



A Newsletter for Crest

Volume 12

November- December 2010

Number 6



I don't know about you, but it seems summer flew by and all of a sudden I find myself writing about the upcoming

holidays! So, grab your calendar; it's time to start gearing up for our fall and winter activities.

Do you participate in the Crest Community activities? Crest is a unique and close-knit community which works to provides many activities and services close to home. Perhaps you can be enticed to join in and get to know your neighbors a little better.



What's been going on in Crest? Lots!! Residents have been working diligently to keep their property cleared and safe from fire hazards. Several Crest

residents have taken advantage of the services of The East County Transitional Living Center (ECTLC), which was detailed in the paper by the Crest Fire Safe



Council in September. ECTLC, a local faith based organization located in Dulzura, stepped up to assist with these efforts. We want to thank

them for providing a great service at reasonable rates. The ECTLC/Crest partnership works. Since ECTLC receives no federal or state funding, Crest residents help them as much as they help us! If you are interested in this service and would like a reference, email editor@thecrestsun.com and we will put you in touch.



The CCA sponsored a "Meet the Candidates" Wine and Cheese Event on October 14 at the Clubhouse. It was a great success.

Nineteen candidates representing seats for Congress, Assembly, Senate, the Local School Boards, Grossmont Healthcare, Padre Water District, and the San Miguel Fire Protection District were present to meet the community and answer questions to seventy plus Crest residents. Each candidate was given a short time to present his/her background and platform to help residents make an educated decision on November 2nd.

On October 2, David Silva and Tom Baird provided Crest with yet another stellar Music Night at the Clubhouse.

As an added bonus, David invited his a Capella group, Singcronicity to join the evening's festivities. How nice it is to have local talent willing to share their time and talent with the community.



The CCA sponsored Bunco night was once again a blast! Thirty Crest folk, both men and ladies, enjoyed appetizers and dessert and joined in the raucous activity associated with the game. **Everyone had so much fun, they have decided to make it a bi-monthly event with the next date being November 12.** See the **page 10** for additional information if you want to join in on the next Bunco extravaganza.

Did you attend this month's community dinner? It was free to Crest residents, thanks to the generosity of the CCA. **The next dinner is scheduled for November 3rd.**



The lady behind these great dinners for the past two years has been Susan Lee Cooke. We are sorry to have to say goodbye to Susan as she has recently moved off the hill. **The**

November 3rd CCA dinner will be her last endeavor in this capacity, so stop by, have a plate of spaghetti, and thank her for all her great service to Crest. CCA is just one organization Susan has volunteered with. The Kiwanis Club recently awarded her by presenting her with the Kiwanis Distinguished Service Award presented by Dudley Mills, Kiwanis Division 31 Lt. Governor). Thank you Susan. Don't be a stranger to Crest.

Did you make it to the Crestridge's Native Plant Sale? There were some great plants for sale and the proceeds go to support the many great programs in Crestridge.

Did you take advantage of the October 15 vaccination clinic? Thirty residents did! Thanks to Crest fire Safe Council (Kandhy) and Alpine Mountain Health for providing these low cost vaccinations right here at the Crest clubhouse.

San Miguel Fire Protection District's open house on Saturday, October 16th was fun and informative. It was chock full of good information and even had fire truck rides for the kiddies.



**Don't have Thanksgiving Plans?
See Page 31.**

The Crest School PTA will be providing our Kids with a safe Halloween environment – Trunk or Treat will be held about the time the paper hits the store. Thanks for taking care of our kids.

Well enough about last month! Let's concentrate on some great upcoming events you won't want to miss.

Saturday, November 6th is a great day to plan on being in Crest. A Crest CCA sponsored Craft Fair and Bake Sale will be held at the clubhouse. Proceeds will help support the clubhouse. **See page 23 for more information.**

Also on November 6, **Earth Discovery Institute is holding their First Annual FUNdraising Event at Crestridge.** Join them for guided hikes, mountain bike trail rides and brunch as well as a special presentation by Habitat Expert, Richard Halsey. **See page 25 for more info.** Even if you can't attend this great event, buy a ticket to support this great cause.

December is the time of the year we reach out to help the less fortunate. The Crest Community Church is once again working with **Samaritan's Purse** to make shoebox gifts for impoverished children around the world. **See page 33 for information on Operation Christmas Child.** The deadline is November 14.

Holiday Santa Party - The CCA will be holding its annual holiday gathering on **Friday, December 17th at 6:30** at the CCA Clubhouse. Santa will arrive at 6:45 so come on by. Bring a dessert to share. Drinks will be provided along with lots of holiday spirit!

And of course, don't forget the great **Kiwanis breakfasts on November 11 and December 14.**

There are so many holiday dates to remember from plays to parades. See page 29-30 for a listing of some of these holiday dates.

Why Should You Join in?

My name is Jeanne Johnson. My husband Paul is the CCA current President. I just felt led to give a short testimonial about our journey so far with the CCA and the community of Crest. I hope it will encourage those of you who are members to get more involved and encourage your neighbors and friends to join with the CCA in making our community better and keeping it in tact at the same time. We have only known of Crest and lived here since February 2009 when we purchased our home. We decided that getting involved was our best chance to learn about our new community and to meet new friends and neighbors. Having only lived in Sacramento my whole life, this was a different and scary experience for me. I have to say it's been a wonderful time. We thank you for those we have met and have touched our lives and look forward to those we will meet. Hope to see you, your family, friends & neighbors soon at a CCA event ☺

Crest Contacts

Crest Community Contacts		
Crest Community Assn. johnson7409@att.net	Paul Johnson (email)	442-4022
Crest Community Church crestchurch@sbcglobal.net	Kerri Lambert (email)	442-3736
Crest Blackboard	Kandhy Kathy	444-4996 440-6097
Clubhouse Rentals rentals@thecrestsun.com	Rick Bradt (email)	444-2641 or 44-CREST
Crest Fire Safe Council crestfiresafecouncil@yahoo.com	Kandhy Franklin (email)	44-crest
Crest Garden Club Rold@sbcglobal.net	Arlene Palmer Marsha	441-0187
Crest Historical Scty.	Dorothy Miller	444-0968
Crest Kiwanis	Linda Chase	447-2652
Crest Library	Rosi Mejia	442-7083
Crestridge Reserve	Cathy Chadwick	749-5767
Crest School www.cajonvalley.net	Office (website)	588-3128
Crest Sun Newsletter editor@thecrestsun.com Information winters72@hotmail.com	Linda Hjelle (email)	440-8540 517-9838
The Crest Sun website webmaster@thecrestsun.com	Karin Weiss (email)	579-3951
E-Crest-rians	Kandhy Franklin	444-4996
Friends of Crest	Message	44-Crest 246-4300
St Louise Church	Father Languille	444-3076
Sub-Regional Planning. crestplanning.org	Judy Bowen (website)	440-0783
Help Lines		
Highway Patrol: Traffic Related	(858)	637-3800
Abandon Vehicles	(619)	441-4264
Sheriff Alpine Station	Dispatch (858) (619)	565-5200 659-2600
San Miguel Fire Dst Crest Fire Office Fire Marshal Public Info Officer Fire Chief www.smgfire.org	Business Of.. Burn Permits Marsha Larsen Leonard Villarreal August Ghio (website)	670-0500 588-8112 660-5356 660-5359 660-5351
Adult Protective Svs	(800)	510-2020
Child Abuse Hot Line	(800)	344-6000
Animal Control	(760)	438-2312
Code Enforcement	(858)	694-2705
Contractors Board	(Fraud) (800)	321-2752
Crime Stoppers	(619)	531-1547

FBI (telephone scam)	(858)	565-1255
Illegal Dumping	(858)	495-5143
Noise Abatement (dogs), abandoned vehicles, accumulated solid waste complaints	(858)	694-3741
Planning & Land Use	(858)	694-3741
Poison Control	(800)	876-4766
Postal Police	Mail Fraud(877)	876-2455
Road Conditions	(800)	427-7623
Secret Service -Fraud	Currency/Credit	557-5640
Social Services	(619)	401-6000
SD Regional Center	(858)	576-2938
Stores and Restaurants		
Crest Foods	Tony - Pg 13	444-8132
Italia Pizza	Frank – Pg28	447-8846
Lenardos Pizzeria	Sam – Pg 9	444-1389
Rainbow Farms Mrkt	Mark –Pg 32	444-7504
Advertisers		
A Crest Plumbing	Erick- pg 18	922- 8903
Bicycle Repair	Chuck pg 16	447-5133
Bowlby Electric	George pg 26	440-3051
Central Air & Heating	Charles pg 16	444-9955
Chocolate- Protein Meal	Pat – pg 10	442-4879
Century 21	Connie – pg 15	606-2400
Day Care	Griselda- pg 26	588-2747
Holiday Horse Care	Robin	922-1388
Kathy Kuts	Kathy – Pg 33	447-1945
Knox Reprographics	Mary Pg	230-6300
Mane Teaze Salon	Alpha pg	561-8014
Mila Miracle Seed	Barb pg	921-4442
Marvelous Organizing	Risa – pg	231-1113
Notary-on-the-Spot	Betty-pg 22	820-3062
Nu Skin (age-Loc)	Pat Goulart- 29	442-4879
PDS Propane	Jim pg 41	579-8600
PU-Products	Karin pg 30	334-1913
Roger Daniel Alignment Breaks	Roger Pg 31	562-7969
Quilt Art	Peggy Pg 16	401-8428
SDHomes	Rayna –pg 6	922-2524
Sample Stitches	Judi – pg 39	440-5912
Truffles & Desserts	Jeanne Pg 16	442-4022
Yoga in Motion	Aida Pg 16	456-7080
Xango	Marie – pg 37	328-1157
Other Services		
Just Runs Jeep Club	Roger	579-7120

Next Crest Sun Deadline: December 20

NOVEMBER 2010						
S	M	T	W	TH	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

DECEMBER 2010						
S	M	T	W	TH	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Calendar of Events November-December 2010

