Weiss at
579-3951 or email**

webmaster@thecrestsun.com



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Kathy Kaderabek and Troy Hollinger Wed

On January 31, Kathy and Troy were married in Las Vegas. Kathy is a long time resident of Crest and is owner of Kathy Kuts Hair Design. Troy is a licensed building contractor and owner of All Christian

Construction Company. A reception to celebrate their marriage was held in Crest. We wish Kathy and Troy a long and happy marriage.

Spring is here, bugs, snakes and bobcats too!

Take precautions to be safe when walking, or riding in the Crest Hills. Remember the safety rules of what to do when you see a snake and share this information with your family. Have a plan, tell folks where you are going and how long you expect to be gone. Take a cell phone with you, and have important numbers call entered in your contact list.



Thanks from your Fire Station

The firefighters from Crest Station 18 and 19 would like to thank the residents of Crest who came forward with donations of ham and the fixings for our Easter dinner. It was very much appreciated by the crews. For those of us from the San Miguel side who have shifts up in Crest, we have really noticed what a generous and friendly community Crest and Bostonia are. It is very unusual to have community residents drop in to introduce themselves, see the new fuel tank that was installed in Crest, or the remodeling that is going on in both stations. We will keep you updated on our station's progress. Please see the news regarding our Charity Golf Tournament.



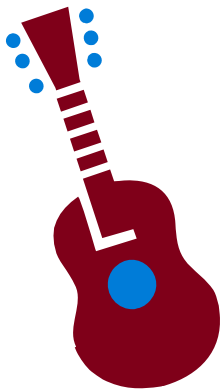
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May & June at your Crest County Library



Children's Programs

ROSI'S COLORING & CRAFT TABLE - EVERY TUESDAY

KATHY'S BABY STORYTIME Wed. May 20 & June 17 - 10:30 a.m.

KATHY'S PJ STORYTIME Tuesday, May 26 & June 23 - 6:30 p.m.

🎪 Joe Gandelman Magic of Reading.

At Crest Elementary School. Tuesday, June 2, 2 p.m.

🎪 Joe Mystic's Magic Show Tuesday, June 23, 3 p.m.

Teen Programs

Video Game Fun May & June! - Play Station 3 & Wii

"Make it and Take it Crafts" Every Friday - Free supplies provided

🎪 BJ Morgan Drum Circle by the Museum of Making Music. Join in the fun for the family.

🎪 Tuesday, June 16, 3 p.m.

Celebrate Older Americans Month: The Art of Weaving with Wire by Terry Andrews.

Saturday, May 16. 12 p.m.

Adult Programs

FREE COMPUTER CLASSES Every Thursday

Basic 11:00 a.m. Intermediate 11:30 a.m.

call Rosi for appointment - phone 619-442-7083

Club de lectura 'Leyendo Juntos' - Viernes

Mañana, tarde y noche por Sidney Sheldon - 1^{ro} de mayo, 11 a.m.

Mortaja para un ruiseñor por PD James - 5 de Junio, 11 a.m.

Mystery Book Club -FRIDAY

Morning, Noon and Night by Sidney Sheldon May 1, 3 p.m.

Shroud for a Nightingale by PD James Friday, June 5, 3 p.m.

Saturday Family Craft Program 11 a.m.

Card Making May 2 & 9 - Knitting May 16

Melt & Pour Soap Making May 23 - Scrapbooking May 30

Knitting - June 6 CD Clocks June 13 Soap Making June 20

Beeswax Candle Making June 27

Exhibits: May - Okinawan Dolls &

June - Musical Instruments of the World

Celebrate "Asian Pacific Islander Month" with Pualani's Tahitian Style Hula Dancers

Saturday, May 2, 2 p.m.

All library programs are subject to change or cancellation without notice.

Todos los programas de la biblioteca son sujeto a cambio o cancelación sin aviso

One Final Addition: Read to Poppy the Therapy Dog! Thursday, May 7 & 28, 3:15 p.m



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Crestridge

The Earth Discovery Institute at Crestridge is looking for local stone to use in a small wall-building project. If you have 6-12" stone from the local area that you need removed, please contact Cathy Chadwick at 619-749-5767 or chadgroup@cox.net.



