

#### -A Newsletter for Crest

Volume 13

#### November-December, 2011

Number 6



"Island's in the sky" – A drive down the grade into foggy El Cajon"

The Crest Community would like **to welcome Father Scott Purnia.** Father is the new priest at St. Louise Catholic Church replacing Father Justin Langille who has transferred to The Immaculate Conception Church in Old Town.

**CREST residents, be aware; there have been several burglaries in Crest targeting south Crest**. Keep your eyes and ears open and report all suspicious activities to the Alpine Sheriff's office dispatch at 858-565-5200 or dial 911 if the theft is in progress. Details can be found on page 23.

November is a great music month in Crest with two music events in the works.

The First Annual Crest Music Festival and Youth Showcase will be held at the CCA clubhouse on November 12 from 2:30 to 9:00 pm at the CCA Clubhouse. This family friendly event promises to showcase some great young talent. Proceeds from the raffle and food will support the Crest School music program. There is no cost to attend this event. See page 7 for more information. Thanks to Dave Jones for coordinating this unique community activity.

**Our monthly music night hosted by Dave Silva, Tom Baird** and their special guests Nathan Weldon and "At Any Given Time", a folk quartet. The date is November 26<sup>th</sup> from 6-10 pm at the Clubhouse. Note, the earlier start time will allow families to drop by with their kids and participate and enjoy the music (Page 6 for more info.)

**Bingo is once again on the calendar for December 2<sup>nd</sup> from 7- 9 pm**. While it promises to be a fun filled evening, it won't be the quite the same without our bingo caller, Dick Sutton, who sadly passed away. (See pages 6).

Note the Kiwanis breakfast has been moved to December 10<sup>th</sup>. Page 5 will bring you up to date on Kiwanis happenings.

Looking forward, what would the holiday season be without a visit from Santa? Santa will be arriving by fire truck at the Crest Clubhouse December 9 at 6:45. See page 13 for details..



In keeping with the season festivities, the library is sponsoring a Christmas puppet show on December 20<sup>th</sup>. Check out page 2 for a list of all their fun upcoming activities.

December is the time of the year to help the less fortunate. The Crest Community Church is once again working with **Samaritan's Purse** to make shoebox gifts for impoverished children around the world. **See page 21 for information on Operation Christmas Child**. The deadline is November.13.

Do you have a small tidbit you'd like to share with the community? Check out page 8 and email your tidbits to <u>editor@thecrestsun.com</u> or call 517-9838/

# November

#### **Children's Programs**

ecemb

at Your County Library

Rosi's Coloring Table Every Tuesday Rosi's Preschool Crafts Every Wednesday Baby Storytime Friday, November 18 & December 16, 10:30 AM

PJ Storytime Tuesday, November 22 & December 13, 6:30 PM Ounidown to Christmas Puppet Show December 20, 6:30 PM

Participate in Crest Winter Reading Club: Read books and win prizes! November: check out our Pre-colombian Articrafts December: American Folk Toy Exhibit

Teen Programs "Make It and Take It Crafts" Every Friday Play Station Games fun! Everyday

Adult Programs Mystery Book Club discussing in November <u>Scarpetta</u> by Patricia Cornwell December Rose Madder by Stephen King

Voice your opinion and bbecome a follower of our blog: http://crestlibrarymysterybookclub.blogspot.com

Club de lectura 'Leyendo Juntos' Noviembre: <u>Scarpetta</u> de Patricia Cornwell Diciembre: <u>El retrato de Rose Madder</u> de Stephen King

Free Computer Classes - Thursdays Beginners 11AM - Intermediate 11:30 AM call Rosi for appointment 619-442-7083

Saturday Family Craft Program 11 AM November : Ribbon Jewelry 5- Crochet 12,19 & 26

December, Scrapbook 3- Crochet 10 & 17 Library Hours: Sunday & Monday closed

Library Hours: Sunday & Monday closed Tuesday 12-8 Wed & Thurs 10-6 Fri 10-5 Sat 10-3 All Library Programs are subject to change or cancellation without notice. Todos los programas de la biblioteca son sujetos a cambio o cancelación sin aviso.

# **Crest Contacts**

Crest Community Contacts				
Crest Community Assn.	Paul Johnson	442-4022		
johnson7409@att.net Crest Comm.Church	(email) Kerri Lambert	442-3736		
crestchurch@sbcglobal.net		442-3/36		
	(email) Kandhy	444 4006		
Crest Black Board	Kandhy Kathy	444-4996		
		440-6097		
Clubhouse Rentals	Rick Bradt	444-2641		
rentals@thecrestsun.com	(email) Kandhy Franklin	or 44-CREST		
Crest Fire Safe Council crestfiresafecouncil@yahoo.com	(email)	44-crest		
Crest Garden Club	Arlene Palmer	441-0187		
Rold@sbcglobal.net	Marsha			
Crest Historical Scty.	Dorothy Miller	444-0968		
Crest Kiwanis				
	Dennis Plunkett	335-7401		
denplunkett@yahoo.com	Roci Molio	112 7092		
Crest Library	Rosi Mejia Cathy Chadwick	442-7083		
Crestridge Reserve	-	749-5767		
Crest School	Office	588-3128		
www.cajonvalley.net	(website)	440.0540		
Crest Sun Newsletter	Linda Hjelle	440-8540		
editor@thecrestsun.com	(email)	517-9838		
Information				
winters72@hotmail.com	Chris Seebold	447-5826		
The Crest Sun website	Karin Weiss	579-3951		
webmaster@thecrestsun.com	(email)			
E-Crest-rians	Kandhy Franklin	444-4996		
St Louise Church	Father Purnia	444-3076		
Sub-Regional Planning.	Judy Bowen	440-0783		
crestplanning.org	(website)			
	p Lines			
Child Abuse Hot line	(800)	344-6000		
Highway Patrol:				
Traffic Related	(858)	637-3800		
Abandoned Vehicles	(619)	441-4264		
Sheriff (non-emergency)	Dispatch (858)	565-5200		
Alpine Station	(619)	659-2600		
Licensing Division	(858)	974-2020		
San Miguel Fire Dst	Business office.	670-0500		
Crest Fire Office	Burn Permits	588-8112		
Fire Marshal	Marsha Larsen Leonard Villarreal	660-5356		
Public Info Officer Fire Chief	August Ghio	660-5359 660-5351		
www.smgfire.org	(website)	000-3331		
Adult Protective Svs	(800)	510-2020		
Child Abuse Hot Line	(800)	344-6000		
Animal Control	(760)	438-2312		
Auto Repair, Bureau	(800)	952-5210		
Border Patrol	(619)	662-7321		
CALTRANS	(619)	688-6785		
Code Enforcement	(858)	694-2705		
	(000)	077 270J		