11/02/10	1:00 Tuesday	Historical Society Meeting – Library
11/03/10	5-7 pm	CCA Community Dinner – Spaghetti Dinner
11/06/10	9-6 pm	Craft Fair and Bake Sale – See page 23 for more information
11/06/10	8-12:30 am	EDI Fundraiser at Crestridge – see page 25 for more information
11/06/10	7:30 am – Sat	Kiwanis Board Meeting – Clubhouse
11/08/10	10:00 - Mon	Crest Garden Club – Sylvia Calvins Home - Call Marsha for Details 440-1167
11/08/10	7:00 pm	Sub Regional Planning Group – Harbison Canyon
11/09/10	5:45 – Tues	Crest Community Association – Board Meeting – Clubhouse
11/10/10	6:30	Concert at Crest community Church – Lucas Hitch see page 33 for more info.
11/11/10	6:00 pm -Thurs	San Miguel Fire Protection District Board Meeting - 2850 Orange Way – Spring Valley
11/12/10	6:30 – 9:30 Fri	Bunco at the Clubhouse (page 10)
11/13/10	8:30-10:30 Sat	Community Breakfast by Kiwanis at the Clubhouse and Board Mtg (7:00 am)
11/14/10	12:00 noon	Deadline for Samaritan’s Purse – pg 33
11/15/10	6:00 pm – Mon	Kiwanis Meeting – Visitors Welcome – Location: Clubhouse
11/16/10	7:00 pm –Tues	Crest Community Association – General Meeting
12/02/10	1:00 pm- Tues	Historical Society Mtg – Library
		NO CCA Dinner in December and January
12/09/10	6:00 pm -Thurs	San Miguel Fire Protection District Board Meeting - 2850 Orange Way – Spring Valley
12/11/10	8:30-10:30	Community Breakfast by Kiwanis at the Clubhouse and Board Mtg (7:00 am)
12/13/10	10:00 - Mon	Crest Garden Club – TBA - Call Marsha for Details 440-1167
12/13/10	7:00 pm Mon.	Sub Regional Planning Group – Harbison Canyon – Old Ironside Park
12/14/10	5:45 – Tues	CCA Board Meeting – Clubhouse – Board Meets
12/17/10	6:30-8:30 -Fri	Santa Comes to the Crest Clubhouse!
12/20/10	5:00 pm	Deadline for Crest Sun Submissions
12/20/10	6:00 pm – Mon	Kiwanis General Meeting – visitors welcome – location: Clubhouse
12/21/10	7:00 pm – Tue	CCA Meeting Clubhouse – General Meeting
12/21/10	6:30 – Tues	Library Puppet Show
01/15/11		Hilltop Fair and Rummage Sale – Crest Community Church – pg 33

Happy Holidays to All! See page 29 -30 for a list of upcoming parades and festivities throughout San Diego County.



Crest Library Schedule

NOVEMBER 2010

Children's Programs

- ☉ Read to Bella, the Therapy Dog
Saturday, November 13 & 27, 1 PM
- ☉ PJ Storytime *Wed., November 17, 5:00 PM*
- ☉ Baby Storytime *Fri., November 19, 10:30 AM*

Teen Programs

- ☉ Make it and Take it Teen Crafts Fridays
free supplies provided.
- ☉ Do you want to bring your family closer together? Try Wii & PS3 games at the library!

Saturday Family Crafts 11 AM

- | | |
|--------------------|----------------|
| <i>November 6</i> | Soapmaking |
| <i>November 13</i> | Ribbon Jewelry |
| <i>November 20</i> | Soapmaking |
| <i>November 27</i> | Knitting |

Adult Programs- Bilingual

- ☉ Club Leyendo Juntos Un ambiente extraño de Patricia Cornwell
Viernes, 5 de noviembre, 11 AM
Participa uniéndote a nuestro blog
<http://crestlibrarymysterybookclub.blogspot.com>

- ☉ Mystery Book Club - Unnatural Exposure by Patricia Cornwell
Friday, November 5, 3PM

- ☉ Free Computer Classes -Thursdays
Basic 11 AM - Intermediate 11:30 AM
Call Rosi for appointment 619-442-7083

Crest Library 105 Juanita Lane
El Cajón, CA 92021 - <http://www.sdcl.org>

Tuesday	12:00 - 8:00
Wednesday	9:30 - 6:00
Thursday	9:30 - 6:00
Friday	9:30 - 5:00
Saturday	9:30 - 3:00
Sunday -Monday	CLOSED

VIEW OUR "INSTRUMENTS OF THE WORLD" EXHIBIT!

DECEMBER

Children's Programs

- ☉ Baby Storytime *Friday, Dec. 17, 10:30 AM*
- ☉ PJ Storytime & Crafts *Wed., Dec. 22, 5:00 PM*

**FLYER AND THE SNOW MAKER
PUPPET SHOW
TUESDAY, DECEMBER 21, 6:30
PM**

Teen Programs

- ☉ Make it and Take it Teen Crafts Fridays - free supplies provided.
- ☉ Do you want to bring your family closer together? Try Wii & PS3 games!

Saturday Family Crafts 11 AM

- Christmas Ornament Crafts every Saturday
12/4 Crochet Xmas Ornament
12/11 Wire Sculpture
12/18 Soapmaking
12/1 to 12/ 23 Card Making Fun!

Adult Programs - Bilingual

- ☉ Mystery Book Club - Countdown
Iris Johansen *Friday, December 3, 3PM*
Join our book club by submitting your comments
<http://crestlibrarymysterybookclub.blogspot.com>

- ☉ Club Leyendo Juntos
Cuenta atrás de Iris Johansen
Viernes, 3 de diciembre, 11 AM

- ☉ Free Computer Classes - Thursdays
Basic 11 AM - Intermediate 11:30 AM
Call Rosi for appointment 619-442-7083

*Don't miss our Winter Reading Program read for a chance to win:
Board Games. Art Sets. Water bottles.*

Editor note:

Take advantage of your Crest Library Services. If the library is not utilized, our community runs the risk of reduced services. Stop by and attend one of the many classes or presentations shown above or check out a book or CD. Want to download an audio CD to your MP3 player or have a special book sent to your local library? Visit the County Library site at: www.sdcl.org.

Rick Bradt captured a photo of this lovely creature across from South Lane Park.) →

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MY RECENT SALES, LISTINGS & ESCROWS IN CREST~

230 HOLLY ROAD - SOLD BY RAYNA MACK

210 SAGE RD – BOUGHT BY RAYNA MACK BUYER

429 WEST LANE- IN ESCROW – RAYNA MACK BUYER

2103 SUNCREST BLVD- SOLD AND BOUGHT BY RAYNA MACK BUYER/SELLER

345 ALTA LANE~ SOLD BY RAYNA MACK BUYER

1092 LACRESTA BLVD~ SOLD AND BOUGHT BY RAYNA MACK BUYER/SELLER

417 WEST LANE – LISTED BY RAYNA MACK

258 SUNNYBROOK LANE~ NOW ON THE MARKET- LISTED BY RAYNA MACK



The News from Crest Kiwanis

By Linda Chase

Great News! Crest Kiwanis is now the official sponsor for the K-Kids at Crest School, **The K-Kids' pledge:** "As a K-Kid, I promise to serve my neighborhood and my school; I will show respect toward my environment; and I will try to make the world a better place in which to live." The K-Kids' motto is "We Build," and its objectives are:

- To provide opportunities for working together in service to school and community.
- To develop leadership potential.
- To foster and development of strong moral character.
- To encourage loyalty to school, community, and nation.

We have also initiated the **Terrific Kids** program. **TERRIFIC** is an acronym meaning: **T**houghtful, **E**nthusiastic, **R**espectful, **R**esponsible, **I**nclusive, **F**riendly, **I**nquisitive, & **C**apable. As a sponsoring club we help support the Terrific Kids program at the school. The club plans Terrific Kids parties, provides recognition, and establishes partnerships with the local community to secure support for the program. Sponsoring businesses have the option of providing coupons, giveaways, or food for Terrific Kids parties. Crest's Terrific Kids include: Tyler Linn, Gillian Buchanan, Justin Johnson, Kayla Koistra, Connor Callahan, Gage Komp, Nick Frizzell, Haili Hobbs, Emerson Albright, Joshua Gibson.



The New Crest Kiwanis officers for 2010-2011: President: Karen Nelson, Vice President: Dennis Plunkett, Secretary: Andy Knutson, and Treasurer Barbara Halte. We are looking forward to a great year. Our thanks to everyone who served as officers and board members for the 2009-2010 year! We welcome new member Trish McKenna. (Photo: Linda Chase welcomes new President, Karen Nelson)

What does Crest Kiwanis do for our community?

- **ALL FORE GOLF TOURNAMENT:** In collaboration with Grossmont Heartland Kiwanis we were able to raise over \$15,000 for the Recreation Department after school programs in El Cajon. (Make corrections when we get the report)
- Donated \$2000 to Earth Discovery Institute for science and service learning programs for elementary children from El Cajon Schools.
- Support and donate funds to Eagle Scout Projects.
- Supplied funds for the purchase of the TV camera for Crest School daily school broadcasts.
- Sponsor Kiwanis Builder's Club at Greenfield Middle School and help with its recycling program.
- Awarded two Key Leader Camp scholarships to Middle School Students.
- Special Olympics: donate funds and volunteer help.
- Meals on Wheels: delivering meals to those in need.
- Community Easter Egg Hunt
- Miracle Mile of Quarters: Supplied \$200 to each of our Builder's Clubs to enter the Quarters design contest and Children's hospital. All proceeds going to Children's hospital.
- Christmas and Thanksgiving Baskets for families in need.

Rise and Shine for a great breakfast!

Saturday November 13th and December 11th

The Crest Clubhouse from 8:30 to 10:30 a.m.

Come and enjoy a breakfast feast compliments of the chefs of Crest Kiwanis!

All proceeds go to support projects for kids!



Crest Kiwanis providing opportunities for working together in service to school and community.

Want to know what Kiwanis is all about? We welcome participation in any of our service projects! We meet at the clubhouse on the 3rd Monday evening of every month. 6:00 P.M.

Lenardo Pizzeria & Restaurant

1331 La Cresta Blvd, Crest 92021
 Call 444-1389 or 444-0992



PIZZA:	Medium 14"	Large 18"	Giant 28"
Cheese Only	\$8.99	\$12.99	\$19.99
One Topping	\$9.99	\$13.99	\$22.99
Vegetarian (Mushroom, Onions, Green pepper & Olives)	\$13.99	\$15.99	\$25.99
Greek Pizza (Fresh garlic sauce, Mozzarella cheese, Feta cheese, Gyros meat & Basil)	\$14.99	\$16.99	\$25.99
The Works (Pepperoni, Canadian bacon, Sausage, Onion, Mushroom, Green pepper, Black olives, Pineapple and Jalapeno)	\$16.99	\$20.99	\$29.99
Calzone (Mozzarella, Ricota, & Parmesan cheese)	\$9.99		
Additional topping:	\$1.25	\$1.75	\$3.00

Subs & Sandwiches

Ham & Cheese	\$5.49
Turkey & Cheese	\$5.49
BLT	\$5.49
Vegetarian Sub	\$5.49
Italian Sub (Ham, Salami, & cheese)	\$5.99
Club Sub (Turkey, Bacon & Cheese)	\$5.99
Roast Beef Sub	\$5.99
BBQ Sandwich	\$5.99
Meat Ball Sub	\$5.99
Italian Sausage Sub	\$5.99
Gyros Sandwich	\$5.99
Ham, Turkey & Cheese	\$6.99
Lenardo's Special Sub (Roast Beef, Turkey, & Cheese).....	\$6.99

ALL SUBS SERVED W/LETTUCE, TOMATO, ONION, PEPPERONCINE, & ITALIAN DRESSING

Salads:

Garden Salad.....	\$4.49
Antipasto Salad.....	\$5.59
Greek	\$5.99
Salad.....	
Chef Salad.....	\$5.99

Pasta: (All served with Breadsticks)

Lasagna.....	\$6.49
Spaghetti w/ Meatballs.....	\$6.49
Meat Ravioli.....	\$6.49
Cheese Ravioli.....	\$6.49

Combo: (All Combos served with Fries and Salad)

½ lb Hamburger Combo	\$5.99
½ lb Shrimp Combo	\$5.99
Chicken Sandwich Combo	\$5.99
Fried Chicken Combo	\$5.99
Fish & Chips Combo.....	\$7.49
Gyro's Combo.....	\$7.49
Hot Wings Combo	\$7.49
Philly Steak Combo (Steak meat, mushroom, onion, green pepper & Cheese)	\$7.49
Philly Chicken Combo (Breast chicken, mushroom, onion, green pepper, & cheese).....	\$7.49

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Patricia Goulart (619)-442-4879 Cell: (619) 890-4879

or

Sally Bruner (619) 579-9862 Cell: (619) 990-7079

Back by Popular Demand: CCA BUNCO TOURNAMENT

Friday, November 12 from 6:30 - 9:30 pm Cost \$15

Bring an Appetizer or Dessert to share.