The Crestridge Corridor

Crestridge is beautiful place to hike and ride, especially in spring when plants present a colorful display, and birds, reptiles and mammals are active. But behind the human scenes, the reserve provides a critical function for many wildlife species. It provides a wildlife corridor. A wildlife corridor consists of "strips of trees, shrubs and understory vegetation that provide cover and habitat for wildlife, and serve as travel lanes for movement across open areas and between isolated patches of habitat. They provide wildlife with access to the different types of habitat they require, and can foster re-colonization of ... (habitat) fragments." (School of Forest Resources & Conservation, University of Florida; <http://www.sfrc.ufl.edu/Extension/ssfor11.htm>)

The nearly 3,000 acres of Crestridge stretch for many miles on a southwest to northeast line. The southwest portion of the reserve is especially important as a corridor for California gnatcatchers as they migrate north and south, while the northeast end provides deer and mountain lion access to points farther east and south.

The central section of the reserve is very narrow. It's bordered on the south by residential development, and on the north by a combination of residential and agricultural activity. This area is especially vulnerable to being cut off as a corridor by the activity of dogs and illegal motor vehicle activity. Unaccompanied and off-leash dogs have been hunting heavily in this central area recently. Efforts to control unaccompanied dogs and remind dog walkers to keep their pets on leash will be stepped up in an effort to preserve and improve Crestridge as a wildlife corridor. Everyone's cooperation with the leash requirements is deeply appreciated.

This excerpted article from the California Biodiversity Council's newsletter gives a great description of wildlife corridors and their importance in Southern California:

"In the rolling coastal hills and canyons of Southern California, encroaching urbanization on open lands threatens to isolate animals in blocks of habitat too small to sustain them. Larger, more adventurous animals like deer and mountain lion will travel for miles and even cross highways to seek food, mates, and shelter from predators, but other creatures, like the tiny Pacific pocket mouse, remain confined to their shrinking habitat.

Isolation of the species, a result of development, disrupts biodiversity and causes long-term consequences for survival of the species. "Animals need large blocks of habitat to sustain a robust population," said Ron Rempel, a biologist for the California Department of Fish and Game. "If they lose access to adequate habitat, their populations can be wiped out." Birds, plants, and other terrestrial life also suffer from habitat fragmentation. Wildlife deprived of an adequate gene pool become in-bred and lose genetic diversity, which gradually weakens and diminishes the ability of their species to adapt and survive.

Reducing even a single species' population may upset the balance of biodiversity. If coyote habitat is fragmented, for instance, fewer will be left to control populations of skunk, possum, raccoon, and smaller animals they feed upon. Populations of their prey will increase, upsetting nature's balance all the way down the food chain.

Plants isolated from access to cross-pollination by insects also lose genetic diversity. Vernal pools, those dish-shaped seasonal wetlands that dry up in summer, are especially vulnerable if isolated.

To protect California's biodiversity, local, state and federal agencies that manage wildlife and oversee land-use planning are working with landowners and developers to maintain habitat linkage for animal access. These natural passageways are so vital to preserving biodiversity that the state of California and federal government requires them under the Wilson administration's Natural Community Conservation Planning (NCCP) program in Southern California.

These linkages, also called corridors, provide animals and other living things a lifeline between "islands" of habitat, serve as escape routes from danger and avenues to food supplies and mating prospects. Corridors can be narrow as a culvert or wider than an eight-lane freeway. They may be short or extend for miles, perhaps crossing over or under roads.

http://www.biodiversity.ca.gov/newsletter/v5n1/wildlife_corridors.html

Letters to the Editor:

Redefining terms: I AM COMMUNITY ACTIVIST.

Lately I have noticed that when I say this I get negative comments and folks will attempt to redefine it. Why is that? What does it mean to be active in your community?

Here are a few examples, and I bet that lots of you who claim not to be "community activists" are really active in your community.

- Do you work to improve your community, and support the local library?
- Do you belong to a service organization that helps those in need?
- Deliver Meals on Wheels?
- Provide Christmas dinner for folks who need the extra help?
- Donate funds to supply to our financially strapped schools?
- Help send junior high kids to leadership camp?
- Will be helping with Crest Music Nights?

If the answer is yes, you are active in your community!