Contractors Board	(Fraud) (800)	321-2752	
Crime Stoppers	(619)	531-1547	
FBI (telephone scam)	(858)	565-1255	
Fish & Game	(951)	443-2944	
Illegal Dumping	(858)	495-5143	
Noise Abatement (dogs),			
abandoned vehicles,	(858)	694-3741	
solid waste complaints			
Planning & Land Use	(858)	694-3741	
Poison Control	(800)	876-4766	
Postal Police (mail)	MailFraud(877)	876-2455	
Real Estate fraud/info	(619)	525-4192	
Road Conditions	(800)	427-7623	
Secret Service -Fraud	Currency/Credit		
Social Services	(619)	401-6000	
SD Regional Center	(858)	576-2938	
US Forest Service	(619)	445-6235	
Stores a	nd Restaurants		
Crest Foods	Kevin pg 26	444-8132	
Lenardo's Pizzeria	Sam – pg 12	444-1389	
Rainbow Farms Mrkt	Mark –pg 16	444-7504	
Ad	vertisers		
Bowlby Electric	George pg 6	440-3051	
Caregiver Services	Frances pg 7		
Crest Computer Guys	Skye – pg 15	800-571-	
		9645	
Kathy Kuts	Kathy – pg 22	447-1945	
Knox Reprographics	Mary	230-6300	
Mane Teaze Salon	Alphia pg 9-10	561-8014	
Marvelous Organizing	Risa – pg 20	231-1113	
PU-Products.com	Mitch pg 14		
Real Estate & Loans	Rayna –pg 19	922-2524	
Professional Santa	David –pg 23	599-3428	
Xango	Marie – pg 18	328-1157	
Yard/Repairs/ Bee Removal	Al – pg 22	442-4879	

See page 25 for info on advertising in The Crest Sun Newsletter.

Next Crest Sun Deadline: December 20

Advertisers: See page 31 for additional information.

(A dewy morning in Crest displays nature's beauty.)



NO	/EMBER 2011			DECEMB	R 2011						
	ы м т	W TH F	S	S	м	т	w	тн	F	S	
e	1 5 7 8	2 3 4 9 10 11	5 12	4	5	6	7	1 8	2 9	3 10	
1		16 17 18	19	11	12	13	14	15	16	17	
2		23 24 25 30	27	18 25	19 26	20 27	21 28	22 29	23 30	24 31	
		endar of Events	Nov								
11/01/1											
11/01/1 11/02/1		Historical Society Me No CCA Dinner in No			rary						
11/05/1	1 8:00-12:30	Hawks, Hikes & Her	oes EDI	l/Crestr	idge Fu	ndrais	ing Ev	/ent			
11/14/1	1 7:00 pm	Sub Regional Plannir	ng Group	o – Hart	oison Ca	anyon (	Commi	unity Ce	enter		
11/08/1	1 5:45 – Tues	Crest Community Ass	sociation	n – Boar	d Meeti	ng – Cl	lubhou	se			
11/10/1	1 6:00 pm -Thurs	San Miguel Fire Prote	ection Di	istrict Bo	oard Me	eting -	2850 (	Drange V	Vay – S	pring Va	alley
11/10/1	1 6:30 pm –	Kiwanis Board Meeti	0					AND DA	Υ		
11/12/1 11/12/1		Music Festival & Yo Reserve Rangers Pat				Clubh	ouse				
11/13/1		Deadline for Shoe Bo		0	0	Opera	tion C	hristma	s Child		
11/14/1	1 9:30 - Mon	Crest Garden Club		ubhouse	e Call N	arsha	for Det	ails 440	)-1167		
11/15/1	1 6:30	Library Program – Master Gardener – "Sustainable Gardening Procedures"									
11/15/1	1 7:00 pm – Tu	Crest Community Ass	sociation	n – Gene	eral Me	eting					
11/17/1	1 9am-2pm	Crestridge Volunteer Work Kday – install Horse Watering Station									
11/21/1	1 6:00 pm	Kiwanis General Mee	eting – vi	sitors w	elcome	– Club	house				
11/26/1		MUSIC NIGHT AT THE CLUBHOUSE									
12/02/1	1 7-9 pm	Bingo At the Clubho	ouse								
12/06/1	1 1:00 pm- Tues	Historical Society Mtg	g – Libra	ry							
12/08/1	1 6:30 pm	Kiwanis Board Meetir	ng – Cluk	bhouse							
12/08/1	Thurs	San Miguel Fire Prote Valley				eting -	2850	Orange	Way –	Spring	9
12/09/1	1 6:30-8:00	Santa Comes to the	Crest C	lubhou	ISE						
12/12/1		Crest Garden Club -			rsha for	Details	s 440-1	167			
12/12/1	1 7:00 pm.	Sub Regional Plannir	ng Group	о —							
12/13/1	1 5:45 – Tues	CCA Board Meeting -	- Clubh	ouse –	Board N	leets					
12/10/1	1 8-10:30 AM	Kiwanis Breakfast –	Fun wit	th the P	K-Kids (	of Cres	st				
12/19/1	1 6:00 pm	Kiwanis General Mee	ting								
12/20/1	1 7:00 pm Tues	CCA General Meeting	g								
12/20/1	1 6:30 pm	Christmas Puppet Sh	ow at the	e Librar	у						
12/20/1	1 5:00 pm	Deadline for Crest Su	ın Subm	issions							



# Crest Kiwanis

Founding member of our club, Dick Sutton, will be missed. His humor, kindness and willingness to serve is a model for all of us. Rest in Peace, Dick!



# Thank you Crest residents and friends joining us in support of much needed community projects!

Crest Kiwanis celebrated their 8<sup>th</sup> year as a club, installing Dennis Plunkett as our president for

2011/2012. The theme for the dinner was "Aloha" and we had a great time with Hawaiian food and decorations! Among our honored guests were the new Lt. Governor of Division 31 Kiwanis and Paul and Jeannie Johnson. Paul and Jeannie were awarded the Distinguished Service Award for serving the community of Crest.

A big "Thank You" to Karen Nelson and her board for serving us so well this year!

#### Year in Review 2010/2011

Service hours by our members totaled 2,959, an average of 184 hours per member of volunteer time of community service. Good work team! Our projects include:

- 1. 11 Monthly Community Pancake Breakfasts
- 2. Crest Historical Society Support
- 3. Crest Library Support
- 4. Crest Elementary School Support: Motion Picture Projector and Recording Equipment; various afterschool events in support of the Crest School PTA
- 5. "Read around the world" reading program at Crest Library and Summer Reading Program Support
- 6. Recycle Program with Greenfield Middle School Builder's Club
- 7. Terrific Kids Recognition at Crest Elementary School
- 8. Holiday Food (2), Christmas Toy Drive, and Holiday Blanket Drive for Crest Community
- 9. Special Olympics
- 10. Crest Easter Egg Hunt and Pancake Breakfast
- 11. Crest 4th of July Celebration
- 12. The Salvation Army "Haven" home/shelter for single moms and their kids
- 13. Earth Discovery Institute (Crestridge Ecological Preserve) support
- 14. Reading Materials for Senior Citizens at nursing home facilities
- 15. Meals on Wheels for Senior Citizens
- 16. Ronald McDonald houses donations and Red Shoe Day brought in over \$500.
- 17. Sponsorship of an AYSO Girls team to a national softball tournament
- 18. Support for Boy Scouts of America
- 19. Golf Tournament Sponsorship for funds for afterschool scholarships for kids at the El Cajon Recreation Centers
- 20. December 10<sup>th</sup>: Kiwanis Breakfast; "Crest K-Kids " will decorate and we may have a surprise visit from Santa.
- 21. Youth programs: over 242 hrs of service reported

#### Kiwanis Calendar:

#### November: NO BREAKFAST

**December 10**<sup>th</sup>: Christmas Breakfast with special guests Crest School K-Kids and GMS (Greenfield Middle School Builder's Club) Kids. Let's help them raise funds for the much needed new speaker system at Crest school. Remember to send your recycled plastic bottles and soda cans to Crest school to help, or bring them to our breakfast!