- Bunco requires absolutely no skill or knowledge of the game- it's just fun!
- Did you notice it does not say "Ladies Only"? Men, you, too, are invited!
- Adults only this time please.
- You may bring your own beverage if you prefer.
- Volunteers needed to help setup, cleanup

Please RSVP to Jeanne Johnson at 442-4022 or email johnson7409@att.net so we can tell how many tables to set up. Leave name, phone number and/or email address.

A thought...

By Kandhy Franklin

After October's event of a jogger being hit on the main road in Crest, I thought it might be time for the community to support a sign, paid for by the community, that is on the intersection at the top of the hill. Recently, I was out in Jamul and noticed that they have a huge yellow warning sign for a sharp curve with tiny flashing red lights around the edge of the sign. It was powered by a solar cell! We need something like this or a "Crest" "painted crosswalk, or an equestrian crossing sign to get folks to notice. It is our own residents who are speeding around this corner or through the intersection and we need to step up and do something about it ourselves. Thanks for letting me voice my opinion. Kandhyfranklin@cox.net

Crest Community Association



Crest News:

- The Crest Community Association continues to work with the Crest Fire Safe Council (CFSC) to continue to improve communications in the event of a disaster. One such way is the installation of a **Crest Ham Radio Station** in the Crest Clubhouse. Thanks to a grant from the CFSC, Pat Bunshold, Charles Collins and Paul Johnson were able to put together the furniture, radios, the antennas and wiring necessary to be "ON THE AIR". Pat is the consummate consumer of great deals! He even traveled to Riverside to go to a special swap meet for hams to find our gear! There, Pat was able to get a laptop, extra components for the station, wireless print server, and more.
- **The Construction Committee** is on the move to fix the lights at the sign board, new lights in the side yards of the CCA and seeking a gardener or landscaping company interested in maintaining the yard. If you are interested in doing the landscaping, please call Kandhy Franklin at 619-444-4996. Additional projects include collecting bids for synthetic grass for the side yard, work on the sandstone that has been chipping in the back yard, patio awnings, and dark blinds for the upper windows.
- In November, Paula Dickerson of the **Alpine Sheriffs** will be coming to a CCA meeting to discuss neighborhood watch and give us an update of the happenings of the community. The Sheriffs are now offering an email update of incidents in our community. Residents can sign up by going to www.sdsheriff.net/co_crimeprevention.html.
- **Bingo Night** Coming in February - prizes, snacks, and recycle raffle*. Join us for our first fun evening of Bingo. This Low cost, community event is a great way to meet new friends. Look for more information in next issue. (*Recycle raffle - bring something old/useful to put on the table, the last bingo winner picks the first raffle ticket etc until the table is empty.)
- **Nominating Committee for 2011 CCA Board:** The CCA Nominating Committee is now taking applications for 2011 CCA Board. Current applicants include: President: Paul Johnson (incumbent*), Vice President: Barbara Kingsbury, Treasurer: Jeanne Johnson, Secretary: Lucy Calfario, Fifth Board Member: Rick Bradt (incumbent). Please contact Linda Hjelle at 517-9838 if you are a CCA member interested in running for a position on the CCA Board (Lindahjelle@cox.net.)
- CCA is wondering if there are **seniors** interested in 1) having lunch brought to the CCA. The food is prepared by Alpine Mountain Health and their menu is on-line. From the feedback we received, the food is great and reasonable. The pricing for a lunch for a senior (60 and over) is \$4.00, while those just coming to eat a great meal pay \$5.00. If you or a neighbor is interested, email or call Kandhy kandhyfranklin@cox.net, 444-4996. Also let her know if you are interested in bringing in health practitioners or setting up dates for cards or Bingo.

There are several CCA sponsored events you will want to mark on your calendars for November and December which include:

11/03/10	5-7 pm	Spaghetti Dinner - \$5.00 (\$3.00 children) Ice Cream Sundaes \$1 NO DINNER IN December or January.
11/06/10	9:00am – 6:00 Pm	Craft Faire and Bake Sale – Note: Home made baked goods/candy needed -Just cover your items in clear plastic wrap. The cashiers will label and price them. Drop them off at the clubhouse between 9 am and 12 pm on Saturday, November 6 th . Plan to stay and do some holiday shopping from fantastic one-of-a kind crafters. Questions call Susan 588-1335.
11/09/10	5:45 – Tues	Crest Community Association – Board Meeting – Clubhouse
11/12/10	6:30-9:30	CCA Bunco (see page 10)
11/16/10	7:00 pm –Tues	Crest Community Association – General Meeting – Everyone welcome Neighborhood Watch presentation by Sheriff Dept.
12/14/10	5:45 – Tues	CCA Board Meeting – Clubhouse – Board Meets
12/17/10	6:30-8:00	Santa Comes to the Crest Clubhouse! – Bring the kids and a dessert to share for this festive holiday gathering. Drinks will be provided along with a lot of holiday spirit.
12/21/10	7:00 pm – Tue	CCA Meeting Clubhouse – General Meeting – everyone welcome

CCA Membership:

Have you renewed your membership dues this year? If you have forgotten to join the CCA, please drop your check in the mail today to 113 N Park Dr. El Cajon, CA 92021. Below is the current membership list and the membership form if you wish to join. Membership dues help support community clubhouse costs and events. Membership runs from July 1, 2010-June 30, 2010. If for some reason you have paid and your name is not on the list, please contact

LindaHjelle@cox.net

2010 CCA Membership List:

Agosta, Joseph & Suzanne	Ebert, Carl & Rosemary	Holzer, Nora	Rosenberger, Dena
Amar, Aida	Evans, Glenna	Johansen, Wayne & Yolande	Russell, Robert & Kristine
	Faris, Kay	Johnson, Gerald & Andrea	Saetti, John
Atkinson, Carl & Bobbie*	Fiedor, Richard & Kathy*	Johnson, Guy & Jacqueline	Seebold, Wally & Chris
Binley, Sylvia	Fox, Debbie & Morgan	Johnson, Paul & Jeanne	St Louise de Marillac Church
Boyd, Margaret	Garcia Maria	Knudsen, Clyde	Stark, James & Dianne
Bradt, Rick & Marie	Gilmore, Carol & Bill	Leibold, Christine	Steckling, Kenneth F
Bunsold, Pat	Gipson, Connie*	Livengood, Barry & Sharon	Stevenson, James & Susan
Carranza, Eddie & Noelle	Gnessin, Jay	Luhnow, Mick & Gail	Tolle Pool Service
Cartwright, Grady & Joanna	Goetsch, Morgan	McLellan, Don & Mary	Travis, Gary M
Chadwick, Cathleen	Goldberg, Lorna & Stephen	Miller, Dorthy & Bob	Tucker, Teidi & Holub
Chase, Steve & Linda	Goldberg, Risa	Minnich, John & Pat	Ulm, Allen & Pat
Cockrum, David and Roberta	Goodenough, Troy	Moore, Gerald & Joyce	Weischedel, Glen & Bonnie
Franklin-Collins, Kandhy*	Goulart, Patricia	Moore, WC & Norma	Williams, Nicole
Cooke, Susan	Goward, Shirley	Mullins, Roger & Suzanne	Winters, Mike & Lisa
Crest Community Church	Grace, Jackie & Tom	Nelson, Judy	Winters, Willa
Curry, Ray	Halte, Don & Barbara	Palmer, Arlene & Gary*	Weiss, Karin & Mitch
Dacoteau, Charles Ed	Harpenau, Gloria & Leonard	Richardson, Judy	Yeider, Jenni & Robert
*Desmond, Daf & Gloria	Higdon, Al	Robinson, Richard	
Dykmans, Nichole	Hjelle, Linda & Jerry		*Life time Member

Join the CCA and Support Your Community

Crest Community Association

Send this form in with your check made out to the Crest Community Association (CCA)

Mailing Address: CCA 113 No Park Dr. El Cajon, CA 92021

Membership Levels

Lifetime \$500 Business \$50 Family \$35 Individual \$25 Senior \$12 (65+)

Name _____ Phone _____

Address _____ Email: _____

Questions: Call 44-Crest and leave a message.

Interested in volunteering a little or a lot? Check your area of interest:

Gardening Senior Support July 4th Event CCA Dinners
 Music Nights Clubhouse Maintenance Bunco Event

Tony's BB-Q, Deli & Pizzeria

619-444-8132

Pizza

Create your own pizza

	14"	18"
Cheese	\$8.99	\$9.99
1 Topping	\$9.99	\$11.99
2 Toppings	\$11.99	\$13.99
Toppings	\$1.50 each	\$2.00 each

Toppings

Ham, Mushrooms, Pepperoni, Olives, Onion, Bacon
Pineapple, Sausage, Bell Pepper, Jalapeño, Meatball,
Tomato

Specialty

	14"	18"
Veggie	\$14.99	\$16.99
Mushrooms, Olives, Onion, Bell Pepper, Pineapple		
The Works	\$16.99	\$18.99
Ham, Bacon, Sausage, Pepperoni, Mushroom, Pineapple, Olive, Onion, Bell Pepper, Jalapeño		
Meat Lovers	\$14.99	\$16.99
Ham, Pepperoni, Bacon, Sausage, Meatball		
Greek	\$14.99	\$16.99
Feta Cheese, Olive Oil, Garlic, Tomatoes, Basil		
BB-Q Chicken	\$14.99	\$18.99
BB-Q Sauce, BB-Q Chicken, Diced Tomatoes, Onion		
Hawaiian	\$11.99	\$14.99
Ham & Pineapple		

NEW

Salads

Chef Salad	sm \$2.99	Lg \$5.99
Lettuce, Ham, Turkey, cheese, tomato, & onion		
Garden Salad	sm \$2.99	Lg \$4.99
Lettuce, Tomato, Red Onion, Olive, Bell Pepper, Pepperchinis		
Greek Salad	sm \$2.99	Lg \$5.99
Lettuce, Tomato, Red Onion, Feta Cheese, Black Olive, & Pepperchinis		
Dressings: Ranch, Italian		

Deli Subs & Sandwiches

Ham & Cheese	\$4.99
Pastrami (Hot or Cold)	\$5.99
Roast Beef	\$5.99
Turkey & Cheese	\$4.99
Turkey & Roast Beef	\$5.99
Tuna Salad	\$5.99
Meatball	\$5.99
Chopped Pork with Coleslaw	\$6.99
BB-Q Chicken with Coleslaw	\$5.99
Double Meat	\$2.00
Bacon	\$1.00

NEW

BB-Q Ribs & Chicken

Grilled fresh daily & served all week!