With other community members and friends:

- Do you support and assist Fire Safe Council, who apply grants to have fuel reduction on our hill sides?
- Help raise funds for much need projects through Friends of Crest?
- Did you help establish and support the Crest Fire Recovery Center during the 2003 Firestorms? Did you use it?
- Are you among the Crest residents who still donate to keep emergency phone lines open for future disasters?
- Support community breakfasts?
- Support community dinners and help organize the community for the July fourth celebration?
- Put together the newsletter so we can know what's going on?
- Prepare and update the thecrestsun web site?
- Work to support a wonderful new Community Center for all of us to use?
- Volunteer at the Crestridge Ecological Reserve?

If the answer is yes, you are active in your community.

Being a "community activist" is a good thing! We don't tell you what to do, we don't interfere in your personal activities, we are not socialists, and we are not left wing or right wing nuts. We are people who greatly care about what goes on around us, and have compassion for those in need. We will also do everything in our power to make sure THIS community is prepared for the next disaster.

Linda Chase,
Community Activist

Remembering our Crest Friends

VICKI JOY ELLIOTT / CALLAHAN YOU WILL BE MISSED!

Vicki passed into the presence of the Lord, Friday April 10, 2009 after a long battle from complications as a result of surgeries for Spinal Stenosis.

Vicki was born October 2, 1949 in Juneau Alaska and was adopted by Harry P. Elliott & Alice Sara Elliott. They Lived in Washington and then later moved to El Cajon California, where she graduated from Granite Hills High School. She later married Richard H. Callahan and they had three children Trevor, Casey & Michael Callahan. Vicki was a resident of Crest for over 30 years and enjoyed horse back riding, gardening and being a mom. She is survived by her Mother Alice Elliott of Oregon, Sister Judy Monks of Oregon, her three Sons & four Grandchildren Mason, Mackenzie, Connor & Caiomhe of El Cajon.

Vicki's Wish is to be buried next to her grandmother Nellie Hanora Caswell in Sitka Alaska, in which we will be making this journey at a later date.

A service has not yet been arranged, but will be posted on the chalkboard when scheduled. Vicki was loved and will be missed by many.

Sheriff Log for Crest Area

02/20/2009 – 4/20/2009

HC= Harbison Canyon

CR= Crest

Date	Loc	Time	Location	Incident
2/25	HC	8:16	Harbison Canyon Rd	Vandalism
2/25	CR	4:34	Park & Eucalyptus	Drug
2/26	HC	12:59	Harbison Canyon	Violation of Restraining order
2/27	CR	10:59	Estornino Ln	Violation of restraining order
3/9	CR	12:00	Eucalyptus	Vandalism RV
3/12	HC	6:59	Rosallie Ln	Contempt of Ct protective order
3/19	CR	2:57	Crest School	Shooting – School (bee-bee gun)
3/22	HC	5:00	Harbison Canyon Rd	Vandalism
3/22	CR	3:57	Suncrest Blvd	Missing Adult
3/30	HC	17:07	Harbison Canyon	Under the Influence
4/02	HC	11:28	Harbison Canyon	Burglary
4/03	CR	2:45	Wilson Road	Warrant Arrest
4/05	HC	20:03	Harbison Canyon	Battery Spouse/Ex
4/10	CR	16:15	Vista Way /Albatross	Traffic Pursuit
4/12	HC	19:30	Harbison Canyon	Arrest Felony
4/12	HC	8:45	Harbison Canyon	Grand Theft
4/14	HC	7:58	Harbison Canyon	Battery – Spouse

Kitchen/bathroom remodeling.
Termite/dry rot repairs.
Decks, Patio covers, Pergolas.
Windows, doors and more.
Stucco, concrete.

Drafting and design.
Project management.
Crown molding.
Emergency repairs.
Quality handyman service.

~ Ron Wells, Owner & Crest resident ~
619.381.9756 email: ozron60@yahoo.com



Next Crest Sun Deadline: April 20, 2009

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For questions, suggestions, or concerns regarding The Crest Sun newsletter or website, contact:

Linda Hjelle – editor@thecrestsun.com or Lindahjelle@cox.net (517-9838)

Information: Chris Seebold – help@thecrestsun.com or Winters72@hotmail.com (447-5826)

Crest Website: www.thecrestsun.com **Webmaster: Karin Weiss** (579-3951)
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