Let's all help make 2012 a wonderful new year! If we don't win the lottery, let's at least have fun doing the right thing and enjoying this great community. We invite you to participate and join Kiwanis in supporting community causes.



#### **GEORGE A. BOWLBY Electrical Contracting** 267 Lilac Drive, Crest, CA **Full-Service Electrical Contractor** Serving Southern California Since 1981 Tenant Improvement Residential Commercial **Commercial Wells** Industrial Landscape Lighting Control Design and Application Troubleshooting **Room Additions and** Engineering and Consultation Remodel Emergency Power Systems Ranches **Free Estimates** Give Us a Call ... We Would like to Bid Your Work Office (619) 440-3051 Fax (619) 440-3051 License # 405788 Cell (619) 733-3051



at the Crest Clubhouse Saturday, November 26 from 6-10 pm Featuring: Silva & Baird, Nathan Weldon, and 'At Any Given Time' (a folk quartet) Bring your own snacks and beverage and join us or purchase snacks from the Deli tray (for a small donation) All Crest Residents Invited

Bingo is back at the CCA clubhouse

## BINGO NIGHT IN CREST

Friday, December 2, 2011 from 7:00- 9:00 pm

Cost \$10 (pay at the door plus \$3 for extra card if you are feeling lucky!)

## Variety of prizes, gift cards and a Grand Prize

Bring a snack to share and your own beverage

Bring a Friend Hope to see you there!!

We are so sad to hear of our friend Dick Sutton's passing. He truly made our Bingo Night exciting by his love for the game. He will be missed!

Once again, Thanks to Yvonne Daley for her generous Avon donations for our prize table. (you can get her books at the Crest stores). Also, Thanks to all of you who come to our CCA Bingo Night we are always open to suggestions and appreciate your support.

# First Annual Crest Fall Music Festival & Youth Showcase



Saturday, Nov. 12th 2:30 - 9:00 pm The Crest Community Association Building 113 North Park Dr., El Cajon, CA 92021

# Music - BBQ - Beverages – Desserts RAFFLE PRIZES

Taylor SolidBody Electric Guitar Deering Banjo – Jurado Custom Classical Guitar Jimmy Johnson Memorabilia All Proceeds Benefit the Crest Elementary School Music Program Youth Musicians & Vocalists Interested in Performing, Call David Jones: 619-328-6399, 619-733-8619 Supported by:



Crest Community, Crest Community Association & Crest Kiwanis



Caregiver / Companion Crest Resident 12 years experience caring for ambulatory seniors References \$12.00 per hour Contact Frances at (619)318-8467

# Crest Tidbits:

Want to welcome a new neighbor to Crest? Is there a new baby in the family, a 50<sup>th</sup> wedding anniversary or recent retirement? If you have a line or two to share with and about Crest residents, send it to editor@thecrestsun or leave a message at 517-9838. Comments will be printed and edited at the editor's discretion.

### While Walking at Night....

Now that it is dark so early remember to wear bright orange/yellow or bright colors at night. All the people walking/jogging in dark black or dark clothing with no light at all are putting their lives in jeopardy. And don't forget those orange reflectors on your dogs too!

#### **Crest Lotto Winner**

I was just at Crest Foods and there is a sign on the counter regarding a local Lotto winner in the amount of \$10,387.00!!!! Congratuations to one lucky Crest resident.

#### Are you ready?

The Community Recovery Team urges its volunteers to be ready. Get involved with your neighborhood preparedness groups. We were recently visited by an Austin, Texas newspaper reporter investigating how our community recovered from the 2003 and 2007 fires. I am pleased to let you know that in his opinion San Diego is one of the best

prepared counties in the country. This is because we have volunteers like you to step up to the plate when a disaster strikes. Thanks for being a proactive member of our team. Linda Chase

September 26, 2011 (San Diego)--Have you been wondering when the best time is to retire? If you have, then we have an audio podcast just for you. Social Security's new podcast, "Deciding When to Start Receiving Retirement Benefits," is available for you to listen to now at <u>www.socialsecurity.gov/podcasts</u>.

#### Looking to Volunteer in the Crest Community?

CCA is looking for a volunteer or two help post events on the two community blackboards. Your name(s) will be listed in the Crest community contacts so folks can call you when there is an event that needs to be posted. We are looking for one or two individuals with clear handwriting, the ability to prioritize messages, and a willingness to make sure the messages get on the board in a timely manner. If interested, please call and talk to Kathy Fiedor at 444-4996.

**Congrats to Rich Fiedor on his recent retirement!** When asked what he plans to do, he responded, ""Go wherever and do whatever my wife tells me to do."

I wanted to ask another recent Crest retiree, **Gail Luhnow**, what she plans on doing in her retirement, but she is too busy to return my calls! Congratulations Gail.

Willa Winters, previous owner of Coyote Country, has retired after many years working in the county library system. Her years of service included working at the Crest Library. She spent her last few years at the Alpine Branch. Congratulations Willa!









3





Cosmetologists Offering Mobile Barbering & Stylists

"We Come To You"

Mane Teaze 13330 hwy 8 bus Lakeside, Ca 92040 (619)561-8014(619)715-1013



#### CREST-DEHESA-GRANITE HILLS-HARBISON CANYON SUB-REGIONAL PLANNING GROUP

Mailing address: P.O. Box 21489, El Cajon, CA 92021 e-mail: <u>wrplanning@aol.com</u> website: <u>www.crestplanning.org</u>

The mission of the sub-regional planning group is to advise and assist the Director of Planning, the Planning and Environmental Review Board, the

Zoning Administrator, the Planning Commission and the Board of Supervisors in the preparation, amendment and implementation of community and sub-regional plans.

Meetings are held the 2<sup>nd</sup> Monday of each month at 7:00 pm. Locations rotate between the Dehesa School, The Crest Community Center, and the Harbison Canyon Community Center. Meeting agendas, minutes, locations, and planning commission documents may be found on their website at <u>www.crestplanning.org</u>. The website can also be accessed by going to the <u>www.thecrestsun.com</u> website and clicking on planning group or organizations.