Ribs

Full Slab Only	\$17.99	½ Slab Only	\$10.99
Full Slab Meal: 12-14 bones, & 2 Sides	\$19.99		
Half Slab: 6-7 bones, 2 Sides	\$13.99		

Chicken

Whole Chicken Only	\$9.99
½ Chicken Only	\$5.99
Whole Chicken Meal: with 2 Sides	\$11.99
Half Chicken Meal: with 2 Sides	\$6.99

Combo Special

Half Slab Ribs & Half Chicken, with 3 Sides	\$18.99
---------------------------------------------	---------

Family Feasts (Meat only)

2 Slabs of Ribs & 1 whole Chicken & 2 litre soda	\$44.99
2 whole Chicken & 1 Slab of Ribs & 2 liter soda	\$35.99
Full Slab Ribs & One Whole Chicken & 2 litre soda	\$25.99

NEW

Sides

Macaroni Salad, Potato Salad, Italian Pasta Salad, Baked Beans, Coleslaw	\$1.99 each
3 Side Combo	\$4.99

Crest Foods

Prices are subject to change

Turkey Club – Turkey, Swiss, & Bacon	\$5.99
Italian Sub- Ham, Salami, & Provolone	\$5.99
Tony's Pizza Sub – Any Pizza Topping, Sauce & Cheese hot from the oven	\$4.99
The Dave – Lettuce, Tomato, Onion, Olive, Mushroom, Green Pepper, Cheese, & Italian Dressing	\$4.99

Cheeses: Swiss, Provolone, Cheddar, & American
Fixens: Lettuce, Tomato, Onion, Pepperchinis, Olives,
Mayo, Mustard, & Italian Dressing
Bread: 8" sub roll, White, Wheat, & Sourdough

Questions: Call 44-

Special: 12" two topping pizza - \$4.99

Remembering Our Crest Friends

Virginia Fransway 1936- 2010



Virginia Ruth Fransway, long-time resident of Crest, passed away on August 24, 2010, after a valiant battle with cancer. As a youth, Virginia and her family moved to Crest, living on Eucalyptus Drive. In 1950, Virginia crossed paths again with a childhood acquaintance, Jim Fransway. They married at St. De Marillac Church in Crest September 1952. The young couple moved to a guesthouse on Eucalyptus drive. Their eldest daughter, Kim, was born in 1953. The family traveled to Point Mugu, where Jim was stationed in the Navy, and subsequently welcomed the birth of Diane in 1955. They moved to Oxnard, CA for 2 years and Whidbey Island, Washington

The family welcomed son Jamie in 1959. In July 1960, the family moved back to Crest, purchasing a cabin on Estornino Lane. Son Michael was born in 1961. Youngest daughter Theresa was born in 1963. Jim continued to defend his country, touring Vietnam 3 times, while Virginia kept the home fires burning.

Today the Fransway family has grown with the addition of 16 grandchildren and 5 great-grandchildren. Virginia was an avid reader, baker, tailor, and artist. In fact, in 1975 Virginia attended silversmith school, creating beautiful jewelry. Virginia would never sell her work; instead, she gifted her wonderful creations to family and friends.

The couple loved to fish, traveling from the Colorado River, the Sierras, and Canada. Virginia has the honor of catching the largest trout ever from Prince George Canada, and never let Jim forget her fishing prowess. The couple was a 28-year member of the Elks Lodge. Virginia generously donated her talent by creating and distributing homemade rabbits to benefit the Burn Center.

Virginias baking skills were unparalleled, with the smell of fresh made bread and pastries permeating the neighborhood every day. The children at Crest school would line up for a chance to exchange their Wonder bread sandwiches for one of the Fransway children's freshly made sandwiches. Many will miss Virginia's smile and her humor. Virginia will be interred at Fort Rosecrans on November 26, 2010, and a celebration of her life will be held at Crest Clubhouse on November 26th at 5:00 pm. Everyone is welcome.



Nora Holzer August 1, 1933 – September 24, 2010

Nora Holzer was born in Franklin Township, Michigan where she spent a lot of time at the family farm. Growing up she loved the farm animals.

Nora's family moved to San Diego in 1959 and in 1974 they relocated to Crest. Bill, her oldest son, noted "As far as my Mom was concerned, it was heaven; chickens, animals and a nice yard to plant things in. Both my folks thought this was the only place to be."

Nora's youngest son Dan was active in showing his horse at the ring in Crest in the early 80's.

Nora worked the voting polls for a number of years. Over the years she made a lot of friends by selling eggs from her favorite hobby – chickens. She once tried to move from Crest, but within a year, they built another house in Crest and were back.

Nora is survived by her oldest son Bill.



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Crest Real Estate Update



Residential **Recently Sold**

147 Highline Trail	\$201,000
119 North Lane	\$225,000
2027 Old Bend Road	\$317,200
312 Woodland Lane	\$410,000
988 La Cresta Blvd.	\$325,000
2135 Crest Drive	\$380,000
15183 Picturesque Pt.	\$425,000
1424 Horsemill Road	\$460,000
2412 Eucalyptus Drive	\$499,000
296 Chicory Lane	\$615,000
1327 Horsemill Road	\$685,000

Vacant Land **Recently Sold**

No vacant lots/land have recently sold

Thanksgiving History

The original Thanksgiving feast in 1621 occurred sometime between September 21 and November 11. Unlike our modern holiday, it was three days long. The event was based on English harvest festivals. President Franklin D. Roosevelt set the date for Thanksgiving to the fourth Thursday of November in 1939 (approved by Congress in 1941). Abraham Lincoln had previously designated it as the last Thursday in November, which may have correlated it with the November 21, 1621 date, anchoring of the MAYFLOWER at Cape Cod.

To speak gratitude is courteous and pleasant, to enact gratitude is generous and noble, but to live gratitude is to touch Heaven. ~~ Johannes A. Gaertner ~~

**Connie Gipson
Century 21 Award
(619) 606-2400**

**E-mail: csgipson@sbcglobal.net
California Real Estate License # 00862838**

Data from Sandicor, Inc. and the San Diego Recorder's Office effective October 15, 2010 represents properties listed or sold by various brokers. While believed to be reliable, it cannot be guaranteed. If your property is currently listed, this is not meant as a solicitation.



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 month class set of 4

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 Instructor*

619-456-7080 (cell) email: aida20@cox.net
 Web Address: YogaInMotion.Me

Support Crest:

Kiwanis Breakfasts: 8:30-10:30

- November 13
- December 11

CCA Dinner: 5:00-7:00 pm

- November 3

Cost \$5 - All Invited

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Have You Eaten Your Flowers Today?

By Linda Hjelle

Remember how excited I was when I found that I could eat the weeds from my very own back yard? Well, it gets better. While watching a segment of Chef vs City, a food network series, I discovered the business of edible flowers.

One of the largest wholesale producers of these flowers is located right here in East County in the foothills of Jamul. Sweetfields, a family owned and operated business, grows flowers with organic principles and then transforms them into edible works of art for the produce industry. Snap dragons, pansies, mini-roses and marigolds are some of the more popular flowers they raise. The flowers are used in everything from salads to pizza to wedding cakes to martinis. Why not nasturtiums, the only flower I was aware you could eat? John Clemons, founder and president tells me, "They don't grow well in the winter when the demand is high."

John has been growing fresh edible flowers on the family 33 acre farm (Sunset Farms) since the 1980's. Their fresh flowers are picked daily and air freighted all over the world. During their peak season, from January to June, each greenhouse can generate 50-60 trays of flowers a day, with each tray consisting of 60 flowers. In fact they produce over one million flowers a year with pansies being the flower of choice!

What does John do during the summer which is their slow time of year? Well you might look for John at the beach giving Kite Surfing lessons during the weekends. Or, you can find him working on additional uses for his beloved flowers.



In the mid 1990's, Mr. Clemons came across a flower crystallization recipe and decided to try it. The art of crystallizing flowers by hand has been around for hundreds of years; an art form that it consumes a lot of time. In April of 1995 John sold his first crystallized flower, but it took him about ten years to perfect the art and science to take flower crystallization from a very tedious process into mass production. Mr. Clemons patents include crystallized flowers, glazed flowers, gold and silver-dusted flowers,

chocolate dipped crystallized flowers and more. Prices can range from \$90 for 50 crystallized edible pansies to forty (40) 24K gold sweet dusted snap dragons for a mere \$240 plus shipping.

But wait, there is more. Perhaps you'd like to take advantage of their newest endeavor; Sweetfields has launched a jewelry line called Blooming Jewels. All of the jewelry is hand-made with real flowers. Just when you think that the only use for a flower is to be picked and placed in a vase. What will they think of next? Check it out at

www.sweetfields.com.



The Crest Garden Club

Debbie Milligan was the hostess for the October meeting of the Crest Garden Club. Members brought their favorite tools for keeping up with garden chores. There were clever homemade weeders, heavy-duty tree trimmers (not chain saws), garden scissors, loppers, gardening forks, and pruners with extra attachments. Members discussed fall planting and plant care activities with the help of useful resources such as the "Gardening by the Moon" calendar. As is customary, the meeting also included a tour of Debbie's garden with its edible fruit trees and vines, low-water flowering plants, and attractive areas to sit and enjoy the beauty of Crest. Sylvia Cavins will host the next Garden Club meeting, on November 8. For more information, call Marsha at 440-1167.

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Our Crest Neighbors

Crest Couple Helps to Reduce our Landfill One Bottle at a Time www.Bottlehood.com

By Linda Hjelle

It's amazing when and where CREST will pop up in the news. In August, the Community of Crest was mentioned as they highlighted www.Bottlehood.com in the national news. Soon I got a call from my sister in New York telling me that Crest was once again on the map. This time it wasn't a fire disaster but a clip about a great new "green" company that makes glassware from recycled wine, beer, liquor and soda bottles. An email to Steve and Leslie Tiano soon verified that they do live in North Crest off Mountain View Road and have a great new concept for reusing glass rather than recycling. Leslie shares with our readers:



"Steve and I moved to Crest in April 2005 on a five acre lot with a main house, guest house and a barn. We've done a lot of work to the property from an almost complete tear down on the guest house to adding an above ground water tank pool with surrounding deck. As we both love gardening, outdoors and camping, it was the perfect fit to take on the property. And the views to the eco-reserve and beyond are breathtaking.