The Following are segments from the August 8, 2011 minutes regarding Crest. (There was no July meeting) For a full copy of the minutes go to <u>www.crestplanning.org</u>

Wally Riggs announced that the Dehesa Valley Community Council agreed to withdraw its protest against the Sycuan Tribe's application for a liquor license for the Sycuan Casino, following the Tribe's proposal to give the Dehesa community a \$300,000 "imbursement fund" that the DVCC can administer as a sort of mitigation for negative impacts caused by the liquor license; this imbursement from the Tribe will be provided as \$100,000 allotments each year for the next three years.

**Item 4. Committee Reports**. General Plan Update Report (Vandover). Jack Vandover reported that on 3 August the Board of Supervisors approved the General Plan Update; the approved GPU included a modification by the Board of Supervisors which the Steering Committee had opposed (i.e., providing a higher density exception for Conservation Subdivisions located adjacent to sewer service); the Supervisors also dissolved the Steering Committee formed for the GPU process, although the department of Planning and Land Use is authorized to continue meeting with the former Steering Committee for planning purposes; a General Plan Amendment process is planned for every two years for "cleanup" of General Plan inconsistencies and conflicts; a 2 requirement that all Open Space associated with future development shall be protected in perpetuity, either by a restricting easement or by transfer to a public agency for management; all of the changes the Community Plan proposed by the Planning Group were accepted in the final plan; Supervisor Roberts' motion for the County to continue a further review of 250 requests for changes in Land Use Designation for private properties passed (3 yes; 2 no: Jacobs and Slater), although the requested changes conflict with the approved policies and goals of the new General Plan Update.

Item 6. **Public Project Proposals. Single Family Residential Design Guideline Draft (**Vandover). Jack Vandover explained that this Guideline is intended to help developers of large subdivisions with many single family homes create a project design that will meet the County's policies and expectations. It includes specific consideration of private roads, protection of ridgelines, and non-development of remainder parcels, among other things. The Department of Planning and Land Use has sent a questionnaire to the Planning Group members, seeking input on what contributes to good versus bad subdivision design. Judy Bowen suggested that the County should provide every developer planning a project in the Subregion with a copy of the Crest-Dehesa-Granite Hills-Harbison Canyon Community Plan. Jack Vandover suggested that the developer should come to the Planning Group before starting actual design of a propose development. Wally Riggs commented that the Community Plan still has some inappropriate language in its text, but that these errors can be eliminated in the General Plan Update cleanup process. Jack Vandover requested that Planning Group members send to him by September 1 their ideas for the County Questionnaire, and any suggested Plan text cleanup items.

Item 7. Unfinished Business. Discussion and action on the preservation of the Stone Monument at La Cresta Road and Park Drive. Judy Bowen summarized the issue of the property owner of the parcel on the corner of La Cresta Road and Park Drive wanting to eliminate the Stone Monument from its historic location on the corner, and she provided the Group members with copies of a letter from Dorothy Miller, Secretary of the Crest Historical Society, urging preservation of the Monument; and with handouts describing history of the construction of the Monument and photographs. The Group's discussion included mention that the Monument is mostly located on the County ROW for La Cresta Road, with only a minor fraction of it footprint located on private property; that the County will not fund relocation of the Monument, although it likely would give permission for it to be moved; that the Crest Historical Society and Crest Community Association need to be involved in defending the continued existence of the Monument has historical importance for the community, and that since most of it is on County property it cannot be removed without County agreement; also to encourage him to contact the Crest Historical Society and the Crest Community Associate which are interested in preservation of the Monument for the community.

3 Phil Hertel moved that the Planning Group informs the Crest Community Association and the Crest Historical Society about the Stone Monument issue, and that it also urges the property owner to contact the Crest Historical Society about the monument's future preservation. The motion passed (12 yes; 0 no; 0 abstain).



## 1331 La Cresta Blvd, Crest 92021 Call 444-1389 or 444-0992



PIZZA:	Medium 14"	Large 18"	Giant 28"
Cheese Only	\$8.99	\$12.99	\$19.99
One Topping	\$9.99	\$13.99	\$22.99
Vegetarian	\$13.99	\$15.99	\$25.99
(Mushroom, Onions, Green pepper & Olives)			
Greek Pizza	\$14.99	\$16.99	\$25.99
(Fresh garlic sauce, Mozzarella cheese, Feta cheese, Gyros meat & Basil)			
The Works	\$16.99	\$20.99	\$29.99
(Pepperoni, Canadian bacon, Sausage, Onion, Mushroom, Green pepper, Black oliv	es, Pineapple and J	alapeno)	
Calzone	\$9.99		
(Mozzarella, Ricota, & Parmesan cheese)			
Additional topping:	\$1.25	\$1.75	\$3.00

#### Subs & Sandwiches

Ham & Cheese	\$5.49
Turkey & Cheese	\$5.49
BLT	\$5.49
Vegetarian Sub	\$5.49
Italian Sub (Ham, Salami, & cheese)	\$5.99
Club Sub (Turkey, Bacon & Cheese)	\$5.99
Roast Beef Sub	\$5.99
BBQ Sandwich	\$5.99
Meat Ball Sub	\$5.99
Italian Sausage Sub	\$5.99
Gyros Sandwich	\$5.99
Ham, Turkey & Cheese	\$6.99
Lenardo's Special Sub (Roast Beef, Turkey, & Cheese)	\$6.99
ALL SUBS SERVED W/ ETTLICE TOMATO ONION PEPPERONCINE & ITALIAN DRE	

ALL SUBS SERVED W/LETTUCE, TOMATO, ONION, PEPPERONCINE, & ITALIAN DRESSING

Salads:		Pasta: (All served with Breadsticks)		
Garden Salad	\$4.49	Lasagna	\$6.49	
Antipasto Salad	\$5.59	Spaghetti w/ Meatballs	\$6.49	
Greek	\$5.99	Meat Ravioli	\$6.49	
Salad				
Chef Salad	\$5.99	Cheese Ravioli	\$6.49	

### Combo: (All Combos served with Fries and Salad)

1/2 lb Hamburger Combo	99
1/2 lb Shrimp Čombo	99
Chicken Sandwich Combo\$5.	99
Fried Chicken Combo\$5.	99
Fish & Chips Combo\$7.	
Gyro's Combo\$7.	
Hot Wings Combo\$7.	
Philly Steak Combo (Steak meat, mushroom, onion, green pepper & Cheese)\$7.4	49
Philly Chicken Combo (Breast chicken, mushroom, onion, green pepper, & cheese)	49

#### (Prices may change without notice.)

# Crest Fire Safe Council CCA received a

Fire Safe Council has been given two grants from SDG&E to work on RED FLAG WARNINGS, hand-held radios, and furniture for the clubhouse. The purpose is to help the CCA become an incident command center for emergencies. The

CCA received a generator from a previous grant that is now on its cement foundation and should be ready by the end of November. Improvement to the siren located on the CCA grounds is again being researched to make it more effective; we need to make it warble. The warble sound makes it easier to hear inside and outside the home. Crest Fire Safe Council (CFSC) is working with Crest Emergency Resource Teams (CERT) to attend practices for county emergencies as well as researching steps to be a FIREWISE COMMUNITY.

Crest has an emergency call system to alert residents of potential emergencies. If you need to add or update your information for phones or email please contact Kandhy Franklin at 619-444-4996. This service is free and open to all Crest residents.

The county wants to remind the users of South Lane Park that it is an unmaintained park. Any maintenance done to the park has been done by volunteers, except when the staff has extra time to work at the park. Water at the park is being paid for by Kandhy Franklin. She has noticed that the water faucets have been broken with no notice given to her.

Therefore the water is turned off until the pipes get fixed. Once the pipes are fixed, hopefully a water fountain designed for dogs and horses can be sold to the volunteers. Keeping the arena and round pen in good shape is up to the users. <u>Please remember that horses are not to graze or be left</u> <u>unattended in the arena</u>. The fences have been pushed out again because of horses left standing in the arena. <u>Remember also that riding in the arena is done at your own risk as horse activities are dangerous</u>. <u>County</u> <u>Parks and the E-Crest-Rians or persons associated with the park are not liable</u>. If there is someone who can grade the arena, that would be great, as a hole at the back of the arena caused a horse to break its foot and it had to be put down. It would be great if there could be a work party at the arena during the winter break. Watch the sign boards coming into Crest for the dates for work parties. If you have any questions please call Kandhy Franklin at 444-4996

# **E-Crest-rians** with the ca

A note from Horses of Tir Na Nog - On Friday, three emaciated mares arrived at Horses of Tir Na Nog. The three were rescued by County of San Diego Department of Animal Services but have come to this facility to recover. While we are heart broken by their neglect, we are glad to be able to provide them with the care they deserve. Three new horses is a significant increase for us, especially

three horses in need of such extensive care. Please consider making a donation to help these three girls. We have played "musical horses" to create temporary space for these three girls, but we need to build new corrals to meet their long-term needs. We estimate these costs to be close to \$10,000. The feed and medical cost of recovering these three horses for their first year will also be significant, at least \$3,000 per horse. While these numbers are challenging, we are confident that with your help we will be able to meet the needs of these mares, our three precious gems. Please consider making a donation and PLEASE share this information with your friends and families. You can follow their stories on our facebook page:

http://www.facebook.com/#!/pages/Horses-of-Tir-Na-Nog/112763885471140

Here are links to some of the media coverage these three girls have received:

http://www.fox5sandiego.com/news/kswb-rescued-animals-sanctuary-to-rehabilitate-neglected-horses-20111014,0,2625583.story

http://www.signonsandiego.com/news/2011/oct/17/horses-healing-at-guatay-rescue-center/ http://www.countynewscenter.com/news/neglected-horses-live-out-their-lives-local-sanctuary Thank you for helping us help at-risk horses, Amy Pat Rigney, President Horses of Tir Na Nog



Holiday Santa Party - The Crest Community Association will be holding its annual holiday gathering on Friday, December 9th at 6:30 at the CCA Clubhouse. Santa will arrive by fire truck at 6:45 so come on by. Bring a dessert to share. Drinks will be provided along with lots of holiday spirit!



**FROGLUBE®** is a cutting edge biodegradable lubricant made from "food-grade" ingredients produced in the USA using a proprietary formula. It is a non-toxic substance that dissolves carbon, grease and sludge on contact. It has a heavy specific gravity which allows it to "season" the metal by absorption deep into the pores and results in a durable slippery surface that reduces friction. Metal, plastic, urethane, nylon or other durable surfaces treated with **FROGLUBE®** are rejuvenated, preserved and will give extended years of service.

**FROGLUBE®** will not harm the environment. It's food-grade components can be disposed of without the need for prohibitive HAZMAT controls.

## **BROUGHT TO YOU BY NAVY SEALS!**

DISSOLVES CARBON, GREASE, RUST ON CONTACT. PLEASANT MINT SMELL, ALLOWS YOU TO CLEAN YOUR GUN INSIDE. NON-TOXIC FORMULA WILL NOT HARM YOU. CLEANS, LUBRICATES YOUR FIREARM, PROTECTS FROM MOISTURE, RUST. AVAILABLE IN PASTE OR LIQUID

VISIT OUR WEBSITE FOR MORE INFORMATION:

UTV TACTICAL

WWW.FROGLUBECLP.COM

CALL US FOR A DEMONSTRATION AT OUR WAREHOUSE IN EL CAJON!

MADE IN THE USA!

WWW.UTVTACTICAL.COM A DIVISION OF PU-PRODUCTS

208 GREENFIELD DRIVE SUITE E EL CAJON, CA 92020 OWNERS: KARIN & MITCH WEISS CREST, CA USED BY MILITARY, LOCAL POLICE DEPTS, GUNSMITHS, HUNTERS, COLLECTORS, FIREARMS INSTRUCTORS, POLICE ARMORIES, SECURITY AGENTS AND MORE!

# Remembering our Crest Friends:



## **Dick Sutton** 1931-2011

Dick Sutton was born in Rumford, Maine in 1931. His family lived in East Dearing/Portland ME. When he was 14 years of age the family moved west to Bostonia in El Cajon. After graduating from high school, he served 4 years in the Air Force, Airman 1<sup>st</sup> Class, and left with an honorable discharge on December 14, 1955.

Dick took advantage of the GI bill, attended San Diego State University for 2 years and worked at General Dynamics while he went college. .After leaving General Dynamics, he then moved to the Los Angeles area and worked for Rockwell International as a quality control technical writer for the Apollo Program. After moving back to San Diego in the 1960's he worked as a construction superintendent for a few years. After leaving the construction trade he worked at the Marriot Marina

Hotel for 10 years. His last 5 years of employment were at Saint Madeline Sophie Center. He then retired in May of 2010.

Dick and Rosanna were married in December of 1976. Among many interests, they shared a love for dogs and attended dog shows. Shortly thereafter they started a small tartar control dog biscuit company and were vendors at dog shows for many years.

Dick and Rosanna moved to North Crest circa 1994.

He is survived by his wife Rosanna, three children and two brothers.

His favorite activities were going to the dog shows, singing with the Friendship Connection and working with his Kiwanis Club. He loved watching boxing and was actively keeping in shape at the YMCA. This summer they enjoyed a two week vacation camping along the McCloud River in Northern California.

Dick was always ready to lend a hand and work for his community. The parishioners of St. Louise Church and members of Crest Kiwanis will especially miss him. He served as president of Crest Kiwanis in 2010 and was their best pancake makeralways willing to teach an eager six year old how to flip them just right. Dick was a modest person who felt strongly that we should do our best to contribute to our community, be it the Ronald MacDonald house, Crest School, or helping folks through tough times. He will be remembered as a man who was willing to help his neighbors, with a ready smile. His greatest pleasure was to do things to please his wife. Thank you Dick for being a wonderful member of our Crest Community.