Steve is a seasoned high-tech CEO, and I've been in graphic design, art instruction and pretty much all things visual for the last forty years (painting, applied design, culinary, interior/exterior design, landscape design and more). So as Steve describes it, "It's high-tech entrepreneur meets treehugger, or eco-zealot."

Last year we started BottleHood in October outside of our barn. Our first sale occurred online at the end of October, and the business took off from there. We had an enormous response off of Etsy (www.etsy.com – an online marketplace for buying and selling handmade things) for the holidays. We took to the dining room table to do all our shipping. A positive note was having Tony's Crest Foods handy USPS branch around the corner. I think we must have been his biggest customer last December...bringing in as much as 20-30 parcels a weekday for him to post. Better yet were all the veggie pizzas we ordered all the time for our employees because no one wanted to run down the four mile hill!" Ever since then it's been eight days a week working with reclaimed, repurposed, reused bottles."



Bottlehood is all about reusing versus recycling, which is much more energy efficient. All glass acquired for Bottlehood.com has no CRV so therefore 80% of this type of glass ends up a California landfill. Did you know that a glass bottle takes more than 4,000 years to decompose in a landfill? About \$600 million a year now goes into landfills.

They get their high quality unique bottles from eco-conscience restaurants from which they create tumblers, votives, glasses, pendants and other eco-friendly products. They sell their products mostly online through their own website (www.bottlehood.com) and Etsy (www.etsy.com/shop/bottlehood).

They also can arrange for San Diego neighbors to pick up purchases at the Hillcrest Farmer's Market on Sundays and Little Italy Mercado on Saturdays. From time to time they join other neighborhood markets, along with several events throughout the year. Check out their website for upcoming events. You can also see what great publicity they have received for their noble endeavor. BottleHood's success is a reflection of neighborhood sentiment and support for what BottleHood stands for... a pride in our neighborhood, our local craftsmen and entrepreneurs, and our social responsibility!

Visit Bottlehood at the San Diego Brewers Guild celebrating San Diego Beer Week and Craft Beer Saturday, November 6 from 2-6pm at Liberty Station in Pt. Loma. You can also catch them at the Carlsbad Fall Street Faire on November 7th and the Encinitas Fall Festival on November 21. You can also visit Bottlehood every Saturday from 9 am to 1:30 pm at the Little Italy Mercado or on Sundays from 9am to 2:00 pm at the Hillcrest Farmer's Market.

Thank you Leslie and Steve for being part of our Crest Community!

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Alpine Sheriff's Station

OVER THE LIMIT, UNDER ARREST

Holidays are approaching.

Just a reminder not to drink and drive!

Convicted drunk drivers can end up losing their licenses and spend 24 hours in jail for a first time offense!

You Drink, You Drive, You Lose!

Attorney Fees:	\$1,000-\$2,500
Court Fines:	\$1,400-\$1,600
Drug and Alcohol Evaluation:	\$75-\$100
First Conviction Program:	\$375
SB38 Multiple Offenders Program:	\$1,143
Insurance:	\$2,200
Lost Wages:	\$1,000
Towing:	\$150
Mandatory 30-day impound plus related fees:	\$1,355
License reinstatement (DMV):	\$100
TOTAL:	\$8,798-\$10,523

For about \$30, you can ride home safely in a taxicab.

You will not only be saving yourself \$10,523.00, you could also be saving someone's life!

Call 9-1-1 to Report Drunk Drivers!



Dianne Jacob Speaks Out:

County Supervisor Dianne Jacob represents the people of the Second District which includes all of East County, the Ramona and Julian areas and the City of Poway. For more information contact Jennifer Stone (619) 531-4766

9/13/10 - COUNTY SET TO RESTRUCTURE ITS FIRE PROTECTION SERVICES

Stronger Partnership with CAL FIRE, Model Joint Powers Authority among Changes Recommended by Region Fire Officials

The Board of Supervisors is poised to implement recommendations from a landmark fire deployment study released earlier this year. The Board is being asked to transfer the 13-person staff of the San Diego County Regional Fire Authority to its Public Safety Group and appoint the chief of CAL FIRE's San Diego Unit to the position of fire chief for the Regional Fire Authority, a move that will streamline the delivery of public safety services. Also, the Board will consider moving forward with plans to create a small Joint Powers Authority between the County, CAL FIRE and another fire agency. It is believed that the model JPA will demonstrate the

importance of moving toward a larger regional JPA in the future.

9/23/11 - THE FOLLOWING STATEMENT MAY BE ATTRIBUTED DIRECTLY TO SAN DIEGO COUNTY SUPERVISOR DIANNE JACOB ON THE MATTER OF THE CALIFORNIA PUBLIC UTILITIES COMMISSION AND THE U.S. BUREAU OF LAND MANAGEMENT REFUSING TO ORDER ADDITIONAL ENVIRONMENTAL REVIEW FOR SDG&E'S CONTROVERSIAL SUNRISE POWERLINK PROJECT:

This isn't a review. It's a rubber stamp. In addition to ignoring glaring errors identified by the County, the so-called regulators have deliberately covered up the monumental fire danger posed by this line. Regulators have refused to use accurate fire data and that's appalling. In the end, nothing can change the determination made in the project's original environmental document. It is a fact that Sunrise is classified as an unmitigable fire risk of the highest level. The line is a hazard to fire crews and will keep aerial assets from making targeted drops when fires are small. Knowing what we know about our fire-prone backcountry, it is unconscionable for anyone to support placing an impediment like Sunrise in the way of firefighters.

Griselda's Corner

By Griselda Layman

THE HOLIDAYS ARE HERE!

For many, Holidays bring memories of happy and sad times. Some wish they could turn back the hands of time to what they had and let slip through their fingers. Some long for the past when with innocence and anticipation looked forward to receiving presents. Some of us are happy just where we are, welcoming the upcoming celebrations. Some will take the time to go shopping and take advantage of the sales going on at our local store shops. Holidays are the times where we can slow down, relax and be with our family, friends and acquaintances; or time used to get to know us a little bit better. Wherever you are going to be, I invite you to come along and enjoy them by being happy and thankful for what we do have.

Holidays bring to mind traditions; some old and some new. Love the fact that we can share them in so many ways. What would our lives be without them,

Perhaps you can start a new tradition with a couple recipes for a nice hot soup for those winter nights (thanks to Emma Berdan) or some Sweet and Sour Meat Balls thanks to Sherry Peacock. They entered the Grossmont Community College Recipe Contest and were published in a "Community Cookbook" a supplement to the "Life News", November 2nd. 1997

CREAMY CAULIFLOWER SOUP

1 medium head cauliflower, cut in tiny flowerets
1/4 cup butter
2 tablespoon flour
2-3 cup chopped onion (one small)
3/4 teaspoon salt
2 cups broth made from McKay's Chicken Style Seasoning (can be purchased at health food store)
1/2 teaspoon Worcestershire sauce
2 cups light cream or rich milk
1 cup grated cheddar cheese
chopped chives or parsley
Cook cauliflower in boiling water; drain, reserving liquid. Melt butter, add onion and cook until soft. Blend in flour, add broth and cook, stirring constantly until mixture comes to a boil. Stir in one cup liquid drained from cauliflower, adding water if necessary to make one cup, milk, Worcestershire sauce and salt. Add cauliflower. Heat to boiling. Stir in cheese. Serve sprinkled with chopped chives or parsley. Makes two quarts.

Enjoy, Happy Holidays

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Gardening Classes

**Have You Visited The Water Conservation Garden
at Cuyamaca College?**

They are open 7 days a week from 9-4 pm with Docent tours on Saturdays at 10:30. Here are some upcoming classes which might inspire your next landscaping project:

- Rainwater Collection for the Homeowner – Sat, Nov 6 9:30-11:30 - \$15 Members/\$25 non members.
- Water Smart Gardening Festival – Sat, Nov 13, 9-3 pm (free)
- Organic Soil Culture: How to Improve any soil Nature's Way – Sat, Nov 20 10-1 pm Cost \$20/\$30
- Native Plants for Borders & Containers – Sat, Nov 20 1:30-3:30 \$15/\$25
- Holiday in the Garden – Dec 3&4 5:30-8:00 pm Visit the garden glowing with lights, shop, crafts \$3 (Kids 12 and under Free)
- Tamale Making 101 – Sat, Dec 11 10-1:30 - \$55/\$65 (includes a dozen tamales & lots of recipies.

To Enroll: visit www.thegarden.org 660-0614 x 10.

Crime Log in Crest

08/12	1900 BI Vista Del La Montana	Credit Theft
08/28	1400 BI Horsemill	Credit/ID theft
09/01	600 BI Mnt View Rd	Residential Burglary
09/16	200 BI Mnt View Rd	Car theft
09/24	1300 BI La Cresta Blvd	Simple Battery
10/13	1700 BI Harbison Cny Rd	Burglary
10/23	2400 BI Eucalyptus Dr	Residential Burglary

Information obtained from www.crimemapping.com



E-Crest-Rians:

by Kandhy Franklin

This last month, the Green Valley Equestrian Loop was open to the public for camping. You can call Reserve America to get your reservation. The camp will close at the end of November and re-open in spring. The sites are under huge oak trees and the corals are well placed under shade for the horses; there are a few camping spaces near the highway, but the

traffic noise seems minimal especially in the evening and morning. This is also a nice part of the park to ride in. I have maps of the trails if you are interested.

South Lane Park - Thanks to residents with horses who worked at repositioning the coral panels pushed over by horses when grazing. The West end gate is now opened; we need someone to fix the upper arena end gate to keep the horses in and safe. The Crest Fire Safe Council is trying to find grant money to get insurance so we can have a bathroom (lockable), water spigots for horses and dogs, and that trailer (which looks like a log cabin) to be used as our announcer's booth. We are hoping to have Spring Health Clinics as well obstacle clinics, similar to the ACHA events being hosted in Southern California Region. Check out their web site, they have a lot of rides near us and their money is being gifted to those who are saving and feeding horses. There is a lot of good riding in November; please don't hesitate to call for a ride if you don't have a trailer. Jan Rossander and I will be willing to go. Actually, it will be an excuse not to work, but go and play! Kandhyfranklin@cox.net.



Craft Faire & Bake Sale

Sponsored by CCA

**When: Saturday, November 6, 2010
9 am to 6 pm**

Where: Crest Community Clubhouse

Jewelry Gourds Hand Crochet Scarves

Christmas tree decorations Hand made soap

Personalized Embroidered items

Handmade Truffles and Desserts

Fantasy Whimsies And more


Weaving and Flower Pounding Demos

Magic performing 10-2

2009 - 2010

the BOX TOP

BOX TOP FOR EDUCATION



Cindy Komp
I am your new Box Top for Education PTA Chairperson for this school year. I look forward to serving you and your children. Thanks in advance for all of your support.

chickadee

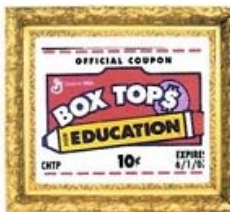

Friends, Family, and Neighbors
Ask every one to help out Crest School by saving box tops.