Call Today

(800) 571-9645

Vaughn

- ⇒ 100% Customer Satisfaction
- $\Rightarrow$  30 Day Warranty
- Windows, Mac, and Linux
- **Tutoring and Training**
- ⇒ Free Diagnostics

# \$25/Hour



1335 La Cresta Blvd., Crest, CA

619-444-7504

Friendly Service

Wide Selection of Groceries

Beverages and Ice

Beer, Liquor, Coolers

Large Wine Variety

We have lots of new items and notions

Stop here first before you go down the hill!





Thank you for stopping at Rainbow Farms Market And shopping on the "Hill"

**Out Crest** 

# All About the San Diego Flume



The water issues in San Diego County are an age old problem. In 1875 a water company would drill wells in the San Diego River bed and pump the cloudy water up to University Heights and then pipe it to town. One article describes the taste of the water as "highly mineralized, the water tasting as if a regiment of Siberian infantry had marched through it in their socks."

In the mid 1886 T.S. Van Dyke and W.E. Robinson formed the San Diego Flume Company to dam the waters in the Cuyamaca Mountains and carry the water by wooden flume to San Diego. Cuyamaca Dam was built and 12 miles to the west, a

retaining dam was constructed where the flume would carry the water westward.

This was not an easy feat as it required nine million board feet of redwood planking and timbers. Over 100 Wagons, 800 horses and mules, and several hundred men started eastward from La Mesa. Approximately 45 miles long, the flume crossed canyons on 315 trestles. The longest tressle was the Los Coaches tressle, 1774 feet in length and 56 feet high. The flume line was completed into the El Cajon Valley in 1888. The water then went on to Grossmont where it was diverted to the then Eucalyptus Reservoir. The La Mesa Dam was constructed and used until Murray Dam was constructed in 1916.

The flume itself was completed in February 1889 after two years of work. It was six feet wide and four feet high. As soon as the wooden ditch was completed as far as Lakeside, company officials made up some flat bottomed boats and had a ball floating down the flume. Soon the sport became so popular that the boats were made up in "trains" of four and rented out.

Night rides were also popular especially for males. Many a back country rancher must have been rudely awakened at night by the far-away strains of "Sweet Adeline" and the crashing of whiskey bottles on the rocks below the wooden ditch.

San Diego was proud of its flume and the company tried to keep the water reasonably clean. A number of Indians were hired as "flume walkers". Knee deep in water, they walked up and down their sectors removing branches and other debris from the stream. Not only did the walkers get paid, but they were allowed to keep all drowned rats, ground squirrels, rabbit and birds for their gourmet suppers. No one ever complained about the water being contaminated by the walker's feet. Germs had only recently been invented and few people believed in them anyway.

Unfortunately for the investors, rowdy riders were the least of their problems. As impressive as the flume was, the sudden end of the land boom in 1888, and a seven-year drought ended any hope of profit. The flume was replaced long ago by other water sources.

Anyone driving through the back country east of El Cajon can see sections of the structure still clinging to the sides of crags or disappearing into the damp eyes of old tunnels.

Thanks to information obtained from the El Cajon and Lakeside Historical Society and Eldonna Lay, V.P. El Cajon Historical Society As printed in the San Diego Union-Tribune, 02/28/2008

# XANGO JUICE



The first: and only product in the world that features the whole fruit puree of the exotic mangosteen. The mangosteen is an extraordinary source of xanthones, powerful antioxidants with a host of beneficial properties.

GOOD FOR THE BODY – HEAVEN FOR THE TONGUE

Learn about XANGO ™ @ www.justanounce.net \*Business opportunity available \* 619-328-1157 \*



100% money-back guarantee Visit website for details

# New page coming with buys and sells



# Are you looking to BUY or SELL a home?

I am your hometown Realtor.

I've been a Crest resident for 14 years and very

familiar with the unique issues of BUYING and SELLING homes in our community.

I specialize in both Traditional and Short Sales. With my previous experience in the loan industry I have extensive knowledge and resources available on all types of financing

### A big question on many folks mind is: "WHAT IS A SHORTSALE?"

\*\*\*In a short sale, the lender agrees to settle the debt owed on the property for less than the full amount. "Settled" means that the lender is writing off the debt (which is why you get a 1099 after a short sale for the amount of debt forgiven) and that they are not going to go after you for

the money they lost by filing a deficiency judgment in the future. \*\*\*NOT ALL SELLERS AND PROPERTIES QUALIFY FOR THIS, ASK YOUR TAX PROFESSIONAL IF YOU QUALIFY

### I AM HERE TO ANSWER ANY OF YOUR QUESTIONS OR CONCERNS REGARDING THE REAL ESTATE MARKET, ANYTIME!

#### Homes sold in Crest 8/1/2011-10/25/2011

\$329,000	3 bedroom	2 bath	1655 square feet
\$339,000	3 bedroom	2 bath	2469 square feet
\$335,000	3 bedroom	2 bath	2244 square feet
\$305,000	3 bedroom	3 bath	2096 square feet
\$205,500	3 bedroom	2 bath	979 square feet
	\$339,000 \$335,000 \$305,000	\$339,000   3 bedroom     \$335,000   3 bedroom     \$305,000   3 bedroom	\$339,000 3 bedroom 2 bath   \$335,000 3 bedroom 2 bath   \$305,000 3 bedroom 3 bath

### Homes for sale in Crest as of 10/25/2011

417 West Ln	\$385,000	2 bedroom 2 bath 1008 square feet
206 Lento Ln	\$344,000	3 bedroom 2.5 bath 2451 square feet
214 Jarrett Ln	\$168,000	3 bedroom 1 bath 930 square feet
254 Alta Ln	\$140,000	2 bedroom 1 bath 681 square feet
300 Thorton	\$59,900	3 bedroom 2 bath 1120 square feet

## School Calendars – 2011-12

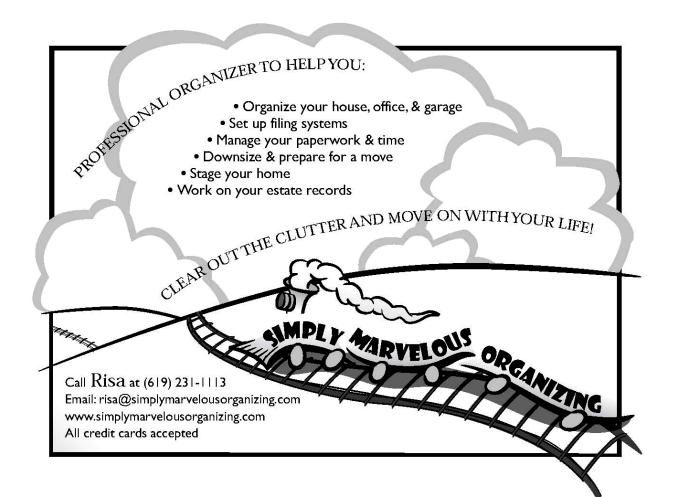
#### Cajon Valley Union School District\* Crest School & Los Coches Creek School Schedule 2011-2012 2011-2012 Schedule 12/19-01/09 Winter Break School Opens to Public 08/18/11 01/16/12 Martin Luther King Holiday First Day of School President's Day (Lincoln) 08/22/11 02/13/12 President's Day (Washington) 09/05/11 Labor Day 02/20/12 10/10/11 No School 04/02-4/13 Spring Break 11/11/11 Veterans Day 05/28/12 Memorial Day 11/21-11/25 **Thanksgiving Holidays** \*06/12/12 Last Day of School

\*Board Approved 4/5/11, subject to further negotiations

## Grossmont Union High School District Granite Hills Holiday Schedule 2011-2012

201	1-20	12 Sc	chedul	е
		_		

09/06/11	First Day of School	02/13/12	President's Day (Lincoln)
11/11/11	Veterans Day	02/20/12	President's Day (Washington)
11/21-11/25	Thanksgiving Holiday	04/02-06	Spring Break
12/19 - 01-02	2 Winter Break	05/28/12	Memorial Day
01/16/12	Martin Luther King Holiday	06/20/12	Last Day of School



# **Community Worship in Crest**



Crest Community Church 2198 Suncrest Blvd, Phone: (619)-442-3736 Pastor Tony Lambert

#### Services:

9:30 a.m. Sunday School for All Ages 10:45 a.m. Worship Services - Sunday 6:30 p.m. Wednesday Bible Study/Awana Friday Evening Youth Group 6-9 pm



## Is Your Shoe Box Ready?

Crest Community Church is inviting the Community to help with Operation Christmas

Child by packing a shoe box to bring hope to impoverished children in the U.S. and around the world at Christmas time. In some cases, the "shoe box" and items inside, become their only possessions. A family simply fills a plastic shoe box with a variety of simple gifts that would delight a boy or a girl of a designated age group (2-4, 5-9, 10-14). Walmart and the Dollar Stores are great places to shop for inexpensive items and plastic shoe boxes. This project is sponsored by Samaritans Purse, an international non-denominational Christian organization that was one of the first to respond to our Community during the 2003 Cedar fires. They had a trailer in Crest for three months, assisting our community through the three local churches. Now it's our opportunity to give back. Drop your boxes off at Crest Community Church by November 13th, along with a check for \$7 for shipping for each box. These boxes will be shipped all over the world to needy children. For hints on how to pack a box, pick up a flyer at the local stores, club house or Crest Community Church, or go to http://www.samaritanspurse.org and click on Operation Christmas Child. For additional guestions? Call the church at 442-8536.



St Louise de Marillac Catholic Church 2005 Crest Drive – Phone: (619) 444-3076, Fax: (619) 440-1325 Fr. Justin Langille, Pastor

Regular Weekend Services (SEP-MAY):

Saturday...... 5:30 PM Sunday...... 8:00 AM and 10:30 AM Daily Mass: 8:00 AM (Mon-Thu)



# **Welcome Father Scott Purnia**

St. Louise Catholic Church has a new priest. As of July, Father Justin Langille has been transferred to The Immaculate Conception Church in Old Town. We welcome our new priest, Father Scott Purnia. (Per-ny-a) Father Scott was born in Waterford Township, Michigan in 1958 and was ordained in 1988. He has served at The Church of the Resurrection in Escondido and at Our Lady of Grace in El Cajon. Before he transferred to Crest, he was the pastor at St. Pius X in Jamul for the last 16 years. Father Scott is looking forward to serving St. Louise and the community of Crest. Please feel free to stop by and say "Hello".



### **Full Service Specialties**

#### Hair Cutting/Trimming Hair Styling

Cut and Style with Shampoo	\$20
Tint Touch-up	\$35
Perm With Cut and Style	\$50

#### **Color Weaves**

Partial	\$50	
Full	\$65	

Main Appointments and Walk-in's Welcome

Mafter Hour Appointments Welcome

Complimentary Wine

Manicures & Pedicures Available

#### Color:

#### Hair Straightening:

- Weaving
- Highlights
- Chemical Relaxing Temporary Hair

pressing

- FrostingTint
- Cellophane

Kathy Kaderabek 339 Lila Lane El Cajon, CA 92021 (619) 447-1945



Call for your appointment today!

WEEDING - YARD CLEANUP -MINOR STRUCTURE REPAIRS SPECIALIZING IN HONEY BEE REMOVAL Structural Removals Include Repair and Warranty Crest resident: Al Goulart, Jr. 619-442-4879 or (619) 916-8437 (cell) If no answer please leave a message

## From the Office of Diane Jacob,

County Supervisor Dianne Jacob represents the people of the Second District which includes all of East County, the Ramona and Julian areas and the City of Poway. For more information contact Jennifer Stone (619) 531-4766

#### October 12, 2011

JACOB TO OPPOSE SDG&E RATE INCREASE Customer Rate Hikes and Executive Bonuses Don't Mix,

San Diego County Supervisor Dianne Jacob spoke against SDG&E's proposed \$1.5 billion rate increase at a public hearing of the California Public Utilities Commission. Jacob opposes the increase because SDG&E's residential rates already exceed those of other utilities. In addition, SDG&E executives and managers received hundreds of millions in bonuses and incentive pay since 2008.

Sept 27th - I commend the CPUC for putting public safety first and grounding helicopter operations for this dangerous, fire-inducing monstrosity. The CPUC must hold SDG&E accountable for its reckless antics and flagrant disregard for CPUC rules. The steady stream of equipment drops and unreported rotor strikes increases the chances of wildfire in communities that have already endured the 2003 and 2007 wildfires. I have called on the CPUC to hold a public meeting in Alpine to look the community in the eye and prove that lives and property are not at risk.

# **Crest Crime Log**

Crest Crime Log - <u>www.crimemapping.com</u> (apparently, they are backlogged since many of these dates are old but not duplicated- *Also a new category has been added (Sex crimes/other)				
7/20 10:00 pm	Crond that	100 PL Promotory Drive		
7/30 10:00 pm	Grand theft	100 BI Promotory Drive		
9/1 6:00	Residential Burglary	300 BI Paloma		
9/10 6:20 am	Disorderly Conduct/Alcohol	300 BI Thornton		
9/10 12:15 am	Commercial Burglary	1300 BI La Cresta Blvd		
9/14 6:00 pm	Residential Burlary	400 BI La Cresta Blvd		
9/14 7:30	Exhibit Firearm	300 BI Lila lane		
10/10 4:00 pm	Vehicle Break in	2400 BI Suncrest Blvd		
10/12 5:00 pm	Petty Theft	2400 BI Suncrest Blvd		
10/11 4:48 pm	Battery on Person	100 BI Juanita Jane		
10/14 4:15 am	Residential Burglary	300 BI Cordinez		
10/16 11:48 pm	Possession Controlled Substance	14800 Quail Haven Rd		
10/17 12:01 pm	Possession Narcotic Controlled Sub.	14800 Quail Haven Rd		
10/23 4:15 am	Commercial Burglary	1100 BI La Cresta Blvd		

### Do you have a Drug House, Party house, Gangs or Prostitution In your Neighborhood? SAFE STREETS NOW!

### (Communities using civil action to take back neighborhoods)

The Safe Streets Now process empowers community members to address public nuisance problems through civil action. It is based on a California State law which requires property owners to use their property in an ordinary and reasonable manner that is conducive to the peace and harmony of the neighborhood and does not interfere with the comfortable enjoyment of life or property.