✽ Sept. & Oct. ✽

I am very happy to let everyone know that in our first month of school we have collected 1,511 box tops. That equals \$ 151.10 for Crest PTA to spend on our children. Keep up the good work.

ABOUT THE PROGRAM

You can find box tops on a variety of products. Attached are just some of the products that will have a ten cent box top on it. Just cut them out and return them to our school. Also attached is the first of a monthly sheet that will make it fun for the kids to add the box tops to and get a treat when they return it to school. Our school's GOAL has been \$176.00; Lets see if we can beat it this year!

TRAVEL TIDBITS:

By Linda Hjelle

Ever think about traveling off-season? If so, there are some great travel deals this time of year. The deals are usually for the October-March timeframe. Here are a few tempting vacations I found over the last couple weeks. Keep your eyes open, they may still be out there.

- **Panama** - airfare from LA/4 nights hotel /breakfast, tours - \$870 - www.gate1travel.com - Budget Travel Magazine.
- **Paris** - Airfare from LA/6 nights/ breakfasts \$977 www.go-today.com - Budget Travel Magazine
- **China** - Airfare from LA/ 7 nights/breakfast/tour \$1274 www.championholidays.com - Budget travel Magazine
- **Waikiki & Maui Getaways** incl. Air from L.A./3 nights hotel/ \$299-\$339 Pleasant Holidays at 800-742-9244 - www.travelzoo.com

What did we book? A 9 day trip to **Thailand** in May for \$999 through Travelzoo.com - www.friendlyplanet.com
P.S. If you can find cheap airfare to Florida, there are some great cruises out there. www.vacationstogo.com

SUPPORT CREST SCHOOL

Cajon Valley Union School District

Crest School & Los Coches Creek School Schedule 2010-2011

2010-2011 Schedule

08/16/10	School Opens to Public
08/23/10	First Day of School
09/06/10	Labor Day
11/11/10	Veterans Day
11/22-11/26	Thanksgiving Holidays
12/20-01/07	Winter Break

01/17/11	Martin Luther King Holiday
02/14/11	President's Day (Lincoln)
02/21/11	President's Day (Washington)
04/11-4/22	Spring Break
05/30/11	Memorial Day
*06/16/11	Last Day of School

Grossmont Union High School District

Granite Hills Holiday Schedule 2010-2011

2010-2011 Schedule

09/07/10	First Day of School
11/11-12	Veterans Day
11/22-11/26	Thanksgiving Holiday
12/20 - 12-31	Winter Break
01/17/11	Martin Luther King Holiday

02/07/11	President's Day (Lincoln)
02/21/11	President's Day (Washington)
04/18-22	Spring Break
05/30/11	Memorial Day
06/22/11	Last Day of School



SATURDAY, NOVEMBER 6, 2010
CRESTRIDGE ECOLOGICAL RESERVE

8:00 A.M. TO 12:30

1171 HORSEMILL ROAD, EL CAJON, CA, 92021

\$25/ADULTS, \$10/KIDS

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THANKS TO OUR SUPPORTERS AND PARTNERS:

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Endangered Habitats Conservancy O CA Dept of Fish and Game O US Fish and Wildlife Service
Crest Kiwanis O WILDCOAST O Mission Federal Credit Union O Cajon Valley Union School District

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CREST-DEHESA-GRANITE HILLS-HARBISON CANYON SUBREGIONAL PLANNING GROUP.

Mailing address: P.O. Box 21489, El Cajon, CA 92021

e-mail: wrplanning@aol.com website: www.crestplanning.org

The mission of the sub regional planning group is to advise and assist the Director of Planning, the Planning and Environmental Review Board, the Zoning Administrator, the Planning Commission and the Board of Supervisors in the preparation, amendment and implementation of community and sub-regional plans.

Meetings are held the 2nd Monday of each month at 7:00 pm. Locations rotate between the Dehesa Fire Station, The Crest Community Center, and the Harbison Canyon Community Center. The September, October, November and December meetings will be held at the Harbison Canyon at Ironside Park. Meeting agendas, minutes, and planning commission documents may be found on their website at www.crestplanning.org. The website can also be accessed by going to the www.thecrestsun.com website and clicking on planning group or organizations.

The following are segments from the June 14 minutes regarding Crest. For a full copy of the minutes go to www.crestplanning.org

Item 7. Unfinished Business. Consideration of applications for Seat 1, Crest. Chairman Riggs introduced Mary Kay Faris, who submitted a letter of application for nomination to Seat 1, to the Planning Group. She is a resident of Crest, has been an East County resident for 40 years, and is interested the County Department of Planning and Land Use public planning processes. She would like to be a member of the Planning Group and contribute to the public planning process. Phil Hertel moved that the Planning Group approves the selection of Mary Kay Faris for nomination for the Board of Supervisors' appointment to Seat 1, Crest, on the Crest-Dehesa-Granite Hills-Harbison Canyon Subregional Planning Group. The motion passed (10 yes; 0 no; 0 abstain) –.

July Minutes (Not yet available)

August 9th minutes regarding Crest.

Announcements: b. Crest Seat number 1 and application Of Mary Kay Ferris has gone through the Registrar of Voters and should complete the application process this month. **Editor's note: Seat 1 is once again vacant.**

Open Forum: a. Kandhy Franklin reported Crest Fire Safe Council is working with East County Transition Living to expand fuel management. The Crest Fire Safe Council will be working with SDG&E to complete the biologics to finish the fuel break ring around Crest.

New Business: (a) Recommendation of placement of speed control sign in Crest-County Staff contacted Chair Riggs because they are confused at the placement of the 30 mile per hour sign entering Crest. Comments were received by Crest residents, Kandhy Frankin and Kathy Fiedor, with a letter read from Linda Chase. Chair Riggs will be contacting county staff with the following recommendation. I) place a second 30 mph sign at the Crest Foods Store if there is enough distance from the 30 mph ahead sign ii. If first choice is not acceptable, move the present sign to Hamlet/Crest food driveway area iii. Requesting repainting of 30 mph sign on roadway.

Name Brand vs Private Label Foods

An article from www.tiphero.com states that almost all private-label products are made by name-brand companies, who simply stop the production line, insert the alternate labels, and restart production. They did a survey and here are a few private label brands that are preferred by many:

- Kirkland Signature (Costco) Organic Medium Salsa
- Market Pantry (Target) Fudge Brownie Mix
- Kroger (12 cents per serving) raspberry preserves
- Target's Archer Farms Chewy Soft Baked Oatmeal-Raisin Cookies
- Kirkland Signature (Costco) Belgium Boxed Chocolates
- Great Value (Walmart, 88 cents per serving) frozen lasagnas
- Archer Farms (Target) Self Rising Crust Pepperoni Pizza

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\$14⁹⁹ Plus Tax

NOT VALID WITH ANY OTHER COUPON

12" PIZZA

\$5⁰⁰ Plus Tax

Limited Time Offer
NOT VALID WITH ANY OTHER COUPON

LASAGNA SPECIAL

ORDER OF LASAGNA, SOUP OR SALAD & GARLIC OR FOCCACIA BREAD

\$7⁹⁵ Plus Tax

NOT VALID WITH ANY OTHER COUPON

MEDIUM 14" MOZZARELLA PIZZA

with One FREE Topping of your choice

\$11⁹⁹ Plus Tax

NOT VALID WITH ANY OTHER COUPON

2 DINNERS OF YOUR CHOICE

\$18⁹⁹ + Tax

Includes Soup or Salad, Garlic, or Foccacia Bread

- SPAGHETTI
- LASAGNA (Spinach or Meat)
- CANNELLONI
- MANICOTTI
- RAVIOLI

NOT VALID WITH ANY OTHER COUPON

LARGE 16" MOZZARELLA PIZZA

with One FREE Topping of your choice

\$13⁹⁹ Plus Tax

NOT VALID WITH ANY OTHER COUPON

2 MEDIUM 14" PIZZAS

1 TOPPING Includes Cheese \$1.50 ea add'l toppings

\$20⁹⁹ Plus Tax

NOT VALID WITH ANY OTHER COUPON

2 LG 16" PIZZAS

1 TOPPING Includes Cheese \$1.75 ea add'l toppings

\$23⁹⁹ Plus Tax

NOT VALID WITH ANY OTHER COUPON

BUFFALO WINGS & FRIES

SIDE OF RANCH DRESSING

\$5⁹⁵ Plus Tax

NOT VALID WITH ANY OTHER COUPON

FREE Either a 2-Liter PEPSI or \$1 Off Any Reg. Priced Med. or Lg. Pizza

NOT VALID WITH ANY OTHER COUPON

\$2⁰⁰ OFF ANY LARGE PIZZA

NOT VALID WITH ANY OTHER COUPON

SPAGHETTI OR RAVIOLI SPECIAL

1/2 ORDER OF SPAGHETTI OR RAVIOLI, SOUP OR SALAD & GARLIC OR FOCCACIA BREAD

\$6²⁵ Plus Tax

NOT VALID WITH ANY OTHER COUPON

FEAST FOR 4

- 1 LARGE PIZZA one topping
- LARGE FAMILY ANTIPASTO, GREEK or CAESAR SALAD
- GARLIC BREAD or Foccacia Bread

Add'l Items \$1.75

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FREE

Small 12" Cheese Pizza or An Order of Crazy Bread

With Purchase of any Large Pizza at Regular Price.
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PHILLY SPECIAL

2 Philly Cheesesteak Sandwiches & 2 Frenchfries Chicken or Beef

\$15⁹⁹

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FOOT LONG SUB

\$5⁰⁰ Plus Tax

Limited Time Offer
Excludes Shrimp and Philly Steak Sandwiches
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 (\$5 Delivery Charge)

Activities for the Holiday Season

Annual Julian Fall Apple Harvest, September 15 – November 15, celebrating this historic mountain town's famous homemade apple pies and ciders. Visitors can also enjoy acres of colorful fall foliage, charming bed and breakfast inns, art shows, quaint antique shops and live entertainment. <http://www.julianca.com/events>

On **November 7**, the **10th annual Gaslamp Quarter Fall Back Festival** brings alive the history and culture of downtown San Diego's Gaslamp Quarter. The event features entertainment, food, demonstrations and lots of fun for children and families and occurs 11 a.m. – 4 p.m. on Island Avenue between Fourth and Fifth Street.

The largest one-day street fair in California, the **Carlsbad Village Street Faire** takes place along Grand Avenue in the San Diego North County city of Carlsbad on **November 8**. The event occurs 8 a.m. – 4 p.m. and features hundreds of exhibitors, international food, live entertainment and children's rides.

63rd Annual Mother Goose Parade Sunday, November 21, 2010 at 10:00 a.m.

<http://www.mothergooseparade.org/2010/> The El Cajon Mother Goose Parade is the largest parade in San Diego County and the largest of its type west of the Mississippi. Each year the parade attracts thousands of spectators to the streets of El Cajon to view the parade for free.

The La Jolla Christmas Parade December 5. Parade begins at 2:00 pm, Festival Begins at 3:30 pm, Photos with Santa at Rec Center at 3:30 pm Christmas Tree Lighting at 4:30pm

http://ljarade.com/La_Jolla_Christmas_Parade/Welcome.html



Coronado Island Holiday Festival 12/3/10 The holiday season in Coronado starts Friday, December 3, when Santa arrives by ferry at the Coronado Ferry Landing. A festive parade along Orange Avenue follows, while merchants keep their doors open late for shopping. Santa lights the 75-foot star pine Christmas tree located in the center of town as the community band plays holiday music. The evening finishes with fireworks over Glorietta Bay. **Annual Artisan's Alley Craft Fair** December 4; Village Elementary school's playground is home for over 170 booths with gifts, art, crafts & food. 600 6th Street

December Nights – Balboa Park San Diego's favorite kick-off to the holiday season, will take place for the 33rd consecutive year on **Friday, December 3 5-10 pm** and **Saturday, December 4 noon-10:00 p.m.** In the spirit of the holidays, participating Balboa Park museums open their doors

free of charge both evenings. The largest **free** community festival in San Diego, December Nights is expected to attract more than 400,000 visitors over two days. <http://www.balboapark.org/decemberevents>

El Cajon Parade of Lights Show –December 8, 6:00 pm – A parade of lighted and decorated vehicles will drive down Main Street for all to see, including Santa Claus himself, who will make his way to the Prescott Promenade and be available for pictures. For more information: <http://www.downtownelcajon.com/>

La Mesa Old Fashioned Christmas Village –December 10 & Saturday, Dec 11 6-10 pm - Every year around Christmas time, downtown La Mesa turns into an Old Fashioned Christmas Village, offering plenty of shopping and festivities. To get you in the holiday spirit, La Mesa Village merchants extend their business hours while strolling carolers, minstrels and choral groups perform throughout the village. Santa Claus will be there, too. La Mesa Village is located at Allison Avenue and La Mesa Boulevard and runs from Fourth Street to Acacia Avenue. For more information, go to: <http://www.lmvm.com/SeasonalEvents/Christmas-In-The-Village.aspx>

Crest Santa Party – December 17th – 6:30 – See page 30.

San Diego Mission Bay Parade of Lights –. December 18th – 7:00 pm with Fireworks at 9:00 pm. Starting at Quivira Basin will sail around the bay. - <http://www.missionbayparadeoflights.org>

37th Annual San Diego Parade of Lights 2010 – December 12 & 19th – 5:30-9:00 PM – San Diego Bay

<http://www.sdparadeoflights.org> Location: South end to the North end of Shelter Island - For viewing, the north and south ends of the Embarcadero as well as the pathway along Coronado are good spots as they tend to be less crowded. If you plan on viewing the parade from Harbor Island, get there early and be aware that parking is at a premium. Another good spot is the park behind Seaport Village.



Thursday, December 30th – Port of San Diego Big Bay Balloon Parade Monday – 10:00 am

San Diego. Free street side viewing or \$15 grandstand tickets. America's Largest Balloon Parade. Go to www.holidaybowl.com for more information on the parade route. World-class marching bands, magnificent floats, entertaining drill teams, and a procession of enormous balloons can be seen. Over 100,000 street-side spectators will enjoy the parade along with a nationwide television audience. This is part of the Holiday Bowl activities.

FESTIVITIES IN CREST

CREST CCA Holiday Santa Party – December 17.

The CCA will be holding its annual holiday gathering on Friday, December 17th at 6:30. Santa will arrive at 6:45 so come on by. This is a potluck dessert (meaning bring a dessert to share). Drinks will be provided along with a lot of holiday spirit!



Presenting Don Halte – Dec 1, Dec 8, Dec 15



Our very own **Don Halte** will be singing Christmas Music the first three Wednesdays in December from 6-8 PM (12/1, 12/8, 12/15) at Mamma Rosa Italian Restaurant @ 1773 E. Main St 442-0231. Come in and enjoy a great dinner and Songs of the Season.

A Crest Memory.....



Thanks to Paula Dohse for sharing this photo of her brother, Tommy Marsh standing in front of the library...then Arbassio's Store in 1949. In the background is where the Crest School is now.

Do you have a photo or story from the past to share? Email editor@thecrestsun.com



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Are You Looking for a Friendly Place to Spend Thanksgiving?

The CCA is considering offering a Thanksgiving Dinner at the clubhouse on Thanksgiving Day for the local residents who are interested.

If you are interested in participating, please RSVP to Paul/Jeanne Johnson by email: johnson7409@att.net, or 442-4022 and let them know how many guests will be coming, and/or if you are interested in bringing a dish to share.

Interesting Websites..

Do you like shopping? Watch out, these websites are addictive! Go to the website and sign up; or you can opt to have them send you an email each day. Each day they feature one deal which is typically 50 % or more off the regular price for dinners, activities, plays, classes, etc. in the San Diego area. The deal expires at the end of the day and you are charged only if the minimum amount of folks sign up. Clever idea! Go to these website, select your city and check it out. There is no obligation to look.

www.Livingsocial.com

www.dailydeal.signonsandiego.com/

www.groupon.com

or... on the same idea

<http://www.goldstar.com/home> Half price tickets to theaters, concerts, sightseeing activities, etc. Great if you have coming coming in town.

<http://current-codes.com/> - Hundreds of well-known online stores like Barnes and Noble, Staples, and Overstock.com have a place within their shopping cart for a "coupon code" that gives a percent or dollar amount off your purchase. If you don't know the code, you can't take advantage of the discount; this website provides the codes.

<http://www.oasisnet.org/home.aspx> OASIS is a national education organization dedicated to enriching the lives of adults age 50 and older through lifelong learning and service. Interesting San Diego classes or lecture (usually in Mission Valley).

www.Backgroundsandiego.com – Want to be an extra in San Diego.? Register on this casting company for Stu Segall Productions, a casting company for Terriers, set in O.B.

Internet sites where you can watch free TV:

www.hulu.com - the site features movies, sporting events and video clips from more than 50 premium content producers.

www.voeh.com - Veoh features millions of online videos including free TV shows, movies, music, and more. Upload and share your videos on Veoh the video sharing network.

www.pbs.org - This Web site, provided by the **Public Broadcasting Service (PBS)**, is home to more than 1000 television show companion sites in addition to Web-original ... (www.pbskids.org for kids)

www.blinkx.com - **Blinkx** - World's largest video search engine. Search over 35 million hours of video from sites like Google Video, YouTube, MySpace

www.history.com Explore **HISTORY** shows, watch videos and full episodes, play games and access articles on historical topics at **History.com**

(Thanks to Kathy Fiedor for contributing.)



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Large Wine Variety

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And shopping on the "Hill"**

Community Worship



**St Louise de Marillac
Catholic Church**
2005 Crest Drive –
Phone: (619) 444-3076,
Fax: (619) 440-1325
Fr. Justin Langille, Pastor

Regular Weekend Services (SEP-MAY):
Saturday..... 5:30 PM
Sunday..... 8:00 AM and 10:30 AM

Daily Mass: 8:00 AM (Mon-Thu)

St Louise parish will be having a potluck picnic in October and Christmas parish dinner in December.

St Louise will be sponsoring Thanksgiving baskets to those in need and also assisting families at Christmas as well. Please call if you have need of our services.



Crest Community Church

2198 Suncrest Blvd,
Phone: (619)-442-3736
Pastor Tony Lambert
Services:

- 9:30 a.m. Sunday School for All Ages
- 10:45 a.m. Worship Services - Sunday
- 6:00 p.m. Sunday evenings
- 6:30 p.m. Wednesday Bible Study/Awana

Crest Community Church Announcements:

Wed. November 10 @ 6:30 PM there will be a free musical concert. Everyone is welcome, and encouraged to come see this talented young man, Lucas Hitch.

January 15, 2011 Crest Community Church will have a Hilltop Fair - if you would like to be a part of this rummage sale, please call Kerri Lambert @ 619-442-3736. We are offering up spots for \$5. And if all works well, Smokey the Bear will be here for the kids to meet!

Is Your Shoe Box Ready? – Operation Christmas Child

Crest Church is inviting the Community to help with Operation Christmas Child by packing a shoe box to bring hope to impoverished children in the U.S. and around the world at Christmas time. In some cases, the "shoe box" and items inside, become their only possessions. A family simply fills a shoe box with a variety of simple gifts that would delight a boy or girl of a designated age group (2-4, 5-9, 10-14.) WalMart and the dollar Stores are great places to shop for inexpensive items and plastic boxes.

This project is sponsored by Samaritans Purse, an international nondenominational Christian organization that was one of the first to respond to our Community during the 2003 Cedar fires. They had a trailer in Crest for three months, assisting our community through the three local churches. Now it's our opportunity to give back. Drop your box(es) off at the Crest Community Church by November 14 (noon) along with a check for \$7 for shipping for each box. These boxes will be shipped all over the world to needy children. For hints on how to pack a box, pick up a flyer at our local stores or go to www.samaritanspurse.org and click on Operation Christmas Child. Additional Questions? Call 442-3736 Tuesday, Thursday and Friday between 1 and 4 pm



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- Tint
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Kathy Kaderabek
339 Lila Lane
El Cajon, CA 92021
(619) 447-1945



Call for your appointment today!
(619) 447-1945

At a recent CCA General Meeting, a member reminded Crest folks that when Proposition E was voted in, an Oversight Committee was to be established to oversee the SMFPD budget to insure that tax monies collected in Crest would go to Crest fire protection. A request was made that Crest Community receive feedback from these meetings. Kandhy Franklin-Collins provides history and an update:

Proposition E Oversight Committee:

In April of 2009, Chief Ghio of San Miguel Fire Protection District approached Kandhy Franklin, past president of East County Fire Board, to ask if there were any residents in Crest who would serve on an over-sight committee for the Proposition E funds collected by the San Diego Tax Collector. The results of the inquiry led to three volunteers: Doug Perry, past Chief of Chula Vista, Richard Fiedor, a tax consultant, and Kandhy Franklin, committee member for the budget for East County Fire Protection Board. These three names were presented to the San Miguel Fire Board by the Chief in his report to the board. At the first meeting on April 14, 2009, the budget and expenditures of Prop E were presented to the committee by Chief Ghio. The meeting was an hour and a half in length covering each line item of the budget. Questions were asked of the chief by each member of the committee. It was determined that all categories were funded appropriately and accounted for. Monday, June 7, 2010, from 3:30 to 4:30, the committee once again met. The line item budget and category budget was presented to the committee of the same three members. The information was once again satisfactory to the committee with one exception: The budget will be sent more than a week ahead of the meeting date for the committee to review. The Board of Directors of San Miguel Fire Board was briefed regarding this meeting by Chief Ghio at the regular June board meeting. Official minutes were not taken at the two previous meetings of the Prop E Oversight Committee. Kandhy Franklin was at the meeting and stated that not only would the previous meetings be discussed, but going forward, there would be official minutes and that they would be presented to the Crest Community Association and would be uploaded to the Crest Sun web site. It was also pointed out to the committee by the Chief that there was no language in the Prop E to take minutes, but he supported taking official minutes.