### FOR MORE INFORMATION CALL 619-476-9100 EXT. 330

Paula H. Dickenson, USN, Retired - Crime Prevention Specialist Alpine and East County Rural 2751 Alpine Blvd Alpine, CA 91901 (619) 659-2608/paula.dickenson@sdsheriff.org



Professional Santa Clause Available For your Family, Office, or Club Party References on request Call David (619)599-3428

#### Earth Discovery Institute Newsletter: November 2011





#### Hawk‡, Hike‡, and Heroe‡

After a stormy night, the day dawned clear, dry, and gorgeous for EDI's second annual fundraiser on the morning of November 5, 2011. The inspiring energy of the day was reflected by the attendees who hiked and rode the Crestridge trails and by our speakers, Marion Soloway and Sharon Keffer. Marion, San

Diego County's Environmental Teacher of the Vear for 2010 spoke to the importance of connecting children to nature and some of the students whose lives she has seen changed by that connection. Sharon Keffer, Cajon Valley's Service-learning Coordinator and a Crest Elementary School teacher for over 3 decades de-

scribed how EDI's programs at Crestridge have inspired and engaged students for over 8 years.

Attendees contributed generously to win raffle prizes and silent auction items, helping EDI to sustain programs in the coming year. Crest's Andrea



Andrea Johnson, Volunteer of the Year

Johnson was awarded EDI's Volunteer of the Year honors for her decade of support leading student and volunteer projects, assisting in habitat restoration, participating in species monitoring and doing just about anything that needs doing at Crestridge. Our first ever guided equestrian ride was led by Sandra Caimcross. A Redtailed hawk was on hand courtesy of Nancy Conney and Sky Hunters to give us an up-dose reminder of the amazing creatures who depend on us and upcoming generations to keep the planet healthy for all of us.



Thanks to all who helped with the event including EDI Board, staff members, and volunteers, Crest Kiwanis members, and El Capitan High School Roots and Shoot students. Thanks to all who assisted, attended, and sent contributions. You created a wonderful day for an important cause!

#### Upcoming Event\*\*

#### Saturday, November 12, 2011: Reserve Rangers Meeting, 9:00-11:00 a.m.

Reserve Rangers is EDI's volunteer patrol group for Crestridge. Members keep land managers apprised of habitat and use issues noted while spending time at the reserve. All are welcome to join. At this meeting, Rangers will be trained on law enforcement issues at Crestridge. Information will be presented on state Fish and Game regulations that apply in the reserve. Speakers from the San Diego County Sheriff's Department and Animal Services Department will discuss related regulations and help Rangers understand safe and effective ways to share information about reserve rules. Directions/RSVP to Cathy; chadgroup@cox.net or 619-277-3605.

#### Saturday, November 19, 2011: Volunteer Projects Day/Mountain Biking Demo, 8:00a.m. - 4:00p.m.

Volunteers will conduct trail work and install horse watering stations in the Horsemill area of the reserve. The San Diego Mountain Biking Association will coordinate trail work. All interested equestrians are invited to help with installation of the watering stations.

8:00a.m. - 12:00 noon: Trail work and horse waterer installation.

12:00 noon to 4:00p.m. - Ellsworth Demo, BBQ, and Mountain Bike Ride.

BBQ will be free to trail/waterer volunteers, \$5 donation for those attending demo and ride only. (Proceeds to benefit EDI and SDMBA.) Directions/RSVP to Cathy; chadgroup@cox.net or 619-277-3605.

The Earth Discovery Institute - Saving the Planet, One Student, One Steward, at a Time www.earthdiscovery.org/info@earthdisocvery.org/120 North Park Drive, El Cajon, CA 92021

## Join the Crest Historical Society

The Crest Historical Society (CHS) works to preserve and share Crest History with the community. CHS is always looking for new members. There is one general meeting a year. A monthly workshop meets the first Tuesday of each month at 1 pm at the Library.

Members receive ECHOES, the newsletter, 4 times a year. For information call Dorothy Miller 444-0968

\$2.50 (over 65) \$5.00 (under 65) Corporation/Business	\$15.00 Non-Profit \$25.00	AND SUNCREST, MARKET
\$10.00 Family Name Address	\$100.00 Life Member	
City/State/Zip:		
Phone:	EMail	
Make check payable to:	Crest Historical Society P.O Box 2182 El Cajon,C	A 92021

## Next Crest Sun Deadline: December 20, 2011

#### WISH TO ADVERTISE?

\$40 – Full Page \$25 – ½ Page \$15 – ¼ Page \$5 – 1/8 Page \$20 Website Link

Make checks to: The Crest Sun Newspaper E-mail or call the editor for more information <u>editor@thecrestsun.com</u> The Crest Sun welcomes information from the Community and community input. Thanks to all our loyal readers and supporters. Your donations and your patronization of our sponsors provide the funds to print the newsletter. We have no paid employees. The

For questions, suggestions, or concerns regarding The Crest Sun newsletter or website, contact:

Linda Hjelle – editor@thecrestsun.com or Lindahjelle@cox.net (517-9838) Crest Website: www.thecrestsun.com Webmaster: Karin Weiss (579-3951) email: webmaster@thecrestsun.com Information: Chris Seebold – help@thecrestsun.com or Winters72@hotmail.com (447-5826)

newsletter is not responsible for problems that occur as a result of information.

**The Crest Sun is available at:** Crest Foods, Rainbow Market, Lenardo's Pizzeria, and Crest Library or online at <u>www.thecrestsun.com</u>

#### Don't forget to check our terrific web site: www.thecrestsun.com

See website for info on how to advertise on the Crest web site or contact Karin Weiss, webmaster@thecrestsun.com

Thanks to Knox Services, printers of The Crest Sun

For a quote for your next copy project, call 619-230-6300 or contact www.KnoxServices.com

# WELCOME TO CREST FOODS & LIQUOR

PHONE 619-444-8132

THE KING OF CREST 619-44

FAX 619-444-5460

1103 La Cresta Blvd El Cajon, CA 92021

MONEY	
ORDER	
MONEY	
GRAM	
POST	
OFFICE	
PROPANE	Company of the second
	and the second s



LOTTO EBT FAX ICE ATM

OPEN FROM 6:00AM TO 10:00PM EVERY DAY, 7 DAYS A WEEK LARGE SELECTION OF LIQUOR AND IMPORTED BEER & CHAMPAGNE ICE COLD BEER & WINE FULL LINE OF GROCERIES PIZZA – SANDWICHES – SALADS B.B.Q RIBS & CHICKEN FREE COFFEE EVERY DAY FROM 6:00AM TO 9:00AM FOR THE MONTH OF NOVEMBER CHECK OUR PRICES AND COMPARE – NO ONE BEATS OUR PRICES