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Crest Fire Safe Council

Crest Fire Safe Council wants you to know:

Even with the rain, there was a great turn out to Station 18's Open House. We had rides for the kids, refreshments; people were taking tours of the newly remodeled firehouse, the CERT trailer was there. The Fire Safety trailer was a huge hit and the Fire Etc. trailer was on exhibit. SDG&E handed out free flashlights which were also a tool kit, and "corded" phones from AT&T. It was explained that having a corded phone is great to have in an emergency as you will still have power to call out, which we could not do during the '03 fires. There was a lot of technical information given out as to the value of having a "corded" phone, so please call AT&T and ask for yours. I have not been able to find out yet if they will be free, but they will be free from SDG&E and at the Fire Expos they attend.

The grant money from SDG&E is here. CFSC is looking at the various projects we want to do in Crest and have come up with a long list. First are those things which will add elements of safety to the community through education and communication; next are the projects which will help the CCA become an incident command center in case of an emergency. Finally, Crest Fire Safe Council will be holding ham licensing classes here in Crest to support the new Ham Radio set up in the clubhouse.

The Crest Fire Safe Council (CFSC) has signed an MOU (memorandum of understanding) with the Crest Community Association and will act as an umbrella organization in case of emergencies only, to set up the incident command center. The CFSC will be writing grants which only organizations with a non-profit 501©3 rating can apply for; this will serve the community in either earthquakes or firestorms. At present, we are writing grants which will bring a generator to the clubhouse, a flat screen TV for cable communications, a satellite system, and hand held radios (FRS) for the Block Wardens and "Sky watchers" to insure communications throughout the incident. We are looking for residents who live on the outside canyons who want to be the "Sky Watchers" and Block Wardens, as well as residents who are looking to get involved in keeping Crest Safe. If interested contact Kandhy Franklin at kandhyfranklin@cox.net

CREST CERT TEAM: The grant from SDG&E is in the bank; now CERT has the means to go forward with more training with the Red Cross, other CERT teams, prepare a Crest Evacuation Drill, and get radios and supplies.

This is Disaster Preparedness Month for earthquakes and fire. Take 20 minutes each day to create lists of what you will do if you had only ten hours or one hour to leave your home. Think of an evacuation plan for your family; where will you meet, how will you communicate, what things should be near the bedside? Where are the meds, do you have your cell phone and address book, who knows where you will be when you leave the hill? Please visit the web sites of the Red Cross, Office of Emergency Services to gather ideas of what you should do to prepare. If you are interested in becoming a new member of the CERT team, please contact Kandhy Franklin.

American Red Cross to Help San Diegans "Be Red Cross Ready" During National Preparedness Month"

Get Prepared with Three Simple Steps:

As we approach wildfire season and on the heels of a national survey that revealed only seven percent of Americans have taken the recommended actions to prepare for disasters, the San Diego/Imperial Counties Chapter of the American Red Cross joins a nationwide effort to help communities get prepared. Red Cross chapters across the country will conduct activities and outreach to help individuals, families, schools and businesses take action to Be Red Cross Ready for all types of disasters and emergencies by getting a kit, making a plan and being informed.

There are three simple actions anyone can take to Be Red Cross Ready for disaster or emergency:

Get a Kit. Create an emergency preparedness kit for your family and review its contents every six months. If you don't have one, you can make one yourself or purchase one online at www.PrepareSanDiego.org.

Make a Plan. Establish responsibilities for each member of your household and plan to work together as a team. Choose disaster meeting places. Learn how to turn off utilities. Run home evacuation drills twice a year. Come up with a family communications plan.

Be Informed. Learn what types of disasters are most likely to occur where you live, work and play. Take First Aid and CPR courses.

"Preparing ahead will help you respond better in a disaster or emergency and may even save your life", says Joe Craver, CEO of the American Red Cross of San Diego/Imperial Counties. "Prepared citizens help create prepared communities".

The Red Cross makes it easy for you to prepare your family. Don't wait until it's too late. For more information on how to Be Red Cross Ready, please visit www.PrepareSanDiego.org.

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Critters in Crest



Suggestions
By Stanley A. Shelton

A couple of months back, I asked for suggestions for critters to write about in this column. Following are the suggestions I received. My comments are in *italics*.

From: Kim Knuth

We recently found a legless lizard (beautiful metallic gold with a thin black stripe) in the yard and thought it was a snake, was surprised to find out it was a lizard, and that one difference between snakes and lizards is eyelids--also found a coastal night snake (very cool) and a snake in the bedroom!!!! It was a pacific gopher snake, that imitates a rattle snake by shaking its tail against the ground; a little disconcerting when trying to remove it from the bedroom. Also have found tarantula hawk with tarantula in tow walking up the driveway. Also--found a nighthawk must be living in the yard--have seen it a few times at dusk, flying like a bat, but its a moth eating bird that looks like a pile of dead leaves on the the ground.

So... hope that gives you a few ideas--lots of fun living here in Crest!

From Stan:

I've written about a few lizards and snakes, but will be writing about particular species in the future. Writing about only one species doesn't really cover what we have here in Crest. The nighthawk sounds interesting too. In a quick search on the internet, I found very little on this bird.

From: Paul Johnson

What about the Rosie Boas or those black snakes with the yellow strips (gopher ?)...I don't know you may have already talked about these but we are still new so we would have missed it. I'm just learning about all of the area critters. I was a city girl :)
Jeanne Johnson



From: Grisenda Layman

This is Griselda, from Griselda's Corner and About Crest.....

How about talking about the abundance & variety of animals found in and around Crest; from the largest to the smallest.....deer, elk, horses, cows, sheep, dogs, cats, birds, quail, owls, bats, squirrels, bunnies, mosquitoes, frogs, foxes, coyotes, snakes, stink bugs, black widows, centipedes, lizards, (another type of spider that jumps & runs) scorpions, gophers/moles.

If all else fails, how about hummingbirds? Or simply go to the internet and ask about what type of animals critters are found in East San Diego.

Best to you.

From Stan:

Many of these, I have already written about, but that doesn't mean I can't write about them again, or other species. Others, I think to myself, "Why didn't I think of that?" And it never occurred to me to write about domestic animals!

From: Linda Hjelle

How about different types of snakes that can be found in Crest - which are good and which are bad - We had one out front didn't have a clue what it was.

From Stan

All snakes are good. The only ones we have to worry about are the pit vipers (rattlesnakes), or those that are big enough to be able to bite you... it could hurt!

I'm sure you've done tons on hummingbirds?

No, just one article.



3. Western tanagers and finches abound in my yard.

I added these to my list.

4. Everyone is talking about the bad infestation of rats in their yards (including mine).

I did an article on rats Sep.'07, but more could be written about them. One of our surviving cats is a good rat cat. He had been leaving viscera and whole bodies on the front porch almost daily nearly all of last month.

So keep those suggestions coming! You might see your name in this column giving you credit. Please send your suggestions to our editor, Linda Hjelle.

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About Crest..

By Christina Seebold

“Friends of Crest” Winding Down after 22 Years of Service to the Crest Community

Friends of Crest, a non-profit organization, was established in 1988 by four Crest moms: Bobbi



Hobbs, Peggy Meredith, Mary Ryan Meshot, and Christina Seebold. Through our involvement with Crest School we

came to the conclusion that Crest needed a multi-purpose room for school assemblies and community meetings. Our group decided we could rally the community and the district to raise the needed funds. We were viewed by some as radicals who didn't have a clue what we were up against.

In 1989 we met with the school board. Our reception was mixed. One board member, Dr. Elliott, stated that since Crest Elementary was “half a school”, because of its size, we only needed “half a building”. That didn't stop us. We decided to fight for a 3,000 square foot space. Although the majority of the board was supportive, we were told that no money would be coming from the district. So we raised funds and awareness by “quilting for an auditorium.” Our first quilt was the “Schoolhouse Quilt” designed by board member, Christina, and quilted by the board and various members of the community. We sold raffle tickets at the school, down the hill at Vons, at the Fourth of July, and even at the swap meet. We were women with a mission. Peggy started a community recycling center across from the school, and our annual Christmas tree sale, which served the community for 10 years. We continued our annual quilt making and raffles. Cathy Chadwick joined us, and after our first five quilts, began assisting the Crest school kids as they started making quilt blocks which Cathy pieced together. The quilt raffle tradition continued through 1996. Cathy also helped us obtain non profit status which was the answer to many of the legal glitches that arose as we

continued to accumulate money. The school rallied around our cause, and contributed money and class participation toward our projects. Finally in 1996 the district proposed giving us enough funds to build a smaller version of the room we wanted. Fortunately Dianne Jacob suggested we approach the planning group and put in a plea for PLDO funds. That's where our strong community ties helped us succeed. In 1998 we watched with pride as our vision took shape in the old Crest School lunch area.

Subsequently we put our support behind community quality of life and preservation issues. Our mission became: to identify and address issues that will increase the strength, resilience, safety, and beauty of our community.

Later we were joined by Linda Chase and Jackie Grace who became instrumental in assisting our community by facilitating our role as the fiscal agent for the Crest Coordinating Committee for Fire Recovery during the 2003 wildfires, by helping to raise funds for the Crest Fire Protection District during critical budgetary times, and providing accounting services for the Crest Sun and TheCrestSun.com webpage. (The Crest Sun and website will continue to be published under its own account.)

Because Crest now has other non-profit organizations such as the Crest Fire Safe Council, Kiwanis Foundation and Earth Discovery Institute that can assume the role of assisting our community, the Board of Directors feels it is a good time to work toward dissolving the non-profit organization. The goal is to dissolve the organization by the end of 2011.

Friends of Crest recently donated \$6,000 to the Earth Discovery Institute at Crestridge Ecological Reserve.

A note from EDI:

Please accept our deep gratitude for your donation of \$6,000 to EDI's Education Program at Crestridge Ecological Reserve. This contribution makes it possible for EDI to support our enhanced curriculum with new supplies and materials for all grades, K-6. With a broader span of grades participating, it's become critical for us to differentiate our curriculum by grade level while continuing to align with California state curriculum standards. Your generous gift will allow us to 'materialize' the plan we worked with the San Diego Natural History Museum and our own talented staff to create.

**Next Crest Sun Deadline:
December 20, 2010**

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For questions, suggestions, or concerns regarding The Crest Sun newsletter or website, contact:

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